church, and a question, with its answer, each Sabbath on missions. If adopted, the Supplemental Lessons will do much to systematize the knowledge of the scholars and thus enable them to profit more by the ordinary Bible Lessons. The question a Sabbath on missions is suggested in response to the General Assembly's instruction to the Committee to consider the feasibility of systematic instruction on missions in the Sabbath schools. It will be a step distinctly in advance of any other of our Canadian churches. The adoption of Supplemental Lessons will bring our schools into line with a very general movement throughout Canada and the United States.

NOW-AND THEN

"With you alway." This is the ringing proclamation by the risen Redeemer, that all separation between Himself and His followers on earth has been abolished.

Distance cannot part the Saviour from His friends. More than once, during His life, the healing power residing in Him had reached those lying on beds of pain far away. Nay, had He not felt the failing pulse and seen the glazing eye of His dying friend over the wide space that lay between them. Locks and bolts did not prevent the risen Christ from standing suddenly amongst the amazed disciples. He is free from all limits of space. Though we climb the mountains or cross the oceans, He is still near.

The tenderest human ties are severed by the cruel knife of death. Few hearts have not been made to bleed by that remorseless stroke. We follow our loved ones, until they enter "the undiscovered country from whose bourne no traveller returns," and they vanish from our tear-dimmed sight, leaving us to long

"for the touch of a vanished hand, And the sound of a voice that is still."

But He who lay in Joseph's tomb has come back to us from that unknown land. He lays His hand again in blessing upon our heads. His voice falls with its old-time music on our ears.

Most terrible of all separations is that of mistrust. The destruction of confidence has often riven the bonds of closest friendship, and driven asunder the nearest kindred. What pains the Saviour took, during His resurrection life among men, to remove all grounds of disbelief. By convincing the most subborn doubter of the eleven, He has given us a faith which unites us securely to Himself.

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"With Christ." So the apostle gave words to His hope in full view of death. He was not about to fare forth upon an unknown sca. His bark was under the care of a safe and trusty Pilot, who would bring him without fail "to the haven of his desire."

Christ with us now, is the guarantee that we shall be with Christ then. Ours will be a share in the glory of His victory. For we may be sure, that the Captain will not grudge a part in the fruits of conquest to the humblest private who has fought in the ranks.

That is not all. We shall be like Him. To our dim and intermittent views of His character here we owe all that is good in us. How we shall be transformed when His full glory bursts upon our clarified vision!

And this heavenly companionship will be permanent. We shall abide continually in the presence of the King. For ever our hearts will be ravished with His love, and our blessed hours spent in the highest and holiest service.

HOW I GOT AND HOLD MY CLASS

By Miss Harriet Oliver

Five years ago, after a course of study in our Teachers' Training Class, I was given six girls ranging in age from 9 to 12 years.

At first I found it hard work, but, as I made the personal acquaintance of each girl, it became comparatively easy. A smile would flit from face to face at first, when I welcomed each scholar with a handshake and a few words of greeting, and it was difficult to get them to tarry for a moment after the school was dismissed to say "Goodby" to me and to one another, but in a few weeks they began to like it, and now it is sometimes necessary to ask them to go.

The class has since grown front 6 to 12, and I try to remember that each one is a member of a family, and often a special