

## TO PREVENT TYPHOID FEVER

A Few Timely Suggestions Worthy of Note.

Milk the Most Common Vehicle For Transmission of Germs. Cleanliness is Next to Godliness.

This is the beginning of the season of typhoid fever, and here are some rules for its prevention:

The disease is usually contracted by way of the mouth, eating impure or poorly prepared food or drinking impure drinks. The mistress of every home should take double her usual care to see that the food is thoroughly cooked and the drinkables are thoroughly purified.

The most common vehicle for the transmission of typhoid fever germs is milk. Extra care should be taken to insure the purity of the family supply. Learn where the milk comes from and, unless you know that it is handled properly, seek another dairyman. Unless you know that the milk is all right be sure to boil all that goes on the table. Milk should never be kept in an open vessel in the refrigerator, because it absorbs all kinds of poison with remarkable rapidity, and is one of the best natural culture media for disease germs.

Being assured that everything you eat and drink is pure and wholesome, the next step is to watch your general health and see that you do not "run down." Everyone takes into his system an untold number of active disease germs every year, and the reason that he does not become ill is because he is in a condition to throw off the poisons. No man or woman in perfect health will contract typhoid fever, except under the most unfavorable circumstances, and even then the disease will not get a firm hold on the constitution. On the other hand, if one becomes debilitated, he is liable to contract the disease no matter how careful he may be.

Don't overestimate. Drink sparingly of alcoholics and don't take things to increase your energy. Keep cool. Don't rush.

Drink plenty of water (only be sure of its purity), but avoid ice water in large quantities or when overheated.

If possible, take a cold sponge-bath every morning. This will give tone to the system throughout the day. In order to keep the pores open take one to two warm plunge baths a week.

Let the housewife see that every sink, drain, tub—in fact, everything about the kitchen and the yard—is clean. Don't rely on antiseptics, which destroy odors, but do not kill germs, as is generally supposed.

See that nothing is allowed to accumulate on the premises that will breed germs, and there will be none. Have the cellar whitewashed throughout and sprinkle lime in all damp corners and around the back yard.

Eat any kind of wholesome food that your taste dictates and in such quantities as you know by experience that you can digest.

If you are afraid of the city water, get some other kind. Whatever water you drink, don't be sparing with it. It is hard to drink too much water, especially in hot weather.

Remember that nine tenths of the precautionary measures are simply the application of the law "Cleanliness is next to Godliness" and keep clean and keep everything clean.—Exchange.

**Northern Railways.**

The minister of railways made a very important statement in the house of commons a few nights ago, when he declared that it was not the intention of the government to permit the incorporation of any companies this year for the construction of railways into the Yukon country from Alaskan points. The colonist is almost the only British Columbia paper that has taken strong ground in favor of this policy, and it is naturally very glad to see it adopted by the Laurier ministry. There can be no question as to the soundness of such a course. There is now one railway from Lynn canal into the Yukon valley, and one is enough unless the head of the canal is declared to be Canadian territory. While that part of the coast is in the possession of the United States and there remains a probability that it will so continue, it would be the height of folly to permit other railway companies to construct lines into the Yukon valley, and build up important towns in territory that may never be ours. The White Pass & Yukon line will meet every requirement in the way of a short line to the coast. When any new railways are provided them must be all-Canadian lines. The

interests of British Columbia demand that nothing should be done that will delay the construction of a railway from some point on the British Columbia coast to the valley of the Yukon. There is an extensive country behind the coast range that ought to be opened up without delay. Apparently the Dominion government contemplates giving any aid to such a line, but no company would accept any assistance that is likely to be offered, and undertake to build a long line through an undeveloped country, if there are to be several competing roads from points in United States territory. We repeat that we are glad to see the stand taken by the Dominion government in this matter, and I believe the provincial legislature will be of the same mind. There would, indeed, be very little use for the province to incorporate a company to carry out a project against which the federal government has declared itself. The charter would be disallowed.—Colonist.

**Men of Mark.**

William J. Bryan, Congressman Williams and Richard Yates were members of the same class at Illinois college.

Rev. Dr. Norman Fox, a retired Baptist clergyman, has been elected mayor by the Republicans of Morristown, N. J.

General Cronje appears to be thriving in exile. Since his surrender he has gained 10 pounds of the 40 he lost in his recent campaigning.

Senator Tillman said recently, "I have two colored men in charge of my plantation, men who think the world of me and to whom I would trust everything I own."

J. W. Robinson, of Butler county, Kan., owns a farm of more than 10,000 acres, of which he works 4500 acres himself. "In my 15 years' residence in Kansas," he says, "I have never known a year that I did not make money."

Dr. Edson Fessenden Gallaudet, head coach of the Yale crews and an instructor in physics, will resign at the close of the present rowing season to accept a place with the Cramp Shipbuilding Company, of Philadelphia.

Julius Fleischmann is one of the youngest mayors of a large city in this country. He is but 28 years old and is the mayor of Cincinnati. When only 20, he was made a colonel on the staff of President McKinley, then governor of Ohio.

A New York paper is authority for the statement that Thomas B. Reed is growing more portly and that he uses the fact as the basis for a claim of extraordinary politeness, because he is able to give two ladies a seat by standing up in a crowded car.

James J. Clark, once a prosperous restaurant owner of New York, who made \$50,000 a year from the Bijou cafe alone until that notorious resort was shut up by the police, has opened a clam chowder stand at Coney Island. At one time Clark was rated as a millionaire. He lost his money in speculation.

Half of the 22 dukes who sit in the British house of lords have no sons to succeed them. The dukes who are without heirs apparent are the present Duke of Argyll and the Dukes of Beaufort, Hamilton, Devonshire, Leeds, Manchester, Newcastle, St. Albans, Somerset, Wellington and Westminster.

Two years ago Louis Patnaud resigned his place as assistant postmaster of Everett, Wash., to try his fortune in the Klondike. Three of his friends made up \$400 as a "grub stake" for him. No word came from the recipient until he returned to Everett, when he divided \$11,000 among the three friends who had helped him.

Nineteen years ago Lord Roberts received the thanks of both houses of parliament for his march from Kabul to Kandahar. He is the only man living entitled to wear two Victoria crosses. His own he wears on his left breast, but—according to army regulations—the cross earned by his son he is not only allowed but commanded to wear on the opposite side.

**Representation of the Yukon.**

In reply to Sir Hibbert Tupper, Sir Wilfrid Laurier stated yesterday that it is not the intention of the government to ask parliament at this session to provide for the representation of the Yukon in the house of commons, "but to wait until after the next census, when the exact condition of the population will be better known." The premier is learning wisdom by sitting at the feet of the senate. This is the same Sir Wilfrid Laurier that a few months ago wanted to redistribute the representatives of the whole of Canada; and without knowing half as much about the population of the other provinces as the government professes to know about the population of the Yukon. Why, when the government wants to spend \$20,000,000 on a few miles of tramway, it knows the population of the Yukon within seven-tenths of one small boy. The fact of the matter is the government knows the population of the Yu-

kon too well to trust it to elect a member of the house of commons. Under the census system which the government are going to use the Yukon will not be entitled to any representation, because anybody who claims to be a "permanent resident" of that rich, but inhospitable country will be disqualified from voting through lunacy. Ninety-nine per cent of the actual population of the Yukon will be counted under the Liberal census as being somewhere else.—Montreal Star.

**Creek Items.**

Messrs. McKenzie & Miles, of Magnet Gulch, are feeling jubilant over their victory. Mr. McKenzie is an old newspaper man and knows how to treat the fraternity.

Messrs. McGregor, "Check" Brownie and partners on Magnet Gulch, have thus far only sluiced sufficient gravel to pay expenses. "Check" says "We have \$100,000 still in the dump, and if we do not get rain soon we will put in a pulsometer and wash up as soon as possible."

Senator Lynch when seen yesterday regarding the reported theft of 400 ounces of gold dust from his claim on Chechako Hill said, "Yes, it is true; the gold is gone and the cook, too, but we will shortly hear from both."

A nugget weighing 43 ounces was found on the Hanson & Peterson claim opposite upper quarter of 4b below Bonanza, left limit, a short time ago. The nugget is a fine specimen, as large as a goose egg, and almost the shape of one, containing a large quantity of white quartz and washed smooth and round.

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