

taken directly after a meal: two hours at least should intervene.

20. When the patients are at their meals, it is the duty of the attendant to be constantly with them, to distribute the food, and to prevent improprieties. Knives and forks must be counted after each meal.

21. Indisposition, refusal of food or medicine, any unusual conduct or appearance, or any suspicious occurrence, should be reported without delay.

22. Whenever a patient escapes, or is missing, immediate notice is to be given by the attendant in charge, and by any other person to whom the fact is known. Each attendant is to aid the others in watching suspected patients.

23. When patients are out for exercise they are not to be left alone: constant attention is to be given that they do not lie on the ground, or expose themselves to the cold in winter, or to the sun's rays in hot weather.

24. Attendants when in charge of patients at work, shall on all occasions take a part in the labor, and encourage them to diligence and industry by their own good example.

25. Attendants will not be allowed in the kitchen or laundry.

26. Attendants are not to leave the hospital without permission; and while absent their keys are to be left in the surgery. It will be their duty to report themselves immediately on their return to the premises.

27. Each attendant is to keep a report book for recording the temperature of the ward, and all noteworthy occurrences. A requisition book and damage book are also to be kept, showing the requirements of the ward, and the injuries done to clothing, furniture, &c. An in-