

## WALL PLASTER

### NO MORE LIME PLASTER

Ask your dealer for the "Empire" Brands and write us for Booklet.

**MANITOBA GYPSUM CO., Limited**  
WINNIPEG, MAN.

## DON'T PHYSIC YOURSELF

It is a Tonic you want! Physicing lowers the system and makes it more susceptible to disease. The winter months have been a great strain upon your vitality and unless you put the blood in good condition all manner of evils will overtake you. PSYCHINE is the Greatest of Tonics and should be taken by every one at this season of the year. PSYCHINE assists the gastric juices and ferments in their digestion of the food, cleanses the mucous membrane of the Stomach, and has an invigorating and beneficial effect on the muscles and nerves. For Catarrh of the Stomach, Ulceration or Weak Stomach, Dyspepsia, the use of PSYCHINE is strongly advisable. PSYCHINE acting on the Stomach restores it to a healthy condition, then acts through the stomach upon all the vital organs, creates an appetite, bringing renewed vitality and strength to the entire system and enables it to throw off disease of every kind. It is the greatest health-giver known to medical science.

Send to Dr. T. A. SLOCUM, Limited, Toronto, for a Free Sample to-day. All druggists and stores sell PSYCHINE at 50c and \$1 per bottle.

**PSYCHINE**  
PRONOUNCED SH-KEEN  
THE GREATEST OF TONICS FOR HEALTH AND ENERGY

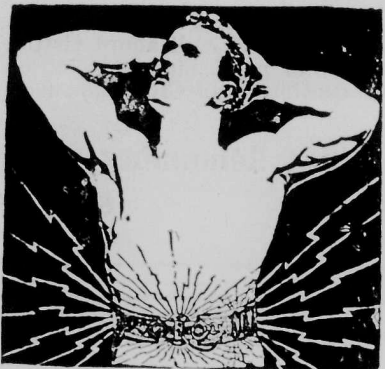
## Cures Without Drugs

Wonderful Invention Restores Health by Nature's Method

There's no need of ruining your stomach by dishing it with drugs, trying to overcome pain or some chronic ailment. No need of doctor and drug bills, for here is a remedy that cures in Nature's way. Most of the ailments of mankind are due to the failure of breaking down of the stomach, kidneys, liver, heart or digestive organs. When one of these organs fail to work properly, something happens; pain disease or various chronic ailments result.

The reason any organ breaks down or fails to work properly is because it lacks motive power—electricity. That is proven. Now to cure pain or disease you must find the cause and remove it. If it is caused by a lack of electric energy restore that force where it is needed and pain and sickness will disappear. That's my method. That's nature's method. Electricity builds up, supplies strength—nourishment to the body. Drugs destroy, tear down, because they contain poison instead of nourishment. Of course, they can force an organ to act, but that organ is weaker after the effect of the drug has passed off. Drugs stop pain temporarily by stupefying the nerves, but the pain comes back and you have to take the drug again. Every dose weakens the nerves.

My belt pumps a stream of electric life into every nerve and tissue of the body, building up vitality and strength and removing the causes of disease. It does not shock or blister. The only sensation is a soothing glow. Electro-vigor has proven a great success. It has cured people all



over the Dominion whom drugs had failed to benefit.

Dear Sir,—I now write you and do what I should have done before. I never found anything to do as much good before as your Belt did for me, and I think there is nothing can do better. I have gained ten pounds in two months, and I think every man should have one of your belts. I give your belt the very best of praise for the good it has done me, and I will recommend it wherever and whenever I can.

Jas. H. Ferguson,  
Box 84, Neepawa, Man.

If you are sceptical all I ask is reasonable security for the price of the Belt, and you can

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Cut out this coupon and bring or mail it to me. I'll give you a beautiful \$0-page book, which tells all about my treatment.

This book is illustrated with pictures of fully developed men and women, showing how electricity is applied, and explains many things you want to know. I'll send this book, closely sealed and prepaid, free, if you will mail me this coupon. Free test of my belt if you call. Consultation free. Office hours, 9 a.m. to 6 p.m. Wednesday and Saturday until 8.30 p.m.

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214 James St., Montreal, Can.

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NAME.....

ADDRESS.....

## TRADE NOTES

### COLLEGE PIANOS AT LOW PRICES

One of the most enterprising piano houses in Western Canada is advertising a sale of pianos of unusual interest. During the past season they have supplied one of the large colleges and as this institution has closed for the holidays, they have taken the instruments back into stock and put them through their re-finishing and cleaning department, and are offering them at greatly reduced prices.

The person who knows with what painstaking care the artist selects his piano and the way in which he uses it afterwards will appreciate the opportunity offered in this sale.

The piano used by the great pianist, — Sokoloff, — and also the piano from the studio of Lezhin, are among the lot, and these are two famous artists who were imported from Europe last season.

It is a well known fact that a season's use, where the piano has the proper care, will improve, rather than injure it, and certainly to look over this stock, it would be difficult for even a trained piano man to pick out those that have been in the college from the new stock. Most of the instruments are the NEW SCALE WILLIAMS which are so famous for their tonal qualities, and as the prices of these instruments are rigidly maintained by the different agencies, it is a rare opportunity to be able to secure one at such a liberal reduction.

This announcement will be especially interesting to those who intend visiting Winnipeg during the exhibition, as the stock will all be ready and on the floor for the first buyers to choose from by the opening of the fair. We are informed that even at the exceptional prices offered, gradual payments can be arranged where satisfactory references are furnished. This company is not making an exhibit at the fair, this year, but they have a special shipment of exhibition pianos and will make an unusually fine display at their ware rooms, where all visitors will be made welcome, the merely curious as well as the intending buyers. Daily recitals will be given on the NEW SCALE WILLIAMS PLAYER piano. In addition, there will be a continuous recital of the latest records of Victor and Edison.

This enterprising firm is CROSS, GOULDING & SKINNER, located at 323 Portage Ave., six doors below Hargrave.

### RECIPE BOOK FREE

Edmanson, Bates & Co., of Toronto, have recently published a paper-covered edition of Dr. Chase's Recipes. In its various departments on medicine, ladies toilet preparations, miscellaneous receipts and veterinary information, you will find prescriptions and recipes of almost inestimable value.

There is altogether about 1,000 recipes and prescriptions, and these are such as are almost sure to be needed at one time or another in most homes.

The first section of the book is devoted to the symptoms and treatment of disease. Then follows a department devoted to beauty culture, which is, of course, of especial interest to women, containing as it does scores of formulae for exquisite toilet preparations. Under miscellaneous ready recipes are found many useful household recipes. The latter part of the book is taken up with a veterinary department, which, on account of the valuable prescriptions which it contains for curbs and spavins, may prove itself worth hundreds of dollars to horsemen and farmers.

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Mr.—It was Michelet, I believe, who observed that "woman is the salt of a man's life."

Miss Keen—Quite true. Young men aren't half so fresh after they get married.

## For Women's Needs

Every woman should fortify herself against those weaknesses and derangements which are usually present at times when Nature makes extra demands upon the system.

For women's special ailments there is no known remedy so safe and reliable as

**Beecham's Pills**

These pills possess corrective and tonic properties which have a marked effect upon the general health and promptly relieve nervousness, sick headache, depression, backache, weakness and other unpleasant symptoms. Beecham's Pills establish healthy conditions and furnish

## Help at the Right Time

Sold Everywhere. In Boxes 25 cents.

## Genasco Ready Roofing

Saves money and trouble. Made of lasting Trinidad Lake Asphalt.

Fully guaranteed. Look for the trademark. Write for samples and the Good Roof Guide Book.

THE BARBER ASPHALT PAVING COMPANY

Largest producers of asphalt and largest manufacturers of ready roofing in the world.  
PHILADELPHIA  
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## ENGINEERS BRAZERS MACHINISTS

Machine and Foundry Work of Every Description

If you have trouble in replacing broken castings, send them to us and have them repaired. We operate the only

### CAST IRON BRAZING

Plant in Western Canada and make a specialty of this class of work.

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## Daly, Crichton & McClure

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**FIT'S** Trial Free  
Falling Sickness, Epilepsy St. Vitus Dance, Nervous Troubles, etc., positively cured by LIEBIG'S FIT'S CURE. Free trial bottle sent on application. Write Liebig Co., Phoebe St., Toronto.

WHEN ANSWERING ADVERTISEMENTS PLEASE MENTION THE ADVOCATE

## WIT AND

Sir Henry Johnstone explorer, praised in innumerable and st golf courses.

"I never saw an said he, "and I have find. You permit to to promenader your l they were public park annoying and also ver "These promenaders tremely ignorant of here in Washington, l player overheard two versing.

"What," said a promenader, "is that club shouting "Fore "Her companion, lady, answered:

"I suppose that is times he has missed doesn't he seem any too?"

\*\*\*  
"Father, I wish I laughed at my correct English class to-day! High-school girl ree Youth's Companion. looked up from his eve asked what the senter

"Well, Miss West ga sentence to correct, a "I went to the tonsoi get a hair cut."

"And how did you asked the father.

"Why, I corrected it you could correct it, Miss West just double when she read it, and it aloud, and every or shouted. They didn't my sentence, but I di "But what did you "Why, father, what write? I wrote, ' consorsial parlors to g cut,' of course!"

\*\*\*  
Another of Egan's du with Curran. Egan, as was a stout, bulky maning to the ground he c Curran had an unfair him, for whilst he hi big as a turfstack, ( thin as a blade of gras

"Oh, Mr. Egan," sa have no desire for might be considered un size be chalked out up and any hits outside not count."

\*\*\*  
There are some t world for which not e profound rural philos count to his own satis

"I never saw an and slowly before in all my an exasperated travel carrier's cart, behind w of a rapidly rising stor ing blacker every mom the horse go any faste an excellent one fite when I used to spend here."

"That's the curious it," said the driver, g his steed and then a passenger in a mild way. "This hoss is i identical hoss that I dr mer. I don't know w the matter with him! have lost his animatio

\*\*\*  
A man had been invit ly to make an automot was not fully prepared roads were very dus travelling several mile came to a village, w thought he might be abl something to protect hi

The automobile halte general store of the v man alighted and accos clerk.

"I want to get a line said.

"I am sorry," return easily, "we are just dusters. But I can le nice feather duster."