TEMPERANCE.

ABSTINENCE AND LONGEVITY.

Not long ago in our columns we referred to the longevity of the clergy as a class. The moderate, temperate life led by clergymen tends to overbalance the wear and tear of their work, and prolong their years. Dr. Drysdale, the senior physician to the Metropolitan Hospital of London, has recently made a statement which bears out this connection between temperance and longevity. He says that the mortality of the clergy of the Established Church has fallen greatly since they began to be total abstainers in such large numbers. Whereas be-tween 1861 and 1871, the mortality of clergymen between the ages of 25 and 45 was 5.96 per 1,000, it has fallen to 4.64 per 1,000. If this be the case with clergymen, there is no reason why laymen would not have a lower death rate if temperate lives were the universal rule. "Be temperate in all things," is the Apostles admirable injunction.

A BRANTFORD MIRACLE.

MR. JOHN CONGDON TELLS OF HIS RE-LEASE FROM TORTURE AND SUF-FERING.

Almost Helpless and in Constant Agony for Eight Months-After Many Remedies Had Failed Health is Again Restored-What Prominent Druggists Have to Say.

From The Brantford Courler.

Some two years ago a startling article appeared in the papers telling of the recovery of a Mr. Marshall, of Hamilton, who had been pronounced ineurable by many doctors, and so hopeless was his case that he was paid the total disability claim of the Royal Templars. The potent agency in his recovery was Dr. Williams' Pink Pills for Pale People. Since then the whole country has rung with the praises of these marvellous Pink Pills. They have been prime health-giving agents wherever conscientously used, and have done more good during the past two or three years than half the graduates of the medical colleges have accomplished in a life time. The citizens of Brantford who suffer from nervous diseases, and all the ills which they entail, have not been slow to seize upon the aid to health and happiness held out to them at such a small price, and the sale of Dr. Williams' Pink Pills in this city and vicinity has been simply enormous, and the good done has more than kept pace with the sale.

Recently the Courier has had called to its attention a remarkable recovery-only one, it is stated, of many that have occurred in this city. Incredulous as one may be, a story when oft repeated certainly calls for consideration and investigation, and a Courier representative determined to ascertain what measure of truth

tage at IO2 Queen street. When the suasion and it was the best fifty cents arising from an impoverished connewspaper man first called Mr. I ever invested in my life. For a dition of the blood, or from an im-Congdon was stated to be working while there was no noticeable results, pairment of the nervous system, such on the Wellington street church, then came a slight relaxation from as loss of appetite, depression of Thither the scribe repaired, but decided not to interview Mr. C. until a couraged to get more of the pills. more convenient season, as he was then perched at a giddy height repairing the roof of the church. On a subsequent occasion Mr. Congdon was found at home, and in response dollars a box wouldn't commence to

following wonderful-story:

"I am a miller by trade, and a year ago was exposed a great deal in an open building in Guelph, where I was running a chopping mill. I think it was the result of this exposure that laid the foundation of the terrible illness that was to follow. At symptoms became alarmingly worse I consulted a doctor who thought it rheumatism, but afterwards pronounced me suffering from sciatica. Up to this time I had always been a robust man and hardly knew what sickness meant. But now my life was to be a misery to myself and those around me. I had to give up my trade and was glad to get a lighter job in a feed store. Getting worse and worse, I had eventually to lay up altogether. All this time I was taking medicines of all descriptions. The doctor blistered me several times and punctured around the nerve with a needle, but instead of simply excruciating, and the only easy position I could get at all was by lying on the bare floor and stretching myself at full length. In this position I took my meals as best I could. If I did try to get some exercise by walking I would perhaps fall to the ground, my left leg giving way under me. I was losing in flesh and the subject of commiseration on the part of my friends, and alarm on the part of myself and wife, as I have a young family growing up. This went on for eight months, and although I did some work during this time, I was never fit really to do a hand's turn; I was rapidly approaching the terrible state of a chronic cripple."

"Well" said the newspaper man, "what was the factor that brought about such an astonishing cure? You didn't look as though you had ever approached the chronic cripple stage when I saw you yesterday up those three flights of ladders at the church. It would take a pretty active and daring man to go up there."
"Yes" replied Mr. Congdon a few

months ago I could not have gone up one rung of those ladders. I couldn't walk a step in fact without assistance. I will tell you what cured mo, I saw Dr. Williams' Pink Pills advertised as a nerve tonic and blood builder, to cure such diseases as rheumatism, sciatica, paralysis, locomotor ataxia, St. Vitus dance, etc., and a friend urged me to take the pills. I was as incredulous as some other people, but all that is now

announced, lives in a neat little cot- of Pink Pills after a good deal of per- an unfailing specific from all diseases There was no instantaneous result. but every day added to my gradual but steady improvement, until I am tism, St. whereever I can. They are deserving of every good thing that can be said in their favor."

the blood, such as chronic erysipelas, scrofula, the after effects of la grippe, etc. They are also a specific for the ailments peculiar to women, correct irregularities, suppressions, and all forms of weakness, building supporter of all organic life. In thi anew the blood and restoring the way, the blood becoming "built up, tal worry, overwork or excesses of any nature, building up and stimulating the blood, thus driving disease from the system.

After leaving Mr. Congdon's the reporter made some enquiries among the local druggists as to the sale and improving I was going down grade general reputation of Pink Pills. steadily. The pain I suffered was "Do you sell many Pink Pills," was asked of Mr. S. Tapscott, of Tapscott

& Co. "Well, yes," was the reply, "We order a hundred dollars worth every month, and can't keep a stock ahead even then. The demand for them is steady, and seems to constantly increase. Pink Pills are a good remedy; there can be no question about that, and that accounts for the enormous demand."

Mr. Golding, of the Opera House drug store, reported very large sales of the Pink Pills, and had no doubt of the great virtues contained in the ingredients.

Mr. J. A. Wallace said: " Dr. Williams' Pink Pills have had the most remarkable sale of any medicine of late years. There can be no question about the wonderful good they are accomplishing."
Mr. Frank Merrill, of McGregor

and Morrill, said: "We sell more of Dr. Williams' Pink Pills than any other medicine. That they are a power for good I have no doubt whatever.'

The newspaper man was very much impressed with Mr. Congdon's story and what was said concerning Pink Pills by the druggists, and has come to the conclusion that they are the most valuable specific of the age.

Dr. Williams' Pink Pills for Pale People are manufactured by the Dr. Williams' Medicine Company, of Brockville, Ont., and Schenectady, N. Y., a firm of unquestioned reliability. Pink Pills are not looked on as a patent medicine, but rather as a was in this off-repeated story. Mr. past, as I owe my present health and prescription. An analysis of their John Congdon, whose recovery was happiness to them. I bought a box properties show that these pills are

spirits, anæmia, chlorosis or green sickness, general muscular weakness dizziness, loss of memory, locomotor ataxia, paralysis, sciatica, rheumatism, St. Vitus dance, the after efas well as ever I was in my life. Fifty fects of la grippe, all diseases depend. ing upon a vitiated condition of the to the reporter's enquiries, told the represent the value of those pills to blood, such as scrofula, chronic cryfollowing wonderful story:

me, and I am only to glad, out of grati-sipelas, etc. They are also a specific tude for what they have done for me, for the troubles peculiar to the female to recommend them whenever and system, correcting irregularities, suppressions, and all forms of female weakness, building anew the blood and restoring the glow of health to Mrs. Congdon was present and pale and sallow cheeks. In the case added her tribute to the value of of men they effect a radical cure in any rate I began to suffer severe pain in my left hip, which bothered me a great deal. Shortly after this I removed to Stratford, and here my properties, and nothing that could injure the most delicate system. They act directly on the blood, supplying its life-giving qualities, by assisting it to absorb oxygen, that great supporter of all organic life. In this glow of health to pale and sallow and being supplied with its lacking faces. In the case of men they effect constituents, becomes rich and red. a cure in troubles arising from men- nourishes the various organs, stimulates them to activity in the performance of their functions, and thus eliminates diseases from the system. Dr. Williams' Pink Pills are sold

only in boxes bearing the firm's trade mark and wrapper (printed in red ink.) Bear in mind that Dr. Williams' Pink Pills are never sold in bulk, or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. The public are also cautioned against all other so-called blood builders and nerve tonies, put up in similar form in-tended to deceive. They are all imitations, whose makers hope to reap a pecuniary advantage from the wonderful reputation achieved by Dr. Williams' Pink Pills. Ask your dealer for Dr. Williams' Pink Pills for Pale People, and refuse all imitations and substitutes.

Dr. Williams' Pink Pills may be had of all druggists, or direct by mail from Dr. Williams' Medicine Company from either address, at 50 cents a box, or six boxes for \$2.50. The price at which these pills are sold makes a course of treatment comparatively inexpensive as compared with other remedies or medical treatment.

Get rid of your indigestion before the threatened outbreak of cholera. K. D. C. will cure the worst form of indigestion. It will prevent cholera.



ASTLE & SON MEMORIALS AND LEADED GLASS



20 University Street.