

thoughts of good and not of evil, long before we had thought of ourselves at all. Let us see what His thoughts of grace about us are, and take up the words of faith. "If God be for us, who can be against us?"

GOD IN CIRCUMSTANCES.

NOTHING so helps a Christian to endure the trials of his path, as the habit of seeing *God in every thing*. There is no circumstance, be it ever so trivial, or ever so common-place, which may not be regarded as a messenger from God, if only the ear be circumcised to hear, and the mind spiritual, to understand the message. If we lose sight of this valuable truth, life, in many instances at least, will be but a dull monotony, presenting nothing beyond the most ordinary circumstances. On the other hand, if we could but remember, as we start each day on our course, that the hand of our Father can be traced in every scene—if we could see in the smallest, as well as in the most weighty circumstances, traces of the Divine presence how full of deep interest would each day's history be found!

The book of Jonah illustrates this truth in a very marked way. There we learn, what we need so much to remember, that *there is nothing ordinary to the Christian*; every thing is extraordinary. The most common-place things, the simplest circumstances, exhibit, in the history of Jonah, the