



Watch Your Child's Tongue!

Constipated Children Gladly Take

"California Syrup of Figs"

For the Liver and Bowels. Tell your druggist you want genuine "California Syrup of Figs"...



Thick, Tender Savory Meat

or chops—the kind, you know, that make your guests praise your hospitality...

C. H. SHELLY MEATS AND PROVISIONS LAKE ST. AND CHAPLIN AVE. Phone 1853

Tenders For Road Overseer

TENDERS marked "Tenders for Road Overseers" will be received by the undersigned up to an including Sunday, February 14th, 1920...

The lowest or any tender not necessarily accepted. Dated this 13th day of January, A. D. 1920.

M. A. BALL, Clerk said Township Louth, R.R. No. 1, Jordan, Ont. J16-23-30-16-13

Dr. C. H. SHELLY MEATS AND PROVISIONS LAKE ST. AND CHAPLIN AVE. Phone 1853

To-day—Not To-morrow

Don't put off opening a savings account until to-morrow, as to-morrow you may spend the amount you intend to save.

Open a savings account to-day with the nearest branch of

THE DOMINION BANK

Drafts on Foreign Countries sold on favourable terms. CORNER KING & QUEEN STS. OPPOSITE POST OFFICE

WALKER'S EAST END DRUGSTORE 297 St. Paul Street

When in need of a Tonic that will

Enrich the Blood, Strengthen the Nerves, Build up the System

Dr. Mack's Pills

Sale Price 35c a Box; 3 Boxes for \$1.00

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ont. This bank has now 433 branches in Canada and foreign countries...

St. Catharines Branch—R. G. W. Conolly, Manager. Thorold Branch—S. H. Falkner, Manager. Niagara-on-the-Lake Branch—F. W. Wilson, Manager

CITY AND DISTRICT

We buy everything you want to sell. McGuire & Co.

Try New Reliable Cleaning and Pressing Company at 101 James St. Just opened. First class service. J31

The Journal is informed that two or three store properties on Ontario street have been sold for thirty thousand dollars.

Mr. J. M. Elson went to Port Robinson yesterday to speak in the interests of the Anglican Forward Movement.

A new cleaning and pressing business is being opened at 101 James street. A man with twenty-five years' experience is taking charge of the work.

Eleven Toronto Methodists have subscribed \$435,000, or more than one-half of the Toronto Methodist objective of \$850,000 in the Forward Movement campaign.

The weather remains cold and the snow plentiful was well toward 11 o'clock today before the warmth of the sun took away the gripping frost to any extent. Old timers say it is one of the severest seasons they have known for many years.

"Toronto Directory for Nurses" is the name of a new corporation announced in last week's Ontario Gazette. It is to establish a registry for graduate nurses and nurses' aids. Its directors are Chester John Decker, superintendent Toronto General Hospital; Charles Tomlin, superintendent Western Hospital; Elizabeth Grace Flaws, superintendent of nurses, Wellensley Hospital; F. B. Hayes and Burton Holland, secretary of the Hospital for Sick Children.

The County Council will meet tomorrow at two o'clock. The first business will be the selection of a warden.

The water commission is to meet tomorrow night to organize.

Should a thaw come on there will be a lot of flooding in the city.

Some of the country roads are blocked with snow and the farmers are compelled to make detours through the fields at places.

Get \$25,000 Of "Dope"

Bandit's Bind and Gag Watchman, Then Saunter Off With Dope.

MINNEAPOLIS, Ind., Jan. 25.—Drug bandits have succeeded in pulling off a \$25,000 theft of drugs here and covering their trail. Five armed and masked men entered the offices of the Standard Medical Supply Co. and after binding and gagging the watchman, they hurriedly picked out the narcotics they wanted and then decamped, just as handily, with the load.

WANTED — MEN WANTED FOR detective work. Write J. Ganor, Former Government detective, Danville, Ill. J 17 24 21.

\$5.00 DAILY—MEN SEND ME your address and I will show you how to earn \$5.00 daily, ten year around. Plans and sample case free. H. V. Martin, Windsor, Ont. J23,24,26,27

TEETH—TEETH DR. MOYER AND MOYER, 1405 Main street, Moyer Bldg., Niagara Falls, N.Y. Guaranteed painless dentistry. Good set of teeth \$7.50 heavy gold crown \$5. Write for our free dental price list. We pay your car fare. Business established over 25 years. Work guaranteed. Canadian money accepted at full value. No discount. J 21

Poultry Food and Supplies Dr. Hess' Poultry Panacea Pratt's Poultry Regulator Royal Purple Poultry Specific

J. K. Black Estate 23-25 James-st. Phcne 29 Canada Pool Feed License No. 939

CASTORIA For Infants and Children In Use For Over 30 Years Always bears the Signature of Dr. J. C. Watson

THE WEATHER

TORONTO, Jan. 26.—Pressure is high from the Great Lakes eastward and over the northwestern portion of the continent, while a moderate disturbance is approaching Lake Superior from the westwards. The weather is moderating in Western and Northern Ontario, but continues cold in other parts of the Dominion. Snow has fallen throughout the Western Provinces.

FORECASTS: Southerly winds and milder; light snow tonight and early Tuesday, followed by northwest winds and colder by Tuesday night.

BIG WOOL PROFITS MADE BY BRITAIN

London, Jan. 26.—Great interest still centres in the post-war profits of spinners in the wool textile trade. W. Mackinder, who first made allegations before the Central Profit-earning Committee, is making the subject the main plank of his platform in the municipal campaign at Bradford. Mr. Mackinder, in a speech, said the Government had made more than three hundred million dollars' profit in wool deals last year.

Wm. J. Proctor, one of the most prominent business men in Western Ontario, three times Mayor of Saranac, is dead.

Choice cut flowers, potted plants and floral designs, at all times, at Walker's Florist, 104 St. Paul Street, Phone 763. J17

V. S. KRAMER, D.D.S., L.D.S., Dentist Office—65 St. Paul Street, St. Catharines. Phone 16. Residence 22 Welland Avenue.

NOTICE

NOTICE is hereby given that the forty-second annual meeting of the shareholders of the Lincoln Paper Mills Company, Limited, will be held at the office of the Company, Merriton, on

Wednesday, Feb. 4, 1920

at two o'clock p.m. for the following purposes: The election of Directors, submitting the Annual Report, and for any other business expedient or necessary touching the affairs of the company.

P. MITCHELL, Secretary. J21-31



Pyorrhea is one of the most dreaded diseases of the teeth, and unless it is given careful treatment in the early stages it causes very serious disorders of the entire body.

We may safely assume that nine out of ten people who have defective teeth have Pyorrhea in various degrees of development.

Do not wait until this disease infects the gums, loosens the teeth and spreads its poison throughout the system.

We are successfully treating many stubborn cases and are accomplishing really wonderful results.

We urge you to accept our offer of free consultation and thus assure yourself that if this serious ailment is present that you will give it prompt treatment.

Fillings 50c up.

Crowns and Bridgework, \$5 per tooth.

Very good Plates, \$8.

DR. ARTHUR B. COBB Dentistry Offices: Corner of Main and Eagle Streets Buffalo, N.Y. (Formerly known as "White Dental Offices", Dr. Cobb, Proprietor). Open until eight. No Sunday work.

Put Stomach in Fine Condition

SAYS INDIGESTION RESULTS FROM AN EXCESS OF HYDROCHLORIC ACID.

Undigested food delayed in the stomach decays, or rather ferments the same as food left in the open air, says a noted authority. He also tells us that indigestion is caused by Hyper-acidity meaning there is an excess of hydrochloric acid in the stomach which prevents complete digestion and starts food fermentation. Thus everything eaten sours in the stomach much like garbage sours in the can forming acid fluids and gases which inflate the stomach like a toy balloon. Then we feel a heavy, lumpy misery in the chest, we belch up gas, we eructate sour food or have heart burn, flatulence, water-brash or nausea.

He tells us to lay aside all digestive aids and instead, get from any pharmacy four ounces of Jad's Salts and take a tablespoonful in a glass of water before breakfast and drink while it is effervescing and furthermore, to continue this for a week. While relief follows the first dose, it is important to neutralize the acidity, remove the gas-making mias, start the liver, stimulate the kidneys and thus promote a free flow of pure digestive juices.

Jad's Salts is inexpensive and is made from the acid of grapes and lemon juice, combined with lithia and sodium phosphate. This harmless salts is used by thousands of people, for stomach trouble with excellent results.

OUR NATIONAL ECONOMIC PROBLEM

The following interesting extract from an article by Mr. E. W. Beatty, president of the C. P. R., appeared recently in the Montreal Gazette:

"So much for the manner in which the transportation machinery of the country is carrying out its obligations to the Canadian producer. Other aspects of the transportation problem are less satisfactory. There are many people who look upon Canadian railways as custodians of large fortunes which cannot be exhausted. That bookkeeping should be as simple and inexorable in its tale of losses and vanished profits to a railway as it may be to a corner grocery, is to these people unthinkable. It apparently does not occur to them that to no public is it more important than to the Canadian public that the good reputation of its railway securities in the world of thrift and investment should be carefully guarded. To those, however, who understand these things clearly and who view the matter from the standpoint of broad public interest, it is at once apparent that the Canadian public pays a very low rate for the quality of service rendered, and that a time is rapidly approaching when, if Canadian railway securities are not to be made less desirable to investors than almost any other kind of industrial security, railway rates will either have to go up, or railway operating costs go down."

Such persons recognize that it is not because the situation of the railways is an easy one that certain companies have been able to show net earnings—very low net earnings compared to the actual cash invested in the industry—but because in the past the shareholders of such companies have been, as they are to-day, courageous persons willing to supply the means for constructive enterprises in which no one but themselves had faith, and because, too, their officers have been called resourceful and loyal business men, assisted by staffs filled with the spirit of pride and devotion to their work. This policy is not less worthy a servant than other forms of capital whose earnings have not been so consistently depressed.

The net earnings during the war years, of those companies which showed net earnings, would have been much lower had the Canadian railroads been making expenditures for maintenance which circumstances would have justified, but which conditions prevented during that period. These arrears have now to be made up. During 1919 the Canadian Pacific laid 78,000 tons of steel rail. In place of, say, 2,000,000 ties, worth 4c in 1914, the Canadian Pacific laid 4,424,000 ties at 5c per tie. The sensational advance in the rate of railway wages is well known. Further advance may be necessary within the very near future, as indicated by discussions in the United States. The price of coal for locomotives was \$3.09 in 1913. Now it is \$4.77. The cost of hauling an average train (freight or passenger) one mile has risen from \$1.04 in 1913, to \$2.494 in 1918. It is higher to-day. The operating expenses of one mile of line in 1917 were \$4.152; in 1918, \$7.056, and to-day they are even greater. On the other hand, railway rates, taking all classes of revenue together, have advanced scarcely 25 per cent. I venture to say no other industry in the Dominion can show such moderation."

ADVERTISE IN THE JOURNAL

EMPLOYMENT SERVICE OF CANADA

The Department of Labour and the Provincial Governments have organized a System of Employment Offices from Coast to Coast for Returned Soldiers and all classes of workers—Men and Women—trained and untrained.

A Special Section exists for Professional and Business workers. To look after the special needs of the RETURNED SOLDIER there is in each of these offices, a representative of the

INFORMATION AND SERVICE BRANCH DEPARTMENT OF SOLDIERS' CIVIL RE-ESTABLISHMENT

NEAREST OFFICES

Table listing nearest offices for the Employment Service of Canada, including Brantford, Hamilton, Niagara Falls, Orillia, Owen Sound, St. Catharines, Toronto, Welland, and their respective addresses and phone numbers.

IRON MOLDERS WANTED

Men accustomed to operating Molding Machines and Bench Work. Steady employment for good men. Highest wages in Canada paid. Room also for learners.

Taylor-Forbes Co. GUELPH, ONT. Limited

Security Loan & Savings Company

26 JAMES STREET ST. CATHARINES

ANNUAL GENERAL MEETING

The Annual General Meeting of the Shareholders of the Security Loan & Savings Company, St. Catharines, will be held at the Company's Office, No. 26 James street, St. Catharines, on

Thursday, February 19th, 1920, at 11.30 a.m.

for the purpose of receiving the Financial Statement and Report of the Directors for the year 1919, the election of Directors and the transaction of such other business as may be brought before it.

E. F. DWYER, Sec.-Treasurer. St. Catharines, Ont., January 12th, 1920.

1869—600 Branches—1919

The Royal Bank of Canada

Give Your Boy a Chance, You Will Not Miss the Small Monthly Amounts

On the first day of every month draw a cheque for \$10 for the credit of your son's Savings Account. Do this regularly for (say) ten years.

Your boy will then have \$1389.42. He can own a farm when other boys are still working for wages.

Capital and Reserve.....\$ 34,000,000 Total Resources.....\$530,000,000

EXCHANGE AND LETTERS OF CREDIT

This Bank offers peculiar advantages in handling Foreign Exchange and issuing Letters of Credit. With Branches in every part of Canada, as well as in several important cities elsewhere, and with correspondents of high standing in all parts of the world, it is able to place many advantages at your disposal.

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL : : \$15,000,000 RESERVE FUND : : \$15,000,000 ST. CATHARINES BRANCH, R. G. W. Conolly, Manager.

THE

ESTABLISHED 1859

City Council Withdraw Time

Resolution V... the Ball Roll... Ald. Avery He Encouraging Form... men's Union--The

the meeting of the City Council on night at which there was a good attendance of ratepayers, a delegation from the fire brigade was with reference to the requested wage of wages.

William Chebney, first spokesman of the deputation asked that the rate be \$110, \$120 and \$130 per month for first, second and third year.

two other delegates also addressed the Council. They said the present wages kept them in debt all time. It is a state of affairs they wish to have corrected. They thought the advancement should be considered at once.

G.A.C. Asks Favors. Lincoln Post of the G.A.C. wrote council asking the following conditions: That we be granted the use of to conduct a pool room in our together with a canteen; also we be permitted to run or rent hall for dancing.

That we be granted the use of pavilion in the city park for during the summer, two weeks. That we be granted permission to have a canteen in the city park.

That we be granted the use of park on July 1st, 1920, and that we be allowed to run a tag day on date. That you refund to us the fee charged to us on January 1st, 1920, for boxing match, \$15. The G.W.V.A. asked that Thomas be appointed on the Housing Commission.

London City Council asked St. Catharines' co-operation in having of municipal elections changed a view to having all places vote the same day, earlier than at present.