

IMPORTANT NOTICE.

With the January (1896) number, will begin a new exposition of the "Wawa" shorthand, English method, which will be continued in the following numbers until complete. It will be done up in clear, readable type, with the phonographic signs at the right, in photo-engraving. Those who have already studied the "Wawa" phonography from the mimeographed papers, or from the plates of last year, are unanimous in stating that it is the simplest and easiest to learn that has ever been seen.

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Very Rev. Father Matthew Gaughren, Provincial of the O. M. I. in the British Isles, passed through British Columbia last September, on his return from Australia, where he has been establishing houses of his Order. There is already a house in Fremantle, Western Australia, which was established in July, 1891.

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Next year (1896), Septuagesima Sunday falls on February 2.

Ash Wednesday, February 19.

Easter Sunday, April 5.

Ascension Thursday, May 11.

Pentecost Sunday, May 21.

Corpus Christi, June 4.

Sundays after Pentecost number up to 26.

First Sunday in Advent, Dec. 2.

Transferred Solemnities during 1896.

1. The Solemnity of the Purification of the Blessed Virgin Mary, on Sunday, February 9.

2. The Solemnity of the Feast of St. Joseph, on Sunday, March 8.

3. The Solemnity of the Annunciation of the Blessed Virgin Mary, on Sunday, March 15.

4. The Solemnity of Corpus Christi, on Sunday, June 7.

5. The Solemnity of the Saints Peter and Paul, on the Sunday following the feast of the same—that is, July 5. The Fast of the Vigil is on Saturday, July 4.

6. The Solemnity of the Assumption of the Blessed Virgin Mary, on Sun-

day, August 16. The Fast of the Vigil, on Friday, August 14.

7. The Solemnity of the Nativity of the Blessed Virgin Mary, on Sunday, September 13.

8. The Solemnity of St. Michael the Archangel, on Sunday, September 27, the Sunday preceding the feast of the same.

On the 24th of October, anniversary of the consecration of the Bishop, the prayer "Deus Omnium" is to be added in the Mass of the day.

Collections during the Year.

January 6, for the African Missions. Ordered by the Pope.

Good Friday, for the holy places in Palestine. Ordered by the Pope.

First Sunday in October, for the students of the Priesthood. Ordered by the Bishop.

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LENTEEN REGULATIONS.

The Lenten Regulations for the diocese of New Westminster, for the year 1896, will be as follows:—

1. By dispensation obtained from the Holy See, on the 7th of August, 1879, and on the 11th of December, 1893, the use of flesh meat is allowed in this diocese, at the principal meal, on Mondays, Tuesdays, Thursdays and Saturdays, throughout Lent, except on Saturday in Ember Week, and Thursday and Saturday in Holy Week.

2. Meat is allowed at every meal on all Sundays throughout Lent.

3. Persons who are not obliged to fast may use flesh meat at every meal on those days when it is allowed at the principal meal.

4. The use of flesh meat and fish at the same meal is prohibited.

5. The use of white meats—that is, milk, butter, cheese and eggs, by dispensation is allowed on all days throughout Lent.

6. It is permitted to use drippings or lard, instead of butter or oil, in preparing victuals, not only during Lent, but also on all days of abstinence throughout the year.

7. Persons using the above dispensations are bound to atone for their sins by other works of penance, and to give alms according to their means, the use of which is determined by the Bishop.