Calendar for Mar., 1905. Moon's PHASES.

New Moon 5d., 11h., 19m. p m. First Quarter 14d., 3h., 0m. s m Full Moon 20d., 10h., 56m. p. m Last Quarter 27d., 3h., 85m. p. m.

D of M	Bay of Week	Sun Rises	Sun Sets	Moon Rises	High Water	Low Water
-		m.	b.m.		h m.	b.m
1	Wed.	6 54	6 03	4 02	7 14	6 29
2	Thur.	6 53	6 04	4 46	8 16	7 32
3	Frid.	6 51	8 08	5 23	9 06	8 27
4	Sat.	6 50	6 07	6 00	9 49	9 18
5		6 48	6 08	sets	10 24	10 04
6	Mon.	6 46	6 09			10 46
7	Tues.	6 44	6.11	7 41		11 28
. 8	Wed.	6 43	6 12			********
9	Tbur.	6 41	6 13	9 37	0 04	12 18
10	Frid.	6 39	6 14	10 35	0 40	12 48
11	Sat.	6 37	6 16	11 33	1 19	1 20
	Sun.	6 35	6 17	a m		1 54
13	Mon.	6 33	6 18	0 32	2 55	2 31
14		6 31	6 20	1 30		8 16
15	Wed.	0 29	6 21	2 24	5 16	4 23
16		6 27	6 23	3 16		5 45
17	Frid.	6 25	6 24	4 04	7 38	6 55
	Sat.	6 23	6 25	4 46	8 28	7 57
	Sun.	6 22	6 26	5 27	9 13	8 57
	Mon	6 20	6 27	rieer	9 55	9 54
21	Tues.	6 18	6 29	7 15	10 35	10 51
22	Wed.	6 17	6 30	8 32		11 39
23	Thur.	6 16	6 31	9 47	1 52	********
24		6 14	6 32	10 56	0 26	12 31
	Sat.	6 12	6 34	a m	1 14	1 08
26		6 10	6 35	0 05	2 06	1 46
27	Mon.	6 08	6 36	1 06	3 05	2 30
28		6 06	6 37	1 59		3 27
29	Wed.	6 04	6 39	2 46	5 30	4 43
	Thur.		6 40	3 27	6 42	6 00
31	Frid.	6 00	6 41	4 02	7 41	7 11

Convalescence.

BY ELIZABETH R. PHELAN.

Arise, poor heart, that long bast lain, Exhausted, on thy bed of pain. The fair spring calls to thee, For winter, dread disease, is past; And, cured of her malady at last, The earth, like a convalescent child. Has opened her tired eyes and smiled. Arise, my heart, and see.

'Twas after the joys of the summer weather That the earth and thou grew ill to

gether, In the waning of the year.

Oh, with summer's fragrant garlands crowned, And her rich largesses scattered

'ound, How could ye dream health's radiant

bloom Would fade so quickly, and the gloom

Of death approach so near? Through the happy earth passed

warning chill, still.

White grew her cheek, her bosom

Smitten in every part.

The withered flowers slipped from her hold,

Sick unto very death she lay. Mosning for many and many a day, Even so with thee, poor heart.

Yet all the time, tho' thou knew it

There stood One by thy wretched cot,-

He Who alone canst save. He heeded not thy delirious cry. Thy wild, impulsive prayer to die When in rage and scorn and bitter

again

The gift of life He gave. He held thee with His strong right

Lest theu should'st do thyself fresh

harm, And then, with skill divine, He cut away each festering sore,

While thou wast too weak to struggle more -And with fingers, ob, so deft and

tender.

Sach kindly service did He render Unto those wounds of thine. The earth is still too weak to speak,

But grateful tears now wet her The blood throbs back to her breast

Over her lip and cheek and brow The first faint color is creeping now, Soon she shall burst into joyous

song-The fair, sweet earth that was ill

In beauty shall be dressed. And shalt not thou arise, my hear

Content to do thy little part, Thy duties to fulfil? Shall the grateful earth its praises

sing, And thou, damb bird with broken wing,

Brood o'er the past, where, 'mic faded flowers, The dear, dead, unforgotten hours

Lie cold and still?

Shrink not at the urgent call of life And shudden not so at the though of strife.

And the rough paths thou must He, Who from the depths of pain,

Has brought thee back to thy tasks Shall all day long walk by thy side. And work with thee, until eventide

Sends the tired toiler home, Marshall School, Dorchester

For the Sick.

It is not the correct thing to defer sending for the priest until death is imminent and the patient almost To go for the priest in the middle

of the night when the patient is not in danger of dying without the secraments.

To omit having the table with the candle, etc., prepared when the priest is expected with the Body and Blood of Our Lord.

To use a dingy or colored cove a broken spoon, a dirty glass for the

Pains in the Back

Are symptoms of a weak, torpid or stagnant condition of the kidneys or They are commonly attended by loss of energy, lack of courage, and sometimes by gloomy foreboding and de-

spendency.

"I was taken ill with kidney trouble, and became so weak I could scarcely get around. I took medicine without benefit, and finally decided to try Hood's Sarsaparilla. After the first bottle I felt so much better that I continued its use, and six bottles made me a new woman. When my little girl was a baby, she could not keep anything on her stomach, and we gave her Hood's Sarsaparilla which cured her." Mas. THOMAS INTER. Wallaceburg, Ont.

Hood's Sarsaparilla Cures kidney and liver troubles, re-lieves the back, and builds up the

water, or a candle that has not been

To be without boly water. To have no crucifix in the house.

To forget to light the candles. To allow anyone in the room who will not act with proper respect whilst the priest is administering

the sacraments To alarm the patient with exaggerated accounts of his illness To deceive the patient with false

sesurances as to his condition. To omit telling the priest when a visit of consolation merely is desired. so that he can choose his own time for paying the call.

To omit informing the priest when any member of a family is ill. To go for a priest outside of the parish, as a priest is not supposed to answer sick-calls outside of his own

To allow whispering, needless talking, or strong outbursts of grief in the sick-room whilst the priest is

administrating the sacraments.

To omit saying the prayers for the dying if the priest cannot be

To be carelese, etc, in complying with the last requests of the dying. -The correct thing for Oatholics.

In a Savage Land.

Two priests, four lay brothers and several nuns from Germany have gone to the Bismarck Archipelago in the Pacific, to replace the ten devoted missionaries who were killed Wildly she struggled and then lay there last August. They had developed in five years one of the most flourishing centres of civilization in that region. Many thousands in Germany were interested in their work and were thunderstruck when they heard of the tragedy.

Just one week before the missionaries were killed a visitor at their station wrote an account of the remarkable transformation they had wrought in five years, and the article was read with great interest in Germany. The next steamer brought the news of their destruc-

Father Rascher, a remarkable man in his chosen field, founded the station in 1899 among the Baining Thou would'st fling back to thy God Mountains, in the northwest corner of New Pomerania. He was welcomed by the Baining natives, who carried on their shoulders from the sea, nearly two bours distant, more than 30,000 pounds of lumber with which the mission house was built,

The missionary party was made up of two Fathers, three lay brothers and five Sisters. Toe natives were wild and the country was a perfect wilderness, but Father Rascher had high hopes. He gathered around him several bundred freed slaves, to each one of whom was given a patch of ground on which taro and other food suffi. cient for sustenance was raised.



HE above picture of the man and fish is the trademark of Scott's Emulsion, and is the synonym for strength and purity. It is sold in almost all the civilized countries of the globe.

If the cod fish became extinct it would be a world-wide calamity, because the oil that comes from its liver surpasses all other fats in nourishing and life-giving properties. Thirty years ago the proprietors of Scott's Emulsion found a way of preparing cod liver oil so that everyone can take it and get the full value of the oil without the objectionable taste. Scott's Emulsion is the besthing in the world for weak, backward children, thin, delicate people, and all conditions of

wasting and lost strength. SCOTT & BOWNE, CHEMISTS Me. and \$1.00. All drugs

A dam was built across a stream. and the lay brothers, with native that Moses, Elias, and our Divine assistants, built a sawmill, in which Lord Himself, kept each a fast of they manufactured all the lumber forty days. In the book of Dauterneeded for eleven buildings. These onomy, ix 9, we read how Moses noluded a chapel, a school for boys said:-"When I went up into the and another for girls, a hospital and mount to receive the tables of stone, the orphan asylum, in which were the tables of the covenant which the

sixty-nine little waife. The mise- Lord made with you; and I continued ion house was surrounded by a beau- in the mount forty days and nights, tiful flower garden, many vegetables neither eating bread nor drinking were raised, and about 500 scree water," Again, in III. Kings, xix. 8 were under cultivation.

Young as it was, St Paul was the drank, at an angel's bidding, and then tar mission in the German Pacific, "walked in the strength of that food and was photographed and written forty days and forty nights is familian bout as a medel station. All was to us all. seace at this busy little centre, and Father Rascher had no suspicion of thing singular in this recurrence danger, though a few days before be the number forty. "Forty days the had been warned by the Governor flood was upon the earth, and the of the Island to be on his guard, for there were indications of growing restlessness and rumors of plots to vii. 17); and again, when the deluge murder all the whitee.

Paul an outbreak would put it in passed, Noe, opening the window of great danger. But the mission people were contented and happy, the natives around were friendly, and Father Rascher could see no sause for alarm

The only victims of the outbreak s it happened, were the white men and women of St Paul. It was intended to kill every white person on of days, as if it were hallowed in the the island, beginning with Father sight of God in a peculiar way; and Reacher, but the ten victims had carcely breathed their last before sense of fitness and propriety, her tation natives were on the dead run acute realization of the fact that for the coast and for Herbertshohe, God," when she has thus finally he news. When the plotters appeared at the new settlement the whites were ready for them, the insurrection was soon suppressed and devotions, to fasting, and to seclusion the ringleaders were in prison or from worldly entertainments, each

ives is known to have been implisated in the massacre. His name show our own understanding of all was To Maria, a married man who these things by our own appropriate had been punished for running off behavior. Forty days is not a long

with another man's wife. On the morning of the fatal day ure to do what Moses and Elias and set for killing all the whites, To Maria took one of the mission shot gans, ostensibly to shoot wild pigeons for the missionaries, as he had often done. His first shot killed Father Rascher, and this was the attain in this holy season; and that is, signal for the other plotters to take a clearer knowledge of Him, a closer

Sister Anna fled into her room, Sunday in Lent to Trinity Sunday but an axe burst open the door, and inclusive is the time set, in this coun she was shot. Sister Sophia was try, for us to fulfil what is known as ministering to the sick natives in "our Easter duty,"-the season to the bospital, and her torn garments approach, with reverent and cleansed showed that she tried to defend her- hearts, the Sacrament of the Body self against the savage who killed and Blood of Jesus Christ. Of this

Brother Bley was at work near days, asking God to help us to make the house when he heard the first ready for a good confession and a shot and saw To Maria come around happy Holy Communion. Then, in the corner. He asked the cause of the strength of that divine food, may the firing. The savage levelled his we all of us walk, not for forty days gun, when a native boy sprang in and nights only as Elias did, but for front of the missionary.

"Get out of the way!" yelled To too "come unto the mount of God," Maria. "You may shoot us both." ans wered the boy.

The boy was not large enough, (Sacred Heart Review.) owever, to protect the brother with his person, and the white man was shot dead. Brother Schellekens was building some coment steps near the church when his skull was split The Gauons of the Imopen with an axe and he fell with his trowl in his hand.

Brother Plasschaert was measur-Rev. Theo. Allard, Caraing a pile of boards near the church when he fell in his tracks, and the Fabrique of Portneuf. ... next day his measuring stick and Rev N Caron, St. Honore, pencil were found in his grasp. Sister Agatha was winding the injured leg Rev A Moreau, Leeds of a native when she was killed, her Rev L G Gagnier, Springroll of bandages lying by her side. Sister Angela breathed her last on Rev A Aubert, Seminary he steps of the altar and Sister Agnes was shot as she was sowing Rev R Guimont, Semin-

ver in three or four minutes. The mission maintained a small ranch about four miles away, with Father Ruten in charge. He was killed as he was reading on the verands of his bouse and his body was Amount of preceding lists 22,965 83 covered with banana leaves and puried about a foot under the earth

The buildings were not much in ured, though some of the windows and the altar in the chapel were destroyed; but every movable thing that the savages thought would be useful to them was taken.

The patives had no grievano gainst the mission enterprise at St Paul, and the hamble white workers were simply the victims of a general Pabrique of st Henri, of plot to exterminate all the white population of the Island, The only excuse the blacks have urged for their conduct is that they were tired Fabrique of St Sebastien ... of white supremacy. They said Rev Chas. Rivard, St. Sothat since the coming of the whites they had been compelled to do a good deal of work to which they were not accustomed and they much preferred to live in their woods with | Congregation of the Miss out working.

For Forty Days

The season of Lant is of very an- Rev Arthur Poulin, Issocient date. S Jorome mentions the striot obligation of keeping the Children of the schools ... Len en fast; and, long before St Jerome, St Irenseus mentioned some sort of a fast as preceeding Baster. Amount of preceding lists \$23,092 23 As we well know, this fast is now of forty days, beginning with Ash Wednesday; for the Sundays intervening are not reckoned as fa-ts. and cor sequently they are not

MILBURN'S Heart and Nerve

We know from Holy Scripture

we read how Elias arose, and ate, and

There is, in Holy Scripture, some-

waters incressed, and lifted up the

ark on high from the earth" (Genesis

ceased, and the tops of the mountains

appeared, "after that forty days wer-

a raven " St Luke tells us in the Acts;

i 3, that our Divine Lord "showed

Himself alive after His passion, by

many proofs, for forty days appearing

to them, and speaking of the king-

dom of God." Thus a certain sacred-

ness is set about this special length

the Church has shown her usual keen

marked out a period of forty days to

year, as the anniversary of our Lord's

passion, death and resurrection reap-

It is proper, then, that we should

time, surely, for us in our small meas-

our great example, Jesus Christ, did

in ways so far beyond our feeble

powers. God asks lighter things of

approach to Him. From the first

let us often think during these Lenten

all our lives on earth, until at last we

and, with all the company of the

saints of ancient days or new, we see

Christ Jesus face to face eternally .-

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TWENTY FOURTH LIST.

Nominingue \$ 25 00

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field, Mass.....

of Quebec.....

of Quebec

parish of St. Hubert.

Chambly.....

Children of the schools ...

The parish priest and the



Price 50 cents per box, or 8 for \$1.25. WEAK SPELLS CURED. Mrs. L. Dorey, Hemford, N.S., writes us as follows:—"I was troubled with dizziness, weak spells and fluttering of the heart. I procured a box of Milburn's Heart and Nerve Pills, and the did me so much good that I got two more boxes, and after finishing them I was completely cured. I must say that I cannot recommend them too highly.

"It is bitter cold," remarked the shivering busband. "Why don't you button up your jacket?" "The idea!" exclamied the wife.

will be sent free to any one who suffers from Rheumatism, Sciatica, Lumbago or Neuralgia if they have never ried these pills before. Send 2c. stamp for postage to the The T. Milburn Co., Limited, Toronto, Ont.

lown in the room; I can not see it anywhere; there has been nobody in besides myself; ergo I am sitting

acke, N. S., says: I have used Laxa Liver Pills for serious Liver Complaint and they have done me a world of good making me smart and healthy. was bawking first the other morning

heard you say so; but are they fresh ?" "Can't say for sartin', mum." came the sarcastic reply. "I applied or the birth and death certificate

fower a penny it simply couldn't be

An All Round Remedy.

Mrs. Hannesson, Binscarth, Man. writes: I have used Hagyard's Yellow Oil for Sore Throat, Outs, Scalds, and Frostbites for a long time and 10 00 consider it the best all-round household remedy made." Price \$5c. all dealers.

day laborer," honest "I would," re-4 05 plied Mr. Henpeck, with a serious nok

MGR. H. TETU. CYR. F. DELAGE, M. P. P., Quebec, 27th January, 1905.

TWENTY FIFTH LIST. The Seminary of St Sulpice, Montreal..... \$ 300.00 Fabrique of St Ann de la Levis..... Fabrique of St Joseph, of Rev F Laliberte, St Henri phie, (second subscrip-Mr Joseph Archer, Quebec Fabrique of St Etienne de Lauzon.....

ions, Perryville, Mo Mr Fr. Xavier, Leveille, Bey J D Bernier, Chartier



Are a specific for all heart and nerve troubles. Here are some of the symptoms. Any one of them should be a warning for you to attend to it immediately. Don't delay. Serious breakdown of the system may follow, if you do: Nervousness, Sleeplessness, Dizziness, Palpitation of the Heart, Shortness of Breath, Rush of Blood to the Head, Smothering and Sinking Spells, Faint and Weak Spells, Spasm or Pain through the Heart; Cold, Clammy Hands and Feet. There may be many minor symp-Peet. There may be many minor symptoms of heart and nerve thouble, but these are the chief ones.

Milburn's Heart and Nerve Pills will diarel all these symptoms from the

Why, if I did that no one would

snown it is lined with fur."

windows rattle. A woman came up to his barrow. "Are they fresh?" she asked. "They're fower a penny, mum,"

"Yes," responded the other, "I

of every fish on the barrer, but at

"I'd try and earn the money as a

again and find it good worm medicine. It is nice to take and never Price 15c. Dandruff.

udun.....nbu

\$23.794 I MGR. H. TETU. CYR. F. DELAGE, M. P. P. Treasurers. Quebec, March 6th., 1905.



MISCELLANEOUS

A box of Milburn's Rheumatic Pills

Professor of Logic .- I put my bat

Mary A. O'Connell. Middle Stew-

An antiquated-looking individual

roared he, in a fashion that made the

was the guarded reply.

Keep Minard's Liniment in the House.

"Henry," she asked, "what would you do if brigands should steal me 6 00 and demand a thousand pounds for

Clears away Worms.

Mrs. Wm. Graham, Sheppardton, Ont., writes; I have given Dr. Low's Worm Syrup to my boy time and

makes the child sick like powders.' Minard's Liniment cures

A WARNING NOTE FROM THE BACK.

People often say, "How are we to know when the kidneys are out of order?" The location of the kidneys, close to the small of the back, renders the detection of kidney trouble a simple matter. The note of warning comes from the back, in the shape of backadhe. Dan't neglect to cure it immediately. Serious kidney trouble will follow if you do. A few doses of DOAN'S KIDNEY PIT

taken in time, often save years of maering. Mr. Horatio Till, Geary, N.B., writes:—"I suffered for about two years with kidney disease. Had pains in my back, him and legs; could not aleep well, and had no appetite. I took one box of Doan's Kidney Pills, and they cured me. The pains have all they cured me. The pains have all left, and I now sleep well. Price 50 cents per box, or 8 for \$1.25. All dealers, or THE DOAN KIDNEY PILL CO.,

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