



Evening Telegram

W. J. HERDER, --- Proprietor.
C. T. JAMES, --- Editor.

Circulation Statement.

Total Sales for 1921.. 2,591,989
Daily Average .. 8,757
Increase Over 1920 .. 212,739

Tuesday, August 1, 1922.

Vitamines and Newfoundland Cod Oil.

Vitamines, as a noted educationalist told us yesterday, are simply and solely life-savers. We have heard a great deal of discussion on the value of this newly discovered quality in fish foods and the by-products thereof, and eminent scientists have made it their business to instruct us in the various processes by which the wealth of vitamins may be discovered in our sea products. Cod Liver Oil appears to be a commodity which is very rich in this particular essential to physical well-being; but outside the region of research in this line there has been many a test made of foodstuffs in an effort to discover the actual proportion of vitamins in all that we consume. The science of this discovery is but in its infancy, though eminent biologists have been long endeavouring to bring it to perfection. The word itself, as defined above may be a rather free translation of the term itself, because so far, even those who are most interested have had to admit that they cannot do adequate justice to the fully developed expression which they have given to the world in explanation of their new and revolutionary discovery.

Dr. J. C. Drummond, writing in "The Analyst" for June, under the caption "The Testing of Foodstuffs for Vitamins," says: "Unfortunately there are at present, no chemical or physical methods available for the detection of those substances in foods, and we are obliged to use biological methods. It is therefore, not surprising that the technique at present employed is liable to the errors associated with this type of test, and which are largely introduced by the individual variations of the test animals. . . . It must be borne in mind that to carry out a large number of routine vitamin tests of this nature, great care and attention must be devoted to the organization of the laboratory for feeding experiments." Then follows a long dissertation on the methods to be used on animals, which furnish an example to the experts, and are used by them in determining just how valuable vitamins are to humanity. Doctors Drummond and Zilva, who have been lecturing to the Board of Trade on the Nutritive Value of Edible Oils and Fats, have raised the point that the refined cod liver oil of Newfoundland is far richer in "life savers" than that of Norway. A resume of their researches published in the "Analyst" for July is worth quoting. If it should come to pass that the refinings of the Cod Oil manufacturers of Newfoundland are worth more than those of competitors, then the whole subject is worth going into, and having scientific and expert opinion on the

whole. Whatever "Vitamin" may be and scientists will tell all about it in a few periods, there is nothing like knowing that this colony has it in bulk, and is prepared to fill any orders in quantity and quality. The definition to which reference has been made follows, so that all will know exactly the value of vitamins and their action on the human system.

"An exhaustive study of the vegetable oils and their raw materials as a source of vitamin A shows that, with the sole exception of linseed oil, they are of very low vitamin A value as compared with the chief animal oils. Extraction with petroleum spirit under such conditions as to exclude oxidation of the vitamin shows that most of the vitamin passes into the oil, giving oils of very low potency; but with linseed this not so, the oil does not appear to contain the whole of the vitamin of the seed. Crude palm oil contains a relatively high proportion of vitamin A, but it has not been found possible to prepare from this a fraction consisting of the unsaponifiable constituents (in which the vitamin has been shown to be principally contained) suitable for raising the vitamin content of margarine."

To Study Cod Liver Oil.

The Research Commission of the British Government are making special investigations regarding medicinal cod liver oil, as some remarkable cures have been made recently in the London hospitals, which are attributed to cod liver oil. The University of London is sending out one of their principal chemical professors, and the latter Institute is doing likewise. They will be accompanied by a biologist, sent out by the British Ministry of Fisheries.

These scientists visited Norway last year, and were given every possible facility by the government of that country to assist them in their investigations. For many years Norwegian cod liver oil has been receiving the preference from the British Medical Profession in consumptive cases, etc., but now it would appear that Newfoundland is coming into her own at last. The careful and thorough instruction and inspection under government supervision is showing their good results, so that now Newfoundland oil is recognized to be not only the very best in color, taste and odor, but medical men are finding the vitamin element in it which is superior in its effects to the cod liver oil of any other country. The visit of these scientists is made to synchronize with the codfishing season, so as to enable them to study the cod liver oil industry in every detail.

Home's Report.

FISH SCARCER ON LABRADOR.
The Reid Newfoundland Co. has received the following message from Capt. Norman, S.S. Home: "Arrived at Humbermouth 3.30 p.m. Monday. Made all ports of call to Battle Harbor. Fish very scarce on Labrador. Grant of Blanc Sablon, reports 19,000 quintals landed; also reports trawling over, but fair fishing with trawls. Whiteley of Bonne Esperance, reports 5,000 quintals landed. Fishing is practically over on the Newfoundland side."

Wesley Epworth League.

NEW PASTOR PRESENT.
At the regular meeting of Wesley Epworth League in the church basement last night the new pastor Rev. J. G. Joyce, B.A., was present, and was introduced to the members of the League by the first Vice-President, Miss L. Taylor. The chair was then taken by the pastor who conducted the meeting. Mr. Arthur W. Martin read a very interesting paper on Labrador. Speeches were also made by Messrs. Porter and Pike. Arrangements for the annual Poor Asylum treat which takes place next Wednesday were completed, and a very profitable evening was brought to a close.

Drowning Fatality.

DORY DRIFTED ASHORE.
The Marine and Fisheries Department received the following message from Combs Cove via Fortune yesterday: "Thos. Baker of Boxey was drowned from his dory while setting a net Saturday. The dory drifted to beach with part of net hanging over side of boat. The body has not been recovered. The message was sent by A. Bungay and no further particulars have been received."

Sable I. Passengers.

S. S. Sable I., Capt. Murley, arrived from Sydney at 3 p.m. yesterday, bringing a large freight and the following passengers: J. F. Shea, L. Leland, M. Ferguson, C. D. Hodges, W. J. Smith, Mrs. Z. Shapley, W. J. King, Emma Miles and A. T. King. The Sable sailed again at 10 a.m. to-day taking the following outward passengers: J. R. Beck, E. Chant, B. and Mrs. Shipman.

Report From Twillingate

FISHING IMPROVING.
Mr. H. W. LeMessurier, Deputy Minister of Customs, received a message yesterday from the Sub Collector at Twillingate stating that the cod fishery was showing signs of improving and good catches had been taken by traps Friday, Saturday and Monday morning. The fishery in Twillingate District has been very backward and the report just received is welcome news.

Flower Service at Anglican Cemetery.

The annual Flower Service will be held this year on Sunday, August 13. The Cathedral Clergy will conduct the service and the choir will lead the singing of the hymns.

Bankers Return.

FISH FAIRLY PLENTIFUL.
The following schooners have returned to Grand Bank from the Banks: Maud Thornhill, Electric Flash, Dorothy Melita, Reading, Admiral Dewey, Linda Tibbo and Winifred Lee. The vessels brought approximately 8500 quintals or an average of 950 quintals each. The schooners report fish fairly plentiful on the Banks.

The Forgetfulness of Richard.

Premier Squires states the Canadian Government for increasing postage rates and forgets that his government did the same thing only a few weeks ago, says the Twillingate Sun. Probably he also forgot that he taxed the publishing houses in Newfoundland for papers issued in the Colony at the rate of a half cent per pound. Local newspaper taxation for publishers was never known in this country before.

The T.A. & B.S. Ladies' Auxiliary will hold a Big Dance on Regatta Night in the T. A. Hall. Tickets only 50c. (teas included). Band in attendance.
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Motor Association Work

REPAIRING ROADS IN CONCENTRATION BAY.

The Motor Association has received very encouraging reports from J. Duff, their representative on the Conception Bay Motor Association as to the work being done in that section. Men are engaged at Carboneau, H. Grace, Bay Roberts and Briggs, and it is the intention to put these roads in good condition. Under Mr. Duff's general supervision excellent results have so far been achieved. At each place a representative of the Association supervises the work in his own particular section and under this system the best value for the money expended will be obtained. The motor owners around the Bay appreciate the efforts of the Road Committee and practically all have registered and paid their license fees for this year.

CANTON CREPE—Just arrived a new shipment of Canton Crepe in Navy, Black, Brown, Henna, Sand, Whirlpool Blue and Verdigris. G. KNOWLING, LTD.—July 29, 51

Personal.

Messrs. G. L. Phillips, P.G. D.D., G.M., and Jas. M. Carberry, of Atlantic Lodge, leave by express on Thursday to attend the Grand Lodge session of the I. O. O. F., which is being held at Truro, N.S.
Mr. A. T. King, local agent for Farquhar and Company who was visiting his home in Nova Scotia, returned by the Sable I. yesterday.
Mr. and Mrs. E. Shipman left by S. S. Sable I. to-day for North Sydney en-route for Montreal.
Rev. C. A. Moulton, of St. Thomas's, has, it is understood, tendered his resignation as Curate and will be leaving on or about the 26th inst., for Toronto, where he intends taking a three year course at the University. It is gratifying to learn that after completing his studies Mr. Moulton proposes to again return to his native land.

Follow the crowd to the Star of the Sea Hall on Regatta Night. The Star of the Sea Ladies' Association are holding a Dance. Another wonderful time. Don't miss it. Star Jazz Band in attendance. Admission 50 cents. July 31, 21

From Cape Race.

Special to Evening Telegram.
CAPE RACE, to-day.
Wind West, light, weather fine; large number of fishing schooners are trawling off here. Bait scarce, good sign of fish; no other shipping in sight. Bar 29.72; Ther 58.
Eat Mrs. Stewart's Home-Made Bread.—April 8, 20

Child Welfare Concert.

PRESENTATION OF PRIZES.

A very appreciative and enthusiastic audience was present at the concert held in Canon Wood Hall last evening in aid of Child Welfare. Miss Southcott and Mrs. (Dr.) Burke were present on the platform with H. E. the Governor who addressed the audience immediately prior to the opening of the concert. His Excellency referred to the pleasure it gave him to address the gathering, his only regret being that the hall was not completely filled. He was glad to note the Conference which had been held last week. This was a move in the right direction. He referred to the excellence of the Child Welfare movement which had been instituted by Mrs. W. C. Gosling and in which he and Lady Harris had always been keenly interested. He eulogized the work of the ladies and nurses who have been behind the Child Welfare Association and exhorted all to stand by the work and continue it. There is a tendency to let matters fall into disrepair when the novelty wears off, but this should not be the case with the C. W. A. His Excellency then presented prizes won by the following young girls for the best essays concerning Child Welfare, Stella Driscoll, Anora Cummings, Marion White, Bonavista, & Eleanor Harper. A special prize was presented to little Miss Mary Lawlor for an original description of "How she looks after her little brother." The first item was a piano solo by Miss Madge Meaney, whose rendition earned spontaneous applause. Mr. Williams followed with a song which was heartily enjoyed. The appearance of Miss M. Harris, who has recently returned home on a vacation was greeted with applause which was increased when her songs concluded. Miss D'Alberty was given a hearty reception. Her voice was in excellent form and her singing won her lavish applause. Mrs. (Dr.) J. Murphy's violin solos were entrancing. A solo by Mrs. Rendell was encored as well as Mr. J. Canning's. Miss Webster, who is new to the local stage charmed the audience with her singing, and she was obliged to respond to an encore. A selection by the Wallace Quartet, "Hickory, Dickory, Do," was a great hit and their encore was right hearty. The National Anthem brought the evening's entertainment to a close.

White Canvas Boots for the Regatta only \$1.35 a pair; Gingham Dresses and Bungalow Aprons, special price \$1.45, at I. LEVITZ, 252 Water Street, opposite Dicks & Co.—July 29, 51

Remarks on Wireless Concert

W. Wallace & J. Power—"Whispering Hope." Voices not very strong, apparently singers not near enough to microphones. Piano heard very distinctly.

Mr. A. Williams—"Some Time, Somewhere, Some Day." Came in very distinctly.

Quartet—"On the Banks of Allan Water." Very well rendered. Note: Audience applauds and settles down for an indefinite period.

E. Fox—"Fox-Trot," "Coal Black Mammy," "Ragtime Selection." All very clear and accompanied by some shuffling of feet. (A few dancers here.)

A. Lawrence—"Songs of Arabia." Caused burst of applause. Voted best so far.

J. J. Collins—Concerned relation between geographical and true north, also few remarks on primary and secondary cells. Very distinct.

Solo—"All Through the Night." Voice not so strong as others.

Solo—"Love Came to Me." Voted O.K. (Note: This audience not very sentimental.)

J. Canning—"Last Rose of Summer." Remarkably well sung. Voice as clear as though singer were in this room. Unanimously voted the best.

G. Hutton—"On to Philadelphia." Very distinct. Audience joined in.

A. Lawrence—"My Wild Irish Rose." Very distinct. The applause of those attendant on the singer distinctly heard here.

J. Canning—"The Heart Bowed Down." The rendering of this and "The Last Rose of Summer" have resulted in this audience voting Mr. Canning the "star" of the evening.

GOD SAVE THE KING.
S. S. Seapool, July 29th, 1922.

Men's and Boys' Suits in plain and pinch-backs, running from \$9.50 up; big value in Sport Shirts, colours, striped. Special price \$1.60 at I. LEVITZ, 252 Water Street, opposite Dicks & Co.—July 29, 51

Shipping Notes.

S.S. Rosalind arrived at Halifax at 7 a.m. yesterday and left for this port at noon to-day.
S.S. Silvia arrived at Halifax at 4 p.m. yesterday after a 40 hours' passage from this port. The ship left for New York at 11 a.m. to-day.
S.S. Harmony sailed for the Labrador at 1 p.m. yesterday, taking a full cargo of supplies for the Moravian Missions.

Portia From North.

BRINGS SALMON CARGO.

S.S. Portia, Capt. Connors, arrived in port last night from Labrador. The ship had some 80 round trippers who enjoyed splendid weather on the voyage. The Portia loaded 600 cases of salmon at Pack's Harbor for the Nfld. Atlantic Fisheries Co. At Grady and Independent, two ports of call, good fishery reports were received. Capt. Sam Bob Winsor was spoken at Battle Harbour and reported his brother Will for 800 qtls., and proceeding to Belle Isle to finish. Capt. Jesse Winsor hailed for 600 qtls. and was going North to finish, some encouraging news from there having been received. The Portia reports McRae at Grady as doing very well.

McMurdo's Store News.

TUESDAY, August 1.
Get a pot of Cream of Lilies to use on the evening of Regatta Day. Its effects on sunburnt skin are almost magical. A single trial will show you how it cures the unpleasant effects upon the skin of hot suns and warm winds. You may absolutely rely upon obtaining adequate and prompt relief, if you will use Cream of Lilies. Price 39 cents a crock.
What about a box of Chocolates for the Regatta? We have some dandies, Page and Shaw's, Moirs, or Merritts. Popular prices.

Portuguese Fishermen in Port.

LOST FORECAST ON BANKS.
The Portuguese schooner Veloz, 3 days from the Grand Banks was towed to port this morning in a damaged condition. The vessel left Oporto on June 20th, and was hit a short while or the Banks. On July 25th, during a heavy gale, the forecast sprang about 5 feet from the deck and the schooner was obliged to abandon the voyage. The Veloz is a three masted schooner of about 150 tons. She hails for 200 qtls. codfish.

League Football, St. George's Field, this evening at 7.30 sharp C.E.I. vs. Cadets. Admission 10 cents, grandstand 10 cents extra; ladies and boys free.

What We Need.

Premier Squires left New York last week for England—where he will interview some capitalists who are said to be interested in the Humber Valley project. If this industry, only gives room for 2,000 men it will be appreciated, while something is needed in addition, to give labor to about 20,000 men as soon as the fishery is over. The Humber Valley project has been in slings for a considerable period and is still, while hopeful, far from actual operation, and the guarantee asked for last winter caused some delay. If the foresight and knowledge had been perfect we believe that to-day the project would be more business-like and the country would have given the recipient of much capital giving some of our people a chance to better their condition. Fulwood and pit-prop cutting at this time of the year is a burden almost unbearable when considering the hot weather and the presence of mosquitoes etc. Long delay cannot benefit the waiting fishermen who find that poverty is hard to fight down. The few who might be able to get out a few cords of pitprops etc., will only be just able to win a very low living. To cut and load the wood and stack it on the bank takes time and \$4.00 a cord is little enough compensation for the hardship.

We need many industries and the quicker the Humber Project booms up in reality the quicker the Government will be able to avoid giving relief. We hope the Ministers of the Crown will succeed in raising the capital and that many other projects will materialize as we have much mineral, timber, and even coal mining was very promising this spring according to the glaring headlines of the daily papers.

Floating loans do not add to the wealth of the country when it is thrown away for political purposes, but a loan raised on a good project when a large profit is certain may not be out of reason, but the proper course would be to encourage outside capitalists to come in and open up the wealthy resources that abound.

Take the A.N.D. Co. for instance. They were given a chance to manufacture paper and if the Harmsworths had stayed away we would have been on the rocks long ago as thousands and millions of money have been paid out since the company began operations.

The agitation for a reduction in the tariff is still alive and while it costs so much to live, yet if the chances for larger wages were allowed the burden would be lessened.

The fishery is not enough when reckoning the falling off of fishermen from that avocation as compared with former times when fish catching and curing was done by a large majority, while to-day others are seeking other forms of employment.—Twillingate Sun.

But when the box—there cheaper than that way, and the whole family can be supplied for the races, Mother, father and all the boys and girls love Life Savers.—July 31, 21

Regatta Day.

To-morrow (Wednesday) being Regatta Day, and a general holiday, the Telegram will not be published.

Some Fire!

She was a splendid servant, but she didn't know anything about gas as used for cooking. To teach her how the gas-stove was operated her master lit each of the many burners. While still explaining, a message called him from the kitchen, and he left her, saying, "I guess you will find that it will work all right now, Martha."

He didn't see the cook again for four or five days, then upon entering the kitchen he said:—"Well, Martha, how's that range doing?" To his utter consternation, she replied:—"Dead, sir, that's the best stove I ever did see. The fire what you kindled for me four days ago is still burning, and it ain't even lowered once."

My boat is winning, the Band is playing, the day is gloriously fine, all the boys are around, but there's something missing, oh yes, my pack of Life Savers. Take no chances, take a few packs with you.—July 31, 21

Of Interest to Tourists.

CASH'S TOBACCO STORE IS NOW READY FOR THE TOURIST TRADE.

The man from England or the United States or any other country, when visiting our city, will find his favorite brand of Cigars, Cigarettes, Tobacco and other Smokers' Requisites at our store.

We also carry a full line of Picture Postcards and Books of Views of Newfoundland.

Our Soda Water Fountain is now in full swing. Our Ice Cold Coca Cola and other Syrups are pronounced by all to be the very best in the city.

A good smoke, a cool drink and a visit to our beautiful Bowling Park will linger in your memory for many years.

CASH'S TOBACCO STORE,
July 27, 51

Floral Tributes to the Departed.

Nothing so nice as Flowers in time of sorrow. We can supply wreaths and Crosses on short notice, and guarantee satisfaction. We will endeavour to meet the humblest purse, "Say it with Flowers."

VALLEY NURSERIES,
Tessier Brothers,
Phone 124. Box 994, St. John's.

BORN.
On July 30th, a baby girl to Mr. and Mrs. J. J. Hunt, 91 Hamilton Street.

DIED.
Last evening, William Long, aged 69 years, Funeral on Wednesday next, August 2nd, at 2.30 p.m. from 3 Devon Row.

Passed away, at the General Hospital, of appendicitis and pneumonia, Kathleen, aged 8 years, darling child of James and Margaret Power, leaving father, mother, 3 sisters and 1 brother to mourn their sad loss. Funeral on Wednesday at 2.30 p.m. from her late residence, 6 Hunt's Lane.

Dalhousie University.

Halifax, N. S.
Arts, Science, Commerce, Music, Engineering, Pharmacy, Law, Medicine, Dentistry.

EIGHT VALUABLE ENTRANCE SCHOLARSHIPS.
Three of \$200, five of \$100 each. Awarded on results of matriculation examinations, September 27, 30, 1922. One reserved for Halifax County, one for Cape Breton, one for New Brunswick, and one for Prince Edward Island.

FIRST YEAR SCHOLARSHIPS.
Three of \$200, three of \$100 each. Awarded on results of first year, and lenable during second year.

UNIVERSITY HALL
residence for men, on Banks of North West Arm.
SHIRREFF HALL
new residence for women students.

REGISTRATION DATES
in all faculties (except for Final students in Medicine and Dentistry, who must register on September 13th) are October 2nd and 3rd. Halifax students must register on the 2nd.
LECTURES BEGIN
Wednesday, October 4th.
FOR FULL INFORMATION
apply in person or by letter to the Registrar.

Important Notice!

To M. C. Sweepstake Holders:

The tickets in the Sweep for the PRESS RACE will be good for the INTERMEDIATE RACE, and those for the JUVENILE RACE will be good for the MERCANTILE RACE.

Holders of tickets will please mark them accordingly.

Motor Sports Day

"Tra Vail" won the 100 mile World's Championship for Dirt Tracks on

KENYON CORDS

Take no chances on August 16th

Equip your car with

KENYON CORDS

"If it's mechanical we have it."

William Nosworthy

Baltimore & Ohio Railroad, Chile Copper Co., Sinclair Oil.

These three representative issues continue to look good to us for early appreciation. B. & O. advanced \$5 from our earlier recommendation. Chile also has stiffened two points, and Sinclair made two points from recent low of \$29.62.

THREE GOOD BUYS ON MARGIN.
J. L. LACEY & CO., CITY CHAMBERS.
eod,tf

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Finest Quality JOWLS!

Sperry & Barnes' Pack—Just in.

Due Thursday:

New Potatoes, Green Cabbage, Box Apples, Cal. Oranges.

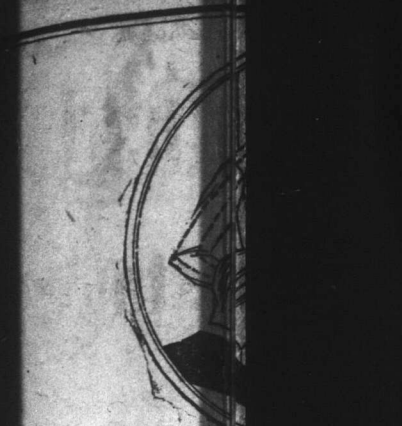
Also 200 sides Trimmed Leather

GEORGE NEAL, Limited.

Shipping Notes.

Schooner Lady St. John, 35 days from Cadiz, arrived in port this morning with a salt cargo to A. S. Rendell & Co.
Schooner Cape Race, 24 days from Barbados has arrived to Bowring Bros. with a cargo of molasses.
Schooner Dawn, 20 days from Halifax via Sydney and Burgeo, arrived in port this morning.

Schooner LaBerge sailed this noon for Halifax with a cargo of fish.
Schooner Haebel, 24 days from Kingston, Jamaica, with 1200 rems split herring.
Schooner Port Union has sailed for North Sydney to Cape Race having at Trepansey last night.



First and for

per Sporting Style Stamp of Styles Kearney's Race for your RT SHIRTS breezes fan a ar is an encum k the part best it. Of Spotless sturdy fabric. \$3.50

ROW 50c. for one worth 70c. 50c. keep you smarter. All 75c. ties are more. So, all e-a little bri as-a little more ed up to \$3.00 every price.

\$7.50 Soft Hat

lity guarantee we stringently "The Out KE

Now

WHITE

Portla

We can price for

A. H. M.

Service you what you want it.

\$10.101 m.w.f

Household

prevent a swa shoulders when of white tape, and the length to the neck, and sleeve, ations.

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