Fame only comes when it is deserved, and then it is as inevitable as destiny, for it is destiny.

Longfellow.

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No girl in this age of the world should be permitted to attain the age of womanhood without having obtained a thorough acquaintance with the methods in vogue in the business world. It makes no difference what this social or financial standing may be, all members of the sex need a fundamental business training. To make expenses and receipts harmonize ought to be a part of every girl's education, and she should be grounded in ordinary business customs and usages. It makes little difference whether one is earning her living or simply attending to household affairs and accounts, business will not run itself and no great measure of success can be attained apart from rightly regulated economy.

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HOW TO CURE RHEUMATISM.

To cure rheumatism, it is necessary to rid the system of the excess of uric acid; and to do this a proper diet is even more important than the use of drugs, though in very severe cases the latter are not to be despised in conjunction with the dieting that is absolutely essential.

The Massachusetts General Hospital of Boston allows the following diet for its rheumatic patients: Graham or brown bread, white bread (limited to one-half slice daily), corn, granum, rice, milk, eggs, flour, puddings, crackers, beans, peas, all kinds of vegetables (except potatoes), tomatoes, and asparagus, rhubarb, fresh fish, butter, cheese, buttermilk, cream, alkaline waters and toast. Avoid: Red meats, starch or potatoes, white bread and sugars.

The sensibly use of water, both internally and externally, plays a large part in the prevention or cure of rheumatism. One or two glasses, either hot or cold, taken before breakfast every morning is excellent to start the organs of digestion for the day, and at least one glass should be taken between meals. Often the plain water will be enough to move a slightly constipated person, but, if not, a mild medicated water may be taken instead. It is very essential to keep the bowels open in cases of rheumatism.

Uric acid in the system is a poison, and it must not be forgotten that poisonous waste matter is also eliminated through the skin. The pores of the skin must be kept freely open and not allowed to become clogged, if we hope to obtain the best results with rheumatic cases. A hot bath at bedtime is often very helpful.—The Delineator for August.

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SKIRT YOKES ARE POPULAR.

The yoke skirt that was looked on a bit doubtfully when it first made its appearance a few months ago has met with the most unparalleled success both here and abroad. Frenchwomen particularly have caught it up with great enthusiasm, and from all accounts of the French and English races one saw little else among smartly gowned women. A lovely dress in a very fine silk-finished batiste has the tucked and lace-trimmed skirt mounted on a deep yoke that reaches down well below the hips. The tucks, or rather plaits—start at the lower edge of the yoke, and are stitched down for six or eight inches. The stitching is placed fairly near the edge of the plaits so that it gives them a pretty tuck-like effect.—The Delineator for August.

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HOW TO DRY CLEAN A WAIST.

Here is a recently discovered way to dry clean a white lace waist that is equal to any dry cleaning process ever tried and one that requires an outlay of only a few cents instead of the dollars usually needed to make a soiled waist again presentable. This is nothing more than a simple cake of magnesia. Rub the magnesiathoroughly over the garment in question, paying extra attention to the more soiled places, roll it in a cloth and lay it away for several days, then shake it lightly to dislodge any of the chalky substance that may cling to it, and you will behold a metamorphosed waist that will delight your eyes with its freshness.

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"Dad, what sort of a bureau is a matrimonial bureau?"

"Oh, any bureau that has five drawers full of women's fixings and one man's tie in it."

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TWO FANCY SUMMER DISHES.

Asparagus is extra dainty if served with a Hollandaise sauce to which is added the juice of a blood-orange and a bit of finely grated orange peel. For the Hollandaise, put two tablespoons of good vinegar into a pan with salt and pepper. Boil down to a teaspoonful. Add to this two tablespoons cold wgter and the yolks of two raw eggs. Stir till thick, then add an ounce of butter, stirring it off the fire till it melts. Let it reheat, and add gradually more butter, perhaps three ounces in all. Add a spoonful of water to keep it from turning. (This is an elaborate French recipe.)

Strawberries are delicious served in a scooped-out pineapple with dice of the pineapple pulp, marinaded with a light wine and powdered sugar. Put frozen or whipped cream on top, after refilling the pineapple.

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WHAT SHE BOUGHT IT FOR.

Mrs. Smith was showing a visitor a new hat-tree she had recently purchased, when little Samuel came in and neglected to remove his hat. Thinking to teach him a lesson, she said: "Samuel, what did I buy that hat-tree for?".

"For $1.98," answered Samuel, promptly, "but you said I wasn't to tell anybody."

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BUBBLE EXERCISE.

Blowing soap bubbles is an exercise which has been adopted at a school in Haarlem, Holland, on the advice of a local practitioner, Dr. Ootmar, in order to broaden the children's chests, writes a correspondent of the New York Sun. This pleasant method, ingenious as it is simple, was thought of because of the difficulty in getting children to do ordinary breathing exercises thoroughly and regularly. On three days in the week all the children have placed before them a bowl of soapy water and a pipe. The windows are opened wide to admit as much air as possible, Then competitions are arranged as to who can blow the biggest bubbles. Periodical chest measurements have proved the efficacy of the arrangement, increases being noted in each individual case.

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A HEALTHY PERSON NEEDS A GOOD BREAKFAST.

Dr. Woods Hutchinson, iconoclast-in-ordinary to the medical profession, as usual upsets our previous ideas of bodily health in an article in Woman's Home Companion for August. Doctor Hutchinson has a faculty for restoring to us our self-respect, and assuring us that, left alone, we are not such idiots, after all. In this particular article, for instance, he points out that the idea of eating little in the summer-time is a fallacy. Of breakfast, for instance, he says:

"It is customary to make the first meal of the day slightly the lightest and distinctly the plainest and simplest of the three If there be any deficiency of the appetite, breakfast is the meal at which this is most likely to show itself. But this lack of appetite is in nine cases out of ten clearly traceable to sleeping in an unventilated room or to late hours in foul air the night before, or to insufficient exercise the preceeding day, and is no indication that the body really requires less food at this time. Perfectly healthy men who sleep with their windows open and go to bed at a reasonable hour will tell you that they enjoy their breakfast as well as any other meal of the day, and may even call it their best meal.

"Another popular delusion in regard to the lightness and unimportance of the breakfast is that widespread subterfuge, the 'continental breakfast,' consisting of a cup of coffee and some fruit or a single roll. This is a very pretty breakfast as far as it goes, but it doesn't go far; and the sole basis for its adoption on the continent is that it is only intended as a temporary tide-over, until the real breakfast of meat, eggs, fish, with beer or wine, which is taken about ten or eleven o'clock, like a very early luncheon. If you haven't got a good appetite for breakfast, make it your business to go and get one, instead of allowing yourself to be blinded by this morbid state of affairs and deciding that all you really need is a cup of coffee and a roll or an orange or a puff of breakfast-bran."

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BE GOOD TO YOUR OWN.

If you live in the same place, let your steps be, if possible, daily a familiar sound in the old house. If you are miles away—yes, many miles away—make it your business to go to visit your parents as frequently as possible. In this matter do not regard time or expense; the one is well spent, and the other will be even a hundredfold repaid. When some day the word reaches you, flashed over the telegraph, that your mother or father is lying at death's door, or mayhap passed away, you will not then think them much those hours of travel which at last bear you to the loved one's side.

WAYS TO SERVE CHERRIES.

Cherry Syrup—This is a most delightful beverage for tea or ,luncheon. Boil for ten minutes a quart of juice with three cups of sugar; pour in bottles and seal while hot Serve diluted in water.

Cherry Fritters.—Stir into a cupful of milk two well-beaten eggs, a pinch of salt, three cups of flour that have been sifted with two teaspoonfuls of baking powder, beat briskly until the ingredients are well blended, add a cup and a half of pitted cherries plentifully sprinkled with sugar. Drop tablespoonfuls of batter in deep smoking fat, when a rich brown drain on blotting paper, and roll in powdered sugar and serve immediately.

Cherry Jam.—The pitted cherries should be heated to the boiling point and mashed before the sugar is added. Allow to every pound of fruit the same amount of sugar, cook gently for twenty-five minutes, fill jelly glasses and cover closely.

Spiced Cherries.—Dissolve two pounds of brown sugar in one cupful of best vinegar, add four pints of large pitted cherries, two pieces of preserved ginger, a tablespoonful of cinnamon, one of ground cloves, and have the two latter tied in bags, cook until the mixture is the consistency of jam, put in wide-mouthed bottles and seal.

Preserved Cherries.—In the first place secure rich, ripe cherries, the Morrella seems best for the purpose; to every pound of fruit add an equal amount of sugar. After the cherries are stoned cover in layers with sugar and let remain over night in a deep porcelain kettle. In the morning cook slowly and without stirring until soft and the syrup is clear. Pour in tumblers, cover and do not use for several weeks.

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BEAUTY DIET.

Begin the day with a teaspoonful of grated carrots to brighten the eyes, and a good breakfast. For luncheon eat plentifully of watercress, dandelion, lettuce, carrots and beautifiers. During the summer spinach, for they are complexion months eat sea foods, lamb and young poultry. Avoid heavy meats. Eat largely of fruit salads and light vegetables. Upon retiring partake of a thin sandwich of bread and butter with thinly sliced onion between two lettuce leaves, which will relax the nerves and induce refreshing sleep.

The following formula to soften the water is most excellent for improving the complexion, giving that soft velvet appearance so much admired: Half an ounce of California borax, three ounces of fine oatmeal, three ounces almond meal, one ounce of powdered orris root. Mix together and tie securely in a cheese cloth bag. Drop into the bowl of water when required.

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HELPFUL HOUSEHOLD HINTS.

The pan under the broiler of the gas range may be easily cleaned by sprinkling cornmeal to absorb the grease and then scrape off with a cake turner. The pan should then be washed in hot water.

Do not wash your milk bottles in hot water, as the heat drives the milk into the glass. A thorough rinsing in cold water immediately after the bottle has been emptied is sufficient.

A new way of beating the yolks and the whites of eggs together is to first beat the whites until light and then add the yolks and beat again.

A can of enamel paint will make any straw-colored waste-paper basket harmonize with your furniture and furnishings if you choose an appropriate color and apply it to the basket evenly.

If a small strip of court plaster is applied to the tips of gloves turned inside out, with the sticky part toward the glove, they will wear longer.

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THE DULL CHILD.

There is usually one of a family of children who is slower to learn than the others, just as some develop physically less rapidly than others; and it is for these slow ones that we plead. These children are often allowed, by the negligence or ill-judgment of parents, to be made the butt or jests on the part of the other members of the family. This is wrong. Many times the slower children are sensitive to remarks on the subject, and are not only made miserable and unhappy by it, but their mental growth and development are retarded by the discouragement and a fear of asking questions that follow. Lives are embittered by the cruel jests of brothers and sisters far oftener than careless people imagine, and what is a natural peculiarity of a certain child's constitution is spoken of as if it were a fault or crime to be ashamed of or hidden. It is also well to remember that the seemingly dull boy of a family is often the one who makes the family name illustrious.

A LAUNDRY BAG.

A laundry bag that will be found of more than ordinary convenience is made of two large bordered towels with three sides sewed and a drawing string run through at the top. For holding large pieces of laundry such as table linen and bed linen, a circular laundry bag is more serviceable. If one wishes to find an article in this kind of a bag, the bag can be opened on the floor and the article found by assortment. If the bag is a closed one every article must be taken out before the desired one can be found.

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ARTISTIC DARNING.

Darning is the bane of the average housekeeper's life, if she be a woman who is not fond of sewing. And the results of her half-hearted work in this direction are unattractive and awkward. For the woman who prides herself on her needlework, however, here is a valuable suggestion. Do not use silk or thread in darning tears or holes. Instead make use of ravellings from the material which is being repaired. With care and ingenuity these ravellings may be obtained from left-over pieces or from a straight edge somewhere in the garment. And it isn't necessary to open seams, either. If the darning is done with these ravellings the work can scarcely be detected, as the ravellings are, of course, of the same texture and color as the garment repaired.

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SCARFS VERY POPULAR.

Never were scarfs used more than now, and the dainty fichu effects coming in with summer will make scarfs more than ever popular. Entirely new are the cameo patterned scarfs, made of soft fabric somewhat like mousseline, but claimed to be washable. Into the ends of the scarfs are wrought designs in cameo effect, with nailheads riveted to metal backs. Usually the pattern is done in steel nailheads, and the reverse side shows a different metal like gilt or oxydized silver. A pale green scarf was lovely when one examined the scintillating pattern in steel nailheads, and still more lovely when the scarf was turned over, revealing the reverse pattern in dull silver effect.

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SEPARATE FLOUNCES ON THE SUMMER PETTICOAT.

A most economical notion is that of having two or three separate flounces for the same petticoat top. Everyone who packs a suit case for a short visit knows how bothersome it is to have to take petticoats in various lengths for various frocks. The summer girl now packs one petticoat top made of lawn and carefully fitted over the hips; and three flounces; a short one rather plain for the linen morning frock, a pretty embroidery one for the afternoon costume and a long, lacy one for the evening dress. The top has a beading along the lower edge and each flounce is provided with a similar beading. It takes but a moment to run the beadings together with a ribbon, and one's petticoat is ready to wear. A petticoat top and set of flounces makes a charming "shower" present for a bride-to-be.

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TO BE WELL-DRESSED.

Be individual in your style.

Do not dress beyond your means.

Learn the right times and seasons for wearing your clothes.

Make a study, not of your good points but of your weak ones before buying your frocks and hats.

Learn something about materials and their wearing qualities, especially if your clothes must do duty for a long time.

Study color effects and know what combines well, and also what is suitable to your type.

Do not buy a frock or hat because it takes your fancy, only to remember when you get home that you cannot afford it and have no suitable occasions for wearing it.

Aim at purchasing good clothes and few of them. They will look well as long as you wear them, while the other kind will only look pretty for a few days.

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What is Worn in Paris.

Very Smart Lingerie Gowns in Broderie Anglaise--Short Pleated Skirt and Loose Sacque Coat Quite Popular.

For every smart function, both at home and abroad, it has been noticed that tailor-mades have reigned supreme. The long coats in tussore and linen, varied by those in blue and white serge, practically all cut alike, may possibly become monotonous, but at least they are practical and eminently smart by sea, rail or river. Once we depart from the tailor-made the lingerie frock is certainly one of the most appropriate, especially if it is carried out in broderie Anglaise, softened with Valenciennes lace. Some of the Princess effects in white or pale colored tussore, quite simply made, offer a charming variety.

Linens, if very simply made, look especially nice at such places as Trouville and Dieppe; but once really afloat, serge and flannel are infinitely smarter and more practical. Among the tailor-mades of to-day there are no indications that the short coats will make their appearance; but the long coats are more cut away. It has been noticed that the old-fashioned riding jacket of the eighteenth century is being worn by two or three good dressers in satin or coarse silk, and in curiously beautiful eighteenth century colorings. One, for instance, was worn with a plain and very tight-fitting pale green cloth skirt, the coat being of messaline satin in the same shade, and trimmed with cords of green, into which a touch of gold was introduced. Mustard color, too, is a favorite shade for these long coats. Unbecoming but smart in color, they are made just wearable if relieved with a white lingerie shirt, lace jabot, and a large white hat.

Here and there, especially in the new wide-ribbed serge, is noticed a short pleated skirt and the loose sacque coat arranged with pleats back and front. But although these coats hang loosely, and are semi-sacque, very little stuff is used in their construction, and the sleeves are plain and tight. One of the close-fitting cuirass frocks is in the finest white crash linen with a whole cuirass and panel of thick embroidery, closely braided in white. The chemisette is of spotted tulle, finished with black velvet ribbons. With this is worn a large white chip hat with a somewhat high crown, swathed in black velvet with a white wing on one side. Wings are gaining favor, and are likely to do so as an accompaniment to the tailor-made gowns. They are a particularly suitable trimming to the coarse straw or smarter felt travelling hats, while feathers and aigrettes are used in profusion on the millinery for casino wear abroad.

We have become terribly sensible in the matter of footwear, so that there is not the same difference now between practical boots and shoes and smart footwear. We are all wearing the long vamps and broad toes on very smart occasions with the heels of medium dimensions in lieu of the exaggerated but smart Louis XV. Coarse, thick white gloves and plain colored en-tout-cas, with suède or leather hand bags to match are de rigeur and in keeping with the practical simple tailor-made.

Hortense

POET'S CORNER

THE GARDEN OF ABSOLUTION.

There is a garden, far, oh, far away,
Kept for the souls who sinned and suffered most
The sword of God forever guards the way,
And round its borders camps a heavenly host.

A gentle wind breathes through the tufted grass,
Rich with the scent of roses in their bloom;
And, with the wind, all sins and sorrows pass,
Leaving a sweet contentment in their room.

Here are no troubles; here are none that weep;
Here come no thoughts of sadness or despair;
But fairest flowers, in fullest beauty sleep;
And softest sunlight dreams upon the air.

The murmurings of fountains, low and sweet,
Forever fill the ear and never cease,
Soothing the silence with a gentle beat,
Like kindly voices speaking words of peace.

And here, forever, and forever, rest
The weary souls, unburdened of their sin;
And cursed things are here forgiven and blessed;
And wicked hearts are made all clear within.

—Bertrand Shadwell.

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A LITTLE MORE CROSS.

A little more cross and a little less creed,
A little more beauty of brotherly deed;
A little more bearing of things to be borne,
With faith in the infinite triumph of mourn.
A little less doubt and a little more
do
Of the simple sweet service each day brings to view;
A little more cross with its beautiful light,
Its lesson of love and its message of right;
A little less sword and a little more rose
To soften the struggle and lighten the blows;
A little more worship, a little more prayer,
With the balm of its income to lighten the care;
A little more cross and a little more trust
In the beauty that blooms like a rose out of dust;
A little more lifting the load of another,
A little more thought for the life of a brother,
A little more dreaming, a little more laughter,
A little more childhood and sweetness thereafter;
A little more cross and a little less hate,
With love in the hands and a rose by the gate.

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MAGIC.

An ancient wildwood showed its heart to me,
(O Little Wind that brought me what it said!)
I went within its fastness reverently.

There lived the silence otherwhere long led
Captive by sound. There the persuading green
Took ancient citadels with soundless tread.
Was not the opening blue of bud between

Soft solitary leaves a lyric set
To airy music of the things they mean?

My hands were mother tender of the net
Of silk they found. My feet were filial light
To loose no dew from the heart violet.

The element formed of dissolved night,
Seemed in the air. A million little minds
Kept concert just without the bourne of sight.
Oh . . and suddenly as morning finds

White towers I heard the ancient wood unfold
Its rumoring secret piped by little winds.
"Behold . . . behold
Listen . . . to me, to me?" . . .
And then it told! . . .

The whole world, like a bell, heard echoingly
That which I lost. I found a faery bed
And saw that which the wildwood let me see.
(O Little Wind that brought me what it said!)

—The Forum.

THE GATHERING PLACE.

Life changes all our thoughts of heaven:
At first we think of streets of gold,
Of gates of pearl and dazzling light,
Of shining wings and robes of white,
And things all strange to mortal sight,
But in the afterward of years
It is a more familiar place;
A home unhurt by sighs or tears,
Where waiteth many a well-known face.
With passing months it comes more near.
It grows more real day by day;
Not strange or cold, but very dear—
The glad home land not far away,
Where none are sick or poor or lone,
The place where we shall find our own.
And as we think of all we knew
Who there have met, to part no more,
Our longing hearts desire home, too,
With all the strife and trouble o'er.

A Standard Medicine.—Parmelee's Vegetable Pills, compounded of entirely vegetable substances known to have a revivifying and salutary effect upon the digestive organs, have through years of use attained so eminent a position that they rank as a standard medicine. The ailing should remember this. Simple in their composition, they can be assimilated by the weakest stomach and are certain to have a healthful and agreeable effect on the sluggish digestive organs.