locations within the most bracing latitudes, or where that is not within our means of life, then to live on the higher ground of our district and spend holidays in the higher altitudes of the bracing mountain air to recuperate our energies.

The increasing numbers of citizens from New York. Philadelphia, Toronto, and other Eastern cities, who annually travel the vast distance of 6,000 miles on the round trip to the Rocky Mountains, find themselves amply rewarded by the renewal of health and braced-up nerve they gain to sustain them happily in the van of progress. They yearly look forward to that trip with increasing delight, knowing that they can always find different charming scenes amidst which they can freely breathe the healthful, invigorating mountain air.

In every well-ordered life, the first and ever-continuing consideration should be to choose the healthiest surroundings to develop the fullest individuality, and not remain mere creatures of circumstances around our place of birth—dear as that may be cherished through the joyous reminiscences of childhood and early home-life.

GREATER SCOPE FOR YOUTHFUL ENERGIES:

As fuller life matures we need the greater scope which Western Canada's almost limitless fertile expanse can best supply in the vast Territories north and west of Winnipeg, extending, approximately, 1,500 miles west and 1,500 miles north. That contains 2,250,000 square miles—more than half the size of Europe—now budding forth into prosperity, as the fertile "Wheat Belt" is advancing northwards at the rate of about 20 miles per year, through that most permanent basis of prosperity—

agricultural development, aided by nature's great gravitational trend of climatic change, slowly but surely improving its climate, thus developing milder seasons throughout Canada—especially in the West, as will be explained later.

CANADA'S IMPROVING CLIMATE:

That the climate of Canada improves in a remarkable manner as we journey westward, is the experience of impartial observers, and proved by the emphatic upward trend of the full red lines of approximate EQUAL MEAN DAILY TEMPERATURE shown upon the accompanying "Climatic Sketch Map," which are shown as recorded by the Meteorological Service of the Dominion of Canada on Map 26B, of the "Atlas of Canada," issued by the Department of the Interior, to which the writer has added the bolder figures, denoting the remaining days per year on which the average shows that continuous frost prevailed. Those lines are therefore impartial so far as British Columbia is concerned, wherein they disclose the extraordinary fact that the records denoting the equal mean daily temperature above 32 deg. Fahrenheit rise from the latitude of British Columbia's southern boundary to its northern limit, about ooo miles further north.

The 250 days of the year line sweeps westward along the Canadian Pacific Railway past Lake Superior and Winnipeg, on to about Regina, whence it sharply trends upwards by Edmonton, in a north-westerly direction, to the north of British Columbia, denoting a warmer climate on the average, along and west of that line, as the more vertical 300 and 350-day lines emphatically prove.