BRITAIN AFTER

Government Board is After Central Europe Business.

Urges Commercial Men to Get Busy.

London Cable— During the war it as been necessary to prohibit all trading with the enemy, but with the conclusion of peace with Germany the necessity for this prohibition has

So opens the Board of Trade's stateof conditions under which trading with Germany is now permissible.

ing with Germany is now permissible.

"It may be expected that there will be a considerable demand in Germany for all kinds of goods," the Board of Trade adds, "and with the raising of the blockade this market will be open to, all the world. It is necessary in the interests of this country to develop ou rexport trade to the fullest extent possible, and it is very desirable that British traders should at once make every effort to secure a proper footing in Central Europe."

STOMACH TROUBLE

Comes When the Blood is Weak and Watery.

and Watery.

Thin blooded 19:0ple generally have stomach trouble. But they seldom recognize the fact that thin blood is the cause of their indigestion, but it is.

Thin blood is one of the most common causes of stomach trouble; it affects the digestion very quickly. The glands that zurnish the digestive fluids are diminished in their activity, the stomach muscles are weakened and there is a loss of nerve force. In this state of health nothing will more quickly restore the appetite, digestion and normal nutrition than good, rich, red blood.

Dr. Williams' Pink Pills act directly on the blood, making it rich and red, and this enriched blood strengthens weak nerves, stimulates tired muscles, and awakens to normal activity the glands that supply the digestive fluids. The first sign of returing health is an improved appetite, and soon the effect of these blood-making pills is evident throughout the whole system. You find that what you eat does not distress you, and that you are strong and vigorous instead of irritable and listless. You are on the road to sound, good health and care in your diet is all you need. If your appetite is fickle, if you have any of the distressing pains and symptoms of indigestion you should begin to cure yourself at once by taking Dr. Williams' Pink Pills.

These pills are sold by all dealers in medicine or you can get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

POLE AND UKRAINIAN

Join-Petlura Has May Sent Envoys.

Vienna Cable —Fighting between the Poles and the Ukrainians has ceased. Gen. Petiura, the Ukrainian leader, has sent a mission to the Poles with the object of discussing co-operation in fighting the Bolsheviki and driving them from the Ukraine. The Polish-Bolshevik front near Bridt is inactive, and the Poles are able to promenade outside their trenches without being fired on. Petiura declares that if the Allics ever arrive at at point of understanding on the Ukrainian situation and furnish him with munitions, he will be able to wrest Ukrainia from the Bolsheviki within a month. The objection to this plan in Poland is said to be the possibility of Petiura renewing the conflict with the Poles later.

Petiura and his followers say they are opposed to interference from the outside or the advent of foreign soldiers, even to defeat the Bolsheviki. So it is thought unlikely that Gen. Denekine, the Russian anti-Bolshevik leader, will be welcomed by them. The Ukrainians are outspoken in their intentions to disregard the Angly-French reconstruction plan in Russia ander Admiral Kolchak.

A Medical Need Supplied.—When a medicine is found that not only acts: upon the stomach, but is so composed that certain ingredients of it pass unaltered through the stomach to find action in the bowels. then there is available a purgative and a cleanser of great effectiveness. Parmeise's Vegetable Pills are of this character and are the best of all pills. During the years that they have been in use they have established themselves as no other pill has done.

ster for Fountain Pens. Fountain pens are tested by an in-rument salled a micrometer. If one see of the mechanism is out even six-hundreith part of an inch it is tested as faulty. Scotch Criticism

Scotch Criticism.

Masical criticism in the far north is sometimes rather outspoken. At an annual concert of a certain north-country friendly society, the members of which were for the most part pitmen, a piper had been engaged to discourse "sweet music." After his performance there were mingled feelings among the audience. The chairman, however, declared the piper had received an encore. "Aa's not gan to play ony mair," said the piper. "What for not?" asked the puzzled chairman. "Aa hord someone carl me a fule." "Nonsense, man," said the youny mair," said the obdurate piper. He held to his decision and the concert had to proceed without him. At the conclusion a fitman rose to move a hearty vote of thanks to the performers. "Aa include the piper," said he. "It warn't me called the piper a fule, and Aa divent see why ony one should carl the piper a fule." He paused for effect. "What Aa want throw is, who carled the fule a piper?"

it is in Demand.—So great is the demand for Dr. Thomas Eclectric Oil that a large factory is kept continually busy making and bottling it. To be in demand shows popular appreciation of this preparation, which stands at the head of proprietary compounds as the leading Oil in the market, and it is generally admitted that it is deserving of the lead.

Cultivating Cinchona.

Experiments are under way in the Philippines with the cultivation of cinchona plants from India in the belief that quinine can be produced in the islands.

Bandaged Beyond Recognition.

An ambulance had just uscharged

sandaged Beyond Recognition.

An ambulance had just discharged its load at a dreesing estation, and the quartette of wounded were lying on stretchers on the ground. One of the patients was a youth. Even the bandages which concealed four-fifthe of his face did not conceal: that. While he waited his turn on the operating table his one available eye twinkled as he related to a line of walking wounded how it had happened. Suddenly he paused in his conversation, having spotted a Tommy trudging down the road, a chum from his own home town and his own regiment. "Hey, Joe!" he shouted, and when Joe reached his side he said, "say I'll bet you don't know who I am, Joe."

LAON INFORMERS ARE SENTENCED

Paris —Cable —Sentences were de-livered this evening in the as-known as "the Laon informers" after a trial of more than sixty days. Of the 28 persons accused, eight were condemned to death, two of them being women; three others were con-demned to death by default. Six were acquitted, and the remainder received sentences of from one to twenty years'

imprisonment.

The charge against the accused was denouncing compatriots to the German authorities during the occupation of Laon. In many cases the hiding-places of French soldiers, who had excaped the German advance, were pointed out, with the result that a large number of the soldiers were executed.

Recognized as the leading specific for the destruction of worms. Moth-er Graves' Worm Exterminator has proved a boon to suffering children everywhere. It seldom fails.

National Traits.

The Archbishop of Canterbury once described the characteristics of the English, the Welsh and the Scotch. "The Englishman," said the archbishop, "takes everywhere with him—his beer, his bath and his bible, The Scotchman keeps the Sabbath and everything else he can lay his hands on. The Welshman prays on his knees on Sunday and on his neighbors the rest of the week."

PLAIN TALK TO WORKERS OF GERMANY

Gompers Censures Them for Not Protesting Against Outrages.

LAME EXCUSES

Offered by Them at Great Amsterdam Labor Con-

ference.

An Amsterdam Special Cable — The preliminary gathering to-day of the International Trades Union Congress developed a series of accusations by Belgian, American, English and French delegates against the German workers for their conduct during war. This led to sharp incriminations by both sides.

To-day's meeting had the purpose of clearing tup the affairs of the old trades union internationale and making preparations for a new organization. Before the discussion opened the Belgians declared that they had a mandate to state the prevence of Belgian workers. M. Mertens then delivered his indictment, declaring that the German trades unionists had not protested against their military authorities deporting Belgians.

Carl Rudolyh Leglen, preeident of the German Federation of Trades Unions, in reply defended the entire policy of the German trades unionists, which he said had been absolutely correct, declared their position prevented their protesting to the Government. Moreover, Leglen added that they all the time were under the impression that they were fighting a defensive war.

"We did what we thought was right to help the Belgian workers." Leglen continued. "Instead of protesting publicly, we tried to retain the influence of the Government and effect ameliorations."

The impression seemed to prevail among the delegates that Leglen's the delarged the delarged that Leglen's the delarged the delarged that Leglen's the delarged the

ations."

The impression seemed to prevail among the delegates that Legien's statement constituted a halting apol-

SINKING OF LUSITANIA.

atrocities committed; the German occupation of Belgium and the deportation of Belgium was not done with
the consent of the German workers,
resolution continued, at the beginning
of the war, all had been known that
now was known, if the workers had
not been misled and betrayed by the
Government, the attitude of the workers and their lenders would have been
different.

If the German labor movement had
suspected that Germany was the aggressor it would, without doubt, have
tried by every mens to prevent the
war. The German workers recognize
that the workers of other countries
cannot appreciate or understand the
several actions of the German workers
during the war, but these actions were
forced on them by the severe struggle
waged by the German nation.

Many things were done, the resolution said, under the full conviction
that right was on Germany's side, that
would never have been done in the
light of the truth now being brought
home. The German workers at the
beginning of the war tried to do their
duty without wronging the laboring
classes of other countries and without
failing in their own national obligations.

The Terror of Asthma comes like a thief in the night with its dreadful throttling, robbling its victim of breath. It seems beyond the power of human aid to relieve until one trial is made of that remarkable preparation, Dr. J. D. Kellogg's Asthma Remedy. Then relief comes with a rush. Life becomes worth living, and, if the remedy be used persistently, the disease is put permanently to rout. Take no substitute.

NO TIME TO SPARE.

This Skipper Had to Decide in a Hurry.

Hurry.

The Cephalonia was deeply loaded with shells, and her chill-rooms were filled with T. N. T. for the Italian army, writes R. E. Cropley in the Atlantic. She was well in the mids: of the convoy proceeding down the Thames, and had just passed beyond the submarine net, when a thin pencil of smoke was seen to rise from the corner of No. 1 hatch. It happened to catch the third officer's eye first, and he called Sammy's attention to it. In two shakes Sammy had sounded four blasts on the siren, and a flag fluttered from the yardarm, which caused all other ships to give him a wide berth, as the propeller of the Cephalonia churned up the sea in her frantic effort to back and turn as if to return to London. A ship on fire should return to port, but Sammy, with a cargo of T. N. T. wasn't that kind of skipper to risk blowing cottages and kiddles into the next world in an effort to save his own skin. No; he turned the Cephalonia till her stern was head to the breeze, and slowly kept her backing seaward to restrain the fire, if possible, from spreading aft to his chamberse of T. N. T.; backed her away from port and other ships, so that, is she did blow up, the military loss would be confined to the Cephalonia alone. And all the while he was wondering what moment a Uboat would pop up and send a torpedo into him, or he would strike a drifting mine.

Only the uninformed endure the statement constituted a halting apology.

SINKING OF LUSITANIA.
Samuel Gompers, president of the A. F. of L. followed Legien. He recalled that Legien, in the course of a speech, had defended the sinking of the Lusitania. Mr. Gompers told the Germans that they owed an apology only to Beigium, but the wice international organization of workers.

The American labor leader brought to light a communication he sent to Legien before America entered the war, in which he endcavored to persuade the Germans to protest against the Lusitania incident. This was contained in a letter varried by Count von Bernstorff, German Ambassador to the United States, when Bernstorff was recalled. Legien denied having received the letter.

At the end of the long sitting, Herr Sasanbach, a German Socialist, handed in a resolution containing a statement in explanation of the German workers' attitude during and since the war. This was handed over to a committee for a report, which will be heard Monday, when a vote on it will be taken. The gist of Eassanbach resolution follows: of the Independent Socialists.

The German workers always had been opponents of war and armaments, and never gave assent to the Government's Imperialism. If, the way as far as possible, during the war was dictated by the position of Germany. It was their conviction of Germany. It was their conviction that Germany was fighting a defensive war, which was the opinion of all Germans, including the leaders The German trades unions always to recognized that Germany acted wrongly in Belgium and always condemned.

TO IMPROVE RUSS LABOR

Omsk Government is Making Good Progress.

Working Class is Doing Its Duty.

London Cable, via Omak, Tuesday, July 15.—Good progress toward increased production and improved labor conditions were reported to-day by Leonid Shumilovsky, Minister of Labor in Admiral Kolchok's all-Russian Government, at the closing session of the State Economic Council Congress.

The Ministry of Labor has established a minimum wage, and aids workingmen to organize unions, M. Shumilovsky told the congress.

"All the data we possess shows an increase in the productivity of labor in the various industries," he said. "I am glad to say that in these critical days the working class is doing its duty to the country. The Government sees that the workingmen are paid enough for their work, and have enough time and rest to participate in healthful life."

Endorsement of the all-Russian Government's policies as given in Admiral Kolchak's note to the allies, is expressed in a declaration of the constitutional democratic party, made public here to-day.

The declaration says the party well-

pressed in a ucclaration of the constitutional democratic party, made public
here to-day.

The declaration says the party welcomes "the allied note promising Russia energetic help in its struggle
against the Bolshevik tyranny."

Admiral Kolchak's reply to the
allies, the statement adds, "expresses
fully the opinion of the Russian people
with regard to the problems touched
upon in the allied note."

The point is made, however, that the
party considers "it our duty to state
the Russian public opinion repudiates
the idea that the struggle against
Bolshevism should be made at the
expense of Russia's unity. The task
which all Russian parties pursue is
the re-establishment of a united
Russia."

Catarrh Cannot Be Cured Catarrh Cannot Be Cured
by LOCAL APPLICATIONS, as they
cannot reach the seat of the disease,
catarrh is a local disease, greatly influenced by constitutional conditions.
HALL'S CATARRH MEDICINE will
cure catarrh. It is taken internally and
acts through the Blood on the Mucous
Surfaces of the System. HALL'S CATARRH MEDICINE is composed of
some of the best tonics known, combined
with some of the best blood purification
that the control of the control of the best blood purification
is what produces such wonderful results
in catarrhal conditions.
Druggies 56c. Testimonials free:

reatarrhal conditions.

Druggists 75c. Testimonials free.
F. J. Cheney & Co., Props., Toledo,

NEED CITY PLANNING.

Japanese Municipal Authorities Are Aroused.

The remarkable expansion of Japan ese cities during the last few years has accentuated the urgent necessity of

ese cities during the last few years has accentuated the urgent necessity of city planning. With this end in view a conference of the mayors of the leading Japanese cities has occurred at Tokyo. Among those present were the mayors of Osaka, Yokohama, Nagoya, Kyoto and Kobe, while Tokyo municipality was represented by Messrs. Kabashima and Ogino. "In Tokyo, city planning was set on foot twenty years ago, about the same time the question of city planning was receiving attention in America and Europe," said Dr. Seki, mayor of Osaka, in an interview with a Tokyo Yomiuri representative. "In Osaka, however, it is only a few years since the problem began to claim serious attention, although the necessity of city planning in Osaka is perhaps more urgent than in other cities. The density of population in Osaka is certainly greater than in other places and improvement in sanitary and other matters is urgently needed. It is estimated that the population of Osaka twenty years hence will be 2,650,000, and that of the two neighboring districts 2,360,000, making a total of 5,000,000. This estimate is based on the present rate of increase, but it is possible the rate of increase may be larger. Herein lies the urgent nature of the city planning for Osaka."

Miller's Worm Powders are a prount relief from the attacks of

Miller's Worm Powders are a prompt relief from the attacks of worms in children. They are powerful in their action and, while leaving nothing to be desired as a worm expeliant, have an invigorating effect upon the youthful system, remedying fever, billousness, loss of appetite, sleeplessness, and other afiments that follow disorders caused by worms in the stomach and bowls.

Homes Help Community.

Homes Heip Community.

A wealthy Englishman once said that a good home was an institution for civilizing a community, and instead of surrounding his own home by a high hedge, like many in the vicinity, he built about R an open fence, so that wheever passed, rich or poor, might enjoy the beauty of house and lawn and garden. It is a good thing for the girls of te-day who are to be the home makers of to-morrow, to grow up with the idea that the home owes something to the com-



