Often call to mind your life past, and what our Saviour

suffered for you in every moment of his.

Live as if you had nothing, and yet possessed all things; and remember that meat, drink, and clothes, are not the riches of a Christian.

Offer yourselves entirely to God; and though you have nothing to return for his favours but yourself, you will be comforted when you consider, that "he gives all that gives himself." The apostles quitted their poor boats and nets, and received for them a most ample reward. The poor widow gave only two mites, and her off-ring was preferred before those of the richest.

He easily parts with all things, who considers that he

must die and be separated from them.

Use no extravagant or unusual gertures in open assemblies, but on all occasions observe a becoming modesty and discretion.

In all occurrences of life, prefer that which conduceth most to the service and glory of God; as to comfort the afflicted—reconcile such as are at variance—visit the sick and imprisoned—and relieve the poor.

Never go to rest at night with any disquiet or trouble on your mind, but endeavour to pacify your conscience by an

act of contrition, or by confession if necessary.

Often confess your sins, and make frequent acts of contrition, aspiration, or ejaculatory prayers, so that you may prevent the deceits of the devil, conquer temptation, avoid sin, and live under the continual protection of God.

PRAYERS TO BE USED ON DIFFERENT OCCASIONS.

A PRAYER WHEN WE ENTER INTO THE CHURCH.

How awful is this place! this is the house of God, and the gate of heaven; vouchsafe to purify me, O Lord, and grant that I may here think of nothing but of thee.

A PRAYER AT GOING OUT OF THE CHURCH.

Happy are they, O Lord, who always dwell in thy house, and who are employed in nothing but in praising thee. I am going where I believe thy providence carries me; in every place I shall always find thee present.

A PRAYER BEFORE SPIRITUAL READING.

Happy is the man who is well instructed in thy holv law.

O my lity the executo the

Ma me, C know

Sec eterni sit an

Vo this e

Voi and, tr

I give ed morecy

I of to be thereo

I gi work, my si

Ble to reco

We who li