

ATHLETES, FOOTBALLERS, OARSMEN!

A slight scratch, bruise or muscular strain received during your training period will often knock you out when the big event comes. Don't disappoint your friends or yourself. Carry the Athletes' Ointment with you and keep always 100 per cent fit.

GIBSOL.
Every Touch Heals.
50c.

All leading Druggists and
1710, St. John's.



What Do You Think of a Fluid

That will draw roaches and ants out of every hole, crack, or crevice before killing them and not poison food?

That will kill bugs instantly and not leave an unpleasant odor?

That will knock flies off the wall and not harm paint or paper?

That will keep the bedroom, kitchen, or veranda clear of flies, mosquitoes, etc., for several hours after a few sprays?

That will take fleas off a dog and not harm the dog?

That will destroy chicken lice without any injury to your stock?

That applied in small quantities to the exposed parts of the body will insure you from Mosquito bites?

That as a general disinfectant is stronger than the ordinary carbolic solution.

THAT FLUID IS
SAN-O-SPRAY.

No insect can live where San-O-Spray is used. Yet San-O-Spray is non-poisonous to human beings and can be used with perfect safety in pantry, kitchen, dining room, and cellar, moreover San-O-Spray has an agreeable and delightful odor, removing all fetid or unpleasant odors. In addition San-O-Spray is a disinfectant and germicide. Keeps the home sanitary and free from infectious diseases.

ELLIS & CO.,
Limited

ST. JOHN'S GROCERY STORES.

\$5.00
Will Buy this List of First Class Groceries.

Stone Flour— (Best Family) .75c.
1/2 lb. SUGAR (Gran.) .35c.
1/2 lb. TEA .30c.
1 lb. CREAMERY BUTTER—
Local .30c.
1 lb. BEANS .07c.
1 lb. RAISINS .25c.
1 lb. BEEF (Best Fcy.) .48c.
1 lb. TURNIP TOPS .16c.
1 lb. PILOT BISCUITS .40c.
1 lb. HAM .40c.
1 lb. ROLLED OATS .12c.
1 lb. ONIONS .07c.
1 lb. Evap. MILK (Libby's) .15c.
1 lb. Armour's BEANS .18c.
1 lb. STOVE PASTE .10c.
1 lb. SHOE BLACKING .06c.
1 lb. DUTCH CLEANSER .13c.
1 lb. POTATOES .12c.
1 lb. YEAST (Royal) .11c.
1 lb. SOAP (Sunlight) .15c.
1 lb. LIME JUICE (Pkt.) .25c.
1 lb. CHOW CHOW .30c.

J. ST. JOHN,
DUCKWORTH STREET and
LEMARCHANT ROAD.

MINARD'S LINIMENT RELIEVES
DISTRESS.

When You Die

—will your Estate be properly administered? If you appoint a private Executor, who will replace HIM when HE dies?

The MONTREAL TRUST COMPANY, being a corporation, never dies.

Therefore, if you appoint that Company your Executor, the proper administration of your Estate will be assured.

Consultation solicited.

Montreal Trust Company.

ROYAL BANK BUILDING
Sir Herbert S. Holt, President
A. J. Brown, K.C., Vice-Pres.
F. G. Desautels, Gen. Mgr.
F. T. Palfrey,
Manager, St. John's



PUBLIC NOTICE.

NEWFOUNDLAND ROYAL NAVAL RESERVE.

H.M.S. BRITON having been paid off and the Naval Accountant Officer at St. John's withdrawn, there is no longer a resident Naval Officer representing the Admiralty in Newfoundland.

All correspondence on matters connected with the Newfoundland Royal Naval Reserve should therefore be addressed to the Secretary of the Admiralty, London, S.W.1.

Royal Naval Reserve men applying to the Admiralty for Long Service Gratuity should enclose their Certificate Books.

ARTHUR MEWS,
Deputy Colonial Secretary,
Colonial Secretary's Department,
July 11, 1922. jly12,13,15



DR. LEHR,
Dentist,
329 Water St.

20 Years in Practice in Newfoundland.
BROKEN PLATES REPAIRED.

Well equipped Dental Offices can now repair plates. A broken tooth is no reason why a plate should be discarded. A new tooth, or several of them, can be vulcanized onto the old plate and make the service absolutely as good as ever. If you meet with an accident that injures your plate in any way, consult your dentist about repairs before you discard it for a new one. You can often prevent a needless expense. jne27,tu,th,fr

JUST RECEIVED From the Land of the Heather

a Shipment of the famous

John Cotton's

MIXTURE

Smoking Tobacco

Rich in Flavor, Fine Aroma
Sweet Smoking,
Pleasing to the Palate.

Manufactured in
Edinburgh.

CASH'S

Tobacco Store.

WATER STREET.

feb10,ood,fr

FOR SALE—A Motor Boat

and Engine (Bugal), 8 h.p.; all new and in excellent condition. Will sell at a bargain to quick buyer; apply at residence of late Geo. Churchill, Quidi Vidi. jne14,fr

PUBLIC NOTICE.

PLUMBING NEW ADDITION GENERAL POST OFFICE.

The Department of Public Works invites tenders for thoroughly competent persons for Plumbing Work required in connection with New Addition to General Post Office.

Specification may be seen at the office of the Superintendent of Public Works each day during official hours.

SEALED TENDERS to be endorsed "Plumbing Addition General Post Office" to be delivered at this office not later than 12 o'clock noon on Monday, the 17th July inst., accompanied by a deposit of FIFTY DOLLARS, or approved cheque, which will be open to forfeiture in the event of the tenderer failing to make the necessary five per cent. deposit referred to in the Specification within three days after receiving notice of the acceptance of his tender or of his declining to enter into a contract when requested.

The Department is not bound to accept the lowest or any tender.

By order,
JAMES HARRIS,
Deputy Minister.
Dept. of Public Works,
12th July, 1922. jly13,fr



"You may dress as well as she," says our Dainty Dorothy.

DON'T envy the clothes of the well-dressed woman whose wardrobe seems inexhaustible; have some of your own garments dry cleaned and dyed. For that is the secret of many a woman's smartly garbed appearance.

And here you know that your clothes will be properly treated and that our business courtesy will make you feel that this is truth in the cleaning and dyeing house De Luxe.

PHONE 1488.

J.J. Dooley
WE KNOW HOW
PHONE CONNECTION
COR. LIME ST.
& LE MARCHANT RD.

ON ICE!

Crushes, Root Beer, etc.
Land of Evangeline Cider.
Table Butter, Etc.

Our Ice Cream is a rich, wholesome and nutritious food, satisfying and delicious.

Our Home-made Bread, plain and sweet, sells on its merits.

Our cool store, with seating accommodations, offers a resting place that is greatly appreciated.

St. Charles' Evaporated Milk, 18c. tin.

Pet Evaporated Milk (full size), 15c. tin.

Purity and Betty Condensed Milk.

Armour's Veribest Beans, 18c. tin.

Local Salmon, 20c. tin.

THE BEE-HIVE STORE,
27 Charlton Street.

ARTHUR B. WALKER,
m.f.s. Proprietor.

IN STOCK

Hard & Soft Brick

and

FIRE BRICK

Also

CEMENT

in brls.
H. J. Stabb & Co.

Automatic Pump

WORKS AS LONG AS THE WATER SUPPLY LASTS.

A self-operating pump, which it is claimed may be used to pump water to any height entirely on its own operative power, has been invented by Mr. T. G. A. Allen, of Carshalton-place, Carshalton. Atmospheric pressure and the weight of a water column, are the only means of motive power used, and no machinery or attendance it is stated is necessary.

The pump works automatically on the principles of pressure and suction, and consists of a series of closed and open circular chambers placed one above the other in a river bed. Water having been conducted into the middle open chamber, falls into a closed chamber below, and forces out a quantity of air, which in turn is led off into higher closed chambers, already filled with water by the suction of the previous falling stroke. The air entering these chambers forces out water to a higher level, where it is led off, and the air is sucked back again into the bottom closed chamber which has been emptied by a sluice. A vacuum is thus created in the higher chamber, and water rushes up from the open tank to fill it. The movement is then complete, and automatically recommences.

It is claimed that the pump which is known as a "Hydratomat," may be used extensively for irrigation in the colonies where manual labor and machinery are not available. Once started it will continue working without attendance as long as there is a water supply.

Just Folks.

By EDGAR A. GUEST.

THE TASK OF TOMORROW.
Success is good to win to-day.
It ends long years of sorrow.
But still keep working on your way.
You must not fall tomorrow.

The finished task is fair to see
And men will cheer for you.
But always to the end they'll be
Another task to do.

The praise of yesterday is stilled.
The laurels grace your brow.
But vain the accolade that you build
If you're a failure now.

Not what you were, but what you are,
The busy world is saying.
The past fades like a falling star,
What counts is what you're doing.

Be not content with what you've won.
Success becomes a fetter.
To-day a splendid task was done,
Tomorrow must be better.

Stay humble, spite of men's applause.
From past deeds never borrow.
Don't live on what you've done, because
There's more to do tomorrow.

Water Table of the United States Falls.

UNDERGROUND LEVEL HAS DROPPED
NINE FEET IN LAST 50 YEARS.

In every region not absolutely arid there is a point at a certain distance below the surface where the ground is saturated with the water that has percolated through the topsoil or through fissures in the rock. The level that the subsoil water maintains is called the water table. Naturally the level varies in different places.

Water can rise by capillary attraction from 2 to 4 feet above the water table. It often does rise far enough to reach the roots of certain growing crops, and so keeps them alive even in the most severe drought.

Now the water table in the country is steadily falling. It is said that, taking the whole country into account, it has dropped on an average of nine feet in the last 50 years, and that in some states, as Iowa, for example, it has fallen more than 12 feet. It needs no argument to show that that is a bad thing for the fertility of the soil.

The cause does not appear to be a diminished rainfall. If there is less rain now than there was 50 years ago, the difference is small. Cutting down the forests that once covered much of the country east of the Mississippi has had its effect, for there is nothing like a forest to hold water in the soil. Millions of tons of water that was formerly held escapes each year in floods and freshets. Careful reforestation in regions that are not well suited for profitable farming would help to restore the water table to its old level.

Many observers believe also that in some parts of the country the drainage of the soil has been carried to excess, and that in the effort to reclaim low lying lands the reservoirs of soil water that nature provided have been depleted and water has been hurried out to sea that would be much more usefully employed in preserving the water level in the ground.—Youth's Companion.

Household Notes.

To make orange jelly for the child's luncheon, dissolve two-thirds teaspoon powdered gelatin in a little cold water. Add a little boiling water and enough orange juice to make a custard cup full.

MINARD'S LINIMENT USED BY
PHYSICIANS.

When you go troutling, don't forget to take a bottle of STAFFORD'S MOSQUITO OIL; 20c. Bottle; Postage 3 cents extra.—june27,fr

MINARD'S LINIMENT for Burns, Etc.



Imperial Tobacco Co.
"Anchor your pipe to a good smoke"

At its price
ANCHOR
is the biggest
value to-day in
Plugs smoking

UNTIMELY TALK.

Sometimes, returning from the mart, my life is full of care, with problems grave that break my heart, and ache and fester there. For silence then my spirit pants; it is the balm that heals, and I'd be glad if all

my aunts would cut out foolish spels. But they've a dozen tales to tell to make me stand aghast, of piffing mishaps that befall since I was with them last. They see the ghastly sweat of grief upon my pallid brow, but they won't make their stories brief, or any rest allow. The gossip of the neighborhood I hear in all details; how Mrs. Bunk and Mrs. Blood scuffled with their finger-nails; the Smiths were driven from their flat, my Aunt Jemima drooled, because they kept an Alfred cat, which was against the rules; old Gaffer Twinkle beat his wife, with many lusty smacks, because she used his pocketknife to pry out rusty tacks. I'm wearied by the beastly grind, I'm jaded and distraught, and I have problems in my mind that call for sober thought. And all the females of my house, my aunts and nieces nine, are chirping round like startled grouse, and wrench this heart of mine. When man, who wins the daily bread, to his bleak dwelling goes, his aunts should merely soak his head, and let him have repose.

THE TASK OF TOMORROW.
Success is good to win to-day.
It ends long years of sorrow.
But still keep working on your way.
You must not fall tomorrow.

The finished task is fair to see
And men will cheer for you.
But always to the end they'll be
Another task to do.

The praise of yesterday is stilled.
The laurels grace your brow.
But vain the accolade that you build
If you're a failure now.

Not what you were, but what you are,
The busy world is saying.
The past fades like a falling star,
What counts is what you're doing.

Be not content with what you've won.
Success becomes a fetter.
To-day a splendid task was done,
Tomorrow must be better.

Stay humble, spite of men's applause.
From past deeds never borrow.
Don't live on what you've done, because
There's more to do tomorrow.

Water Table of the United States Falls.

UNDERGROUND LEVEL HAS DROPPED
NINE FEET IN LAST 50 YEARS.

In every region not absolutely arid there is a point at a certain distance below the surface where the ground is saturated with the water that has percolated through the topsoil or through fissures in the rock. The level that the subsoil water maintains is called the water table. Naturally the level varies in different places.

Water can rise by capillary attraction from 2 to 4 feet above the water table. It often does rise far enough to reach the roots of certain growing crops, and so keeps them alive even in the most severe drought.

Now the water table in the country is steadily falling. It is said that, taking the whole country into account, it has dropped on an average of nine feet in the last 50 years, and that in some states, as Iowa, for example, it has fallen more than 12 feet. It needs no argument to show that that is a bad thing for the fertility of the soil.

The cause does not appear to be a diminished rainfall. If there is less rain now than there was 50 years ago, the difference is small. Cutting down the forests that once covered much of the country east of the Mississippi has had its effect, for there is nothing like a forest to hold water in the soil. Millions of tons of water that was formerly held escapes each year in floods and freshets. Careful reforestation in regions that are not well suited for profitable farming would help to restore the water table to its old level.

Many observers believe also that in some parts of the country the drainage of the soil has been carried to excess, and that in the effort to reclaim low lying lands the reservoirs of soil water that nature provided have been depleted and water has been hurried out to sea that would be much more usefully employed in preserving the water level in the ground.—Youth's Companion.

Household Notes.

To make orange jelly for the child's luncheon, dissolve two-thirds teaspoon powdered gelatin in a little cold water. Add a little boiling water and enough orange juice to make a custard cup full.

MINARD'S LINIMENT USED BY
PHYSICIANS.

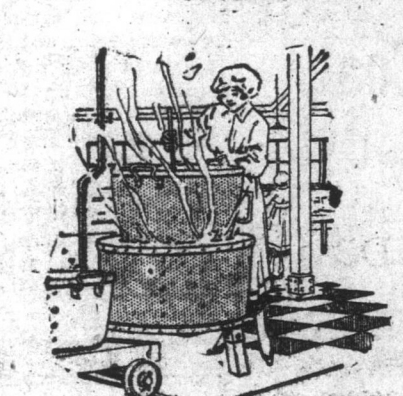
When you go troutling, don't forget to take a bottle of STAFFORD'S MOSQUITO OIL; 20c. Bottle; Postage 3 cents extra.—june27,fr

MINARD'S LINIMENT for Burns, Etc.

whenever you see

"Atlas"
on a package of
CONFECTIONERY

you can buy it with perfect confidence and the full knowledge that you will get the finest quality in sweets that the world produces.



BOILING THE SUGAR.

E. & T. Pink Ltd.
LONDON, ENGLAND.

And MESSRS. BAIRD & CO., P. O. Box 157, St. John's, Newfoundland, are the resident wholesale agents.

The "Sunrise" Jams and Marmalade are also made in the same wonderful factory.

SUMMERS' Week-End Bargains

Of Real Interest to Those Economically Inclined.

<p>MEN'S UNDERWEAR.</p> <p>Men's Balbriggan Shirts and Drawers in a fine texture Balbriggan, 68c. garment.</p> <p>NECKWEAR.</p> <p>This group of Men's Knitted Ties include the popular narrow cut, 35c. each.</p>	<p>EVERYTHING MARKED IN PLAIN FIGURES</p> <p>MEN'S UNDERWEAR.</p> <p>A medium weight Underwear, 90c. garment.</p> <p>DRESS SHIRTS.</p> <p>A Shirt that will give you full satisfaction; attached collar, \$1.60 each.</p>	<p>BLACK HOSE.</p> <p>Men's Black and Tan Hose, suitable for summer wear, 20c. pair.</p> <p>BOYPROOF WATCH, \$1.90 ea.</p> <p>LADIES' HOSE.</p> <p>A light weight summer Stocking in Black and Brown, 20c. pair.</p> <p>LADIES' SIDE COMBS, 20c. set.</p>
--	--	---

M. J. Summers, 330 Water Street
Store Open Every Night.

Don't say Paper, say The Evening Telegram