

## MEAN TO FINISH FOR ALL TIME THIS PLUNDER POLICY

Supreme War Council of Allies  
Issues Statement

### THE DECEPTION IN RUSSIA

German Political Crimes There and  
in Roumania Condemned and  
Acknowledgement of Germany's  
Peace Treaties With Those  
Countries Refused

London, Mar. 19.—The supreme war council of the allies last night issued a statement condemning German political crimes against the Russian and Roumanian peoples and refusing to acknowledge Germany's peace treaties with those countries.

"We are fighting and mean to continue fighting, in order to finish once for all with this policy of plunder and establish in its place the peaceful reign of organized justice."

The council's statement, which is issued through the foreign office, says:—

"The prime ministers and foreign ministers of the Entente, assembled in London, feel it to be their bounden duty to take note of the political crimes, which under the name of a German peace, have been committed against the Russian people. Russia was unwarned. Forgetting that for years Germany has been fighting against the independence of nations and the rights of mankind, the Russian government in a mood of singular credulity, expected to obtain by persuasion that 'democratic peace' which it had failed to obtain by war."

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## \$1,000 REWARD!!

FOR A CASE OF INCURABLE  
CONSTIPATION

To any person who cannot be cured of Constipation by Dr. Hamilton's Pills, the above reward will be paid.

No medicine gives such lasting satisfaction or effects such marked cures as Dr. Hamilton's Pills. Relief instantly follows their use. That blinding headache goes forward, that feverish feeling in the skin is soothed away, bilious fits and stomach disorders are stopped.

Don't be nervous about using Dr. Hamilton's Pills; they are mild enough for a child to use, yet certain and effective in action in the most chronic cases. Get a 25c. box today; they bring and keep robust good health.

## STOMACH TROUBLES ARE DUE TO ACIDITY

Tells Safe, Certain, Speedy Relief for  
Acid Indigestion.

So-called stomach troubles such as indigestion, gas, sourness, stomach-ache and inability to retain food are in probably nine cases out of ten, simply evidence that excessive secretion of acid is and inability to retain food are in probably nine cases out of ten, simply evidence that excessive secretion of acid is and inability to retain food are in probably nine cases out of ten, simply evidence that excessive secretion of acid is

Gas distends the stomach and causes that full, oppressive, burning feeling sometimes known as heartburn, while the acid irritates and inflames the delicate lining of the stomach. The trouble lies entirely in the excess development or secretion of acid.

To stop or prevent this souring of the food contents of the stomach and to neutralize the acid, and make it bland and harmless, a teaspoonful of bicarbonate of soda, a good and effective corrector of acid stomach, should be taken in a quarter of a glass of hot or cold water after eating or whenever gas, sourness or acidity is felt. This sweetens the stomach and neutralizes the acidity in a few moments and is a perfectly harmless and inexpensive remedy to use.

An antacid, such as bicarbonate of soda, which can be obtained from any druggist in either powder or tablet form enables the stomach to do its work properly without the aid of artificial digestants. Magnesia comes in several forms, so be certain to ask for only the best—Bland Magnesia, which is especially prepared for the above purpose.

German command, though pledged not to alter the disposition of its troops, transferred them en masse to the western front, and so weak did Russia find herself that she dared to raise no protest against this flagrant violation of Germany's pledged word.

"What followed was of like character, when 'the German peace' was translated into action. It was found to involve the invasion of Russian territory, the destruction or capture of all Russia's means of defense, and the organization of Russian lands for Germany's profit—a proceeding which did not differ from 'annexation' because the word itself was carefully avoided.

"Meanwhile, those very Russians who had made military operations impossible found diplomacy ineffectual. Their representatives were compelled to proclaim that while they refused to read the treaty presented to them, they had no choice but to sign it; so they signed it, not knowing whether in its true significance it meant peace or war, and measuring the degree to which Russian national life was reduced by it to a shadow.

"For use of the Entente governments the judgment which the free peoples of the world will pass on these transactions would never be in doubt. Why waste time over German pledges when we see that at no period in her history of conquest—not when she overran Serbia nor when she partitioned Poland—has she exhibited herself so cynically as a destroyer of national independence, the inalienable enemy of the rights of man and the dignity of civilized nations.

"Poland, whose heroic spirit has survived the most cruel of national tragedies, is threatened with a fourth partition and, to aggravate her wrongs, devices by which the last trace of her independence is to be crushed are based on independent promises of freedom.

"What is true of Russia and Poland is no less true of Roumania, overwhelmed like them in a flood of merciless passion for domination."

## HOME GARDEN

There are some factors, such as essential of gardening, planning the garden, varieties, seed supply, etc., which, ordinarily, should be considered first. But since some of our readers may desire to prepare for some long season vegetables by starting seed indoors, and that must be made immediately—we must consider that subject at once, and treat of the other later.

Our average garden will contain comparatively few celery and tomato plants, and early cabbage and cauliflower, and they may be bought from the local florists or growers early in June. However, those who wish to do so, may raise their own plants of these vegetables by proceeding as follows:

The seed box or flat, which is kept in the house, is the most practical device for the home gardener to use for this purpose. It should be not deeper than three inches, from 12 to 14 inches wide and about 20 to 24 inches long. Finest huddle boxes answer best.

Place a layer of about one inch of gravel or clinders in the bottom of the box, and then fill to the top with garden soil. A fine seed bed may be prepared by first passing the soil through a small sieve (use a No. 14 mesh), and then mix with a warm light place, preferably just after rain. Give water from time to time, enough to keep the soil moist but not wet, but not enough to leak through the box. If the box is in a window, after the plants are up turn the box each day to prevent them growing in one direction towards the light.

When the plants are 1-2 inches high, thin out to two inches apart in the row. This gives them space enough to make a strong stocky growth. If you want to keep the plants which are thinned out, set them two inches apart each way in similar boxes or "flats." When the tomato plants are about five or six inches high thin out to four or five inches apart in the flat. The plants thinned out may be set one each, in berry boxes. Then when finally planted into the garden, the bottom of the box is cut away and the box sunk in the soil in the permanent location. This gives the plants an excellent start as the soil around the roots is not loosened or disturbed. When the cabbage and cauliflower plants begin to crowd again after first thinning out, thin out and transplant again three and a half to four inches apart each way. Leave the celery plants at two inches apart. Further directions on the after handling of these plants will appear later.

For the seed, a packet of each vegetable should be plenty. The following varieties are recommended: Tomatoes, Albany or Early Jewel; cabbage, Early Express or Jersey Wakefield; cauliflower, Early Snowball and Dwarf Erfurt; celery, Golden Self Blanching or Perfected White Plume; Brussels Sprouts (handle same as cabbage); Amager Market. Peppers (handle same as tomatoes), Chinese Giant. Get seeds put up by a well known reliable firm. See that the packets are stamped 1918. Celery seed, particularly, is practically worthless if more than a year old. Label the rows of seed planted with name of variety and date. Approximate time required for germination: Celery, ten to twenty days; cabbage and cauliflower, five to ten days; pepper, nine to fourteen days; tomato, six to twelve days.

## HOW TO GET RID OF RHEUMATISM

"Fruit-a-tives" Point the Way to  
Quick Relief

Verona, Ont.

"I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting.

"When I had given up hope of ever being well again, a friend recommended 'Fruit-a-tives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine."

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