## **INFLAMMATORY** RHEUMATISM

CURED BY B. B. B.

ease, caused by the uric acid in the blood. It manifests itself by pain and lameness attacking the muscles and joints of the body, which often swell and become hot and inflamed.

lief, and without success, should not

give prompt and permanent relief. Barry, Purlbrook, Ont.,

the market for over 40 years. Manufactured only by The T. Milburn Co., Limited Toronto, Ont.

### BUSINESS SCIENCE SOC'Y ELECTS ITS OFFICERS

Organization Meeting Held Thursday Night.

Science Society held its organization neeting in the Y. M. C. A. Thursday when A. L. Boyd of Toronto gave an introductory address on "Natural Law in the Business World." The following officers were elected: President, T. B. Parkinson; vicepresident, G. A. Wenige; secretary, W.

C. Spettigue. all subsequent meetings on the second Thursday of each month.

### WILL APPEAL FOR A FIXED ASSESSMENT

Windsor, Feb. 14 .- Ald. Albert Strong Labor representative on the city council. notified the industrial committee in session here last night that he intends to appeal for a fixed assessment on his home. The committee had just recommended a bylaw providing for a fixed assessment of \$40,000 for a period of ten years on the new local factory the Burroughs Adding Machine Company is building here at a cost of \$200,-

## HEALTHY CHILDREN ARE HAPPY CHILDREN

The well child is always a happy child it is a baby's nature to be happy and contented. Mothers, if your little ones are cross and peevish and cry a great deal they are not well—they are in need of medicine—something that will set their bowels and stomach in order, for nine-tenths of all childhood ailments arise from a disordered state of the bowels and stomach. Such a medicine is Baby's Own Tablets. They are a mild but thorough laxative which regulated by the church choir, the membargo being put on all freight entering the Eastern States by way of Newport except live stock and perishable goods. The embargo was put on owing to a congestion of freight at that that the howels awas the stomach. late the bowels, sweeten the stomach. and thus drive out constipation, colic, port of entry. indigestion; break up colds and simple fevers and make the baby healthy and

RESORTS-ATLANTIC CITY, N. J. HARLES ON THE OCEAN FRONT

Company, Brockville, Ont.



was a crude planked platform resting on the sand, until toda when it ranks as the greatest ocean Promenade in the world. healthful qualities of this delightful all-the-year resort have never been excelled. It's many attractions, comforts and accommodations have grown each year by leaps and bounds, but that delightful ozone, together with those strengthening preezes and germ-destroying sunshine, has been, is, and always will be the greatest asset that Atlantic City could wish to possess.

Golf and Indeer Swimming Pools, Horse-back Riding, Motoring Roller Chairs, Concerts, Piers, etc.

The Leading Houses Are Always Open and will gladly furnish full information, rates etc., upon request (all are American Plan, unless etherwise noted)

Hotel St. Charle Hotel Cheisea The Wiltshire

The Shelburn Luropean Plan J. Welkel, Mgr. Hotel Strand Galen Hall

# ANOTHER CAUSE OF

Declares J. A. Taylor, St. Thomas. At Horticultural Meeting Here.

month, and perhaps year after year, cultural Society held a social and eduwith rheumatism, and who has tried cational evening in the public library, nearly after remedy in the hope of re-Burdock Blood Bitters, by invigorating the digestive organs and eliminating the uric acid from the system, will the uric acid from the system, will clearly prompt and permanent relief.

and introduced the speakers.

Mr. Dale of Hyman street, dealt with water lilies, how to make a lily pond fairly easy going just recently. They chance had they had the last game at are heavy, aggressive and experienced, and mix with that a fair degree of cleverness, and you have 'em. The on Tuesday night.

Mrs. D. Barry, Puribrook, Ont., writes: "I feel it my duty to let you know of the great benefit my busband derived from using your Burdock Blood Bitters. He had been suffering for the past two years with inflammatory rheumatism. He tried many medicines but got no better. A friend advised him to take B. B. He did so, and after taking five bottles he felt like a new man, and was able to go to work the same as ever."

Therefore, Dr. Bennett, president of St. Thomas Horticultural Society, and Public School Inspector J. A. Taylor of St. Thomas were present, and both gave fine addresses. Among other things, Mr. Taylor brought out was one more cause for the recent war, which, he stated, was the absence of floriculture in Prussia. He gave as his authority, Gerrard, who in his book of the war said Prussia was bordered on the north by the cold Baltic Sea. The winds of the Baltic sweep across the country, which is cloudy, foggy and not adapted to the growing of flowers. As some of the cther European country that the armories are in use for other purposes on that as some of the other European countries are. This has its effect on the

> rvices, preparing the mind for the ception of the truth." During the evening, Mr. Saunders ave a report of the Ontario Horticul-ure convention which was held in To-

onto last week. The London Horticultural Society expects a good year. Last year, 1,604 members joined, and great efforts are

## NEWS

eceived an increase. COMMUNION TOMORROW. - The

vill be held at tomorrow morning's ser-ADDRESS ON "CITIZENSHIP."-7. Maine, of the London Life, will an address at the Askin Street therhood Sunday morning, his sub-

"Citizenship." ALL DANGER OVER .- All danger of a coal shortage on the G. T. R. has passed for another year at least, for during the past few days 250 cars of

GLEE CLUB CONCERT .- The mem bers of the Victoria College Glee Club, of Toronto, arrive at 4 o'clock today from St. Thomas, and will give a very interesting program at Dundas Centre Methodist Church at 8 p.m. Miss Hazel Wharton, reader, will recite. The glee W. H. Winnett was chairman, and A.

owing to a congestion of freight at that 33RD COMRADES' CLUB .-- Five ap plications for assistance were considered at the meeting of the 33rd Battalion Comrades' Club, held last night happy. Concerning them, Mrs. Albert Hamel, Pierreville, Que, writes: "Baby's Own Tablets are the best medicine I know of for little ones. They relieved my little girl from constipation when nothing else would and I can strongly recommend them to other mothers." The Tablets are sold by medicine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine dealers or by mail at 25 cents a feine data the meeting of the 33rd Battalion Comrades' Club, held last night with \$1. box from The Dr. Williams Medicine

> ommittee. The evening was pleasantseriously, and the first raport received
> y spent in games and dancing. An
> rehestra made the evening gay with
> rehestra made the evening gay with
> freightful music. Luncheon was served
> rom tables prettily decorated with
> lowers and valentine decorations.
>
> The first raport received
> last night indicates \$1,000. In Windsor district 8 of 24 churches have gone
> fruitful returns are in evidence
> throughout all denominations in the LECTURE TO GIRLS .- The Canaian Girls in Training of Dundas Cen-re Methodist Church Sunday school, the number of fifty, held their reguar meeting Friday evening. A talk on The Life of a Canadian Girl in Trainwas given by Miss D'Avignon.

who is connected with girls' work in this city. She told the young ladies to do the little things in life well, not forgetting that the essential things also formed a most important part. Code cards were distributed during the evening. Games were indulged in and at its close a dainty luncheon was served. Miss Eleanor Grant presided over the business portion of the pro-ceedings. Miss D'Avignon received a hearty vote of thanks, on motion of Miss Myrtle Pocoek and Miss Marion Tanton. Miss Dorothy Cahill presided at the piano

## ARMENIAN RELIEF

Previously acknowledged .....\$1,119 36 "Well-Wisher," London ...
"Friend," London
rs. Colin Walker, Rodney ... Wortley Road Baptist Church and Sunday School, London. "Friend," 84 Duchess avenue, urther contributions from St. Andrew's Church, London: Miss M. A. Boderan ..\$1 00 Lem Wong .... 5 00

## EAT AND GET THIN

This is turning an old phrase face about, but modern methods of reduc-ing fat have made this revision possible.

If you are overfat and also averse to physical exertion; if you are likewise fond of the table and still want to reduce your excess flesh several pounds, do this: Go to your druggist (or write the Marmola Co., 864 Woodward avenue, Detroit, Mich.), and give him (or send them) one dollar, For this modest amount of money the druggist will put you in the way of satisfying your ambition for a nice, trim, slim figure. He will hand you a large case of Marmola Prescription, Tablets (compounded in accordance with the famous Marmola Prescription), one of which you must take after each meal and at bedtime until you begin to lose your fat at the rate of two, three or four pounds a week. Then continue the treatment until your weight is what you desire. Marmola Prescription Tablets are not only harmless but really beneficial to the general health. what you desire. Marinota Prescrip-tion Tablets are not only harmless but really beneficial to the general health. You don't need starvation diet or

## ABSENCE OF FLOWERS Juniors Meet Stratford Here on Tuesday Night

EUROPEAN STRUGGLE Big Test for Local Kids Comes When They Meet the Touted Junior Champs-Classic City Heavy, Aggressive and Experienced.

Junior championship. They went through a very easy district, and had

The local Juniors meet Stratford local youngsters, while having some here on Tuesday night, and the result hard battles, have never really been Anyone who has suffered month after month, and perhaps year after year, with rheumatism, and who has tried the freemedy after remedy in the hope of redef, and without success, should not give up hope.

INCULING TICLS.

INCULING THE CAMPAIN METHOD TICLS.

Increase of Tuesday night, and the result of the clash determines whether the clash d went in the way of cramping styles.

I had The locals would have had a better than the had the last game at home, but the luck was against them

are in use for other purposes on that people, who are influenced by climatic conditions.

"Floriculture has a mellowing influence," said Mr. Taylor, "and is similar to the singing of hymns at our Sunday to the singing of hymns at our Sunday to the league will put in an appearance the league will put in an appearance at the rooms of the Army and Navy

## IN THE POLICE COURT

Veterans.

nembers joined, and great efforts are to be put forward this year to bring the number to nearly 3,000. The St. Thomas society boasts of 2,000 members, and has for its objective this year able to having the defendant bound over in the sum of \$300 to keep the peace and he was allowed to go on suspended sentence. Murphy & Gung suspended sentence. wina Keice, but the complainants, was sung at 3 o'clock, interment was counsel, M. P. McDonagh, was agreemade at St. Peter's Cemetery.

able to having the defendant bound over in the sum of \$300 to keep the peace and he was allowed to go on A. F. McAuly and J. Henry. suspended sentence. Murphy & Gunn acted for the defendant.

Three drunks each were fined \$10 mrs. E. Ward was brought to court Mrs. E. Ward was brought to court for neglecting to send her daughter to school. She was allowed to go on promising to send the child back to her studies on Monday.

Well known locally, having resided in this city for 50 years. cation on Friday afternoon decided to promising to send the child back to her studies on Monday.

### M. Graydon, P. H. Bartlett presided. VALENTINE SOCIAL AT

DUNDAS CENTRE CHURCH Woodland Cemetery: Almost 150 young people of the senior classes of Dundas Centre Methodist Sunday school were present last night when they were treated to a Valentine passed for another year at least, for during the past few days 250 cars of company coal has piled up at various points on the local division. Much of this coal was due here earlier in the winter, but was delayed because of the extreme cold of last month.

GLEE CLUB CONCERT.—The memenjoyed. The men weren't in it, as everything was on the leap year trend. Ladies sought the men in the games, and the ladies coupled up with men for lunch, which was served in capital

### Miss Eva Metcalfe gave two solos. The school orchestra rendered music for the occasion. Continued From Page One

February 27 in the G. W. V. A rooms, VALENTINE PARTY—A very pleasant valentine party was given at the Y. W. C. A. residence, Wellington Street, on Thursday evening, when Miss Sutherland and the girls entertained the staff and girls of "Lenmore," King street, and the house Committee, The evening was pleasant-seriously, and the first report received.

SMALL FIRE.—The fire department was called at 10 o'clock this morning to extinguish a small blaze in the ento extinguish a small blaze in the en-gine-room at Lawson & Jones. Clarence street. The fire was caused through an electric wire. The damage was small. TOO LATE TO CLASSIFY

### DIED. IRWIN-At Victoria Hospital, of pneu

monia, on Feb. 14, 1920, F T. Irwin.
Funeral (private) from his brother,
Andrew's home, lot 6, con. 2, North
Dorchester, on Monday at 2 p.m. Service at 1:30. Interment at Dorchester Union Cemetery. KILBOURNE-At his late residence, Kilworth, Feb. 12, 1920, Gordon H., dearly beloved son of Mr. and Mrs. Harvey Kilbourne, in his 29th year. Funeral (private) from the above address on Sunday at 2 p.m. Interment at Woodland Cemetery.

WANTED TO PURCHASE WANTED-STORE FIXTURES, SHOE

cases, scale, cash register and counter. COTTAGE, IN GOOD LOCALITY, fully modern. Apply, stating price and location, 110 Advertiser 33n

REAL ESTATE WANTED BUILDING LOT, WITH ABOUT 75 feet frontage. In reply, state location, size and depth. Box 109, Advertiser.

## House, garden, fuel and milk sup-plied. State wages expected. Box 107, Advertiser. 33c

MEETINGS

SARNIA CHAPTER. ORDER EAST-ERN Star, will visit Ruth Chapter Wednesday, Feb. 18. Arrive 5:30 p.m. Supper at Wong's. All members of London Chapters wishing reservation of supper please phone 6691. May be in the stock opening of today's session, many prominent stocks, including rails advancing 1 to 2 points.

10:30 a.m.—Stocks made further substantial recoveries from their recent acute depression at the lively opening of today's brief session, short covering contributing largely to the general ad-SARNIA CHAPTER, ORDER EAST-

## DEATHS AND FUNERALS

ROY FULTON DIES.

Roy Fulton, aged 18, son of William Fulton, assistant district passenger agent of the C. P. R. at Toronto, died suddenly from pneumonia at Toronto on Friday. Mr. Fulton was well known in this city, having resided here for a number of years, and the news of his death came as a great shock to many. Mr. Fulton was in the city on business when he received the news of his ROY FULTON DIES. ness when he received the news of his

son's death and he immediately DIES IN LONDON TOWNSHIP.
Susannah Frazer, widow of David
Frazer, died at her residence, London
Township, Saturday Death was due to
pneumonia. The late David Frazer died pneumonia. The late David Frazer died on February 6, 1920, from the same cause. The funeral arrangements have not yet been completed.

IN THE POLICE COURT

Daniel Polci was in police court this morning on a charge of assaulting Edael's Church, where requiem high mass but the complainant's was sung at 9 o'clock. Interment was

DEATH OF MRS. EMMA BARRY. John Wright is alleged to have neglected to send his two sons to school, and Fred Johnstone to send his daughter. Illness prevented their appearance to answer the charge.

In the absence of Magistrate A. H.

M. Graydon P. H. Bartlett presided. Sims, 625 Elias street, on Monday, February 16. Services will be conducted by Archdeacon Richardson at 3

> FUNERAL OF PTE. E. ROBERTS. The funeral of Pte. Edward Roberts, No. 602985, will be held from the famlly residence. Broughdale avenue west, to Mount Pleasant Cemetery this af-ternoon. Pte. Roberts was a member of the 34th Battalion, C. E. F., and on returning to this country was taken on the strength of No. 2 District Depot. His death took place in the Orthopedic Hospital, Toronto, last Wednesday. Full military honors will be accorded Capt. Smiley will represent the G. The firing party and buglers will e supplied by the P. P. C. L. I.

Interment will be made in

MAJOR KINGSMILL BURIED The funeral of Major H. A. Kingsmill, M.D., took place from his residence, 219 day. I wish I could do more. If every-queen's avenue yesterday afternoon at 2:39 o'clock. Full military honors were little friends will never starve. Hope 2:39 o'clock. Full military honors were little friends will never starve. Hope accorded. Interment took place at the generous-hearted Boxites will do

accorded. Interment took place at Woodland Cemetery.
The homorary pallbearers were: Lieut.-Cols. H. T. Reason. J. H. Wilson, W. McDermott, Majors M. Spry, W. Irvine, W. T. Lawless. The active pallbearers were six N. C. O.'s of the A. M. C.
Hon. Chaplan C. Foreman coducted the services. The firing party and buglers were supplied by the P. P. C.
L. I.

### GETTING READY FOR THAW Public Works Department Preparing for Spring Conditions.

London's public works departments is preparing now to deal with conditions which are expected when the spring Lack of storm sewers handicaps the work in some districts as the drainage must all be done on the surface. To facilitate this graders are being used on the streets to open up the gutters. Every step will be taken to give the water a free course when the snow befruitful returns are in evidence Every step will be taken to give the throughout all denominations in the water a free course when the snow be-Work of this nature is limited to some extent by weather conditions. If the gutters are opened up and a temporary gutters are opened up and a temporary thaw occurs ice forms in the channel. This is much more difficult to break up than the snow, and accordingly many streets are being left so that it will be necessary to open the gutters once.

### RAILWAYMEN SICK

Four Hundred Members on the London Division on the G. T. R. Are Off Duty.

Four hundred men in the London division of the G. T. R. have booked sick, according to the chief dispatcher. As this means that nearly one-third of the men are off, traffic is moving under great difficulties. All the spare men have been put to work, and the regular men are putting in much overtime. Two hundred men in the car shops alone are off.

SILVER COINAGE BILL. London, Feb. 14.—A silver coinage bill introduced in the House of Commons by J. Austen Chamberlain, chancellor of the exchequer, proposes to reduce silver coins from 925 to 500 fine, according to a management of the second in the common sec silver coins from 925 to 500 fine, according to a memorandum issued today. It is said that with silver at 88 pence, the intrinsic value of a 1-shilling piece of 500 fine would still be considerably more than the intrinsic value of a 1-shilling piece of 925 fine in July, 1914.

RESOLUTION OF CONDOLENCE. WANTED TO RENT

WANTED — ABOUT MIDDLE OF Marc's small house or cottage, with gardens, barn or chicken house preferred, easy distance of car line, three adults. Box 108, Advertiser.

WANTED — ABOUT MIDDLE OF here of the city council, at a meeting last night, passed a resolution expressing regret and extending the sympathy of the city of Halifax to the relatives of the late Henry B. Endicott, whose death occurred in Problems.

death occurred in Brookline, Mass., yes-

SEVEN-ROOMED FRAME HOUSE, southeast; immediate possession; rent \$18; sell \$2,600, \$100 down. P. O. Box 30c

MALE HELP WANTED

MARRIED FARMHAND WANTED—

MARRIED FARMHAND WANTED—

MARRIED FARMHAND WANTED—

MARRIED FARMHAND WANTED—

ME disaster swept this city at the time of the explosion on December 6, 1917. He made a visit here, and took a keen personal interest in the work of reconstructive powers. personal interest in the work of reconstruction.

NEWLY-ELECTED DIRECtry and 20 in the city. Map of London can be secured at a stationer's. TORS OF THE CANADA TRUST COMPANY.



GEORGE H. BELTON, newly-elected director of the Canada Trust Company. Mr. Belton is president of the George H. Belton Lumber Company, vice-president of the Southwestern Ontario Lumber Dealers' Association and a director of The Northern Life Assurance Company.

Hume Blake, B.A., another new face

### Cynthia Grey's Mail-Box

Cosy Corner Chats.

means of keeping his feet warm. If he can accept a gift from me in the spirit of its giving I should be only too glad to hear from him.

I am inclosing ten cents for the hos-

pital fund. AUNT JOSEPHINE. stocking-foot pattern, of which you will find inclosed 10 cents for same; also the recipe for Pork Cake

The Boxite who stated that it is a The Boxite who state it that it is a good idea to feed the poor little birds with the crumbs from the rable, is a true and kind friend of mine, as well as the poor little birds. I feed them two slices of bread every day, one broken up in small pieces, at 8 a.m., and the other slice same way at about 1.30 pm, and I can assure you that 1.30 pm, and I can assure you that it is a good idea to see and which will serve eight persons is made as follows: Take one cup of rice, wash well and drop into boiling water in a double boiler, add a teason of salt and cook for ten minutes. Then put in eight links of small saurant in two pieces, any kind you prefer. Cook until vice is perfectly to the cook of the poor little birds. solutione since of bread at that par-ticular time. If every person with a cheap and wholesome dish for a large kind heart and real affections for these family.—Selected. poor little innocent creatures would just take the trouble of a few minutes just take the trouble of a few minutes to shake their crumbs out on the ground, how happy they would be. I sugar, 2-3 cup butter, 2 eggs, 4 tea-

I am inclosing the words of Baggage Coach Ahead" for F Lass. I hope I will see this TRIXY. print soon.

A mother in writing about her little girl of five years said she would soon send her to school. I wonder what other mothers think is a good age to start the little ones to school. My little girl is now five, but I have always thought children not going so young do much hetter, and think sown young do much better, and think seven is quite young enough. Someone asked for some suggestions n economy. I have for some time been husband's overalls and smocks, and find they last more than twice as long as those you buy readymade, and cost not much over half as Will inclose a small amount for hos-COUNTRY TWIG.

I just love your cosy corner and must come in for a little chat by your warm grate fire.

I have received so much help from Boxites, and now come asking for Please send me a stocking-foot pat-ern. Inclosed find ten cents for Children's Hospital fund. LADY EVELYN.

I must admit you have a very interesting page. Would New Beginner care to correspond with me? Some time ago someone was asking how to make ferns grow well. We took ours out of the jardiniere and put it in a soup plate and water it from the bottom, and it looks jovely. Inclosed find ten cents for Children's Hospital fund. TRIXIE.

what is the speed limits of auto-mobiles in the country and also in the city? Where can you get a map of London? Does The Advertiser have any? I think it would be a useful premium. I am ten years old, and am in senior third class. BLACK EYES. Ans .- Twenty-five miles in the coun-

## LIKE A TIDAL WAVE

Heart Disease and Nerve Troubles Sweep the Country.

history have heart and nerve troubles been so prevalent as they are today. The heart can't stand the stress and strain of this busy, bustling age, and the care and worry, the anxiety and activity whose of business life constitute a serious drain on the nervous system.

The business of this work-a-day world

goes with such a rush that the stoutest

hearts and strongest nerves break down On the first approach of any breakdown of the system Milburn's Heart and Nerve Pills should be taken. The reconstructive power of these pills on the heart and nerve system is simply

marvelous. Mr. W. A. Wright, Hopewell avenue, Ottawa, Ont., writes: "After suffering for some time with my heart, I consulted a number of doctors, but got no relief. However, I read what Milburn's Heart and Nerve Pills had done for others, who had the same symptoms and thought I would give them a trial. Believe me, six boxes cured me completely. I am feeling fine now, and can attend to my work every day. I can recommend your pills to anyone suffer-

ing as I did." Price 50¢ a box at all dealers, or mailed direct on receipt of price by The T. Milburn Company, Limited, Toronto,

Have just been looking over my week's mending and with seven pairs of feet to keep warm it's some job. I thought I'd come to you for help. I am inclosing 10 cents and an addressed enveloped. velope for the famous stocking foot pattern. I think the Mail-Box is just full of help for us tired mothers. MOTHER OF FIVE.

Cosy Corner Chats. Am inclosing my mite also. Someone asked for the Brown Muffins

Here is my repie, and it is good Three cups buttermilk, 14 cup short-ening, 3 cups table bran, 1 cups flour, tablespoons blackstrap, 3 teaspoons oda, a little sugar and salt. You will find these muffins good.
GRANDMOTHER OF THIRTEEN.

which I thank all who sent them. In closed find stamps which I owe you for etters mailed to me If anyone hanging clothes on the ine in cold weather would wash their hands in vinegar they would not have cold fingers, or warm the clothes pins,

it. I worked hard and faithfully for three or four months and could then make the socks, not nearly as fast as the advertisement said you could. The best I could do was about two pairs in a day. I found it took such a time in a day. I found it took such a time to turn the heel and the toe and change the needles from ribbing to plain and in a day. I found it took such a time to turn the heel and the toe and change the needles from ribbing to plain and back again from plain to ribbing, and after the socks were taken off the machine they had to be finished off by hand, that altogether I gave it up as a way to make extra money. A number of other people bought machines about the same time I did, and did not make the same time I did, and did not make any better headway than I did.

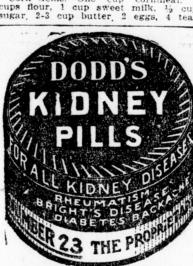
Orange Marmalade.—Six oranges, that calls for sacrifice on his part that calls for sacrifications that calls for sacrifications

There was me. and the housemaid,

And Margaret, the cook. Hoping your fund is growing rapidly. I enjoy the Mail-Box Page very much. noticed someone asked for Marmalade, which I t is very good. HEL Orange Marmalade.—Three oranges and 1 lemon sliced fine an put into 3 pints of water and let stand

over night, and in the morning boil for 1½ hours and then add 3 pints of granulated sugar and boil until it jellies (about 1 hour.)-Helena. A Sausage Dish.—A cheap, wholesomesh that my family has made a favor ite, and which will serve eight persons

broken up in small pieces, at 8 a.m., and the other slice same way at about in two pieces, any kind you prefer. Cook 1:30 p.m., and I can assure you that I have only just it often happens that I have only just a portion of rice topped with a piece of a portion of rice topped with a piece of



THERE ISN'T MUCH TO SAY ABOUT COAL EXCEPT THAT IT'S AS BLACK AS EVER.

Everybody must be patient till the transportation conditions clear up some. If we both do our best it will work out all right.

## HUNT BROS., Ltd.

you think it

with a warning to avoid the fello that every girl falls in love with. I

spoonfuls baking powder, a pinch of with salt. Bake in quick oven.
Wheat Gems.—Three cups flour, 3
tablespoonfuls sugar, 3 teaspoonfuls of baking powder (stir well), add 1 wellbeaten egg, 4 tablespoonfuls melted lard, bright face. 11/2 cups of sweet milk or water.

Instead of Meat.—A good economy all. He is dish is made as follows: Take a quart is a fraid of pink beans, mash with potato masher weaking RALEIGH MILKMAID.

Peppermint asked the other day for someone to tell her their experience of knitting socks on a machine with an idea of making a little extra money. I bought a machine about four years ago and tried to teach myself to run it. I worked hard and faithfully for three or four months and could then the source of the source Serve a generous slice, with a brown sauce, made from any left-over meat you are prosperous and when y

any better headway than I did. I or longer if necessary. Put lemon seeds would be interested in hearing of anyone who has been successful. I wonder if any of the readers have the words of an old song, part of which runs like granulated sugar, and boil for an nour, or longer if necessary. Put lemon seeds weets. Better have some a pickle once in a while and put water in with fruit. It helps to jell.

WILHELMINE.

Rice With Creamed Eggs .- A dish know what you are dealing with which takes the place of both meat and potatoes, but which is much cheaper, and delicious as well as extremely at-Cosy Corner Chats.

During the war I spent a great deal of time knitting for our brave soldier boys. In fact, being as some would call (an old maid), without family duties. I became quite an expert, and would be only too glad to knit in a good cause.

Now, Uncle Dudley proved himself in generous by contributing to our hospital, some amount from my sister. Hoping your fund is growing rapidly. I would like to have it if any readers and delicious as well as extremely attractive, is boiled rice with creamed gegs. In the centre of a large chop plate or platter heap the flaky boiled rice and about this pour creamed hard-before Christmas. I was glad to see you had realized such a nice sum from the pattern, and hope it will continue to grow.

HEATHER BELL.

I am sending you 25c shin-plaster for the children's hospital fund, and generous by contributing to our hospital fund, and I should like to be the Cream a cup of sugar with a tablespoon | gentleman

lour, the juice and grated rind of one emon, a cup of milk, and the beaten rolks of two eggs. Just before pouring nto the baking dish, fold in the stifflybeaten whites of the eggs. Set the dis into a large one filled with hot water and bake slowly. When it is done there will be a light, fluffy souffie on top and a layer of creamy mustard sauce under-neath to serve with it. It is very nice

## baked in individual ramekins .- Selected.

I thank Full Fledged Farmerette for The Pure 'Life's Lullaby." I do hope I can help her some time. I have received so much help myself. I do not think I have

and a half of clay. Let these be inked together with common water like or dinary mortar. The more they are stirred and mixed well together the better. Then roll them into ball, or with a mould make them in the shape of bricks. Pile them into a dry place. front; they will keep a stron- so sure to cure, and to the ger fire than any other. changeable weather.
To Preserve Boots-Remove all mud catch cold—those

gum copal varnish; repeat it as mahogany and will last longer and a waterproof.

AMETHYST. Correspondents Wanted. Merry England wants a correspond-nt. I am just her age, and would

ent. I am just ner age, and enjoy corresponding with her, if she wil please write first. I would love to correspond with anyone else in the Mail Box who would take the trouble t write to me.

MAPLE LEAF.

Description of a Hypocrite.

I wish I could send the following article to every girl in this whole world.

# You Can Be Cured of

ozone Afford Surest and

coal or sawdust, or both mixed to its healing var gether; two bushels of sand, one bushel breath direct t and a half of clay. Let these be mixed nose or throat essencés. and old blackening by giving them a lung-chilling surroundings, or where ash under the tap. Then let them ry. Then rub ½ cunce castor oil on hem. Let the oil dry in. They will feet them—let them get Catarrhozone and use it several times daily—it will to make the soles last apply a coat cure every time.

Large size Catarrhozone, sufficient f are two months' use, guaranteed, price \$1.0 smaller size, 50c; sample size, 25c. So everywhere.



ollowing Cut shows one of our many lines. 

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really beneficial to the general health. You don't need starvation diet or weakening exercise. Just go on eating what you like, leave exercising to the athletes, but take your little tablet faithfully and without a doubt that flabby flesh will quickly take unto itself wings, leaving behind it your natural self, neatly clothed in firm flesh and trim muscles.

ARTICLES FOR SALE

FOUND—ON WEDNESDAY, PURSE, contributing largely to the general advance. Although the outcome of the railway wage controversy was still in doubt, traders seemed to be of the opinion that conditions favored an early adjustment of that situation. Ralls averaged 1-point gains, but among steois, equipments, motors, oils and shippings advances extended from 1 to almost 4 points within the first half hour.