

very good against putrid and pestilential fevers, to defend the heart, and helpeth to expel the poison of venomous creatures. The seed are of like effect, and the seed and leaves are good to increase milk in women's breasts. The leaves, flowers and seed are cheering to the mind, clarifying to the blood, and mitigateth heat in fevers. This herb is made up in various ways as cordials, and is good for those that are weak with long sickness, and to comfort the heart and spirits of those that are in a consumption, or troubled with often swooning, or passions of the heart; the distilled water thereof is no less effectual to all those purposes, and helpeth the redness and inflammations of the eyes, being bathed therewith. The roots are used to condensate thin phlegm, &c. See page 53; class answering as bugloss same, page 42 class XIII.

(TO BE CONTINUED)

SEPTEMBER.

September, month of laden trees,
Peach, apples, pears, and ripe quinces,
And ground fruit too, of pumpkins, melons,
Cucumbers, marrows, and of citrons.

The month to gather in your fruits,
And some domestic garden roots,
May nothing perseverance hinder,
Of getting in a stock for winter.—V. B. H.

MISCELLANEOUS RECIPES.

Two and a half lbs. of maple sugar, 1 pint of molasses, $\frac{1}{2}$ lb. honey, $\frac{1}{2}$ lb. tartaric acid, mix well together, pour two quarts of boiling water on them and stir well till dissolved, when cold add $\frac{1}{2}$ oz. of sassafras and bottle off for use; a small piece of soda may be placed in each bottle before corking. When used a few spoonful of it, with $\frac{1}{2}$ pint of water, maketh a good cooling drink.

TO CURE SCABS AND BREAKINGS OUT IN THE SKIN.—Bathe well every night with the water in which catnep has been boiled.

The juice of Beet root snuffed up the nose taketh away noise in the ears, and sometimes easeth toothache.

Aged persons who are troubled with weak and windy stomachs should now procure carraway roots and boil them, to be eaten as parsnips; they are very nice.

Dock leaves are plentiful, let it be known that a few dock leaves boiled with meat maketh it boil sooner and tenderer.