

No Worry—No Trouble— No Waste

When pressed for time—when you must wait for your oven—when you cannot get the right temperature—these are the causes of your troubles on bake days when you use the wrong kind of baking powder.



To have enjoyable results of a day's baking, to have no worry or wasted cakes and pastry despite adverse conditions, you must first be careful about the baking powder you select.

Use

EGG-O Baking Powder

It does its work absolutely. Its double action makes it a never failing leavener, notwithstanding having to wait on your oven.

Always follow the directions—one level teaspoonful to one level cup of well sifted flour. By doing so, you use a quarter to a half less EGG-O, and get better results.

The Egg-O Baking Powder Co., Limited
Hamilton, Canada

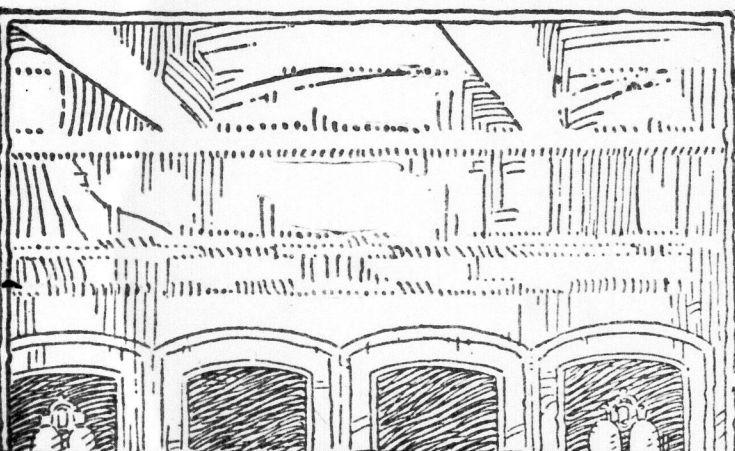
NEVER GRIPE OR SICKEN

Cascarets

FOR LIVER AND BOWELS

THEY WORK WHILE YOU SLEEP

"Cascarets" act on Liver and Bowels without Gripping or Shaking you up—So Convenient! You wake up with your Head Clear, Complexion Rosy, Breath and Stomach Sweet—No Bilioussness, Headache or Constipation



Fabrikoid, the ideal wall cover- ing for home, office, club, church or hall

—a permanent finish for walls, which will survive years of wear, which does not need to be renewed, painted or even varnished, and is as easily cleaned as a painted surface.

Fabrikoid costs more than ordinary wall paper, but its finish is a durable one that means economy.

For those rooms where panelled walls are suitable, Fabrikoid completes the finish with a richness that is unsurpassed in appearance and surprising in its beauty. No more suitable finish can be found for dining rooms, reception halls or billiard rooms in private homes, for offices, for the club or hotel lounge or smoking rooms, for church anterooms or for public halls and lodge rooms.

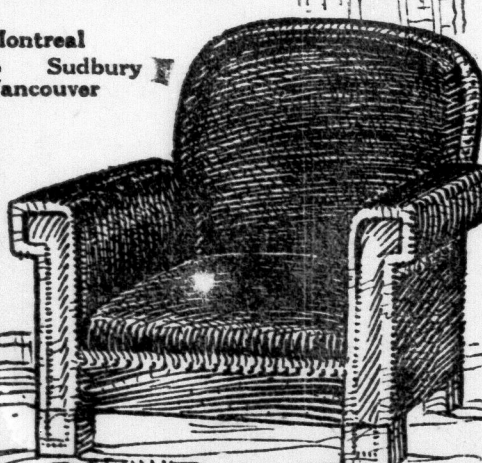
Fabrikoid in any of the plain finishes or in Moorish and Machine Spanish match up well with oak and the darker finish woods. These two types of Fabrikoid are most pleasing to the eye—rich deep colors in the minute depressions on the grain with higher lights on the outer surfaces—a genuine imitation of Moorish leather.

When you refinish your walls, ask your architect or builder about Fabrikoid as a wall finish.

Write today for our free book "Fabrikoid in the Home."

Canadian Fabrikoid Limited
Head Office, Montreal
Halifax Toronto Sudbury
Winnipeg Vancouver

Most of the motor cars in Canada today are upholstered or topped with Fabrikoid.



ECHOES OF G. T. R. STRIKE IN 1910 HEARD IN HOUSE

Col. Currie Urges Right of
Strikers To Pensions.

END COMMERCE BOARD

Montreal Member Moves To
Abolish Commission For
Alleged Failure.

OTTAWA, April 12.—The House of Commons this afternoon took up consideration of the resolution of Col. J. A. Currie, South Bruce, that in the opinion of this House immediate steps should be taken by the committee in charge of the operations of the Grand Trunk and associated railroads to restore the pensions status of all men employed by the said railroads who were penalized for taking part in any strike having their pensions standing reduced and that it be an instruction to the arbitrators in connection with the taking over of the Grand Trunk from the company to take into consideration as a debt of the company the amount required to make good these pensions.

Col. Currie said this was an opportune time to seek justice for these employees, who had been penalized at the time of the strike of 1910. Settlement of the trouble was then reached, the present leader of the Opposition having a hand in the settlement, on the promise that the men were to be restored to their full standing with the road. However, when some of them left afterwards they found their pension status had been reduced as a result of having gone on strike.

Contributed to Fund.
Since the strike, Col. Currie said, there had been 70 or 80 conductors, some of them with forty or fifty years' service, who had been let out. The men claimed that having contributed for so many years to the fund, though in an indirect way, they were entitled to their status under its provisions.

Mr. Mackenzie King described how, as minister of labor, he had gone to Montreal in company with the late Sir Frederick Borden in an endeavor to bring the parties in the strike together. An agreement was reached under which the company agreed to reinstate the men "as soon as possible,"—the latter words, it being agreed, would mean within three months. Had the Grand Trunk carried out its part of the agreement, Mr. King continued, there would have been no further controversy over the matter. But the company did not reinstate the men within three months, and in some cases not within three years.

"I think the action of the company in that particular," Mr. King went on, "was inexcusable, unpardonable, arbitrary—everything I regard as unfortunate in the relations between companies and employees."

Mr. King did not remember that pensions were discussed at the conference he attended, but he thought there was full obligation on the company to see that the men got their pensions.

Agreed To Reinstatement.
Hon. T. W. Crothers, former minister of labor, agreed with Mr. Mackenzie King. The Grand Trunk, he said, had agreed to reinstate, within ninety days, such men as had not been guilty of a violation of the law. The company engaged Judge Barron to see how many of any men had broken the law. He found that some had been guilty of a violation of the law, but that 18,000 of no such violation had not been reinstated. It was not, however, Mr. Crothers proceeded, until the Grand Trunk had been refused certain legislation that it "came off its perch" and paid the men the back pay.

Mr. Fred Pardee of London supported the resolution on the ground that the men had paid into this fund and were

It is not natural for a child to be pale, listless, thin, ailing and puny, with no appetite, and with little limbs, thin and scrawny.

What such children need is more iron in the blood and the strengthening, tissue, and body-building elements of good old-fashioned cod liver oil, without the oil, such as is contained in VINOL, together with other vitality-making ingredients.

VINOL increases the red corpuscles and enriches the blood, quickens the circulation, increases the appetite, aids digestion; soon the cheeks regain their rosy hue and the little limbs fill out round and plump and instead of being thin, sickly, ailing your child is transformed into a happy, healthy child, strong, robust and rosy.

Mrs. L. Andrews of Bainbridge, N. Y., says: "My little daughter, 13 years old, overworked and was rundown, tired all the time, nervous, had headaches, couldn't eat and had to stay out of school. VINOL has built her up. She has a good appetite, no more headaches and has returned to school."

For all rundown, nervous, anaemic conditions, weak women, overworked men, feeble old people and delicate children there is no remedy like VINOL.

bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. At all druggists, 50c. a box. Look for the name Gold Medal on every box and accept no imitation.

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MUCH ROOM YET

OTTAWA, April 12.—(By Canadian Press.)—Dominion lands still undisposed by the Government cover an acreage of 1,080,750,000 acres. As a large proportion of this is unsurveyed and has not yet been explored, except in a very partial way, it is impossible to give an approximate estimate of its value. This information was given in answer to a question by J. H. Sinclair in the House of Commons today.

entitled to benefit from it. He quoted the case of a Grand Trunk conductor with 48 years' service behind him who was now deprived of his pension, because he took part in the strike of 1910. In the interests of harmony and good feeling in labor ranks, the Government should set aside legal technicality and insist on the men getting their normal rights.

Included Pensions.
H. B. Murphy, Peth, supported the resolution. He said that the agreement which settled the strike had promised the men would be restored to their full status, and that undoubtedly included pensions.

J. E. Armstrong (Lambton) supported the resolution, and said that he already understood that the minister of railways intended to submit the rights of the men to the pensions to the board of arbitration.

Mr. Harrison (Nipissing) and Boies (Simcoe) supported the resolution and D. D. McKenzie (Cape Breton) agreed with the speaker in the resolution, but suggested that the power of the board of arbitration might not be adequate to deal with the case, and that it should be made certain that the intention of Parliament be carried out by supplementary legislation.

Murphy Seized Train.
This caused some discussion which the speaker put off until order.

Mr. Nicholson (Algoma) Mr. Sexsmith (Peterboro) and Hon. Charles Murphy (Lambton) supported the resolution. Mr. Murphy related that his firm represented an architect who was refused payment of his fees by the company after securing valuable concessions from the then Government, in Ottawa, for the erection of a new station at the same station, and the hotel. He caused a laugh by relating that the company claimed to have no property in Ottawa, but his firm got over the difficulty by going down to the depot and seizing the Montreal train before it started.

Hon. C. J. Doherty said the present committee of management had no power to deal with the case.

The minister of justice continued: On behalf of the Government I may say this: I would like to see the case of the board of arbitrators and every facility will be given to press this as a liability against the company. It is as such, I would be willing to say that it should be pressed not only as a legal, but as a more equitable claim. It is as far as the Government can go.

Would Come Back.
He intimated that if the arbitrators did not take care of the matter it would ultimately come back to the Government as the only stockholder, in the form of a liability. It was possible, however, that the effect of bringing it to the notice of the arbitrators would be that the Government would pay less for the stock, in any case, after listening to the afternoon's debate he had every sympathy with the men and the spirit of the resolution.

The leader of the Opposition suggested that a clause might be added to the agreement between the Government and Grand Trunk Railway Company which would empower the board of arbitration to inquire into the moral, as well as the legal claims of the employees.

The minister of justice, however, said that such action would involve a change in the agreement between the Government and the company.

Col. Currie finally withdrew his resolution.

Dr. Des Lauriers (Montreal), then moved that, as the board of commerce had failed to improve the cost of living, it should be abolished. Dr. Des Lauriers proposed further that in each province there should be substituted for the board of commerce a board consisting of members of the principal city of the province, a representative of labor, and two members of charities organizations, and that this board should be given powers of investigation, etc.

In introducing his motion, he spoke of the cost of living. The worker was asked to economize; he was asked to produce, and when he asked that something be done to bring down the cost of living, he was told that it was all an after-the-war effect. The board of commerce had been created, but, according to Judge Robson, its former chairman, the law under which it worked was ineffective.

Amend Civil Service.
Hon. N. W. Rowell presented a bill to amend the civil service act. The bill provided that the reclassification of the civil service shall go into effect from April 1, 1919, instead of April 1, 1920, as provided in the act last session. The effect of the bill will be that where salaries of civil servants are increased under reclassification they will get the benefit of that increase from April 1, 1919, and where provision is made under the reclassification for annual increase of salaries, they will be eligible for the first increase on April 1, 1920. The bill was read a first time.

Hon. R. Reid, minister of railways and canals, introduced a bill to amend the agreement for the acquisition from the Grand Trunk Railway, in the bill passed last session. Dr. Reid said, there were two small errors in the list of railways controlled and owned by the Grand Trunk which appeared in a schedule for the bill. For this reason it was necessary to amend the agreement. There was further a clause in the bill to confirm and ratify the agreement submitted to the shareholders, including the two small errors.

Replying to Mr. Mackenzie King, Dr. Reid said that the primary purpose of the bill was to correct the two errors of the agreement. Hon. Arthur Meighen, minister of the interior, introduced a bill to amend the Dominion lands act as to include soldiers who had served in the armies of the United States, with soldiers of the other Allies as regards homesteading privileges.

SCHOOL LANDS FOR SOLDIER SETTLERS

OTTAWA, April 12.—The soldier settlement board of Canada has completed arrangements with the three prairie provinces by which considerable areas of school lands in the West have become available for settlement by returned soldiers.

It is now possible for a qualified returned soldier to apply for any parcel of school lands within fifteen miles of a railway line. When such parcel is applied for will be appraised by representatives of the soldier settlement board and the Provincial Government. If there is only one applicant for the specified parcel it is possible for the returned soldier to enter into possession at once. If there are more than one applicant, the parcel will be disposed of by ballot, as in the case of Indian reserves and other lands recently opened for soldier settlement.

EARLY CLOSING BYLAW.
STRATFORD, April 12.—An early closing bylaw for grocers was passed at a special meeting of the city council this evening.

R. R. Lang, retired city clerk, was named police court clerk.

HER CASE SEEMED HOPELESS

But "Fruit-a-lives" Brought
Health and Strength.

"29 St. Rose St., Montreal.
"I am writing you to tell you that I owe my life to 'Fruit-a-lives.' This medicine relieved me when I had given up hope of ever being well.

"I was a terrible sufferer from Dyspepsia—had suffered for years; and nothing I took did me any good.

"I read about 'Fruit-a-lives' and tried them. After taking a few boxes, of this wonderful medicine made from fruit juices, I am now entirely well.

"MADAME ROSINA FOISIZ."

Fifty cents a box, 6 for \$2.50; trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives, Limited, Ottawa.

GALT CITIZENS INDORSE \$20,000 BYLAW BY A SUBSTANTIAL MAJORITY

GALT, April 12.—A bylaw to loan \$20,000 to Elliott & Whitehall Machine Tool Company, one of the city's baby industries, with which to erect a new building on a site secured in Jackson Park, was today indorsed by the electorate by a vote of 225 to 121, a straight majority of 404, and a majority of 94 over the necessary two-thirds of the total vote.

After eleven weeks' illness the death occurred today of Robert S. Morridge, 80 Cedar street, at the early age of 58. While born in Erie, Pa., he had lived here since a child. He is survived by his wife, two children, his parents, two sisters and one brother, all residing in the city.

CERTIFICATES FOR PRISONERS OF WAR

OTTAWA, April 12.—The latest certificate to be received here by the militia department for presentation to Canadian soldiers is that to be given out shortly to a large number of former prisoners of war. It certifies that the soldier concerned displayed "determination and soldierly qualities in his efforts to escape when a prisoner of war," and is signed by the chairman of the committee of inquiry on prisoners of war from the British forces.

Pyramid Pile Treatment

The Great Household Treatment for
Itching, Piles, Pro-
truding Piles.



SEND FOR FREE TRIAL.

Almost every family has at least one sufferer who should have a try at the blessed relief afforded by Pyramid Pile Treatment. You can have a free trial by mail or if you cannot wait, get a 50-cent box at any drug store. Take no substitute. Join the happy throng who sing the praises of Pyramid. Use this coupon for free trial.

FREE SAMPLE COUPON
PYRAMID DRUG COMPANY,
205 Pyramid Bldg., Detroit, Mich.
Kindly send me a free sample of
Pyramid Pile Treatment, in plain wrapper.

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Street.....
City.....State.....

Announcement
TO OUR
Canadian Patrons

The
Hotel Bristol
129-135 West 48th Street
New York

Accepts Canadian
Money at Par in
Payment of Hotel
Accommodations.

T. ELLIOTT TOLSON

Cuticura Soap
The Safety Razor
Shaving Soap

Robert's
Cod Liver Oil & Tar

BEEMER & CO., LIMITED.
Queen's Avenue, London, Ont. Phone 5670.

does stop coughs

is a scientific remedy in which the powerful curative properties of Cod Liver Oil and Tar are combined. The aqueous effect of the oil having been removed, the extractive principles remain to build up wasted strength and remove the irritation set up by Coughs, Colds, Bronchitis and other affections of the respiratory organs. Try it, for it

Fight the Film

If You Want Whiter Teeth—Make This Test

All Statements Approved by High Dental Authorities

Free

A 10-Day Tube of
Pepsodent to anyone
who asks.

It will show you
the way to safer,
whiter teeth.
See below.

Film Ruins Teeth

Dental science has traced most tooth troubles to a film. To that slimy film which you feel with your tongue.

It clings to the teeth, enters crevices and stays. The tooth brush doesn't end it. The ordinary tooth paste does not dissolve it. The film fixes itself; then night and day, month after month, it may do a ceaseless damage.

That is why well-brushed teeth discolor and decay. Only periodic cleaning in a dentist's chair removes fixed film. The great need, as every dentist long has known, is for a daily film combatant.

Stain, Tartar and Decay

That film is what discolors—not the teeth. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it. They, with tartar, are the chief cause of pyorrhea. All these troubles have been constantly increasing, because the tooth brush alone can't prevent them.

Film Can Now Be Ended

Dental science, after years of searching, has found a film combatant. The fact has been proved by years of clinical and laboratory tests.

Now the method is embodied in a dentifrice called Pepsodent. Leading dentists everywhere are urging its adoption. And a 10-Day Tube is offered free so that anyone may see its results.

Pepsodent is based on pepsin, the digestant of albumin. The film is albuminous matter. The object of Pepsodent is to dissolve it, then to day by day combat it.

Pepsin long seemed impossible. It must be activated, and the usual agent is an acid harmful to the teeth. But science has solved that problem by discovering a harmless activating method. Now millions of teeth are being cleaned daily in this new, efficient way.

Just Ask for a Test

The way to know this method is to ask for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the slimy film. See how teeth whiten as the fixed film disappears.

Judge by the visible results, then read the reason for them. Decide for yourself what is best for your teeth—the old ways or the new.

Cut out the coupon and learn what clean teeth mean.

CANADA

Pepsodent

REG. IN

The New-Day Dentifrice

Druggists everywhere are supplied with large tubes

Ten-Day Tube Free

THE PEPSODENT COMPANY,
Dept. A, 1104 S. Wabash Ave.,
Chicago, Ill.

Mail 10-Day Tube of Pepsodent to

ONLY ONE TUBE TO A FAMILY

A CHALMERS

with a New Beauty of Body

It is new, will no doubt be widely copied in another year, and expresses the finality of beauty. It is "cut" high in the front at the radiator line, and low from the windshield back.

You sit close to the ground; the side line is considerably lower than in any previous Chalmers.

Seats are lower, tilt more; you sink into the seat cushion, and you have abundance of foot room, front and rear.

In detail this new body possesses a completeness, a finality that seems impossible to improve upon.

Chalmers Motor Co., of Canada, Limited, Windsor, Ont.

Underneath the body is the same unchanged Chalmers chassis that is well nigh faultless.

Hot Spot and Ram's-Horn continue in their original and masterly way to get out all the power that nature put into gas, though the complaints against the present grade of gas increase daily.

There's a limit to the supply of the new Chalmers, but there seems to be no limit to the number of those who insist on one.

As a word of warning—see this new Chalmers immediately.

BEEMER & CO., LIMITED.
Queen's Avenue, London, Ont. Phone 5670.