

TIONAL THOUGHT.

elections of Value to Teach. ers and Pupils. haracter-Forming. cational Journal.

ation of an upright and self-nan is one of his most cher-

he hearty assent of every

man. Nevertheless, repa-r from being his most preci-a. He has that which is of ther value, his character stinction between the two ther between the things they ot always kept clearly enough man's reputation is merely other men may have of him; is that which he is in the pubs of his own being. bellous statement may d rary injury to the best man's without his knowledge, or Il his efforts His character ouch without his own con

racter necessarily more saf us assault or influence than or ? By no means The oppoer the truth. The way nan's reputation may be as comparatively few, but the ch his character may be in-ially in the formative stages learly manhood, or woman egion. In fact there is the history of the growin hen it may be said to b hen it may be said to be very touch. It is the fact stic period may be roughly he school period which gives k of the teacher a dignity ibility second only to these t. Realizing this, the conacher will lose no opportun a right impression, or to figure, to give the twig of and habits a bent in the

on. And this can often be e have before pointed out vely by a proper use of som r by the use of concrete, ie, than by any elaborated course of instruction. d, just now, a couple of il-which may help to make this

a single teacher who rea whose righteous soul is no shocked and vexed with lagiarisms? The exercise n a neighbor, the com-leu from a book or written by r or sister at home, is coo or attempted to be palmet ork of the pupil himself. In it seems very bard, almo to arouse any genuine sen f wrong-doing, in connection en and ink falsehoods Even n, and caudidates for th slpit, have been known to d hing. In a recent number of merican educational journ le by a Mrs M. L. Bayne it appeared that writer had e a business of writing grad /s for college and high school ys, the genuineness of which, ras never, so far as she i tioned, though in some case otion. And the writer goes ange moral obliquity, to exfend the practice Canadian political journal ly called attention to the fact ly is there a vast amount of ust now being done in Cana and women who are not d honest and respectable br cases active embers o urches, and that these me see nothing dishonest noth-wrong in the practice. We wrong in the practice. persons, particularly ladies() look with round-eyed aston one who ventured to sugge t right to cheat the custom a small matter. be superfluous to point th They are ht by such facts. estion for the teacher. of the age is consciention ral thoughfulness, and whi thaps call moral intelligence me of such thoughfulness. Let s of Canada see to it that fault if the next generation is are not the peers of any er heaven in all those manly ly qualities, which will cona to spurn deceit, untruthfalud in every form, and with here can be no true nobility

Good Sleep.

to are subject to indigestion form seidom sleep well neither indulge in hearty While r go to bed hungry. ought not to be taken with three hours of bedtime, k before retiring will often to sleep comfortably. pen-air exercise during the sure precusor of a bad night's he holiday season town-folk posure to country or ses sit both hungry and sleepy. on a breezy night has a so it, but if is better that the wried, rather than fatigued, to rest. Sleepleseness is des ses to lying too long in the r indulging in sleep during A short nap before dinner i hing than one after; just as better before than after persisting habit of keeping d may be cured by curtailing f repose. If the skin be not cleansed refreshing sleep can ected. An occasional ward bedtime has a salutary effect, the are only safe for the n evening dip in the "bring hot months usually ensure epose. When sliesplessnet raced to any of the com stated, it may then be come disorder lurking 10

bertson has rented Mrs arm in Hullett, a few mil Mrs Pletzer will tak ce in Biyth shortly."

her friends occasionally, and that at a minium cost. There are lots of books she can study

on this interesting subject. She might make herself famous in society for her dinners, an end not always e usily attained ; on the contrary, there are lots of tick people who only succeed in making themselves notorious by their vu'gar profusion and want of taste. If you want to bolt your food,go to a restaurant; if you want to eat, dime at home. Then the gviands are not everything; good glass and flowers are half the battle, and

Experiments with thick and thin seed-

ing at the Indiana station are reported as showing that at least six pecks of wheat to the acre should be sown on land of

medium fertility. Thin seeding almost invariably suffers most from severe win-

ters. With early sowing on rich land four or five pecks of seed might answer.

One pound of paris green to each hun-dren pounds of land plaster did perfect work in killing the potato beetle at the

Mr. A. W. Cheever, of Massachusetts,

American trees are the best for Amer-

Many orchardists prefer to "heel in" trees for spring planting in the fall rather than take them directly from the nursery

Professor Henry states as the result of experiment that long ensilage will go nearly twice as far in feeding cows as long fodder when large varieties of corn are used

England is said to have one cow to eight and a half persons; France, one cow to three and one-third persons, and America, one cow to one and two-thirds

ica, say prominent nurserymen.

notes the superiority of fine sandy loam for potatoes over a richer looking dark

Vermont station.

when wanted.

used.

persons.

the latter are cheap enough in this cli-mate. And now one word of advice to young couples. Don't ruin your tem-pers and digestion by dining at res-taurants, but try the expe.iment of having a home of your own ; you'll find it the better plan of the two. Japanese boys, with a little training, make cooks. Besides this there is good Besides this, there is something in keeping together; man and wife should be more than mere companions, to be separated by the first squall that tion.

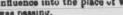
sweeps across the sky. Were there more home life there would be fewer separations and divorce eases,-San Francisco News Letter.

petite for food. Use it, and try your weight. Soott's Emulsion is perfectly palatable. Sold by all druggists, at 50c. and \$1.

Boys may as well make up their minds to comply with the demand of modern life, in which steam electricity and the We live in a changed and ever changing world, wherein neither rustic simplicity nor dainty culture will carry us far.

"He Never Smiled Again I" No "hardly ever" about it. He had an attack of what people call "bilious ness,"and to amile was impossible. Yet a man may "smile and smile, and be a viliain still, still he was no villain, but a plain, blunt, honest man, that needed d remedy such as Dr Pierce's "Pleasant Pargative Pellets," which never fail to sure biliousness and diseased or torpid ver, dyspepsia and chrouic constipa-tion. Of druggists.

Let no minister of the Gospel be dis-heartened in good work; and let him not judge his labors fruitless because at the very time of performing them he may be unconscious of the good he does. try the great Kidney and Liver regula-tor, made by Dr Chase's author of Chase's receipes. Try Chase's Liver Cuse for all diseases of the Liver, Kidneys, Stomach and Bowels. Sold by James Wilson, druggist. Stomach and Bowels. Sold by James



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