Conducted by HELENE

that if she treats her boy as a gendo much tleman she will

She should not treat her boy to scoldings and fault-findings. "Sugar attracts more Love her boy to a nobler manhood.

She should never be so busy hard pressed for time that she can- guidance of physicians and trained not listen to him. If he lives to be a man he will all too soon leave standard of modern sanitation. her. She should make the most of while she has him.

She should not deny her bey any opportunity to enjoy outdoor exer or sports, and she should not forget to train him with a proper regard for his personal appearance.

She should never allow him in his shirt sleeves, neglecting his coiled handkerchiefs.

She should not try to break her boy's will, but be thankful that he is manly enough to have a mind of his own, and devote herself to training it to the noblest uses.

should not fail to fastil in him a distaste for all that is vulmanners, which will be of the greatest benefit to him all through life, and see to it that he is always polite and courteous to girls women, and never forgets raise his hat to them or let them enter a room first.

NO SUNSET FOR FIVE DAYS.

At the head of the Gulf of Bothnia there is a mountain on the summit of which the sun shines perpetually days of June 19 during the five 20. 21. 22 and 23.

Every six hours during this sea son of continual sunshine a steamer leaves Stockholm crowded with visitors anxious to witness the phe-

At the same place during winter the sun disappears and is not seen for weeks. Then it comes in sight again for 10, 15 or 20 minutes, grafinally stays in sight continually for upward of 120 hours.

> ** ** ** IS IT WORTH WHILE?

When one faces a difficult problem or a crisis in his career, his courage is then at its lowest ebb. At these moments one can be forgiven petulantly exclaiming, what's the use?" or "Is it worth while ?" But what excuse is /there for the man who shirks responsibility or fails to make the best of his opportunities? Can he offer a logical reason for so doing? Opportunities to improve one's knowledge, to better one's condition, and to make the most of each hour, are plentiful. The one who wishes to advance will ever find willing hands to assist But it remains for him take the initiative. It requires patience and toil to be great. The man who says, "Is it worth while?" or "What's the use?" at this stage, is making one of the gravest errors of If he desires to loaf instead of accumulating useful knowledge that will enrich his future ca he will be another stone in the path of the world's progress.

.. THE NEW SPRING SHIRT-WAIST.

Broader shoulders characterize the toward the waist. The pattern pro- Hamilton Wright Mabie. with a neck-band, so that it may be worn with a stiff linen collar used, finished with straight cuff. The fastening of the shirt-waist an air of newness Though this spring the honeycom lingerie waist will be more in vogue

A boy's mother should remember THE NURSERIES OF THE NEW-RICH.

Elizabeth Duer, a well-known representative of the old-school of aristocracy, writes of the millionaire women of vesterday and to-day in the February Woman's Home wins panion. In describing the modern millionaire's nursery sne says:

"Mrs. Pluto's nursery, under

nurses, is brought to the No black Mammy or Irish Nanna clasps her babies in fond but injudicious Perish the thought! embrace! infant millionafres lie on their little backs in comfortable beds, or, at meal-time, on the laps of white-capped young ladies from the training who administer Dr. Hsuch habits as coming to table formula through the medium of Davidson bottle, and know by weighing machine how the Pluto thrives. When the little Plutocrats emerge from the nursery their development is carried on with corresponding regard to the edicts in scientific and hygienic pe Oh! lonely little sheltered dagogy. children of the rich-are you happier-any healthier-than your great-grandparents who went dames' schools at four years old. and found at that tender age a place in the great commonwealth we call the 'world?' I am sure I cannot to answer my own question; there is a new race in the making.

"When the time for more advanced education comes, Mrs. Pluto has a definite goal-her child is to hold its own among its peers at home abroad. It is taught to prattle French and German as readily English; its manners are carefully formed, its tones of voice modulated every outdoor sport and indoor grace are used to perfect its body: everything that money and knowledge can provide is lavished upon its intellectual and moral growth. ought to be an ideal human being; but is any system perfect? Are the children of the rich any freer from temptation than those of the moder dually lengthening its stay until it ately well off, those removed from actual poverty? And here I say 'Yes,' so far as the girls are cerned, because they are chaperoned. guarded and amused-mark the last point-amused, for pleasure denied is the source of most girlish indiscretion. But in regard to the boys I should say quite the reverse.

> ** ** ** OUR HELPERS

He loves me most who herps me greatest in any human relation, not he who says the most comforting things to me when death has inter rupted that relation. That fellow ship, if it was true, will survive the touch of death; but if I have missed the heart of it by accepting some thing less than the best it had to offer, who shall call back the vanished years and restore lost oppor tunity? I part from my friends but not lose them; what I lose is the growth, the unfolding, the task, the vision, the chance of love in this present hour.

'Send some one, Lord, to love the best that is in me, and to accept nothing less from me; to touch ne with the searching tenderness of the passion for the ideals: to demand everything from me for my own sake, to give me so much that I cannot think of myself, and to ask me so much that I can keep nothing spring shirt-waists. The back; to console me by making me smartest designs for a linen shirt-strong before sorrow comes; to help if slipped in edgewise. plaits on each shoulder, back and with many things by the way, I At the back the plaits taper lose nothing of the gift of life."-

WOMAN'S INFLUENCE.

"For the home life an influence o preferred. The regular shirt-waist paramount importance is that of the a mother. As we turn the pages of memory's album, the first photowaist is in front through the center box plait. The stitched plaits and the broad shoulder line give this itself—Mother—is sweeter to the and heart of man than honey and the

"The influence of a fond mother than ever, yet the tailor-made linen waist will also be much in demand.

Grace Margaret Gould, in Woman's Home Companion for February.

"The influence of a fond mother has saved souls in the forming of character, and the memory of her and a happy home has always exercised a restraining power upon

The great success and reputation that It has already obtained proves that Luby's Parisian Hair Renewer restores gray hair its its natural color, and, from its



Proclaims Its Merits.

KOENIG MED. CO., CHICAGO, ILL. Sold by Druggists at \$1.00 per bottle, 6 for \$5.00 Agents in Canada:—The Lyman Bros. & Co. Lyd., Tokonto; The Wingate Chemical Co., Lyd., Montread.

the passions of man. Mother love brings brightness to the home. us analyze that love. It has two elements-sacrifice and devotedness The duties of the Christian mother are solemn. She was free in entering into the compact, but entered upon her course she became a power for the full force of patural law and its consequent obligations for the good of the race and the preservation of public or-"Maternal love implies devoted-

ness. The whole being of the mother should be wrapped up in interests of her children. She the great priestess of the natural order-her altar the family fireside. While her husband is busy with the affairs of the world, into her hands is committed the care of an immor tal soul, the most precious treasure ever fashioned by the hand of God.

"The moral training of her children must begin at her own knee She must teach the tiny feet to walk in the ways of virtue and the counsel of God. To do this she must make the home holy. grace of the sacrament of matrimony alone will enable the Chrismother to accomplish tian work. Insist on public order. as you will, and persuade parents their natural duties, and after all it is religion that sanctifies And if mothers lose home. of the Christian obligation, everything pure and holy is lost

"Women may not be called great deeds in order that they may be great. Joan of Arc and Amazons of history are exceptions. Many unknown heroines, pure, sin less, uncomplaining, are working for the glory of God in misery and poverty, and they shall obtain their

TIMELY HINTS.

To save lamp glasses from breaking, hold them over the steam of kettle, and rub quickly with crumpled-up newspaper. and afterwards

polish well with a soft duster. To clean marble busts, mantels, etc., wipe free of dust, then wash with weak hydrochloric acid.

How to get the most juice out of a lemon. Before cutting the lemon open, roll ft well with the palm the hand on the table; then, when it is quite soft, cut it open and squeeze

When boiling a pudding in a cloth put a plate under it in the sauce pan, and it will prevent it burning or sticking to the bottom.

When washing glassware do

put it into hot water bottom first, as it will be liable to crack from sudden expansion. Even delicate glass

When boiling common starch sprinkle in a little fine salt. This will prevent the starch from sticking.

FUNNY SAYINGS.

A NEOPHYTE'S "REGRETS."

A young gentleman who had not amiliarized thimself with the forms of polite correspondence, and lacked the good sense to discover the form

ask you for your daughter's hand.

Mr. Payter—Look here, young man.
I'm not disposing of my daughter on the installment plan. Any time you feel as if you could take care of the rest of her, call again. Good-

PUTTING HIM WISE.

His Wife-John, dear, I need a new ress awfully.

Her Husband (gruffly)—I'd like o know what you need a new dress

His Wife-Why, I want it to cover the piano with, of course. don't suppose for a minute that intended to wear it, did you?

"Typographical errors," said William Dean Howells, the famous velist. "are always amusing. When I was a boy in my father's printing office in Martin's Ferry. I onc made a good typographical error. My father had written 'the showe last week, though copious, were not sufficient for the millmen. I set up 'milkmen.' "

When Charles Dudley Warner was a newspaper editor in the early 60's he was accustomed to write his editorials upon the war with fervid haste, regardless of all ideration of handwriting. One day a typesetter left the com

posing room and appeared at ditor's desk. "Mr. Warner," he said, "I've de

cided to enlist in the army.' With mingled emotions of pride and responsibility, Mr. Warner plied that it pleased him that man felt the call to duty. "Oh, it isn't that," said truthful compositor, "but I'd

ther be shot than set your copy.' A young man was being examined by a life insurance official as to his family record. Among other que tions, the following was asked: "Of what did your grandfathe

The applicant hesitated a few mo ments and then stammered out: -"I-I'm not sure, but I think he died in infancy.'

A minister of Fulton, Kansas, was moved by the grief of a husband whose wife was to be buried, and sought to commiserate him in the following manner: "My brother, know that this is a great grief that has overtaken you, and though you are compelled to mourn the loss of this one who was your companion and partner in life, I would console you with the assurance that there is Another who sympathizes with you and longs to embrace you in To arms of unfailing love. the bereaved man replied by asking as he gazed through tears into the

LITERARY REVIEW.

FEBRUARY WOMAN'S HOME COMPANION.

Following the example of President Roosevelt, who gave publicity his views on child labor reform in the January number of the Woman's Home Companion, Senator Albert J. Beveridge has sought the same r dium to explain his national child labor bill to the American people. Senator Beveridge convincingly presents the need of a national labor law and incidentally gives his view of the important question of states" rights. In the same, number of the magazine is an editorial by Dr. Edward Everett Hale, in which the distinguished American gives a characteristic view of club women and what they should do for their country's benefit. Gertrude Atherton also writes of the club question in an article entitled "The Club Man and the Club Woman." Elizabeth Duer contributes an article terday and To-day." in which compares the modern woman wealth with her rich sister of can be washed in very hot water if slipped in edgewise.

When boiling common starch theme "The Woman of Millions." The fiction in this number includes charming short story by Myra Kelly "Veni, Vidi, Vici:" 'My Inherited Maid," by Clara Morris; "Captain Murch's 'Lopemunt," by herited Maid," Holman F. Day; "The Transformation of Kate," by Francis Lynde, and two seriels—"The Sacred Fire," by Elizabeth Stuart Phelps, and "Jerry, Junior," by Jean Webster. Music lovers will be pleased with the original song and music, "With Roses," contributed by Louis for himself, found it necessary to refuse an invitation. The Chicago News gives the note which he wrote:

"Mr. Jg Henry Newton declines with his recent trip to Turkey and "Mr. J. Henry Newton declines with pleasure Mrs Raymond's invitation for the twenty-first, and thanks conducted by Grace Margaret Gould, Anna Steese Richardson, Mrs. Sangster and Famile Merritt Farmer offer many valuable hints to women-Mr. Sooter—Sir, I have called to kind in general, while Aunt Jane ki you for your daughter's hand.

> Butterfly Suspenders. A Gentle san's Brace, "as easy as none," nan's Brace,

THE POET'S CORNER

INTO OBLIVION.

Thousands are round us, toiling as Living and loving, whose lot is to be

Passed and forgotten like waves on the sea.

Once in a lifetime is uttered a word That doth not vanish as soon Once in an age is humanity stirred.

Once in a century springs forth

From the dark bonds of forgetfulnes freed, stined to shine, and to help, and to lead.

Yet not e'en thus escape we The deed lasts in memory, the does is not;

The word liveth on but the voice forgot.

Who knows the forms of the mights of old? Can bust or can portrait the spirit

unfold. the light of the eye by description be told?

Be we content then to pass Visage and voice in oblivion laid, And live in the light that our actions have made

Arthur H. Clough. PHANTOMS.

Whence do they come? What may their import be-The flitting, flashing phar

the mind-That half awake and half in dream

That never can be captured or de

They hint at something lost, some thing desired, Something whose ownership would

Perhaps at thoughts with subtile meaning fired, Or truths unrecognized because

They may be glints of half-forgotten dreams,

They may be memories long buried That from their ashes give out fitful

gleams, Before they sink to their final sleep.

Perhaps electric lines from brain Are tapped and flashed by crossing

with our own,

Perhaps some floating shreds or bits remain Of former life that we somewher

Perhaps they are the signals loved

spirit-full with earthly sense to Once again in dear ould Ireland-

Too finely soft to fully pierce life's

Conjectures clutch at shadows and we

mystery is aye beyond our The An ignis fatuus no art can snare.

-Laura C. Carr.

WORTHINESS.

Whatever lacks purpose is evil: pool without pebbles breeds one step hath chance Not any

fashioned on the infinite stain way of time; Nor ever came good without labor,

It must be wrought out through muscles-born out of the soul and the heart.

Why plow in the stubble with plow. shares? Why winnow chaff from the grain?

Ah, since all His gifts must toiled for, since truth is not born without pain,

weak or foolish in deeds Who soweth but chaff at the seed-

time shall reap but a harvest of weeds. the pyramid builded of vapor is blown by His whirlwinds to

naught, So the song without truth is for-

gotten: His poem to man is man's thought. Whatever is strong with a pose in humbleness wrought and

soul-pure, Is known to the Master of Singers: toucheth it saying, "Endure."

.. AN EXILE.

Oh the green is on the meadow, an' the laughter in the rills: An' the maple-buds are swellin', an'

the flush is on the hills. Shure the very trees are laugin', an' Spillin' dainty fragrant blossoms all

across the smilin' sod; Oh, the air is soft an' balmy, an' it stirs the blood like wine,-For I know the sun is shinin' far across the ocean's brine, Kissin' all the hawthorn hedges, till

they're white with fragrant snow, As they were that fair spring morn-

in' when I left them-long ago. Tho' me head is frosted over with

the snows o' many years, An' me face is lined an' wrinkled. an' me eyes are dim with tears, Yet me heart is young an' foolish, an' I ang with eager pain

an' to see the bogs again! Shure I thought the gold was growin' free an' wild on every tree! An' that all the men were equal in this land o' liberty. Whirra, now, I'm not complainin'-

but I'd give me eyes to be God's own isle-across the sea!



Boil it Down,

Whatever you have to say, my friend Whatever witty, or grave, or gay, condense as much as ever you can, And say it in the readlest way; and whether you write of rural af-

fairs, Or particular things in town,
Just take a word of friendly ad-

Boil it down.

For if you go spluttering over page
When a couple of lines would do,
Your butter is spread so thin, you

To make quite sure of your wish, my Boil it down.

When writing an article for

press,
Whether prose or verse, just try
To utter your thoughts in the few,
est words,
And let them be crispy and dry;
And when it is finished, and you

suppose
It is done exactly brown,
Just look it over again, and then
Boil it down-

I am very much interest of the thought of the thoug first Communion and the last Sunday of Se I live in the country rechurch, and I go to a am in the senior for am also very much in "Little Oddity"; every just waiting for each to come; we just feel

THURSDAY, FEBRU.

I think a compositio very nice for a comp you wish.
w. Wishing t anything letters from this out. Your loving r

knew Bonny just by r

Vine, Feb. 16, 1907.

PUSSY AT SCH One morning when 'twe cool,

To show the children ju That kittens work and First she washed her fa Then she scrubbed her For kittens are so clear To school they never di

Miss Pussy Cat ran off

Her nails and teeth she For well this clever kit If mousies went to that She'd be in need of ever

Like any model pussy c And when she had a wo She'd gently raise her pa Her teacher thought her She studied hard with a And when she said her

Twas a tongue quite ne And when it came her The children had to lau For this is just exactly She spoke our English now menow!"

She did not make one b Like all the other girls For when her lessons go Miss Pussy just went of

This clever cat neverthel Waked up the moment 't She danced and jumped,

clare She was the smartest sc She was the smarter.

—Jeanette R. Murphy.

TOMMY'S WARM WE Tommy's father owned grove in the lake regions One evening it seemed t ing colder, and he ma trips to the thermometer piazza north of the house

"I do hope it won" enough to do any damage heard his father say, as l for the fourth or fifth t the piazza.

"How does it get down, asked Tommy.

Mr. Williams explained to ver line inside was called and that when it got do certain point water wo damage would be done.

After his father left Ton

to the piazza and climbed chair to see if the mercur going down. And then going down. idea came to him. When Mr. Williams retur

amine the thermometer on "Oh, Tommy," he called, the thermometer?"

it's all right, papa," Tommy gleefully, as he da wards him. "That mercu gone up ever so higher'n when you was here. It nice and warm," and he le the henhouse and drew thermometer from under a hen. Sure enough! The had gone up ever so high, indicated such warm weath father was obliged to tur-

LUTTLE AIDS TO ME

Two hundred bones yo enough make a little chap;

Night red, morning gray, Sure to be a fine day; Night gray, morning red, Sends many shepherds be-

the e? Destion which sorely pushed in this