Housekeeping, Nursery, Gardening and News of Interest to Women

WEDDED RESCUER THEN TOLD FATHER

Former Member of N.W.M.P. is Now on Happy Honeymoon.

ALBERTA ROMANCE

"Papa Will Be Wild," Says Mrs. Ordway—Suggests Wireless Blessing.

NEW YORK, Jan. 25.—Just before the United Fruit Line steamship Pastores sailed this afternoon for Jamaica and other ports in the West Indies, a stalwart young man and a pretty girl aboard scribbled a message and commanded a messenger boy to send it off at once. It was directed to John Wurtele, a wealthy retired lumberman of No. 1492 Michigan avenue, Chicago, and in effect it said:

"Sidney and I are married. Forgive us and wireless your blessing." It was signed "Mrs. Mildred Orkney Wurtele Ordway," and the owner of this considerable name, who has possessed it less than twenty-four hours, giggled as she sent the message off.

"Papa will be wild," she commented, laughing. "But we don't care. If he does not answer that we'll wireless him until he does."

Sidney G. Ordway, until six weeks ago a member of the northwestern mounted police, agreed that they would, but he said he was so happy he did not care whether Mr. Wurtele sent blessings or not. He was so happy, in fact, that he did not mind telling just how the former Miss Wurtele had become Mrs. Ordway, despite the objection of her father.

Cupid Wore Snowshoes.

They met a year ago when Miss Wurtele, then only eighteen years old, traveled from Chicago to Regina, Sask., to visit her uncle, Inspector Orkney of the mounted police, and his wife, her aunt. She took at once to the outdoor winter sports of the Saskatchewan town, and when the uncle made a trip of inspection to Seventeen Mile Post, about one hundred miles north of Regina, she insisted on being taken along.

She learned to shoot and to use snowshoes and skis, but her ambition far exceeded her skill in their use, and one day when, despite the advice of her uncle, she had wandered off alone on snowshoes, she failed to come back. The uninhabitated timber country around Seventeen Mile Post was full of wolves, and nearly frantic with worry, Inspector Orkney ordered out every available man to search for her. It was night time when young Ordway, only four years away from his Winchester, England, home found the girl. She had tripped and fallen and lay half senseless in a snow bank, from which the clumsy snowshoes had prevented her from rising. Wolves could be heard prowling not far away, and it was terror as much as exposure which had sent her into a half faint. Ordway practically carried her the several miles back to the post, and ever after he accompanied her when she went on snowshoe expeditions.

Pater Was Obstinate.

The couple corresponded, too, when Miss Wurtele went back home, but two months ago, when Ordway asked her father's consent to his marrying her, the father declined to listen to him. So the young man resigned from the mounted police, went to Chicago and laid plans. The girl persuaded her father to let her visit a girl friend in Rochester, and instead went to Buffalo, where she met Ordway yesterday, and where they were married.

They came at once to New York and boarded the Pastores.

"It will be several weeks before we get back and papa ought to have forgiven us by then," declared Mrs. Ordway, as the gang plank was drawn in.

FRENCH SCHOOL GIRL IS DEVOURED BY WOLVES

Cold Spell Made Animals Ravenous—Frigid Weather Disastrous to Crops.

PARIS, Jan. 25.—(Can. Press).—The long-continued cold, especially in the central districts of France, is bringing numbers of wolves frantic with hunger out of the woods. A little girl returning from school at Lacoquille, near Perigueux, was devoured by wild animals, the searching party finding only a torn pinafore and a few bones. Hunting parties are being organized everywhere.

The temperature in Paris has shown a slight improvement in the last day or two, owing to the brilliant sunshine, the mercury today standing above the freezing point for the first time in many days. In the country districts the cold is growing more intense, and the weather bureau sees no immediate probability of higher temperatures.

The thermometer registered six below zero today at Puy de Dome. The cold is likely to prove disastrous, as many farmers have sown late wheat, trusting to a repetition of the mild autumn and winter of the past few years, and it is feared that crops in many places will be destroyed.

THE GREATEST AD YET.

Rider and Driver: No man can say how Ford's profit sharing plan will work. Nobody can forecast its effect on the industry, but no matter about all that, the fact remains that Mr. Ford has pulled the biggest and most effective publicity stunt in the history of the world. We all hope his plan works out, but publicity men, one and all, uncover in the presence of the master.

LODGE 13, S. O. E. B. S.

A business meeting of Lodge Warwick, No. 13, S.O.E.B.S., was held in Cumberland Hall on Friday evening, Jan. 23, when four new members were received into the lodge. A Berlin lodge was represented, as were a number of local lodges. The visitors were made heartily welcome.

News from all parts of Ontario is given on The World's provincial news page every morning.

VICTORIA FIRST ADMITTED WOMEN

Progressive Spirit of Methodist College Complimented by Newton W. Rowell.

LABOR STRONGER NOW

Reform Leader Points to Signs of the Times Before Student Audience.

"Social Movements in England and Ontario," was the theme of N. W. Rowell's address to 300 Victoria College students in the chapel of the college on Saturday evening, at the meeting of the Union Literary Society. That democracy is advancing by large strides in Great Britain was maintained by Mr. Rowell, quoting as authority the prominence which women are beginning to take in public affairs. Women have not yet come into their own, for they are still barred from Oxford and others of the older universities. Victoria was complimented by the speaker as being the first college in Ontario to introduce co-education.

Another promising sign of the times was the prominence which labor and labor men were coming to occupy in the British Commons. The presence of labor men in the mother of parliaments was thought by the speaker to be very beneficial, as it gave the workingman a voice in public affairs more effective than that which he formerly possessed. The speaker looked to see the labor movement grow in power and effectiveness.

Labor Gains Headway.

Labor interests had not advanced quite as far in Canada as they had in the mother land, but the speaker pointed to the presence of Allan Studholme, the Labor M.L.A. from Hamilton, in the legislature as a beginning of the workingman's claim to have a distinct voice in public affairs. He believed the day would come when labor would control twenty seats in the Ontario Legislature.

LORD STRATHCONA AIDED BOY SCOUTS

Made Generous Contribution to Enable Traveling Secretary to Be Appointed.

OTTAWA, Jan. 25.—(Can. Press.)—One of Lord Strathcona's very recent benefactions, showing the deep interest he took in Canadian boyhood, was a promise to contribute $5000 a year for three years to a fund being raised to permit of the appointment of a Dominion secretary to travel thru Canada and organize the Boy Scouts movement more efficiently. His lordship's offer was conditional on the raising of an equal amount from other sources. A passage from Lord Strathcona's letter on the subject reads:

"On the initiation of the Boy Scouts movement some years back by General Robert Baden-Powell, he consulted me on the subject, and, as he found it impossible to procure the necessary means for proceeding with the project, owing to the fact that at that time very few had any belief that it would be a useful association, I was very happy to give him the substantial aid which enabled him to proceed with the work. I mention this to show that I have always had faith that under proper organization and management the movement could not fail to be of the utmost value both to the boys themselves, to the mother country, and to the empire.

"The present position of the Boy Scoutst Association in the United Kingdom, in Canada, and in the other dominions beyond the seas, shows how wisely General Baden-Powell judged of the outcome of the project."

The kaiser recently awarded a prize of $10,000 for an improved motor for the purposes of aviation.

The amount of ore handled at the ports of the great lakes is in the neighborhood of 46,000,000 net tons annually.

How to Beautify a Weatherbeaten Face

(From Beauty and Health.)

It's really a simple matter to renovate a face soiled by dirt, wind or cold. Ordinary mercolized wax, used like cold cream, will transform the worst old complexion into one of snowy whiteness and velvety softness. It literally peels off the outer veil of surface skin, but so gently, gradually, there's no discomfort. The wornout skin comes off, not in patches, but evenly, in tiny particles, leaving no evidence of the treatment. The younger, healthier under-skin forming the new complexion is one of captivating loveliness. One ounce of mercolized wax, to be had at any drugstore, is enough to remove any coarse, chapped, pimpled, freckled, faded or sallow skin. Apply before retiring, washing it off mornings.

Many skins wrinkle easily with every wind that blows, with heat, worry, etc. An excellent wrinkle-remover, because it tightens the skin and strengthens relaxed muscles, is a wash lotion made as follows: Powdered saxolite, 1 oz., dissolved in witch hazel, one-half pint. This gives immediate results.

A Real Lever Simulation

GOLD WATCH FREE.

A straightforward generous offer from an established firm. We are giving away Watches to thousands of people all over the world as a huge advertisement. Now is your chance to obtain one. Write now, enclosing 25 cents for one of our fashionable Ladies' Long Guards, or Gents' Albertas, sent carriage paid to wear with the watch, which will be given Free (these watches are guaranteed five years), should you take advantage of our marvellous offer. We expect you to tell your friends about us and show them the beautiful watch. Don't think this offer too good to be true, but send 25 cents to-day and gain a Free Watch. You will be amazed.—WILLIAMS & LLOYD, Wholesale Jewellers (Dept. 37), 80, Cornwallis Road, London, N., England.

EFFICIENT HOUSEKEEPING

BY HENRIETTA D. GRAUEL
DOMESTIC SCIENCE LECTURER

Ready for Emergencies—The Home Medicine Chest

HOMES can only be bright and cheerful when there is health and vigor in all the family. A thoro knowledge of the principles of right living on the part of the elder folks will insure this. So when we see well-meaning young people doing good in the world, but doing it in an enfeebled, half-hearted way, and suddenly dying or becoming invalided, we feel a great wave of anger sweep over us at their parents' ignorance.

There are many books on home nursing that mothers can read understandingly without technical knowledge of physiology, and mothers who study these simple helps will not be nervous when one of their children sneezes or has a slight fever.

These mothers will know, too, when Johnny has eaten too solid a supper or when Jane has had too hard a frolic. The trained observation and good judgment, with a well-stocked medicine chest, will avert many an illness, save doctor bills and often painful operations.

The medicine chest need not be elaborate to be useful, and it may have its beginning in a very small way. A box of mustard for plasters, flaxseed for poultices, camphor for colds, arnica for sprains and bumps, may well be the foundation.

It is wonderful how a stock of home remedies will grow and how one can find helpful information at every turn. There is not an old lady in our country, who has raised a healthy family of children, who will not have some splendid "cure all" that she can recommend. Such aid as this is the best sort, as the majority of physicians will agree.

The use of hot and cold external applications should be learned, as well as the differences in the action of a drawing plaster and a soothing poultice. Bandaging is another important point; you will want a roll of soft old linen, torn into strips and rolled up neatly, at hand constantly, if you are to be a popular mother.

A bottle of fresh hydrogen peroxide is invaluable for cuts, and surgeons' and court plaster must not be omitted. For all small ailments like toothache, earache and colds, heat judiciously applied is the most soothing remedy. A wet flannel laid over a hot iron, a bag of hot cornmeal, or hot salt, or the old, old remedy of steaming hops, are all good in their way, but not one of these makeshifts can give the comfort that is secured with a rubber hot-water bag. This may well be your first purchase, and after you have used it you will wonder how you ever kept house without it.

Recipe for mustard plaster: A mild plaster is made by mixing mustard and flour in equal parts, and moistening with cold water until a paste that will spread easily is formed. If a stronger plaster is wanted, use less flour and more water. This paste is spread between two thickness of linen and applied above or below, never over the pain.

Tender skins that are liable to be blistered by a drawing plaster should be rubbed over with vaseline or oil before the plaster is applied.

THE GARDEN

CONDUCTED BY RACHEL R. TODD M.D.

Rock Garden and Some Suitable Alpines

A rock garden, or, in other words, a plain rockery, lends itself to many delightful possibilities.

In the first place, a rock garden is often quite possible where even the smallest ordinary flower bed would be a failure. As has been clearly shown in former talks on this same subject, it is possible to so change the character of unsatisfactory soils by and with the aid of a few large stones, a rock or two, and perhaps an occasional boulder, that plant life is possible where, before, it could not be coaxed into existence.

By referring to these former talks, it will be noticed how we explained several different methods of the proper building of rock gardens.

It was pointed out how to transform a dark, heavy, gloomy corner, perhaps in a north corner of the fence, or under a stretch of shading wall, into a veritable fairy spot, wherein the nimble and fantastic elves of the night might disport themselves to their hearts' content.

To all lovers of alpines, or rock plants, a spot such as this is the most fascinating place in the whole garden. These are the flower lovers who revel in nature as she truly is. These are the flower lovers who delight to gather in from the cool and hidden recesses of the wild, rare ferns, graceful grasses, close climbing ground vines, that ask no other life than that of hiding with their grateful green, rugged boulders, cruel-pointed rocks, dying or dead trees, and so aid mother nature in her eternal efforts to cover up whatever is unlovely.

In our own High Park and surrounding regions, are many rare and interesting plants that might easily be transplanted with success, in some of the rockeries that grace (?) some lawns in this fair city of ours.

What is the use of a rugged pile of stones, the earth among whose holding crevices gives life to not even a struggling fern?

Better to remove such an ornament and gaze instead upon the level stretch of lawn.

Suitable Soil for Rock Gardens.

As was pointed out previously, it is very necessary to provide suitable soil, and plenty of it, in the body of the rockery, as well as arranging the various layers of rocks in such a manner that many large crevices are provided for the holding of a goodly portion of this soil, also. Alpines like to send their roots deep into the earth between the rocks. This is one of the absolute necessities required by rock plants. One may easily understand the whyfore of it, I think. Sprawled out upon the rocks, these plants are much more susceptible to the direct rays of the sun (where sun does reach them), than any other plants.

Consequently, the sun's rays will prove death-dealing to them, unless they are well provided with the life forces that will protect them from too much heat. With their roots well set, deep beneath the rocks, the alpines cannot but be very hardy.

(Continued Tomorrow.)

LADIES

Have your Beaver, Velour or Felt Hats cleaned, dyed, blocked and remodeled at NEW YORK HAT WORKS, 566 Yonge Street. Phone N. 5165. 136tf

The NURSERY

CONDUCTED BY Elinor Murray

The Daily Routine

When baby is about three days old he is started on his feeding timetable. He is fed every two hours during the day from six in the morning until ten at night. He is not wakened for feedings during the night as it is well to accustom him to do without food from ten at night until six in the morning. For a time he may wake and need food at two in the morning, but this should be discouraged as soon as possible. Some babies need very little training in this respect; but it is very foolish for a mother to give up trying just because the little one does not readily acquire the habit of sleeping all night without food. There is nothing more injurious to the health of mother and baby than night nursing. Yet I have known babies nearly two years old who had acquired the habit of taking a bottle of milk once or twice during the night. The feeding times, then, must first be adjusted, for these come at definite intervals, and make natural divisions of the day's work.

After the baby is six weeks old the interval between meals is lengthened to two hours and a half, and at three months the feeding come every three hours.

Since the three-hour interval is the schedule for the first year, we shall use it to explain what is meant by a daily routine.

The first meal comes at six o'clock in the morning. Baby will probably be awake after it and should be left in his crib while the mother dresses, does the work in connection with breakfast, after this she bathes and dresses baby. If baby is on a bottle the meals for the day are made up now. After the nine o'clock feeding the baby is dressed for outdoors and put outside to sleep. He should sleep for two or three hours, and in this interval the morning work is done and baby's washing attended to.

At twelve comes another meal, and while baby is having a nap between this and the next feeding the mother must rest too. I cannot remind you too often that a daily rest and plenty of fresh air are as necessary to the mother as good food is to the baby. Between twelve and three have a nap and an airing. After baby's three o'clock meal he will probably stay awake. If you are both in the house let him lie in his bed and kick. He may cry at this time. He needs 15 or 20 minutes of such exercise every day, so let him expand his lungs and strengthen the muscles of his back and legs.

He may be taken up for a little while during this period, but never while he is crying, unless, of course, you know there is something besides the need of exercise causing the cry. Just before six undress him and get him ready for bed. After his meal he should sleep until morning and should not be taken up except for the ten o'clock feeding.

FLOWER KINGDOM.

The Withrow Japan party will be complete with three more. This is the first Canadian travel party to this flower land. It is visited at the ideal blossom time. The much-lauded C. P. R. Empress of Japan is used. Full inclusive price $825. To China and Manila $100 additional. Address F. Withrow, B.A., 40 Hampton Court, Toronto.

GOOPS

By GELETT BURGESS

CORA KEYS

A curious Goop
is Cora Keys,
She handles every
thing she sees;
She pulls and pushes,
pinches, pokes
Things that belong
to other folks.
I hope *you* leave
such things alone,
Don't handle what
is not your own!

Don't Be A Goop!

TRIUMPHS OF INVENTION BRING US CLOSE TO GOD

Arthur Hawkes Declares This Age is Favored in the Creator's Eyes.

That we are brought into closer touch with the Creator by studying the great modern triumphs of inventive genius than by studying the Bible was the contention of Arthur Hawkes, who spoke on "The Religion of Niagara Falls" at the Western Congregational Church yesterday afternoon. The speaker referred to the wonderful accomplishments of science, such as the telephone, telegraphy, wireless telegraphy and the development of electrical energy at Niagara as an evidence of the favor which this age has found in the eyes of the Creator.

Mayor Hocken and Controller Simpson were both scheduled to address the meeting, but owing to other engagements they were unable to do so. The mayor put in an appearance and said a few words of regret and then went to Massey Hall, where the memorial service was being held. Mr. Hawkes was then called to fill the bill.

ADELAIDE PHILLIPPS

And an Old-Time Negro Melody.

Early in 1840 a tiny English lass of seven years landed in America with her parents from Stratford-on-Avon, the historic birthplace of William Shakspere. At the age of nine little Adelaide Phillipps made her first appearance at the Tremont Theatre in Boston. Jenny Lind met her and advised her to go to London, and later she studied in Italy, where she won a great triumph as Arsace in "Semiramide." Returning to America she was given an ovation accorded few singers, and continued her tour on to Cuba. When the Boston Ideal Opera Company was formed in 1879 she appeared in "Pinafore" and other Sullivan operas, and added greatly to her fame as one of America's most popular and beloved contralto singers. It was a memory that can never be effaced to hear Adelaide Phillipps sing the old popular songs as encore after encore was demanded. To hear her sing that plaintive melody of Foster's, "Massa's in de Cold, Cold Ground," vibrates the heart chords and touched the hearts of hearers. This song is to be found on page 350 of "Heart Songs," a veritable library of the greatest songs in the world, and now offered to the readers of this paper for six coupons and the cost of distribution. See coupon with terms elsewhere in today's issue.

COL. HUGHES CYNOSURE OF TEN THOUSAND EYES

Opened Montreal Motor Show With Great Eclat—Was Tendered Reception.

MONTREAL, Jan. 25.—(Can. Press).—In the presence of nearly 5000 people, Col. Sam Hughes, minister of militia, on Saturday night formally opened the Montreal Motor Show. The local garrison was well represented, and in addition to the entertainment, provided by the show, a reception was tendered the minister by the colonel and officers of the 85th regiment.

WOMAN SUFFRAGISTS MEET ANOTHER DEFEAT

WASHINGTON, Jan. 24.—Woman suffragists met another defeat today when the house rules committee by a tie vote, four to four, failed to report a resolution for the appointment of a standing suffrage committee.

LODGE WARWICK, NO. 13, S.O.E.B.S.

Another successful business meeting of Lodge Warwick, No. 13, S. O. E. B. S., was held in Cumberland Hall on Friday evening, Jan. 23, when four new members were received into the lodge. The members were reminded to bkeep Friday evening, Feb. 13, open for the annual euchre party and dance, to be held in their lodge rooms in Cumberland Hall. A favorable report was received on the S. O. E. Choral Union.

A Berlin lodge was represented, as were a number of local lodges.

CROWD DRAWN BY JOHN R. MOTT OVERFLOWED CONVOCATION HALL

Great Missionary Worker Preached a Sermon for Students—Religion a Matter of the Will—An Ideal College Life Would Combine Action With Reflection, Mott Thinks.

The message delivered to Varsity students yesterday by John R. Mott was indeed a message to students. Altho the noted missionary worker attracted hundreds of outsiders, it was essentially a message to students, who have their life and the choice of their life work before them. A striking personality, Dr. Mott possesses personal magnetism which cannot but be felt by the hearer. That religion is primarily a matter of the will, that that will force should be developed by the student as the essential to the making of a life of Christian usefulness, was the gist of the sermon delivered by Dr. Mott. "Find out what is right for you to do and then do it. Belief is a question of processes. These processes can be forced, altho belief cannot be directly forced."

The reasons why so many fail to use their will power were given by the speaker, and he concluded with an eloquent appeal for his auditors to think conclusively and then to act on their convictions; to settle the issue before them definitely and then to proceed to the next point.

Police Guarded Doors.

The spacious Convocation Hall was crowded to overflowing, extra chairs and the aisles being called into requisition. Hundreds were turned away disappointed. Altho it had been announced that the service was for students only, many older people armed with students' tickets presented themselves for admission, and not a few were turned away. Police aid had to be used to assist in maintaining order at the entrances.

"All religions are primarily a matter of the will, and particularly is this so of Christianity. It appeals, exercises and satisfies the intelligence, affords companionship, sympathy, friendship and love. It concerns the whole man. Christianity not only does not forbid the use of reason. It commands you to use it more clearly and persistently than ever.

Enslave the Will.

"Not only must the mind be entirely occupied by religion, but the will must also be its absolute servant.

"Is not the Christian religion concerned mostly with the emotional nature of man? I maintain that it is more than any other religion in the world. A religion without emotion is a religion without reflection. Let a man meditate long enough on the beneficence and kindness of God and that man will come to possess a desire to become more like his heavenly Father unless he is of an abnormal type.

The Power of Emotion.

"Religion is not, however, a matter altogether of thinking. The chief thing about emotion, whether it be of joy or of sorrow, is that it moves the will. The reason that religion is of such great consequence lies in the fact that the working of the intellect and the emotional faculties combine with the workings of the conscience.

"Truth to be assented to must be attended to. Try to discover the truth and then obey it when you have once discovered it. Jesus Christ does not and cannot help the undecided man. This is because He recognizes in us individuality, the divine power of choice with which we have been gifted.

Three Classes Rejected Him.

"In the time of Christ there were three great classes of people who rejected Him. There were those who were not convinced intellectually; there were those who were looking for a great emotional experience which would sweep them off their feet; lastly and most tragic of all were those who would not listen to the promptings of their heart."

Character was defined as the product of successive choices between good and evil. To obtain it was the true aim of our existence. An appeal was made for the introduction of more resolution into our natures. In university life the tendency was to confine the truth to the realm of reflection, investigation and discussion. It was at once the glory and the danger of university life. After discovering the truth in any matter we should at once seek to apply it, and in this the will was of fundamental importance.

The Student a Coward?

Cowardice was given as one of the reasons why students would not live up to their convictions. "Why should a man be his own enemy?" asked Dr. Mott. "Why should he live a narrow, crabbed life? Why should he let his resolution crumble down to the level of those around him? To be true to the highest ideal, even tho you are in the minority. That is the kind of minority I believe in.

"Days of college life are the days to form convictions. Procrastination, perhaps the greatest reason why we do not use our wills more, is the source of untold evil. It is for this reason that thousands of men and women go out of college without deciding these greatest problems. Refusing to use the will is as clearly a disease as going to the other extreme and manifesting stubbornness. Build your houses on the rock, for there only will the trials which must come be successfully resisted."

Important Changes in Canadian Pacific Train Service.

Train No. 7, formerly leaving Toronto 2.30 p.m., arriving Winnipeg 8 a.m., has been temporarily withdrawn.

Train No. 8, formerly leaving Winnipeg 1.30 p.m., arriving Toronto 1 a.m., has been temporarily withdrawn.

Train No. 27 has been resumed between Toronto and Sudbury, leaving Toronto 8.45 p.m. daily, arriving Sudbury 5.55 a.m.

Train No. 28 has been resumed between Sudbury and Toronto, leaving Sudbury 10.45 p.m., arriving Toronto 8 a.m.

Standard sleeping cars Toronto to Sudbury and Toronto to Sault Ste. Marie are carried on train No. 27, these cars returning on train No. 28.

For Winnipeg and Vancouver, leave Toronto 10.20 p.m. daily. Compartment library observation car, standard sleeping cars Toronto to Winnipeg and Toronto to Vancouver, tourist sleeping cars, dining car, first-class coaches, colonist cars.

Particulars from any Canadian Pacific agent, or write M. G. Murphy, district passenger agent, Toronto.

Acetylene lamp posts are self-contained and may be moved from point to point, wherever desired.

Of 100,000 classified accidents, 39,726 were travel accidents.

Real
Whole Wheat Toast

The digestibility of ordinary whole wheat bread is a much debated question---but there is no question about the nutritive value or digestibility of

TRISCUIT

the Shredded Wheat Wafer, a crisp, tasty toast containing all the body-building material in the whole wheat grain, steam-cooked, shredded, compressed into a wafer and baked a crisp, golden brown. It is a delicious "snack" for luncheons or for any meal with butter, soft cheese, peanut butter or marmalades.

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A Canadian Food for Canadians
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Niagara Falls, Ont.
Toronto Office: 49 Wellington Street East