



The Housekeeper

CARE FOR YOUR HAIR
By Frequent Shampoos with Cuticura Soap. Trial Free.

CARDINAL FACTS
This is Canada's war. Increase of knowledge means increase of productivity.

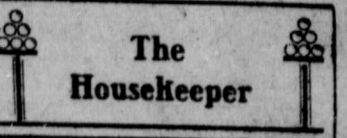
Facts for Health Seekers To Ponder Over
Nearly every disease can be traced to clogged or inactive stomach, liver or intestines.

AN EXCELLENT REMEDY FOR LITTLE ONES
Mrs. Sidney Dalby, Audley, Ont., writes: "I have used Baby's Own Tablets for the past twelve months and have found them an excellent medicine for my little girl."

Shoes in Olden Days
Early Britons wore shoes of raw cowhide. With their hairy surface outward, the Anglo-Saxons showed an advance for they were black and laced by a leather thong.

Minard's Liniment Relieves Neuralgia THE OLD MAID (Buffalo News)

Corrugated Iron Galvanized, Rust Proof Made from very finest sheets, absolutely free from defects.



Put a little salt-petre in the water you use for your bouquets and the flowers will last for a fortnight.

To clean white satin slippers, take a little alcohol and drop three or four drops of lemon juice in it, then apply it to the slippers with a piece of soft white cloth on linen.

AGRICULTURAL BULLETINS. So great has been the demand for bulletins, pamphlets, records and reports upon the publications branch of the Department of Agriculture at Ottawa as a result of the Patriotism and Production Movement, that it has been found impossible to comply with all the applications as promptly as could be desired.

WAR-TIME AND TANGO. (Philadelphia Record) The impending inhibition of the tango in Paris is probably a part of the increasing seriousness of the people in the presence of an appalling war.

THE OLD MAID. (Buffalo News) Married people—and who ever spirit ever prompted it?—long ago fashioned a legend about celibates that picture them choicely, graciously, ugly and selfish.

LOW PRICES—PROMPT SHIPMENT Metallic Roofing Co., LIMITED Manufacturers TORONTO & WINNIPEG

Danger Signals Warn You of Approaching Paralysis

Slowly and Surely Exhaustion Goes on Until Collapse of the Nerves is the Natural Result. You may be restless, nervous, irritable and sleepless, but you think there is nothing to be alarmed at.



DEATH HOOK OF THE AIR. Immune. A mounted policeman riding through Central Park came upon some little girls picking handfuls of flowers.

Bomb Device Evolved by an American to Destroy Dirigibles. The horrors of the Zeppelin dirigibles seem now to have encountered an invention that will put them out of action and end their apparently irresistible bomb dropping.

NO SQUEALER. (Detroit Free Press) Johnson may have lived like a dog, but he died like a man.

BETTER THAN SPANKING. Spanking does not cure children of bed-wetting. There is a constitutional cause for it.

Safest of Vaults. The bank vault in the new office of J. P. Morgan, at Broad and Wall streets, New York, is the largest in the world, and it is sought, the most secure.

AN THEM TITLES. A certain Edinburgh organist, who "boots up" his Sunday service lists at the Church door, had recently a very lively attack of the "flu."

THE JITNEY BUS. Live Subject Treated by a Disgruntled Patron. A San Francisco paper printed this beautiful and touching poem:

EFFERVESCENT DRINKS. They Alay Thirst Quickly, but the Effect is Not Lasting. The reason why we like effervescent drinks is that the slightest stinging or prickling of the palate that follows on drinking liquids charged with carbonic acid gas produces immediately an increased flow of saliva and thus diminishes for the moment the sensation of thirst.

ENGINES MARINE:— 2 h.p. at \$40, 3 h.p. at \$50, 5 h.p. at \$60, 7 h.p. at \$80, 10 h.p. at \$100, 15 h.p. at \$135, 20 h.p. engine at \$175. STATIONARY:— 3/4 h.p. at \$25, 1-1/2 h.p. at \$35, 2 h.p. at \$45, 3 h.p. at \$55. Send for complete list, also catalogue of new ones. GUARANTEE MOTOR CO. HAMILTON, ONTARIO.

WEIGHT OF AIR. One Cubic Foot of Atmosphere Weighs More Than an Ounce. The common belief that air weighs nothing or almost nothing, a belief which has given rise to the simile, "light as air," needs correction.

Why We Oppose Pockets for Women. 1. Because pockets are not a natural right. 2. Because the great majority of women did not want pockets. If they did, they would have them.

ARE YOU? (Brantford Expositor) Dear Reader: Are you ready to follow the lead of King George and Lord Kitchener, and "swear off" until after the war?

OWN YOUR HOME. (Montreal Evening News) The man and woman who have begun saving for a home are laying the surest foundation of a successful life.

THE PERFECT MAN. (Detroit Free Press) Tailors say the perfect man is 34 inches around the waist. But in spite of that the world will keep on hiring men who carry their weight in their heads.

HELP WANTED—FEMALE. WANTED—GIRLS OF GOOD EDUCATION and character to train for nurses. Apply to Welland Hospital, St. Catharines, Ont.

FARMS FOR SALE. 12600 ACRES—WINDMILL ACRES. 12600 acres, good and stock farms, well watered, and good crops. Solid brick house, two bank barns, splendid water, day house, etc.

FARMS FOR SALE—IN COUNTIES. Victoria, Parkboro and Inverness. \$24 up. Train and Crows, Kilmuir.

SEED CORN. Prize-winning Wisconsin No. 7. No bet for the silo. George R. West & Sons, Northwood, R.R. No. 2.

BOYS AND GIRLS. Earn lots of pocket money working for us. Send no money. Write your Name and address, and we will send you full particulars free.

Many Men Have Accomplished Wonders in Their Spare Moments. Great men are economical in their use of time. They not only work hard for hours together, but they also save the spare minutes which most persons waste in fruitless employment.

Odd Effects of Hydrochloric Acid. Some very singular and unexplained effects of hydrochloric acid upon silica are brought out in M. Armand Gantier's paper recently read before the Academie des Sciences.

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