THE STAK，WEDNLSDAY，DLCEMBER 24

## poetical portraits．

His was the wizard spell，
The spirit to enchain His grasp $0^{\circ}$ er nature fell， Creation own＇d his reign nultox．
His spirit was the home
Op aspirations high ； Of aspirations high ； A temple，whose huge dome
Was hidden in the sky． byrow．
Black clouds his forehead bound And at his feet were flowers
Mirth，Madness，Magic found Mirth，Madness，Magic found
lu him their keenest powers scort．
He signs，andi lo！Romanc Stirts from its mouldering urv
Whilst Chivalry＇s bright lance And noding plumes return． spencerr．
Within th＇enchavted womb Of his vast genius，lie Is lit by Unam greves，whose gloon
wornsworth．
He hung tis harp upon Philosophy＇s pure shrine； And placed by Nature＇s throne，
Composed each placid lize． wilsox．
His strain，like holy hymn， Upon the ear doth floo
Or voice of cherubim， In meuuntain vale remote
Soaring on pinions prou The lightnings of his eye Scare the black thunder－cloud， He passes swiny by
He seized his country＇s lyre， With ardent grasp and strong And made his soul of fire Dissolve itself in song． balluis．
The Passions are thy slave In varied guise they roll Opon the stately waves
Of thy majestic soul． carounes bowies．
In garb of sable hue
Thy soul dwells all alone Where the sad Irooping yew Weeps o＇er the funeral stone
To bid the big tear start Unchallenged，from its shrine， And thrill the quivering heart Witb pity＇s voice，are thine
тіенд.

On zephyr＇s amber wings， Like thine own Psyche borne， Thy buoyant spirit springs
To hail the bright－eyed morn． laxinox．
Romance and high－soul＇d Love， Like two commingling streams， Glide through the flowery grove of thy enchanted dreame． моore．
Crown＇d with perennial flowers，
By Wit and Genius wow By Wit and Genius wove，
He wanders through the bowers He wanders through the
Of Fancy and of Love．

Where Necromacy fin
Where Necromancy fings
O＇er Eastern lands her Sustain＇d on Fablec＇s wings， His spritit loves to dweil．
Wakel into mimicic life， The Passions rouna him throng， White the loud＂Spartan fife＂ Thrilis through his startling song． campbell．
With all that Nature＇s fire Can lend to polish＇d Art，
He strikes his graceful lyre He strikes his graceful lyre
To thrill or warm the heart． colerides．
Magician，whose dread spelh，
Working in pale moonlight， Iurvkes each satellite

Religious light is she Upon his soul＇s dark shrine And Vice veils o＇er her head At uis denouncing line．

Involved in pall of gloom，
He haunts，with with fcotsteps drea And calls upon the dead єваныме．
$0!$ when we hear the bell Of＂Sabbath＂chiming free ft strikes us like a knell， ， And makes us think of Thee， w．L．bowles．
$y$ throne
His spirit took its figh
And moves serenely on
In soft，sad，tender light．
A solitary roc
In a far distant sea，
Rent by the
Rent by the thunder＇s shock，
An emblem stands of
An emblem stands of Thee！
Upon thy touching strain Religion s＇s spirit fair， And blends divinely there неg
Clothed in the raiinbow＇s beam，
＇Mid strath and pastonl Me sees the faries gleam， Far from the haunts of men
THoNsoN．
The Seasons as they roll Shall bear thy name along And graven on the soul
Of Nature，live thy song． Of Nature，live thy song． On every gentler scen That moves the human breast，） Pathetic and serene，
Thine eye delights to rest． barry cornwall． Soft is thy lay－a stream Meand ring calmly by，
Benealh the moon＇s pale beam Of sweet Italia＇s sky
Wouldst thou his pictures know， Their power－their harrowing truth－ Go gaze on hapless＂Ruth．＂ A．cunaingham． With firm and skilfal hand， Singing the olden lays
Of his dear native land． keats．
Fair thy young spirit＇s mould－ Thou from whose heart the streams Of sweet Elysium rolld
bloompiled． Sweet bard，upon the tomb
In which thine ashes The simple wildflowers blo esion e
Before the ploughman＇s eye． Hood．
Impugn I
Hare Impugn 1 dare not thee，
For I＇m of puny brood And thou wouldst punish me With pungent hardihood．

## REMINISCEXCBS from the portro Lover of Luttralture．

It may sem a a matter of no extraordinary it is an art which it evidently requires some trouble to learn．In all half－civilized nati－ ons，the inquirer for the simple thing is met
by an enigma for an answer ：and，among by an enigma for an answer $\dot{y}$ and，among
the peasantry of Scotland and Ireland，civi－ lized as the general communities may be， the sstem often seems to be studied evasive．
This dialo oue is the model of thounds in This dialogue is
the sister Isle：－
the sister rise ：－
＂Is this the nearest rad to Cork ？＂
＂Is it
＂Is it to Cork you are going？＂
est road？＂
＂Why．this road is as near as that on the
other side of the hill；for neither of them is
any road at all．＂
＂Ohen which way ought I to go ？＂
liking．Perhaps you wouldn＇t like to go dack again ？＂
＂．Cortainly not．But，one word for all，
my good fellow－do you know any thing my yood fellow－do you kno
about any kind of road here？
＂There now，if your honour had asked
that before，I could have told you at once．＂ ＂Out with it then！
am a stranger in these parts ；and the best am a stranger in these parts；and the best
thing you can dois to stop till somebody
comes that knows as all bout the wy． comes that knows all about the way．＂
＂Stupid scoundrel ！why did you
so at frrst？＂，＂Stupid！that＇s all my thanks．But why
＂Stan
did not your honour ask meif $I$ belonged to the place？that would have settled the busi： Mr．C．Croker，in his clever description the south of Ireland，gives characteristic
sketches of sketches of the peasantry，which every tra
veller will realize．The Irishman has the curious hatait of con conversing conftidentially
with every thing．＂Did you give the bart with every thing．＂Did you give the horse，
a feed of o is at the village？said one o the tourists
last the the driver，
lif on his wearied hacks．＂I did not，your ho nour，＂was the reply；＂就 sure and they
know 1 ．promised them a good one at Lime
1 know few things finer in the norther：in－ cantations，or in the Fury scenes of antigui－
ty，than some fragments of an Irish legend ty，than some fragments of an Irish legend
of the war between Eagan＝nd＂＂Conn or the hundred battes，＂，probably some Scan
dinavian Nelson．The night before the fina struggle，Eagan received the announceme of his destiny from these Irish Volkyriur：
＂：When Eagan came back from the coun－ cil，three watches stod betore him，with
fiery－looking eyes，and long grizzly hai fiery－1ooking eyes，ard long grizzly haic
hanging down over cadaverous countenanc es．The evebrows of thise fiends were large and forming two arches of matted bristles Their cheeks were hollow，shrivelled，and
meagre：their blasting tougues beld， leass zabbee．and dheir crooked，yellow，hairy
hands，and hooked fingers，，esembled thy talons of an eagle．Thus，on small，in－bent and bony legs，they stood before Eagan．
a．＇Whence came ye foul ones？asked the chief．I I demand to know your powers，＇the replied． W We make the sea run higher than the mountain－tops by our breath；we bring snow mo the earthp by the nodding of our hoary
heads
her by heads；we spread tlame through cities by
our words ；we change the shape of all thing －of man and ourselves－by the roliing of
＂I demang y．＂exclaimed the mighty Eagan；
our eves．
－ I demand your names！
4＇${ }^{\prime}$ Our names are－Ah，Lann，and Leana daughters of Tradan the magician．We have come from far countries，to warn you or
death．Eagan shall fall by the knee－edged death．Eagan shall fall by the knee－edge
and bone－cleaving sword of the ever－victori－ and bone－cleaving sword of the eve
ous＇＇Conn of the hundred battles．
＂．On your own heads may the warning alight，ye hags I May your forebodings sink int the air，and find no answer in the moun
tains！May the trees bear the curse of your tains！May
evil words，the poison on of your tongues fall
and on the rocks of the valley，and your hatred
be buried in the billows of the rolling sea！ be buried in the billows of the rolling sesa！
＂／It is the will of Fate that we speak： have spokea without haste or hire！！－Mut． tering their spells，they vanished from be
fore Egan Corer Eagan
a That nig
＂That night came the three to the tent or
the King of Spain＇s son $~$ the King of Spain＇s son；and to him the
boded ilit；and thence they came where boded ill ；and thence they came where the
hosts of Conn of the hundred batules lay on the field，and they roused the hero with
their words： their words： In Inm be thy strength；in thy sword be thy safety；in thy face be thy
foes；in thy step，thy prosperity！Th pres，of Ireland is，against thee，in life end
prid motion．Be thou restless as the treache
in rous light，that shines in the eye of the be nighted traveller ！
maxims，\＆c．relating to healti．
It is observed by Doctor Hufeland，that ＂the more a man follows nature，and is obe
dient to her laws，the longer he will live dient to her laws，the longer he will live
the farther he deviates from these，the short the fill be his existence，＂
er these，the short er Dr．Wainright says，
health pught always，to rise from the table with some appetite，＂and that＂if either the
body，or the mind，be less fit for action aftei eating than before，that is，if the man be less fit either for labour or study，he hath
Dr．Arbunhot atsserts，that＂all the in－
tentions pursuld by tentions pursued by medicines may be ob－
tained and enforced by diet．＂And Dr．Bu－ chan says，that＂there is no doubt but the
whole constitution of body may be changed
by＂idiet＂）It may be laid down（says Dr Hufeland） as a fundamental principle，that the more
compounded any kind of food is，the more compounded any kind figtod is，the more
difficult it will be of digestion ；and what is still worse，the more corrupt will be the juices which are prepared from it．
It is observed by an ingenious
＂they who least consult their appetite，whe least give way to its wantonness，or voraci－ ousness，sttain generally，to years far ex－ ceeding theirs，who deny themselves nothing
they can relish，and conveniently procure． they can relish，and conveniently procure．
And tit has been remarked，in favour of tem． perance，that＂remisersed，who in fovour of tem－
but litte，alway live drink but little，always live long．
Cheyne observes that
Cheyne observes，that of water is the most ens the appetite，nosd strengthens the diges－
tion most eion most，
Voluey sa
Voluey says，＂Cleanliness has a powerful
influence on the healt and preservation of
the hody Cleand the hody．Cleanliness，as well in our gar
ments as in our iwellings，prevents the per－
nicious effects of dampness，of bad smells．
 keeps up a free perspiration，renews the refreshes the blood，and even animates and enlivens the mind．Whience we see that persons attentive to the cleanliness of their
persons and their habitations，are in geners persons and their habitations，are in generai
more healthy，and less exposed to disease than those who live in filth and nastiness and it may moreover be remarked，that
cleailiness brings with it througheot cleailiness brings with it，throughout every
part of domestic disciplive，halitis of order pand arangeneut，wirhec are among tone firrt
and beast methods and elements of liapi－ and best methods and elements of lappi－
ness．＂ The ancients personfied and eve deified health．Salus was the god dess of health and
safety，to whom there were fected several temples dedicated at Rome
The following proverbs relate to health：－
＂The best pins icinins are Dr．Diet，DT．
 ＂Go to bed with the lamb，and rise with ＂A bit in the morning is better than no－ ＂hing allsday．＂＂Change cour clothes in May，and you
＂Con will repent many a day
＂One hour＇s sleep，before midnight is
＂Feed sparingly and defy the phy，ician，＂
＂Every man is either a fool or a phissici－ in after tilirty，years of age．
Mr Brovgraw now and then relapses in－
io Bar recollection．The following is his best，and as such，his most frequent story． It is a happy instance of the elucidation of During the assizes，in a case of assault and batiery，where a stone had been thrown by the detendant，the following clear and
conclusive evidence was drawn out of a Yorkshiveman：
＂Did eyual see the defendant throw the ＂I saw a stone，and I＇ze pretty sure the ＂fendant throwed it ．＂＂．
＂Was it a large stone？
I should ayy it were a largish stone．＂
What was its size？
1 slould say a sizeable stone．＂
＂Can＇t you auswer definitely how big it ＂I should say it wur a stone of some bigness．＂＂you give the jury some idea or the ＂Why as near as I can recollect it wor omething of a stone．
you compare it to some olher ob－
＂Why if 1 wur to compare it，so as to
give some notion of ties store，I should say
it wur as large as a T Thr Clever Ags．－To bear the present hie arcana of human nature had been jus hiscovered，and made as eass as A，$, \mathrm{B}, \mathrm{C}$ ．－
How Sophocles contrived to affiect the How Sophocles contrived to affect the feel
ings or Shakspeare to get such an odd in sight into thingse，musts appear a mystery to the men of this，generation，seeing that their
henries had not yet issued from the hences had not yet issued from the womb
of time．Every one now a dass，wlio write a novel or a poenn that shall set the young miseses a a eeping，is pronounced to
be brimfull of passion and profound le brimfill of passion and profound reflec
tion．Truly this profundity is thet of tion．Truly this profundity is that of a
slop basin，the bottom of which you cannot

 daway！Depend upon it，could Paradise
Lost now issue from Murray＇s Press Lould be pronounced－＂Surch a work as it is by no means lese－majeste in the court of criticisin to pass over．A poemin of some mee
rit certainly－but by uo means distinguishei by that depth of feeling and intuitive insight into the hunan heart，which distinguist the
productions of the present day．＂Do I ex productio
It was once observed by Lord Chester－
feld，in the course of man is the only creature that is endowed with the power of laughter．＂True，＂said the Earl，＂and you may add perhaps，he is
the only creature that deserves to be laugh－ he only creature that deserves to be laugh
ed at．＂
The Portuguese language must have been very poor before the time of Camoens，for
nedded two thousand words and the ere all accepted on the credit of single were
man．

Over the dour of a vendor of varieties in
count country village is－＂Licentious dealer in
Backy and Snuff＂，
At Iron Bridge，Colebrooke Dale，the fol－
＂Lectez Skept herE．＂
Exgush And Scorch．－The veriest ur－
chin that ever crept through the High－street Edinburgh，is more than an matel for the art acientific of Englishmen．
art withe．
is pick your pockets without using their finy－
gers for it tand they prevent reprisal by
hever gers for it，and they prevent
having nothing for you to pick．
It is with writers as with strolling players he same three ideas that did for Turks in
one scene，do for Higlanders in the next

