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they sat outside their Cosy Cave watch- old bear, his eyes twinkling, "You about in play, "what do you suppose has become of Little Jack Rabbit? He

Hope not," answered the Big Brown Bear, puffing away at his corncob "Such a nice little fellow." Just then the bunny boy hopped in o view, his knapsack bouncing up and own on his back and his red-striped candy cane swinging from his, left

"Just talking about you," smiled the Big Brown Bear, stretching out his Very well," replied the little rabit, first politely lifting his khaki cap

o Mrs. Bruin and then shaking hands pausing a moment in her darning to

smile at the bunny boy as he sat down beside the Big Brown Bear. "Oh, she's well and happy," answer-

"Where have you been keeping your self?" asked the Big Brown Bear, lifting his little cubs on his knee. "Mrs.

some lately," answered the little rab-"He is always about, sneaking here and tiptoeing there. Mother kept me home in the dear Old Bramble

quired the Big Brown Bear. "He us-

ing their two little cubs tumbling haven't lost your appetite for lolly-"No. indeedy." answered the little

"Ha, ha," laughed the good natured

Carefully setting his two small cubs on the ground, the Big Brown Bear with fruit," laughed Mrs. Bruin-the rose from the wooden bench and amknew her. "The bunny boy was such ging the toenails of his left hind foot regular visitor. Maybe he has a into the bark, he grasped the trunk



last he reached the row of beautifu candies growing on little sticks amid

pockets and then down he came Ramble, jamble, bumble, rumble, My what a noise he made! but why not He was a big, clumsy, although with a gasp, "put them in your knap "He was called to Lettucemere sack. But save one for your mother. Guess Danny Fox found it out and Be sure of that," and in to-morrow's made the most of it," answered the story you shall hear what happened bunny boy, glancing wistfully up at next.

Rumor Picks

FOR PRINCE OF WALES AS HE

linations, if any, of the Prince of Vales, has begun as the Royal travelwhat is expected to be his last official trans-oceanic junket as a single man. already, the Prince is not likely to be the world traveller in the future that i

of persons are being mentioned. One wheaten loaf. Several good suggesof the latest reports involved an #Am- tions are incorporated in the recipes erican heiress," who is almost as appended. famous as the Prince himself. Continental Princesses are talked of, and

Prince's sister-in-law.

about marriages for reasons of state. | lightful flavour. The Prince is 31 years of age. He should have been married long ago. according to the pre-war theory that throne was to provide a worshipping nation with an heir to himself .- Montreal Star, Oct. 7.

A Friendly Warning

education, was visiting in New York piedish, and bake the savoury in a this summer he hired a taxi to convey him to an Episcopal church where he was to preach. On the way he was stopped by the traffic cop for speed- matoes and place them in a greased ing, but when the latter saw the pas- piedish, seasoning with pepper and senger he threw up both hands ex- salt. Have two slices of cooked bacon you reach the next stopping place be- to them a pinch of salt, a shake of

Tea and Break-- fast Dishes

Young housekeepers desirous o providing a reasonable variety in table This is not to be wondered at, as in many homes the breakfast never Wales, has begun as the thought seems to undergo the significant ler approaches England at the end of change. How often do we hear the reto undergo the slightest mark-"Oh, I make a poor breakfast in the morning; I have no appetite"

Findon Haddock Savoury.

Take a Findon haddock weighing there are in the running perhaps a about 1fb. and skin it. Remove the dozen British girls. This rumor game flesh from the bone and chop it, then is one everybody can play. Just pick to the prepared fish add two tableyour heiress or Princess, and spread spoonfuls of grated cheese, a pinch of the news that the Prince is going to salt, and a shake of pepper. Beat one egg, add to it two taglespoonfuls of It is generally expected that when cream (failing cream, sweet milk with he does marry he will marry a British a dot of butter will do). Put all these girl, perhaps of higher rank than ingredients into a saucepan and add a Lady Elizabeth Bowes-Lyon, daughter few drops of lemon juice. Stir over of the Earl of Strathmore, who be- the fire for five minutes or so until came the Duchess of York and the the fish is cooked. Have some hot toast spread with marrow. The mar-The continental field is limited row is simply removed from a marrow owing to the ravages of the war bone and spread on the toast while among Royal families and because hot. Pile the savoury on the top of British Princes must marry Protes- toast, and garnish with a little parsley. Butter may be used instead of Then again, the British are not keen marrow, but the latter imparts a de-

Finden Haddock Custard.

Skin and bone two good-sized Finthe primary duty of an heir to any don haddocks, cutting them into neat little pieces. Grate one and a half breakfastcupfuls of breadcrumbs, and arrange in a piedish with the fish in alternate layers along with a shake of pepper and a few dots of butter. Beat well two eggs, pour over them two full teacupfuls of boiling milk, add a pinch of salt and a shake of pepper. Pour ronto, Ontario's former minister of the custard over the contents in the

> moderate oven for one hour. Tomato Breakfast Savoury.

Skin and slice half a lb. of toclaiming "It's all right Father; pro- finely chopped, and sprinkle these over ceed, but be sure you slow up before the tomatoes. Beat well two eggs, add cause the cop on duty there is a pepper, and a breakfastcupful of boilling milk. Pour the custard over the



Improve Your **Breakfast**

Tomorrow morning with your favorite cereal or fruit - try Carnanation Milk - a full-cream milk evaporated to double richness. Served diluted or not as preferred, you will find it adds a delicious flavor. Carnation is just pure, fresh milk, evaporated to double richness, kept safe by sterilization. Order from your grocer several tall (16 oz.) cans or by the case of 48 cans



Mary Blake's Carwhich the coupon below will bring you, gives the house-wife a vast store of cooking knowledge with special em phasis on Quality Variety and Econo ed pages of valuable suggestions. Send today. Meanwhile, try these recipes:

MUFFINS 1½ cups flour, 4 teaspoons baking powder, 1
tablespoon sigar, ½ teaspoon salt, 1 egg, ½ cup
water, ½ cup Carnation
Milk, 2 tablespoons fat.
Mix and sift dry ingredients. Add milk and water
to well beaten egg and add
to first mixture, then add
melted shortening. Bake
in greased mufin tins
fifteen to twenty-five minfifteen to twenty-five min-

FRENCH TOAST 2 eggs, ½ teaspoon salt, ½ cup Carnation Milk, ½ cup water, 8 slices stale bread. Beat eggs slightly, add salt, water and Carna-tion Milk. Dip slices of bread in this mixture, brown in frying pag with bleaty

Carnation Milk

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omatoes and bacon, and bake in quite top of the bacon

Kidney, Bacon, and Potatoes.

dresses, reviews, parades and cheer- For a change I would suggest that the nicely frizzled place it in the centre When soft they are ready. Dish in the ham should sometimes be served with of the ashet. Wash and, dry three centre of the bacon. So far there has been no indication tomatoes, apples, etc. These go well sheep's kidneys, dust with flour, dip

Bacon and Apples. I believe the explanation of the "poor | Pare and cut three potatoes into ple sauce should relish the above frying pan, and, when smoking hot, marry, as many Britons fear he has breakfast" is to be found in the lack neat blocks, dry them, and fry in deep dish. Fry nicely the required slices of fry the fish a pretty golden colour. of change in the serving of that meal. smoking fat. Sprinkle them with bacon and place them in a border on Place on a hot ashet. A few small to-Good though it is, I think it cannot seasoning after being drained, and ar- a hot ashet. Pare, core, and cut into matoes may be skinned and cooked in he has been in the past, for he has be denied that the continual serving range in a border around the edge of slices, half an inch thick, two or three the oven for five minutes with some Prince is not keen on official journeys of ham and egg for breakfast is apt at a hot ashet. Fry from quarter of a lb. green apples. Fry these in the bacon seasoning and a little butter. Place with their round of functions, ad- times to become a little uninteresting. to half a lb. of good bacon, and when fat on both sides for a few minutes. these around the fish.

that any of the rumors regarding his together and make delightful break- in egg and in fresh breadcrumbs, to Take some cod steaks, which have that any of the rumors regarding his fast dishes. Then what could be better which a little seasoning has been adbeen cut near the tail and not too plans to relinquish the freedom of than some nicely served fish dish, of ded. The kidneys should be split, thick—say an inch thick. Allow to lie which there are many forms? Further, without being served. Pass them sprinkled with salt for a time. Next But, there is no closed season on I would recommend in place of the orrumors of his engagement. All sorts dinary loaf the occasional use of a smoking fat. Drain and place on the flour, Now dip in beaten egg or batter

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and in fine oatmeal, forming a good Those who like roast pork and ap- heaped tablespoonful of fat into the



Just Folks. By EDGAR GUEST. 8404040404040404040404040

AUTUMN. want to come to autumn with the silver in my hair and maybe have the children stop to south. look at me and stare:

blemish or from taint. splendid as a maple tree which artists love to paint. I'd like to come to autumn, with my

gleaming in the sun, come through care and tears And be as fair to look upon as every elm appears.

If those with whom I've walked

when brains and body tire

If I have made my life a thing which others can admire.

Ask Portion of "Dole" be Spent

LONDON, Oct. 5-One hundred exservice men from the East End of has first retreated. Much avoidable London, after having visited the Can- loss of life has occurred as a conseadian and Australian pavilions at the quence. British Empire Exhibition, passed a "Other waves occur which are not for the establishing of unemployed ed to waves produced by atmospheric men in positions in the overseas do- depressions combined with winds of

wonderful Tonic. Try a bottle.

"The Female" Starring Betty Compson

VEW SAM WOOD PARAMOUNT PRO-

"The Female," a Sam Wood Paramount production starring Betty Compson and adapted by Agnes Christine Johnston from the popular magazine serial, "Dalla, the Lion Cub," by Cynthia Stockley, opens a two days

run at the Star Movie to-night. Miss Compson in the title role is known as "the lion cub" because in infancy she was lost in the jungle of South Africa and mothered by a lioness until rescued by her guardian She meets Colonel Valentia, a young grand hotel at Johannesburg, and falls in love with him. He is attracted to her but their friendship is rudely broken when she hears a malicious conversation engineered by an English

Noah Beery, as Dalla's guardian who s in love with her, proposes that she marry him and promises that she need not be his wife until after she has spent three years in England learning to "be like the Englishers." She accepts, and in three years returns as a beautiful, cultured, perfectly gowned woman of fashion

Dalla continues to forestal De Beer's (Beery's) advances and goes on a lion hunt engineered by Valentia. They have plunged far into the veldt and have established a camp when De Beer suddenly appears with his native bearers and his faithful old servant The men come face to face. De Beer is suspicious, furious. Valentia has tried to smother his love for Dalla and has ignored her shy advances. But De Beer does not know this.

The scenes that follow take place in the African veldt, its mystery and lurking danger on every hand. The entire production builds up to a smashing climax, a fitting closing for you've ever seen in your life.

Warner Baxter has the role of Col. Valentia. Others in the cast are Dorothy Cumming, Freeman Wood, Helen Butler, Pauline French, Edgar Norton and Florence Wix.

If you cannot eat try BRICK'S TASTELESS. For sale everywhere.—sept28,tf

Tidal-Wave

A study of tidal-waves by Professor Vaillaux, a French authority, is given in The World's Health, the organ of the International Red Cross (Paris) Says this writer:

"The determination of the causes o this phenomenon, which often pro duces terrible loss of life and property, is especially difficult in view of coating all round the fish. Part a the difficulties of observation. Testimony of witnesses who have escaped from the calamity is naturally con fused or contradictory. The seismo cords, and the former can not function, of course, when earth tremors are about. Observations from boats at sea are almost always useless because of the relatively calm rise and fall of the ocean-level as the tidal-wave passes. The problem is further complicated by the confused terminology of description. Finally, the frequent minor oscillations of the ocean-level, aside from the daily tide fluctuations. need to be recorded and studied for the same reason that a record and analysis of the 30,000 annual minor earth tremors are as necessary in the work of the seismologist as that of the thirty or forty great earthquakes. The problem is of the greatest interest to the warmer, volcanically, unstable, regions of the globe, and is confined for the most part between latitudes of 40 degrees north and

"A resume is presented describing about twelve of the most destructive waves about which records' are available. The scientific value of the reports on the Chilean wave of 1835 is of great interest, having been made by Darwin And look a little like a tree that's and Fitz-Roy, who happened to be on that coast at the time. One curious I'd like to think that I at last could fact that these observers noted was that great flocks of birds flew in from sea more than an hour before the disaster occurred. The ocean first with-But when I reach October full con- drew, leaving ships, which had been anchored at a depth of seven fathoms. through life shall still have faith on dry land; this action was succeeded by a wall of water thirty feet in me, Nor shall I dread the winter's frost, higher than high-tide level; then came a higher wave, and finally a still higher wave.

> "The records in general show that when the first wave is positive, it is almost invariably followed by a wave or waves of greater height and force. Frequently, tidal-waves are not prein the Dominions ceded by a negative undulation. South American populations, however, disregard warnings to flee until the ocean

resolution urging the British Govern- of eruptive or seismic derivation. The ment to spend a portion of the dole Bay of Bengal particularly is subjecta cyclonic nature, possibly coinciding with exceptionally high tides. Tide-BRICK'S TASTELESS is a rips occur also and spread ruin. They lare quite frequent on the western

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