b) this allowance be paid on the condition that the pregnant woman receive continuing nutritional guidance and medical care as recommended by a physician or a public health nurse.

4. We recommend that the medical profession place more emphasis on early diagnosis of potential "high risk" parents and that these parents be encouraged to seek special counselling where indicated.

5. We recommend that health agencies, physicians and pharmaceutical companies caution a pregnant woman about the potential danger of many medications, drugs, tobacco and alcohol to herself and her unborn child.