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Fresh Fish every Thursday.

Thomas Mack
Minard's Liniment Cures Garget in Cows.



Every Man
Who works around machinery or in places where he is liable to cut, scratch or burn himself should always have handy a jar of
Mentholatum
A Healing Salve
Invaluable also for
Sore and Tired Feet
Sold and recommended by the leading druggists in the Maritime Provinces.
2 sizes—25c and 50c
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They Did Not Tell.
[K. G. B. in Puck.]
There was a sign. In a restaurant. And it said That all of the patrons Would be glad to know That with their help, The restaurant had saved A ton of sugar. Since it started to save. But it didn't tell. What the restaurant man Had done with the money He hadn't paid. For the ton of sugar.
There was another sign. In an office building. And it said, That because of the war And the shortage of coal The elevator service Would be cut in half And there wouldn't be heat. After five o'clock. But it didn't tell. What the landlord would do With the money he saved.
It always worries me. How so many stores Can sell goods At less than cost And keep open.

Bakers Helping Food Controller.
The bakers of Canada are co-operating with the Food Controller in an effort to bring about a saving in the consumption of wheat flour in the Dominion so that larger quantities may be released for export to the Allies overseas. At the annual meeting of the Ontario Bread and Cake Manufacturers' Association held in Toronto lately, Professor R. Harcourt, head of the Department of Chemistry, Ontario Agricultural College, Guelph, represented the Food Controller. The bakers expressed their willingness to do anything in their power to help in the attainment of the Food Controller's objects. A committee was appointed to draft resolutions outlining the views of the Associations.

A resolution of confidence in the Food Controller was passed at a meeting held in Brandon, Manitoba, under the auspices of the Local Council of Women.

A Natural Fortification
If you catch colds easily, if troubled with catarrh, if subject to headaches, nervousness or listlessness, by all means start today to build your strength with

SCOTT'S EMULSION
which is a concentrated medicinal-food and building- tonic to put power in the blood, strengthen the life forces and tone up the appetite. No harmful drugs in SCOTT'S.

LARGE SHIPBUILDING CONCERN

J. N. Rafuse & Sons Should Start A Plant in Bridgetown.

Mr. N. W. Rafuse, of the shipbuilding firm of J. N. Rafuse & Sons, Conquerall Bank, Lunenburg Co., was in Yarmouth on Wednesday from Salmon River, Digby Co., where he has been for several months looking after the firm's business in connection with the building of the new schooner industrial. This handsome new vessel, which was to have been launched Thursday, was on account of the weather unavoidably held for a few days. Her dimensions are: 112 feet keel, 160 over all, 30 beam, 11.7 deep and is about 300 tons net. She was built under the supervision of Mr. R. N. Weagle and her fine lines and splendid finish bespeak much credit to that gentleman as a shipwright and master-builder.

On Tuesday she was inspected by parties representing a LaHave company and upon their recommendation was immediately purchased by that concern. As soon as she is launched she will be towed to LaHave to be rigged and when ready for sea will be commanded by Captain Martin Pentz. Rafuse & Sons have made arrangements to construct another schooner in Foley's Yard at Salmon River, of the same lines and model as the industrial. A large quantity of building material for this vessel is now on the site and work is to commence about March 1st.

The new schooner Integral, built and launched by Rafuse & Sons at Conquerall Bank, is now at Lunenburg loaded ready to sail for New York, but is tied up on account of the non-arrival of her anchors. She is commanded by Capt. Almon Parks. The firm also has on the stocks at their Conquerall yard a 150-ton fishing schooner, which will be three-masted rig of the knockabout type. They also have in frame in the same yard a tern schooner of about 400 tons. This vessel will be fitted with a 100 h. p. Fairbanks-Morse engine and when launched will be a model of convenience and economy.

At their Shelburne yard they have the work well advanced on a 100-ton fishing schooner for Newfoundland parties and are also starting work on a tern schooner of 250 tons. The Eastern Shipbuilding Co. at Ship Harbor has just completed the hull of a schooner for Messrs. Rafuse. She is 325 tons and is already for launching, but is held up on account of ice. She was recently sold to Ritcey Bros. and others, of Riverport, and when launched will be towed to Halifax to be rigged.

This enterprising firm purchased a short while ago the large schr. J. B. Kitchen and she is now at Conquerall, where she is being extensively rebuilt and retopped from the water-line up. This vessel was built on the Great Lakes 44 years ago, of white oak, and the hull, despite its age, is in remarkably good condition. She is 800 tons deadweight capacity and it is expected to have her in commission in the early spring.

Less Cane Sugar Used in Canada.

The consumption of cane sugar in Canada has been reduced as a result of the measures taken by the Food Controller to control the trade and his appeals to the public to economize. Information has been received showing co-operation of many women's organizations and other bodies with the Food Controller in promoting such conservation.

Minard's Liniment Cures Colds, Etc.

CORRESPONDENCE

Wine and the Navy.

To the Editor of the MONITOR:

A young officer in the U. S. Navy had been court-martialed for being drunk. Strong pressure was brought to bear on Mr. Daniels, the Secretary of the Navy, to pardon him, which he refused to do on the ground that the good of the Service forbade leniency. A friend of the disgraced man replied, "Yes, now that he is a product of your system, you have turned him out in disgrace." The lad had entered the Navy from a home where liquors were banned, not knowing their taste. Seven years in the service had made a tremendous change. He had learned to think it cowardly to turn down his glass, and that mess was scarcely complete or courteous without drinking. His ruin followed. Investigation found that these statements were all true, and that there was also other breaches of discipline because the men had been trained wrong. The time had come when the Navy would be needed at its best as never before. So the Secretary issued the order prohibiting the use of intoxicating drinks by officers aboard naval vessels.

A storm of opposition arose. Officers felt they were being treated ignominiously. Cartoonists made sport of it, and the personal liberty people and all the allied tribes tried to make the order ridiculous. The order, however, was not revoked, but was followed by a law of the United States, making it an offense to sell or give liquor to any man in the uniform of the service.

An Admiral, whose name makes him famous, speaking to the Secretary said, "I have opportunity to observe the feeling of the officers. My own opinion is that the wine-mess order is the wisest thing you have done as Secretary, and if the future were committed today to the officers of the fleet, the wine-mess would never be restored." If men in the hardships of wartime naval service do not need drink to comfort them, it can scarcely be agreed that men on land need it.

J. H. HAZELWOOD,
Social Service Department

Why the White House Was Picketed.

Whether one is inclined to object to the picketing of the White House by suffrage agitators or agree with the principle, the story with the reasons for this particular kind of campaign is extremely interesting, and being told by one who did it—by Mrs. Harvey W. Wiley, makes it doubly so. Writing in the February Good Housekeeping, the wife of the distinguished Dr. Wiley says, after introducing her subject by a recital of the difficulties which for many years have stood in the way of the entire equal suffrage movement.

"Finding our amendment blocked by the party in power at every turn of the road, refused further audiences by the President, and told by him to 'concentrate public opinion,' we determined to lay the responsibility for the indifference of Congress to our amendment where the responsibility belonged, upon the leader of the party in power. We determined to organize at the White House gates, a silent, daily reminder of the insistence of our claims. We determined not to lose the ground we had gained and the efforts that had been expended in bringing the amendment into the forefront of politics. We determined not to be put aside like children, and told to wait for weightier measures, because we considered it imperative that women be enfranchised at this time. We felt that it would be wrong longer to delay our question, that in the horrible condition of the world it pressed more insistently than ever before for settlement. We believed that in the inevitable readjustment, following the war, women's share in the nation's life should not be overlooked. The anguish in the world today, caused by arrogant, autocratic governments, proves that all educated, responsible, human beings should participate in the maintenance of the governments under which they live.

Prices Ninety Years Ago.

From an old "counter book" used during the years of 1825-1826, the following interesting information is taken, says an exchange. It shows the prices of various commodities as they prevailed ninety years ago.

Eggs, 4c. a dozen; butter, 8c. a lb.; coffee, 31c. a pound; bacon, 6½c. a pound; beefsteak, 5c. a pound; wheat, 40c. a bushel; oats, 15c. a bushel; corn, 25c. a bushel.

A comparison of these prices with those now prevailing for the same articles illustrates forcibly the rate at which the cost of living is advancing and the purchasing power of the dollar is diminishing.

If a soldier were built like a profiteer, he would lay down, say, ten per cent of his life for his country. A request for more than that would come under the head of "confiscation."

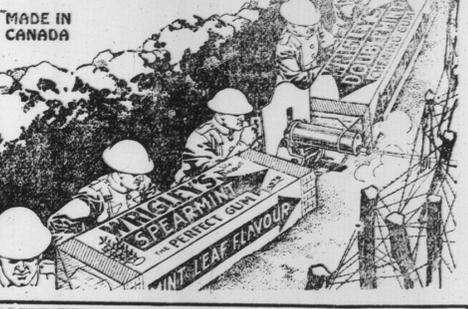
Don't Grit Your Teeth! Put WRIGLEY'S

between them and bite on it! Your determination will be just as strong—stronger in fact, for you gain pluck, perseverance, renewed vigour, from this great pick-me-up.

Do as the soldiers in the trenches are doing—chew WRIGLEY'S to get a fresh grip on yourself.

It helps teeth, breath, appetite and digestion while it soothes your throat and steadies your nerves. It comforts and sustains.

Keep YOUR boy supplied with WRIGLEY'S The Flavour Lasts!



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VAUDEVILLE—Town (Harp)—Pumpkin Center—Hobby Moe.

QUARTETTES—The Merry—Ricochet—Rock of Ages—Bells of Christmas.

DANCING—Hills Fox Trot—Rhapsody—Viola Hestiation—Lullaby—This One Step—Rye Waltz—The Chic—Step—By Heck Fox 117

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