

The prayer should be carefully thought out beforehand. Take only "beaten oil" when you go into the sanctuary.

The attitude of the congregation during prayer should be that which is most conducive to comfort, that which makes men forget themselves, and think only of the act in which they are engaged."

Nov. 15th. "The Dangers incident to student life, and how they may be avoided," was the subject of to-day's conference, opened by the Rev. Jas. Fleck, B.A., of Knox Church. He spoke as follows :

"Gentlemen, if what I shall say appears insignificant, I ask you to bear in mind that life and all our living is made up of such insignificant things. I speak from the memory of my own student life.

The first danger arises from the disadvantage of being without a home. It was not for nothing that God at the first 'set the solitary in families.' Home and home associations are our earthly saviours. They save us from selfishness, hardness of heart, and dry intellectualism. Our great heart, Christ, is the model of chivalry. In training for His work we must be like him, helpers of the helpless. Daily contact with such is a large factor of a minister's education. But deprived of such surroundings, the tendency is to grow careless and rough, to jostle one another physically and figuratively. The bad effects of this kind of life appear in two direc-

tions, in the outward demeanor, and reactively on the disposition. Students are proverbial all the world over for their wild ways. Sometimes the eruption assumes a humorous form, and sometimes sinks to the level of the brutal, or it may simply be silly and destructive. For the honor of the student name these doings should be frowned down. Their bad effects will appear in after life.

Now what's to be the remedy for all this? There must be some outlet, otherwise students will sink into effeminacy. The remedy would be a good, spacious, airy gymnasium. Develop a strong, sturdy masculinity. It is well to have a giant's strength. It is better to use it with a woman's gentleness. Make the most of your summers in the country. Be as little as possible in the study, as much as possible on the mountain, road and river. Alex. Smith said: "Better for man were he and nature more familiar friends." Communion with nature will also furnish an antidote against that recoil into close selfishness which the want of home and kindred is apt to produce. But another antidote more obvious and more effectual still is to make new surroundings for yourselves; form new attachments and friendships and close companionships among yourselves, such friendships as that which knit together the hearts of Jonathan and David. Our Lord and Master put special honor upon such friendships in the number of couples he called to the apostleship, and in sending forth the seventy, two by two. These attachments of your