## sports and recreation

Undefeated after nine,

**But only #10 matters** The Soccer Yeomen easily wrapped up first place by four points in the OUAA regular season standings, with respective 4-0 and 3-1

wins over Brock and Waterloo this weekend. York hosts second place Western at 2 pm this Saturday, October

Brock journeyed to York bringing a dark horse reputation resulting from surprise victories over touted Queen's and McMaster. Their reputation was given short shrift

by the Yeomen, and they could make very little of the fast, open style of the York Team.

Aldo D'Alfonso had an outstanding day, performing the Yeomen's first hat-trick of the season. Minutes into the game, Captain Nick Plessis, whose passes of slide rule precision continually dissected the Brock offside trap, stroked a through ball which D'Alfonso carried 40 yards before beating the goalie with a low, hard

D'Alfonso got his second when, after following up on his own 30yard blistering shot, which was too hard for the Brock keeper to handle, he jammed the ball in under the hapless goalie's body

In the second half, against the wind, the Yeomen got even better

29 in a one-game play-off, for the Ontario Championship. and the backfield of Landy, Buckley, Cameron, and D'Agostino completely neutralized the Brock attack with severe tackling and intelligent distribution. Not content with simply scoring, D'Alfonso laid on a pass to "Magic Mac" Musaby who defied all probability laws with a left foot chip shot from the angle of the box, which completely outfoxed the entire Brock defence for a beautiful goal.

Coach Willis moved all his bench into the game replacing Burke, Musaby, and Plessis with Mandatori, Iannuzziello, and Dawson, a move which again demonstrated the depth in his team, evidenced by their continued dominance over Brock. D'Alfonso got his third, and York's fourth goal, from the penalty spot after Peter Landy, on one of his exciting forays from defence was scythed down in the penalty area.

In addition to his shutout, Luigi Martelli in the York net, roamed his area with confidence and combined



effectively with his defencemen to start many attacks with well-aimed throws. Aldo D'Alfonso was a clear pick for Man of the Match.

The Waterloo game on Sunday provided a fitting climax to the regular season, with both sides playing hard, entertaining football with little quarter being conceded by either team.

Once again Nick Plessis proved the catalyst as he played a true Captain's role, particularly in the second half, when the second half, when the Warriors were pouring on an all-out offence to recover a 3-0 half-time

To open the scoring, Plessis fed Mike Burke a pin-point wing pass which the rangey striker, wasting no time, drilled into the long side from fully 35 yards. Before the Warriors regained their composure, Clive Banton, from the left back position, and at least 45 yards out, cleverly banged a clearing banana shot over the head of a very surprised Warriors' goalie.

At this juncture, it was all York and Musaby made it 3-0 with a perfect header from a patented Peter Landy corner.

A different story unfolded in the second half as Waterloo bore down and, playing a more forceful and aggressive game, putting the Yeomen severely to the test. Peter Kovacs was rushed to hospital and received eight stitches to a gash in his scalp following an accidental clash of heads, Musaby retired with a pulled groin, and Banton was disabled with a calf pull. For the first time Willis used his bench out of necessity, including pressing alternate goalie, Luigi Martelli as an emergency winger.

It was during this crucial period that Plessis rallied his team and held them firm. Paul D'Agostino, Yeomen's classy defensive general, and his hard pressed backliners plus goalie John Debenedictis, who made some incredible saves, kept their composure, despite having the lead shortened to 3-1 following a converted penalty shot by Waterloo.

"It all comes down to next week's play-off game against Western," remarked Willis. "My main concern now is our walking wounded. We cannot treat Western lightly and will need all our players fit and well, if we are to bring the championship home to York, and qualify for a crack at the Canadian title.'

Plessis, man-of-the-match at Waterloo, is cautiously optimistic, but refuses to think beyond the provincial crown: "I think we can surprise a few teams if we make the Nationals, but right now the Ontario Championship is all we're concerned with.'

Next game - Western at York -2pm, Oct. 29 - O.U.A.A. playoff.

## Volley ballers take tournament

York's men team defeated the Guelph Gryphons in an exciting best of three final last weekend, winning the Brock University Invitational Volleyball Tournament with scores of 15-13 and 16-14.

To get to the final, the Yeomen compiled a 5-1 win record in round robin play to finish first in their

In their first match against Queen's they lost the first game 5-15 but rebounded to take the second game 15-7. They then proceeded to defeat Brock 15-2, 15-7 and Laurier 15-9 and 15-5.

'It was a good tournament for us in many ways," said coach Wally Dyba. "We've been having a number of problems in the past few weeks but it looks like they've all been straightened out.

"We've never won a big tournament like this and it will definitely help in our confidence and attitude. We're learning how to win.

In the first game of the final York fell behind quickly, trailing Guelph 12 to 4. But after a time out and a substitution to get added blocking strength in the front row, York came back slowly to tie and finally overtake Guelph.

The second game was a see-saw affair with both teams exchanging points. Near the end Guelph took a commanding 14-10 lead but York made another comeback on the solid hitting of Franco Girardo and some spectacular back court digs by Sam Manfredi and Doug Kennedy.

John Vares led the team throughout the tournament obtaining 19 kills in 50 spiking attempts. The Girardo twins, Lino and Franco, followed closely, Lino with 17 kills in 34 attempts and Franco with 13 kills in 23 attempts.

Al Riddell put in a credible performance as setter in the 5-1 system and led the team in serving, acquiring three service aces.

"The victory was particularly satisfying in that we have a no-name team," said Dyba.

'Guelph has two former junior national team members playing for them and Laurentian has a number of former national team candidates.'

"Also, we have a particularly short team and many coaches feel you can't win unless you're big. I guess we've disproved that theory somewhat. All the guys played well in the final and I'm sure that this is only the beginning."

The team has a three-week break before its next university competition, the University of Waterloo Invitational. Its next scheduled match is November 3 against a club team from Guelph.

## Gymnastics - for fun or for 1980

**By Mary Desrochers** 

York's Monday and Wednesday night recreational-olympic gym-nastics classes in Tait MacKenzie building is meeting with great

Started last year by Ross Hunt, the course aims to familiarize people with a variety of apparatus. The programme works on a co-ed basis, presently one third male and two thirds female, however men and women separate when their particular apparatus are used, as in beam or parallel bars. Equipment such as the tramp is used collec-

Participants take the course for



exercise or to continue the fundamentals learned in high school. Gymnastics is a compulsory part of the physical education course at York, and many enroll to reinforce required skills or techniques.

According to head coach Ole Peterson, "We start from the bottom and work our way up according to the individual." Participants are able to work and receive coaching at their own level.

Under the guidance of assistant varsity coach Maasaki Naosaki, the children at York are also offered involvement in gymnastics. Here, the coaches are varsity athletes, and the club, of which the children's programme is a part, helps to finance the varsity team.

The adult sessions run for 11 weeks. Though they are not a part of the club, the sessions are open to the entire York community.

The classes are more geared to moves than fitness per se, yet as Peterson states, "It's a very good sport for all round conditioning and muscle tone." The present session ends in November and another starts after Christmas. Classes will meet Monday and Wednesday

## Women host b-ball tourney for high schools

By Bruce Gates

The fourth annual Red 'n White high school basketball tournament, hosted by the Yeowomen last Friday and Saturday at the Tait McKenzie centre, had a new twist to it this year. For the first time, women's basketball teams from universities competed in the Tait McKenzie Tournament in parallel com-

University teams from Ryerson, McMaster, Toronto and York gave students from the eight competing high schools the chance to watch university-calibre play, says Mary Deveaux, York Women's Athletic Council president and a member of the Yeowomen basketball team. She and team-mate Maria Lima

organized this year's Red 'n White tournament.

"It's really a promotional tournament to promote York's basketball program," Deveaux says of the tourney.

Both university and high school teams competed for four trophies three for the high schools and one for the universities.

The university trophy, called the R. Tait McKenzie Cup after a famous Canadian doctor, sculptor and sports enthusiast, went to the McMaster squad, which defeated York 54-28.

In high school action T.J. Blakelock Secondary School of Oakville proved to be the team that tried the hardest - although it didn't win - and received the primary trophy of the competition, the Lyons Cup, which is awarded on the basis of athletic effort and sportsmanship.

The winning high school was Notre Dame College of Welland. For the second straight year it has captured the Cayuga Cup, which is named after a basketball camp that co-sponsors the tourney

The Welland team beat Erindale Secondary School of Mississauga 56-29. One of the players on the Erindale squad, Linda Wirkowski, is the daughter of York's men's director, Nobby

Wirkowski. Finally, the York Cup, presented as a consolation trophy to the best runner-up team, went to Cardinal Newman Secondary School of Scarborough.

Although York lost to McMaster in the university tourney the high school teams had the chance to watch a gutsy performance by the Yeowomen, who were at an automatic disadvantage because of McMaster's superior height. McMaster has three players who are six feet tall. The tallest Yeowoman is

"We played really well," says Yeowomen coach Skip Letheren, but our height disadvantage showed against McMaster.

"But I was really pleased with the girls' play out there."

