PAGE OF INTEREST TO WOMEN

Secrets of Health and Happiness

Prompt Treatment of Wounds Best Preventive of Lockjaw

By DR. LEONARD KEENE HIRSHBERG. L. B., M. A., M. D., (Jo hns Hopkins University.)



In the first year of the world war, when tentanus anti-toxin was not made in large enough quantities, hundreds of wounded succumbed to this dread aliment. There was 93 victims in the first year of the war in the Lyons hospital. With the war in the Lyons hospital. With the war in the Lyons hospital with the legs and throat by a nose and throat surgeon throat surgeon throat by a nose and throat surgeon throat by a nose and throat surgeon thro

Answers to Health Questions

B. C. Q.—Kindly advise me how to gain weight.

A.—Your weight may be increased by

advice for individual cases. Where the subject is not of general interest letters will be answered personally, if a stamped and addressed envelope is inclosed. Address ALL INQUIRIES to Dr. L. K. Hirshberg, in care of this office.

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this year. I am going to Ireland in liberally



2348—This style is fine for all vance. Yours sincerely, PATRIOTIC.

LOYALTY TO COUNTRY NOT

ALWAYS COMPATIBLE WITH

SUPPORT OF GOVERNMENT

Dear Miss Grey,—I see where someone is asking for "The Baggage Coach
Ahead," and as I have several copies Christmas again. It doesn't seem very "Signed) HARRIET A. BOOMER,
"President, Local Council of Women."

Ahead," and as I have several copies I am sending one in this.

Now, Miss Grey and readers all, have any of you recitations suitable for the Christmas entertainment, for two little girls aged 6 and 10 respectively, that you would loan me for a short time. I will copy them and return, or return favors best suited to the sender if preferred. Also has anyone the recitation called "Aunt Hannah's Thanksgiving Day Sermon"? I would like so much to get it. I think you have a stamped envelope of mine, and if any recitations are sent, will you kindly inclose them therein? Many, many thanks in advance. Yours sincerely,

Christmas again. It doesn't seem very long since last Chrimtsmas. Still, we have accomplished quite a lot of things too.

I noticed where Pollyanna was wanting to correspond with some girl. I should be delighted to correspond with sowel you will you please forward the inclosed letter to her?

Miss Grey, what would you suggest as a nice name for a baby boy?

Now, just a few hints for housekeepers. After frying pork, if you intend making gravy, sprinkle a little salt in the pan before you put the water in the pan before you put the water in the stove.

cakes: half cupful of sportening, half william, Edward, Frederick, Alex. Cupful sugar, half cupful raisins, half type are very preferable to fanciful, uncupful nut meats, one cupful catmeal.

"G. O." Will Write.

Dear Miss Grey,—Here is another mewcomer to your "interesting circle." I see where "Miss Cabbagehead" (15) wishes a correspondent. Please send meher address in the inclosed envelope. I Ans.—Have sent "Miss Cabbage-head's" address with pleasure, "G. O."

Daily Bible Question

Look Old &

Your heir is lostrom, your teeth are good, your eyes ere bright, then why the change? It is your SKIN. It is losing its youthful freshness. Thus is not necessary. Our Double Creams Retard the Inroads of Age On its an oil cream for application on rettring to soften and feed the skin, the other is a ranishing FLESh timed creams which, applied during the day, protects the complete which also an and dest, and with the addition of a good complexion powder, will give your skin the software of youth. The booklet modeled with them gives full instructions for the booklet modeled with them gives full instructions for

SEELY WINDSOR, ONT. PERFUMER DETROIT, MICH.

HOW TO CURE GOITRE OR THICK NECK.

By a painless home treatment of roots and herbs, which build up the entire system, we have cured goitre of forty years' standing in a few weeks' time. This treatment is guaranteed to be harmless and will not harm the most delicate system. Write for information to

formation to
PROFESSOR MARLO,
245 Wortley Road, London, Ont.

CLERGY TO SUPPORT WOMEN CANDIDATES

Letter Forwarded to Ministerial Alliance From Mrs. H. A. Boomer.

The following letter has been sen from the Local Council of Women t the secretary of the Ministerial Alli ance of this city, asking the clergy o A life of 1 and inthe foot, short or
wound open the
the foot, short or
w

symbol of justice and fair play, by incorporated into that epitome of y, what?

I vet it looks as if the country is going a Vet it looks as if the country is going at the construction of the province in a very incorporated into the province in a vet it is one perfectly willing to trust to a less ilberally endowed group to people the nation's halis at Ottawa just as soon as the opportunity is afforded.

Loyalty—what is it anyway. Was ilberally endowed group to people the nation's halis at Ottawa just as soon as the opportunity is afforded.

Must Loyal Canadians Suffer?
Loyalty—what is it anyway. Was Hampden a traitor? Was the party in the Mother-land that forced the unconstituted of which and uskered in the family of what and uskered in the fami There have been times in England's Pine Hill Farm.

There have been times in England's Pine Hill Farm.

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There have been times in England's Pine Hill Farm colleagues, but on the contrary, with an earnest desire to co-operate with them. They realize, as we do, that as a venue after avenue for service gradually opens up before the awakened and intelligent womanhood of the emm. They realize, as we do, that as a venue after avenue for service gradually opens up before the awakened and intelligent womanhood of the emm. They realize, as we do, that as a venue after avenue for service gradually opens up before the awakened and intelligent womanhood of the emm of Miss Effie Ross, was well woman's opportunity is woman's opportunity is woman's opportunity is woman's duty, and therefore that in the proposition or antagonism to their men colleagues, but on the contrary, with an earnest desire to co-operate with them. They realize, as we do, that as a venue after avenue for service gradually opens up before the awakened and intelligent womanhood of the emm of worseas.

The Embro and West Zorra Red Cross meeting, which was held at the woman's opportunity is woman's opportunity is woman's duty, and therefore that in the contrary with a savenue for service gradually opens and the savenue for service gradually opens.

The Embro and West Zorra Red Cross meeting with them. They realize, as we do, that as a venue after avenue for service gradually opens.

The Embro and West Zorra Red Cross meeting with them. They realize,

ccording to the ability which God has

Patriotic Western Ontario

Address All News for This Column to the Editor of the Women's Page.

pairs socks, 5 shirts, 1 helmet; Kipp 43 pairs socks, 12 shirts, 20 towels. shirts.
The members of the society are now working for French and Belgian

LOBO W. I. MEETS.

The regular monthly meeting of the Lobo Women's Institute and Red Cross workers was held at the home of Mrs.

D. T. Gray and a big amount of work was handed in by the Red Cross

MAGIC POWDER Should be in every kitchen. Its use assures complete satisfaction in baking cakes, biscuits and pastry.

YOUR GROCER SELLS IT. E. W. Gillett Co. Ltd. TORONTO, CANADA.

Tells How to Stop a Bad Cough

Surprising results from this famous old home-made syrup. Easily prepared and costs little.

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There are many worthless imitations an average of 130 pairs of socks. In soldier who went overseas from ment, ask for "2½ ounces of Pinex" with full directions and don't accept ety sent the boys an extra pair solute agriculture anything else. Guaranteed to give a

Moirs Limited

Halifax, N.S.

THROW YOUR OLD

Beautiful Fluffy Reversible Rugs

that wear a lifetime. The cost is small. SEND FOR LEAFLET. WE PAY FREIGHT ONE WAY

CANADA RUG COMPANY, 98 CARLING ST. PHONE 2485 An Ideal

and Pleasing Christmas Gift Chocolates Moir's Chocolates are simply irresistible. A varied assortment of deliciously flavored creams, nuts; fruits, jellies and many other exquisite centres temptingly hidden away beneath a coating of smooth, rich chocolate. Put up in packages varying in weight and in a variety of designs.

atie's innocent query, charged as it tunate, for I haven't the heart to read with childish partisan desire for Dicky's letters to myself first unless his mother receives one at the same time. pected strength of the craving feit that my soldier husband alize that burning ambition of the one soon, never said. "Remember, he hasn't gover there very long." The one soon, never fear, e." Katie retorted stubbornly. wrong, somewhere. I tink he addy und some bunch of some and yund some bunch of some and yund some bunch of some and yund some bunch of some way." Wash goods, for slik, for satin, serge, state, from all ittle from the closing. The sleeve may be finished in wrist or ellow length. The pattern of the craving feat the same time, abardine or velvet. The right from overlaps the left at the closing. The sleeve may be finished in wrist or ellow length. The pattern is cut in 4 slees: 8, 10, yards of 44-inch material. On malled to nev address on recipt of 10 cents of them all, and get back without a not only then, but often in that followed for Katie, one.

MY SOLDIER HUSBAND

ADELE GARRISON'S CONTINUATION OF

REVELATIONS OF A WIFE

What Dicky Wrote to Madge.

"Luck Was With Me."

Nevertheless, when his expected letter came, the sight of it gave me an excited thrill of anticipation entirely outside of the keen joy with which I always greet a missive from my soldier husband. I was selfsh enough to be glad that my mother-in-law was out walking, so that could enjoy the precious first reading it alone. I am not generally.

Say "GOODBYE!"

to the washing, as it leaves your door in the white wagon.

Say

"WELCOME!"

as it is brought back-sweet, clean, in good order, fresh, uninjured, ready to use.

We will do your washing to perfection at little cost.

Phone 3881.

FOREST CITY LAUNDRY " at your service" DRY-CLEANERS & DYERS

hem someway." Are viewpoint mage of them all, and get book without on them, and the proposed of the mall, and get book without on the proving the prov



Bu Generieve Kemble SUNDAY AND MONDAY, DECEMBER 22.23,

Sunday bids fair to be rather an uneventful day, though with an impulse to make a sudden change, journey or removal, which should be decisively checked, as there are no benefits to be reaped. There is prospect, however, of romotion, preferment, honors, distincion, or favors from superiors or those

n high places.

Those whose birthday it is should avoid radical change, though they may seek promotion or increase. A child born on this day may achieve honors, esteem, and attain prosperity through powerful persons, and will rarely be out of a good position. of a good position.

Monday promises to be a very pleasant, profitable and lively day, with the activities under decidedly favorable planetary influences both in the realm of business and in domestic and social affairs, since Jupiter and Venus, the two strongest "benefics," are under powerful and friendly Lunar transit. Under these positions all matters may be pushed to a successful, fruitful and

powerful and friendly Lunar transit. Under these positions all matters may be pushed to a successful, fruitful and harmonious end.

Those whose birthday it is may expect business success, financial increase and domestic happiness. A child born on this day will be popular, kind, affectionate and prosperous.









