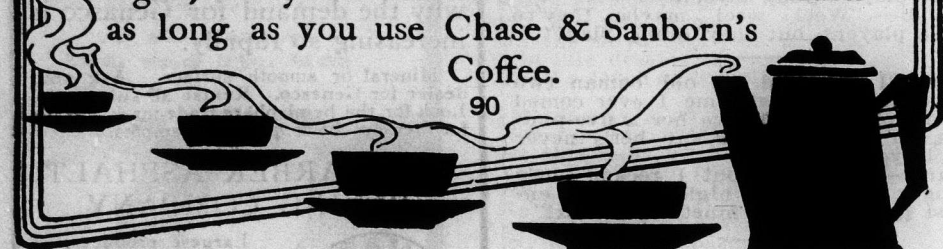


Chase & Sanborn's

HIGH GRADE COFFEE

Of course, there's a lot in making coffee right. But do your part right, and you need have no fear of the results as long as you use Chase & Sanborn's Coffee.

90

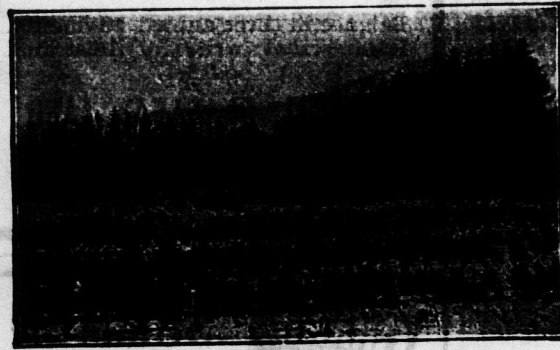


ALWAYS EVERYWHERE IN CANADA ASK FOR EDDY'S MATCHES

Eddy's Matches have hailed from Hull since 1851—and these 57 years of Constant Betterment have resulted in Eddy's Matches reaching a Height of Perfection attained by No Others.

Sold and used everywhere in Canada.

WE OFFER HARDY TREES GROWN FOR Manitoba, Saskatchewan and Alberta



planting. In varieties tested and recommended by Experimental Stations at Brandon and Indian Head.

Salesmen Wanted

to start now on fall sales. Liberal commissions, Pay weekly.

The Fonthill Nurseries

Oldest and Largest in Canada.

Established 1837 Over 800 acres.

STONE & WELLINGTON

TORONTO, ONT

STUBBORN DYSPEPSIA REMOVED BY

Rev. Arthur Goulding, B. D.

Chaplain, The Penitentiary, Stony Mountain, Manitoba, writes:—"It affords me very great pleasure in testifying to the merits of your invaluable medicine—K. D. C., which, if taken together with the pills is warranted to remove the most stubborn case of dyspepsia. I cannot say that I arrived at that stage when the disease had become chronic—but I have suffered intensely nevertheless. I had been under medical treatment for some time, with but little relief—when my attention was directed to your cure I tried it, and it has most effectually cured me.



Hints for the Housewife.

Keep Cool.

Folks are easily stampeded. Just when all their sense is needed; That's a fact by all conceded As a universal rule. If you'd meet the situation, Give it your consideration, Show no silly perturbation, Just keep easy, calm, and cool.

When your hands and arms are waving, When your tongue is loudly raving, When, in short, you are behaving Like a perfect bloomin' fool, Matters never can be mended, Too much effort is expended, Use your wits as they're intended, Just keep easy, calm, and cool.

Don't be foolishly elated, Don't with pride become inflated, Don't get mad and irritated, All your passions strictly school; Try to hold yourself together, Don't let go and snap your tether, Even in the present weather, Just keep easy, calm, and cool.

USEFUL SUGGESTIONS.

To keep linen and other white articles a good color fold up in blue paper.

In washing paint, always remember to wet the under part first, so when washing the upper, any water running down will leave no streaky marks.

Flies may be kept off screen doors by rubbing the frame work and wire netting with kerosene. The odor seems to be offensive to flies.

After frying fish place a little hot water and a few drops of vinegar in the pan so as to take away from it the taste and odor of the fish.

Rub raisins clean between towels instead of washing them. The latter method is apt to make them heavy and soggy in cake or pudding.

The knife used for peeling a pineapple should never be used for slicing it, as the rind contains an acid that is apt to cause a swollen mouth and sore lips.

When sweeping matting put a soft cloth around the broom. While it will sweep the matting just as well, it will also save it from wearing out materially.

Stains on white silk can usually be removed by soaking with gasoline and then rubbing in lump magnesia; as much should be rubbed in as the gasoline will absorb.

In order to prevent lamp chimneys from cracking, put them into cold water and let it come to a boil. Before taking the chimneys out the water should be allowed to get cold.

Rubber rings used for fruit jars that have become hard may be made pliable again by soaking for half an hour in a solution of two parts water and one part ammonia.

When olive oil is used at the table it should be put in dark colored bottles and removed to a cool, dark place immediately after the meal. It is injured by being kept in the light.

A badly faded garment may be made white by washing it in a boiling solution of cream of tartar—one tablespoonful of cream of tartar to each quart of water is the proper proportion.

To distinguish mushrooms from toadstools, sprinkle a little salt on the spongy part of the sample to be tried. If they turn yellow they are poisonous; if black, wholesome.

Dining-room chairs that are worn on the edges can be neatly mended by stretching bicycle tape firmly over worn places. Smooth carefully; then paint brown or green to match leather. A child's ten-cent box of water colors will do this nicely.

Save wooden meat skewers, as they are useful for getting into corners when scrubbing paint, etc. Let a skewer soak in the bucket while you are scrubbing wainscoting. After being used once or twice it forms a little brush, and is invaluable.

Keep Your Oven Clean.—Have the inside of the oven kept scrupulously clean. Wash the entire inside of the oven (not forgetting the roof) at least once a week. Remove the shelves and door before commencing operations, and scrape off any burned substance with an old knife. Let the oven be kept open until quite dry and all smell of soap has passed off. A spoke-brush kept for this purpose is very useful.

Newly-ground coffee sprinkled over game will keep it fresh in the most unfavorable weather.

To Remove Mildew Spots.—This is an old-fashioned remedy, but a very good one. Make a paste of starch, yellow soap, and lemon juice, spread on the spots, and leave in the open air all night. Repeat if necessary. Buttermilk will sometimes remove mildew spots.

Cushions.—A novelty in cushion-covers has been introduced, made of Swiss embroidery finished with a narrow frill of lace. Another new idea is to cover a colored saten cushion with an old lace curtain which has the design outlined in silk or bebe ribbon.

Here is something to do away with that dangerous paraffin can. Save all the orange peel you may have. Dry it in a cool oven, and store it away in paper bags. Then some morning when your fire won't burn, throw a bit of peel on and watch the effect.

If you want to clean rusty fireirons you should rub them well with sweet oil, and leave them wet for a day or two. Then rub them with unslaked lime. This will remove the rust, and then you may polish your irons just as usual. We have tried this, and have found it very good for cleaning them.

Few women appear to know of the rest that results from changing the shoes as soon as one goes indoors. Shoes which are worn in the street should on no account be worn in the house a moment longer than is possible. A very slight difference in the shaping of outdoor and indoor shoes allows the muscles of the foot to relax.

If the housekeeper who wishes to save her time and energy would do her mending before the clothes are washed she will find it to be more practical. She can mend all rips and tighten any buttons that would be likely to fall off in the wash, and thus save the annoyance of putting on others to replace them. When a garment having a small rent or tear is sent to the laundry it is apt to come back with the tear very much larger.

SUMMER DRINKS.

The following cooling and refreshing drinks will be appreciated during the warm weather:

Orange Sherbet.

Pour over the rinds and juice of three oranges and two lemons five breakfast-cupfuls boiling water; when cold strain, and add two pounds of fine sugar; gradually heat up again until the sugar is melted. When quite cold, add the whisked whites of two eggs, and bottle for use. A wineglass to a tumbler of cold water makes a nice drink or for use with gazogene.

Raspberry Vinegar.

Put the quantity desired of ripe raspberries in a basin (an old soup tureen does admirably), cover with good white vinegar; allow it to stand for a week, then stir and press the fruit well to extract the juice. Strain through fine sieve. To every breakfast-cupful of juice allow one teacupful sugar. Heat over slow fire to boiling point, but do not allow to boil. Cool thoroughly, then bottle and cork tightly. This makes a pleasant, refreshing drink with cold water, aerated water, or gazogene.

Nettle Beer.

Gather a large handful of fresh green nettles, wash, and put them into a large basin. Pour over them two gallons of boiling water, and allow to stand twenty-four hours. Strain and add the juice of two lemons, two teaspoonfuls essence of ginger, two pounds of sugar. Stir all well together, and when the sugar is thoroughly dissolved stir in one teacupful of barm. Bottle, and cork very firmly. In three days it will be ready for use.

Lemon Kail.

Rub the rind off two large lemons, with six ounces of lump sugar. Bruise the lumps to powder and dry in oven. Mix with dried sugar two ounces of tartaric acid and two ounces of bicarbonate of soda. Put into a wide-necked bottle, cork, and keep in dry place. A large teaspoonful to a tumbler of cold water makes a nice effervescing drink.

In order to obtain the best results in musical work it is essential to have a piano of fine tone quality and responsive action as a means for correct pianistic expression, or to give popular support to the voice. In this respect the Gourlay piano satisfies the most critical musician either for purely instrumental use or accompaniment.