

it is equally wrong to be idle, or hypocritical, or dishonest. In order to be better than a drunkard, one must be not only sober, but diligent, honest, sincere, and all the rest. All the rest, that is, of what God commands; alive, all over, unto God. Those who are not alive unto God cherish at least some one sin, and by that one they are dead, just as surely as if they were sunk in any other sins. If any man truly lives, like Christ, "he liveth unto God."

HOW TO RUN A PARISH DOWN.

THIS is easy. Almost any one who chooses can do valiant work in this line. It can be done by being irregular at service, thus showing persons how highly you prize the services; by sitting bolt upright during the prayers, so as to advertise to others the fact that anyhow you are not a sinner, and have no sins to confess; by snubbing strangers—this works admirably; by differing from everybody else in the parish on every conceivable point, and holding on to your preferences in spite of anything—this succeeds excellently when even the foregoing fail; by taking a Sunday School class spasmodically several times a year, keeping it on an average six weeks, and being absent four Sundays out of the six; by hinting that somehow or other "our parish" doesn't seem to get on this year; by insinuating that you are sadly afraid the Rector is not exactly "sound" on the question whether St. Paul was crucified with his head up, and whether St. Peter was a married man or not; if you are very sick, and wish to see the Rec-

tor, by not sending him word, but letting him guess it, or dream it, or find it out from somebody else,—which he will most likely do about the time you are getting well—when he will, of course, call; and perhaps find you out visiting.

There are, indeed, a great many ways; but these we recommend as among the best.—*Selected.*

SUNDAY SCHOOLS.

At a Sunday School Convocation of the Diocese of Long Island, held at Jamaica, some advice was given in a paper by Rev. Henry Betts Cornwell which would be of inestimable value to the Church, were it followed by all our Sunday School superintendents and teachers. The paper was entitled: "The Sunday School as an educator of the Young in their Relations and Duties to the Diocese and to the Church throughout the World." The essayist urged that our children should be taught to be loyal to the Church, that they should be given to understand that they belong to the Church Catholic. Their affection should not be endowed selfishly in the parish, which is narrow and limited, and but a small part of a great whole. The Church in its entirety, having a divine origin and apostolic organ should be held up as better than organizations which disclaim Catholic unity. Its excellencies should be pointed out, even though this required that the defects of the denominations should not be overlooked. In this way our children should be trained in loyalty to the Church, which is, in the best sense, loyalty to Christ.

Bishop Littlejohn who followed Mr. Cornwell, in his remarks upon