Add water to milk-

You weaken your flour.

Cheapens it too.

nutriment.

economical.

You weaken the milk.

Add soft wheat to flour-

Soft wheat costs less—worth less.

Soft wheat flour has less gluten less

Your bread is less nutritious, sustaining,

Soft flour has less strength, less quality

Giving less good things for your money and

Not Bleached

things less good.
Use Manitoba flour-Manitoba hard wheat flour.

Having everything the soft stuff lacks. Five Roses is all Manitoba.

Without a grain of cheaper wheat.

Strengthen your food values.

Use FIVE ROSES.

# WALL PAPERS! Forest Fires Rage

Here we are again with a larger stock than ever of new and leading designs in WALL PAPERS. I buy direct from the largest mills in Canaria, and in large quartities, and

CAN QUOTE YOU VERY REASONABLE PRICES. I have another large shipment to arrive Feb. Ist. WRITE, CALL or PHONE and I will show samples in any part of the country.

F. B. BISHOP, Lawrencetown

Cream Separators always in steck.

### Good Seeds

Are of First Importance to the Farmer,

Our stock of Field and Garden Seeds is now complete:-

Timothy, Red Alsyke, White and Alfalfa Clover, Brown Top, Mangle, Sugar Beet, Turnip, Carrot, Cabbage, Parsnip, Corn, Peas, Beans, etc.

Vitriol, Paris Green, Sulphur for spraying.

Granville C. L. PIGGOTT, Bridgetown N. S.

## T. J. MARSHALL CUSTOM TAILOR

Is prepared to take your order for a new SPRING SUIT OR OVERCOAT. A fine line of materials to select from.

Cleaning and Pressing neatly executed.

SHAFNER BUILDING.

Queen Street

Mens' Boys. Youths'

Womens' Misses' Childrens'

E. S. PIGGOTT

Amusement Blended With Education

KEEP AUGUST 39 TO SEPTEMBER 7 For Halifax Fair.

AT THE

# Provincial Exhibition. DAILY AIRSHIP TRIPS

From the Exposition Grounds.

The vaudeville program at the Big Nova Scotia Fair will be A 1 and at the same time the

Regular Exposition Features of the Great Exhibition will be up to the high standard hitherto set. There will be speed competitions on the seven days of the fair for purses aggregating \$6,200. The exhibition premiums total \$20,000. Goodalejs Airship Trips will be made daily, and besides, there will

be seven great vaudeville acts for the grand stand. M. McF. HALL, Manager and Secretary.

## The Monitor Wedding Stationery

will suit the most fastidious of brides. Correct in style, excellent in workmanship. Old English Wedding Text, Imperial Script, Tiffany Script on smooth or kid finish stationery. Ask for samples.

in Cumberland.

Already Much Lumber Has Been Destroyed-Rain Can only Stop March of Flames.

Amherst, N. S., July 17-A terrible forest fire has been raging in the Western portion of this county for the last week. The fire originated on the lumber property owned by Messry Cochran and A. Soley, at Fox River. These gentlemen claim that the fire was plainly the work of an incendiary and that fires were set in three disinct places on their property and on ortions of it not visited by either

From Fox River Settlement the fire has spread to the adjoining lumber areas owned by C. T. White and Son Apple River, Robinson and Wright, Shulee; Kelley Brothers, River Herbert, and also to the property of H. W. Elderkin in the same section of the country. So far the fire has run through valuable timber lands for a distance of eighteen miles and has burned a path from six to eight miles wide. From one hunared to two hundred men employed by the different lumbermen in this section of the county, have been vigorously fighting the fire lor the past six or eight days with but little success.

Today the conflagration is raging as fiercely as ever and clouds of smoke overhang all the valleys along the Bay of Fundy coast and through The River Herbert Valley. Robinson and Wright have a cut of two million feet of lumber which is seriously threatened, the flames now being within two miles of their mills and the fire is now travelling towards

It is impossible as yet to give any estimate with regard to the loss but there is no doubt that millions of feet of valuable lumber has been destroyed. So far as can be learned no houses or buildings have yet become a prey to the flames but several settlements have had close calls. If raib does not come to relieve the situation it looks as if the fire would contipue until it burns itself out. Without doubt it is one of the most disastrous fires that has ever visited this part of the province and the logs of the lumber operators will be

Destroyed. The heavy forest fire that has been that sometimes have him for many (Yarmouth Herald) raging for some days past between years. Forest Glen and Lake Annis, apwas destroyed, taking with it six

bout ten o'clock at night, when the may be protracted to fifteen or even fire had reached within half a mile twenty minutes.

scene one of awe and terror, as with to tree with amazing rapidity.

ped off to sleep. Mr. Saunders' mill and contents, and the lumber burned were insured.

TUBERCULOUS MILK.

The final report of the British Royal Commission on Tuberculosis simed that of twenty-eight cases of pulconsumption two were of teen showed bovine bacilli exclusively ly before he goes into the surf. and two contained both bovine and human forms of germ.

neglected. It states that these predren, and adds that "bacilli may be the water. present in the milk of tuberculosis would greatly reduce the number of cases of abdominal and cervical gland

tuberculosis in children.' of infants and young children is con- Magazine. cerned. He can use only tuberculin tested cattle, or he can pasteurize his milk. The danger to the adult

MINARD'S LINIMENT cures Burns,

small, but even in his case a pas- Cholera and Diarrhoea Remedy. It is jects. The aura developed a strong to the purchase of depilitories. teurized or tested raw milk is to be not to be obtained when on the

LAKE OF THE WOODS MILLING COMPANY, LIMITED MONTREAL

Sea bathing in nearly all cases is Attorney-General MacLean Leaping good for children. It invigorates and treal. stimulates them, and the sunshine warming their little bodies is better than the best of tonics.

Sea bathing in this climate begins about the second week in June and ends about the first week in September. Very little children should be al-FOREST FIRES AT LAKE ANNIS. a decided mistake to frighten a child to retire from provincial politics. In my opinion, itably injure the skin, and is liable to cause serious eruption or skin lowed to paddle on the edge until Mr. MacLean was here on Saturday knows what it is. In my opinion, itably injure the skin, and is liable by compelling him to let you carry but he is uncertain just when it will chemicalized film. My experiments, And all the time the hair comes Saunders' Saw Mill and Six Houses him into deep water. More harm than be. He proposes to locate and prac- however, seem to prove that it is back again, in increasing growths. good is done by fear of water the child conce.

Children who are in the habit of ment of Lake Annis recently and taking their daily bath in a big tub the residents were in a state of anx- filled with water are seldom afraid to iety, particularly at six o'clock in go into deep water when swimming the afternoon, when the extensive times comes. But if they are afraid, saw mill of Mr. David R. Saunders compulsion and duckings will not of the employees' houses and two cure them. One thing should be re-There are a number of summer be thoroughly wet as soon as the houses in the village owned by Yar-child wades into the sea. The first cupied, it being the intention to go bath should last only ten minutes at there after Old Home Week. Dr. Sol- the very longest. After the child beoan and wife, of Truro, were there comes accustomed to the climate and Mrs. W. H. Moody, and for the weather gets warmer the bath

For the first week or two, in order Several had removed their effects to get invigorating effects, the bath from the houses, as it was feared nothing could stop the approach of should not take place every day, but of the fire. A strong southeast wind every other day or twice a week. Imwas blowing, which added to the vol- mediately after the bath the child ume of the flames, and made the should be rubbed with a rough towel a roar the flames leaped from tree and dressed. He may then play on the beach in the sunshine or take a By midnight all danger was passed brisk run. A great many mothern aland the tired weary residents drop- low their children to take sun baths while in their wet bathing suits. This sometimes has good effects, but | if the child is dried and dressed quickly he is certain not to be chilled and the effects are just as good.

Of course every mother knows that ply confirms the views held by the no child should ever be allowed to enmajority of experts as to the danger ter the water if it is either too cold from the bovine disease. It is report- or too hot. If the child is chilled beorigin, and of twenty-nine If he is perspiring from the heat he iry to take the place of these cases of abdominal tuberculosis four- should be allowed to cool off gradual-

A child's bathing suit should be The Commission therefore concludes made of light flannel, in one piece, that precautions against human in- with short sleeves, and legs. If he has fection from the milk and meat of to be carried any distance to a bathtuberculous cows cannot safely be house, he should have a warm dresscautions are particularly necessary in ing gown of towelling or flannel to the case of milk consumed by chil- put on as soon as he comes out of thin. The chances are that he really

Every child past eight years of age of disease of the udder." Because of should be taught to swim. It is not HAS THE FLIGHT OF THE VITAL this it believes that "measures for difficult at this age to teach them. securing the prevention of ingestion Children are natural swimmers at any of living bovine bacilli with milk rate and take to swimming like little These conclusions which may be erly speaking the dog fashion method considered as a final and authorittive Those who learn the art of swimming considered as a final and authoritative early soon acquire better strokes, ner, of England. Some time ago, many lines of space being given over between two mehods-at least so far and dog fashion requires less effort as his milk intended for the feeding than the breast stroke.-The World

from bovine tuberculosis is certainly out a bottle of Chamberlain's Colic,

Change in Nova Scotia Cabinet When The Children Go Bathing

to practice Law in Mon-

c'al Attorney-General.

ation business.

A TOILET REQUISITE.

Borax and the finer boracic acid are so valuable that'a small package of each flould always be at hand, whehealing effect upon the skin, if not used too frequently. To remove the water in which the face is bathed. If the eyes are tired, especially from the heat of the day and the sun, a is highly recommended as a wash.

Hands that become red upon exposure | was most attentive to his practice, | the municipal authorities in immay be softened and whitened by most methodical in his ways, most proving the housing accommodation bathing them in hot water to which exemplary in his habits. Whiskey of the poorer classes, and hygenic

dust well with powdered borax under fore long he was engaged in the the arms after bathing.

FOR WIVES.

Don't nag and criticise him about little things.

Think of what he gave up when he fore the bath he should not take it. ings out, his sports and chats-and to muddle, but not enough to mean much as you can.

If you have a quarrel don't ask your | in club or office: mother or women friends for advice. Fight it out yourselves.

Never fail to have meals ready. Many homes break up on the meal Stick to him through thick, and

s better than most men.

SPARK BEEN WITNESSED?

Detroit. Mich., July 17-The flight tadpoles. It is better to teach them or dusty a shampoo isneeded-whe- of the most reputable beauty docthe elemental stroke, which is, prop- Dr. Patrick S. O'Dell, of Chicago, an | tors in the country. X-ray expert, who has been following experiments made by Dr. W. J. Kil- ly and their virtues urged forward, using a chemicalized film, sealed be- to declarations that they will 'positween two thin strips of glass, Dr. tively remove all disfiguring and Never leave home on a journey with "electrical radiation" of living bod- desire for beauty of person is the north of there were baked on the ies, four young women being the sub- highest and strongest instinct, flock trees by the intense heat yesterday.

form of the subject.

methods, and tice his profession in Montreal, with the animated power or current of life more particular attention to corpor of human beings.

with the dreadful Kidney Disease ther one is at home or travelling. knows what this means, and you who For toilet use, borax enters into the are so afflicted will forget all about membered, however, the head should preparation of many of the most pop- it in a few days if you are only States, Great Fritain and other counular cosmetics. It has a softening and wise enough to take FIG PILLS. Fig Pills are guaranteed to cure you. If not your money back.

Not Blended

ons, add a pinch of borax to the price by The Fig Pill Co., St. Thom' THE DOWN GRADE.

spoonful to a pint of boiled water- mong the younger barristers of Tor- through the medium of local dispenonto, was sent to the penitentiary aries, and visits of trained nurses to It is also valuable as a healing lo- yesterday for three years on several the homes of the afflicted, combined tion for slight cuts and scratches. charges of forgery. At one time he with energetic action on the part of a good-sized pinch of borax has been caused his downfall. As he increased conditions generally his consumption of strong drink his To remove the odor of perspiration attention to business ceased, and begravest of crimes that a man of his profession can be guilty of the forging of the names of public officials to bogus property titles.

How many young men in business life and in the professions are following in the road he took to ruin. took you-his men friends, his even- They indulge in daily tipple-enough public disgrace or cause the pointing of the finger and the whispered words

FOR RHEUMATISM.

a teaspoonful of salt and a pint of work is over, and the evenings are boiling water. Let it get cool and long, making it easy to attend polidrink a glassful every morning be- itical meetings. If the Opposition refore breakfast.

USE OF DEPILIATORIES.

Beware of the depilatory! This is of the vital spark has been witnessed just exactly the advice given by one

Depilatories are advertised constant-

beauty specialist, who really knows, window.

"Last night, said Dr. O'Donell, "in are composed principally of quickthe presence of several physicians in lime. The result of the applied dep-Mercy hospital, I tried the experi- ilatory is to eat the hair off; but in ment on a dying man. He was rap- so doing encourages a larger and idly sinking. Suddenly the attending | more obstinate growth. From a soft physician announced that the man fuzz, the hair on the face comes back Ottawa, July 10-An impending was dead. The aura began to spread a stiff bristling beard, and from havchange in the Nova Scotia Govern- from the body and presently disap- ing to apply the depilatory once in ment is foreshadowed in the admis- peared. Further observation of the four or six weeks, the period necession to the Bar of Quebec last week corpse revealed no sign of the aura. | sary decreases to a week or a day or of Hcn. A. K. MacLean, the Provin- 'We don't claim that the light is two. Continuous and long use of the the soul or spirit, in fact no one depiliatory or quicklime will nev-

Unless some process of law limits the sale of depiliatories, the world in doomed to a race of bearded women' says this beauty, expert, and her testimony is backed up by the same assurance from others in her line of

A great amount of money is now being spent in Canada, the United tries in providing sanitaria for the treatment of tuberculosis, especially Twenty-five certs a box at all lead advanced cases. But Dr. Montizamshiny look common to some complex- ing stores, or mailed on receipt of best, chief medical health officer for the Dominion, is of the opinion that these institutions while of great value will never of themselves serve I to eradicate the disease. He holds solution of boracic acid-one tea- A King's Counsel, well known a- that more effective work can be done

ELECTION IN SEPTEMBER.

Appeal to Country During August is

Regarded as Unlikely. Ottawa despatch-The party workers in charge of the practical task of preparing for a general election, do not take much stock in the report that the voting will take place in August on account of the practical difficulties in the way of such an early appeal to the country. They say that no matter what happens when the House meets, the government will not ask the farmers of Canada to Note in the middle of the harvest season. October is the ideal month for Mix together the juice of one lemon an election, because the rush of farm fuses to vote supply, thus making an appeal to the country necessary, the Government will probably not find it convenient to wait till October, but the workers say that there is little likelihood of the vote being taken before September 10th at the earliest.

APPLES BAKED ON

Rochester, N. Y., July 7-A special O'Donell gave a demonstration to superfluous hair from face, neck or from Erockport says that apples twenty physicians of the aura or arms.' Women, in all of whom the growing on the Frank Sparling farm, Some of the apples were taken to cars or steamships. For sale by all ray of light surrounding the entire All depilatories, according to this Brockport and exhibited in a store