

# Skin the rump of a skunk

by Terry White

So you thought you heard it all? Well here are some cures for whatever ails you - from colds to cold sores - and although we won't recommend some of them (check out the cure for croup) there are some which we have heard before.

Taken from the Village of Minto Ethnic cookbook under the section "home remedies" these should provide some interesting reading for they represent some old fashioned approaches to medicine that seemed to serve our forefathers adequately.

But for me - I think I'll go to the Shopper's Drug Mart before I try the cure for measles.

## CROUP OR BAD CHEST COLD

Skin the rump of a skunk, take the white fat and heat it up. Take the oil that comes out of the fat and add pepper to it. Take the skunk oil and pepper

mixture and put on a piece of flannel cloth. Lay the cloth on throat or chest.

## MEASLES

*Nanny Dung Tea:* Steep nanny droppings and drink broth.

## BAD COLDS

Put salt fish in a tub of water and soak feet in the tub. Before you go to bed, wrap the salt fish to the bottom of your feet and leave until morning.

## SORE THROATS

Wrap your stocking around your neck. Be sure you are sitting down!!

## EAR ACHES

Put salt in a wool sock and heat in oven. Place the sock on ear or glands.

Smoke from the pipe deadens the pain.

## EYES

Use urine to wash out eyes.  
*Courtesy of Emily Lavoie.*

## CONSTIPATION

Steep blackberry roots, then drink broth.

*Courtesy of Hazel Butler.*

## REMEDY FOR FEVER

Beat egg whites and put between two pieces of cloth and tie to the bottom of your feet before going to bed.

*Courtesy of Matilda Wuhr.*

## FOR CRACKED LIPS AND COLD SORES

Place the juice from the jade plant on these.

*Courtesy of Mr. and Mrs. Clarke Richardson.*

## EAR ACHES OR SWOLLEN GLANDS

Put salt in a wool sock and heat in oven. Place the sock on ear or glands.

*Courtesy of Violet Grant.*

## TONSILLITIS

For a mild case of tonsillitis, gargle kerosene and alum.  
*Courtesy of Frank Coakley.*

## TO CURE ACHING JOINTS

Mix certo, epsom salts and vinegar. Take a few spoonfuls each day.

*Courtesy of Frank Coakley.*

## FOR A CHEST COLD

Rub goosegrease on your chest and also the soles of your feet.

*Courtesy of Pop Lunney.*

## COUGH SYRUP

Mix apple bark (inside part) and cherry bark and steep. Sweeten the bark with honey or sugar. Take two spoonfuls when cough persists.

*Courtesy of Frank Coakley.*

## FOR CONSTIPATION

For relief of constipation, eat sulfur and molasses.

*Courtesy of Pop (Ron) Lunney.*

**AHHH-  
CHOO!**



**Why suffer through a cold or flu? Get the relief you need!**

### SPECIALIZING IN

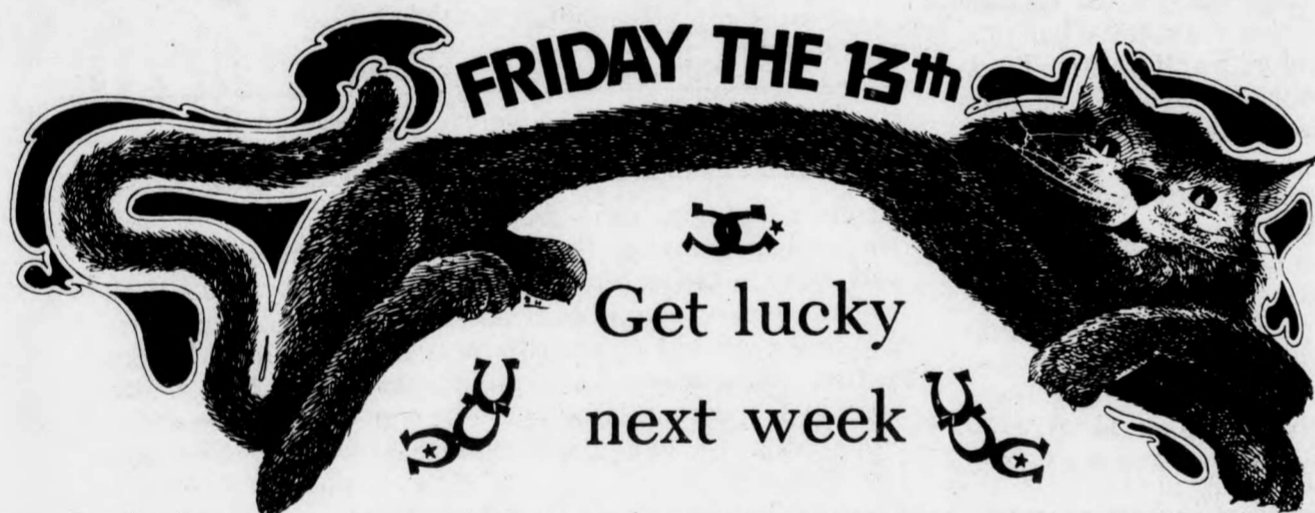
. rump of skunk . nanny dung . salt fish .  
. socks . urine . kerosene . goosegrease.

**I**n case you were wondering what the African National Congress thinks about sanctions...

After the Sharpeville massacre...the African National Congress raised the question of sanctions against the South African regime. ... we appeal to every section of the international community to join in a determined effort to win the co-operation of all... in the enforcement of sanctions against South Africa. ...for those determined to see the liberation of Namibia and South Africa, the sacrifices they have to make in the event of the imposition of sanctions against the Pretoria racist regime must be seen as an inevitable part of the struggle for peace, stability and progress.

Oliver Tambo

President of the African National Congress



By MARK MCGOVERN

It's Friday--that brightest and balmy day of the week for overworked students who have endured a long week of classes and other mental afflictions. Its arrival signals the beginning of the weekend and a chance to indulge in a wide variety of physical delights.

But beware ye unwary students who foolishly seek innocent pleasures and other sweets on this much heralded day, for Fridays also have a darker underside.

It has long been known to those steeped in folklore that this is the unluckiest day of the week. Indeed, the ominous sounding name Black Friday, was coined to refer to any Friday on which things go wrong. According to legend, the earliest Black Friday can be traced to that dismal day when Adam and Eve tasted the Forbidden Fruit. Not that this was bad enough for most Chris-

tians to bear--it also marks the day on which Christ was crucified.

Although Friday has been traditionally a day of ill-omen, it becomes doubly worse if it lands on the thirteenth of the month, because of the unluckiness of the number thirteen.

Triskephobia, or fear of the number thirteen, is quite a common occurrence, especially among hotel managers; many on whom have wisely omitted their thirteenth floors. Even the lifestyles of the rich and famous is affected by this insidious number. In 1965 when the Queen paid a visit to West Germany, the number of the platform from which her train was to leave was changed from 13 to 12A. It is obvious that among other shortcomings, the British secret service suffers from triskephobia.

It is also extremely unlucky for thirteen people to sit down at the same table together, for

it is said that either the first or last person to rise from the table will die or suffer some terrible misfortune before the year is out. Students frequenting their favourite watering-hole on Friday night and finding themselves invited to join a large party of friends, should remember this and count before they sit.

There are quite a few other activities that should never be done on Fridays, and especially next week since it lands on the thirteenth of February. You should never start a new job, call in a doctor, move house, get married, turn the mattress on a bed, put out to sea, get your hair cut, pare your nails, or, if you are a criminal, come up for sentencing.

However, on the lighter side, if you do happen to be in Ireland, Friday is a good day to die on--provided you are buried on Saturday and prayed for on Sunday.

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