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A. McRAE,  
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Water Street,  
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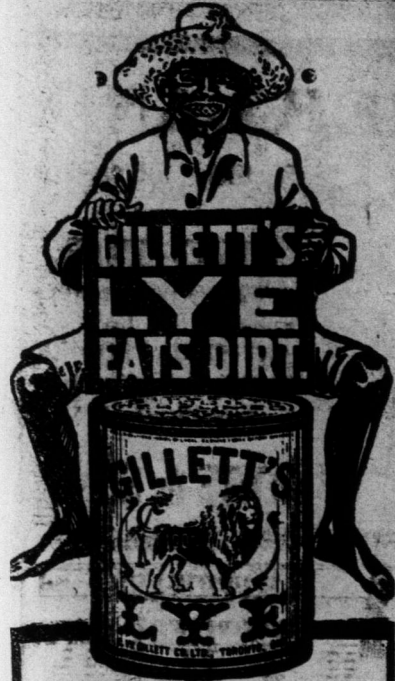
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London, England.  
Agent.

0,000 522 Bennett Type-  
writers IN USE IN  
Canada & U.S.A.  
It does work equal to  
any \$100 machine. A unique  
wonderful little typewriter,  
very modern improvement,  
so small it can be carried in  
pocket or grip. Let us prove  
this. See the next, rapid  
work the BENNETT does—  
the BENNETT to any part  
of the world.  
St. John's, Nfld.

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NGS  
Gifts follow as a natural  
and groom will appreciate  
We pride ourselves on the  
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EXECUTED.



**GILLETT'S  
EYE  
EATS DIRT.**  
FOR MAKING SOAP  
FOR WASHING DISHES  
FOR SOFTENING WATER  
FOR DISINFECTING SINKS  
CLOSETS, DRAINS ETC.  
MADE IN CANADA  
E.W. GILLETT CO. LTD.  
TORONTO-ONT.  
WINNIPEG MONTREAL

**Atlanta Convict  
Cooked to Death.**

Atlanta, June 19.—In his attempt to escape, hindered by double shackles, John Wallace, a convict, serving a term at the city stockade, was scalded to death in a sewer. Wallace was working with the road gang when he approached a man hole. Seeing an opportunity to get away from servitude, he waited until the guard's back was turned and then dropped into the hole, and in a minute was out of sight in its windings. Ten minutes after he entered and while the guards were standing over all manholes waiting, gun in hand, for him to come to get out, 10,000 gallons of boiling water were let loose in a raging torrent by the factory of Fulton Bag & Cotton.

Hoping to rescue the convict, Guard Manders, from whom he made his escape, volunteered to enter the sewer, but the superintendent of the works told him that it was useless and refused to allow the sacrifice. The convict was only a short distance in the sewer when the flood of boiling water struck him, and it is believed by the officers that he was literally cooked to death.

**Will Make Hair Grow**

Every up-to-date woman should have radiant hair.  
There are thousands of women with harsh, faded, characterless hair, who do not try to improve it.  
England and Paris women take pride in having beautiful hair. Every Canadian woman can have lustrous and luxuriant hair by using SALVIA the Great American Sage Hair Tonic. McMurdo & Co. sells a large bottle for 50 cents, and guarantees it to banish Dandruff, stop falling hair and itching scalp in ten days, or money back.

**Workers  
Should  
Remember**

- (1) That whiskey possesses no nutritive value whatever, and therefore can afford no strength.
- (2) That all alcoholic drinks, on account of the alcohol—poison—they contain, may exert a brief temporary feeling of warmth and excitability, but they soon induce sleepiness and lower the body temperature.
- (3) That alcoholic drinks on account of the same poison, weakens muscular power, steadiness of the hands, and the whole mental and physical working ability—make one slow and inattentive, and diminish the power of self-preservation.
- (4) That the regular use of alcohol increases the liability to all kinds of diseases, and prolongs recovery.
- (5) That the habitual use of alcohol particularly favors liability to consumption.
- (6) That the regular use of alcoholic drinks causes an early loss of working ability.
- (7) That "Blue Monday" is almost without exception to be attributed to (Sunday) indulgence in alcoholic drinks.
- (8) That nearly half of the accidents occurring in working hours are caused by the use of alcohol.
- (9) That the regular use of alcohol draws from the workman's pocket a large amount of money that is wasted, which would much better be spent for food and clothing and other useful things.
- (10) That regular use of alcohol greatly endangers health and prosperity.—Everybody's Monthly.

**Can You Control Your Minds?**

BY RUTH CAMERON.

Some of your hurts you have cured. And the sharpest you still have survived. But what torments of grief you endured From evils that never arrived!

There is a great deal of real trouble in the life of every man and woman. Sometimes it seems to us as if we emerge from a difficulty merely to face another. Just as a baby gets over measles, the big brother falls and breaks his leg; just when the dark cloud of mother's illness is disappearing over the horizon, a new cloud appears from the other direction in the shape of father's business losses. There are times when all of us feel too keenly the force of that great sentence: "Man is born to trouble as the sparks fly upward."

Surely, then, with all this real trouble so handy, there is no need for us to make any extra trouble for ourselves. And yet, as Emerson points out, most of us perpetually torment ourselves with the evils that never arise.

The older I grow the more firmly I am convinced that the very greatest factor of happiness in all the world is mind control—in other words, the ability not to torment ourselves in this way.

Can you control your mind? When you find yourself dwelling on an unpleasant topic, can you firmly remove your mind from it and think of something else? If you cannot, no matter how thoroughly fortune favors you, no matter how many of your wishes come true, how many of your ships come

sailing in, you will never be thoroughly happy. If you have no real troubles, you will always have plenty of the imaginary kind.

I think that every one of us ought to study mind control, just as we study our professions or the art of pleasing others or the care of our bodies.

Try it some day. You want to go to sleep and you find your mind is at work on some business deal or some household problem. Instead of giving in to it, and tossing restlessly about with your mind aflame with thought, until you fall asleep from sheer exhaustion, say to yourself: "Stop right now." Then "take your mind by the scruff of the neck," as Arnold Bennett has so cleverly said, drag it away from that topic AND put it on some other. Be sure to carry out that last instruction. It is not enough to simply take the mind away from what it is feeding on; you must give it something else or the moment you relax it will go back. And it must be something interesting that you offer to. Rehearse some absorbing story you have just read; recall some agreeable conversation. If nothing else will do, think of the most piquant piece of gossip you have heard. Bad advice? I don't know. I rather think that in this case the end justifies the means.

The first time you try to do this, I warn you you will find it very hard; just as the first time you try to make a spoiled child submit his will to yours, there is apt to be a struggle. But the second time your task will be easier and each time thereafter.

There is something to each of us besides brain and body, you know. There is also the will. Now the will ought to be the supreme master of both mind and body. Where it is not, there is anarchy, and where there is anarchy, happiness is not. Is your will supreme?

**MAN AND THE SOIL.**  
Dr. R. V. Pierce of Buffalo, author of the Common Sense Medical Adviser, says "why does not the farmer treat his own body as he treats the land he cultivates. He puts back in phosphate what he takes out in crops, or the land would grow poor. The farmer should put back into his body the vital elements exhausted by labor, or by ill-health induced by some chronic disease." Further, he says, "the great value of my Doctor Pierce's Golden Medical Discovery is in its vitalizing power. It gives strength to the stomach and purity to the blood. It is like the phosphates which supply the substances that build up the crops. The far-reaching action of Doctor Pierce's Golden Medical Discovery is due to its effect on the stomach and organs of digestion and nutrition. Diseases that begin in the stomach are cured through the stomach. A bilious spell is simply the result of an effort made by the liver to catch up when over-worked and exhausted. I have found the Discovery to be unsurpassed as a liver regulator and rich blood-maker."

Miss LOTTIE KNISELY of Perth, Kansas, says: "I will here add my testimony of the effectiveness of your remedy upon myself. I was troubled with indigestion for two years or more. Doctored with three different doctors taking numerous kinds of so-called 'stomach cures' but received no permanent relief. I was run down, could not sleep at night with the pain in my chest, caused by gas on the stomach. I was weak, could scarcely get up, although I was hungry nearly all the time. About one year and a half ago I began taking your Golden Medical Discovery, and after having taken several bottles am nearly cured of stomach trouble. I am now eating and drinking like a healthy man and have gained fifteen pounds in weight. I thank you for your remedy and wish you all success in your good work."

**Household Notes.**  
Scraped raw potatoes, put into decanters with cold water, will clean them if left in for two or three days.  
The fading of colored articles is due often not to the washing, but to the ironing. Too hot irons are used directly on the material, and this will more quickly fade delicate colors than any amount of washing. The effect is even worse than strong sunlight.  
In cleaning out the bureau drawers and closets do not throw or give away underclothing that is much worn. By cutting the buttons and seams of these pieces make the very best of dust rags, mop cloths and cloths for cleaning woodwork or paint.  
If you wish to have soft, fluffy, light and moist cakes, follow this rule: Never beat the eggs; add the unbeaten yolks to the creamed butter

**THE PATIENT BRAIN**  
A tireless worker so long as supplied with rich, red blood.  
The brain is one of the most patient and industrious organs of the body. It can be induced, by good treatment, to perform prodigies of work. But it is sensitive and will not brook abuse. It responds to the lash as first, but if the lash is laid on too hard it balks.  
Nervous trouble is generally brain trouble, and no suffering is so to be compared to mental suffering, with the accompanying dread, suspicion and melancholy.  
One-fifth of the blood in the human body is consumed by the brain, so make the blood rich and red by using Dr. Chase's Nerve Food, and you will overcome diseases of the nerves. Headaches will disappear, irritability will go, digestion will improve, and weakness and despondency will give place to new hope and courage, new vigor and energy.  
Dr. A. W. Chase's Nerve Food will enable you to avoid such extreme nervous trouble, as prostration and paralysis. 50 cents a box, 6 boxes for \$2.50. At all dealers, or Edmanston, Bates & Co., Toronto.

When tired of sweet jellies and jams, try lemon honey for sandwiches and tarts. Beat well together one cupful of sugar, one egg and butter size of a walnut. Add juice and grated rind of one lemon. Stir well, put into a double boiler, cook slowly till thick, avoiding stirring after it begins to cook. Adding pinch of salt.  
Instead of spreading out sheets and ironing them by themselves try this plan: Fold the sheet in half, then quarter, lay on ironing board as though to iron. Now, iron the rest of clothes on top of sheet, turning it between pieces so as to reach all parts, finally folding, and begin on another sheet.  
To quickly curl children's hair after washing, allow it to dry, dampen it with comb, pass it through the hair, comb it straight down with the part in the centre of the hair, separate the hair and wind it over rolled newspaper tubes as thick as one's middle finger. Pin the paper ends together; tear off one paper end, pull paper from curl. This makes natural waves.  
To clean Irish crochet or any delicate fabric which will not stand rubbing, put into a fruit jar (or any jar that can be tightly sealed), with enough gasoline to cover the article seal the jar and shake about three or four minutes. Let stand fifteen minutes or more and shake again; open the jar, take out the article being treated and let drain a moment; if the dirt is not all removed, rub lightly with the gasoline, replace and shake again. When dry the article will look like new.

**Bananas!**

Just arrived per S.S. "Durango,"  
**50**  
Bunches Ripe BANANAS.

**Tinned Vegetables.**

Tinned Corn,  
Tinned String Beans,  
Tinned Green Peas,  
Tinned Tomatoes.

P. E. I. Potatoes, 12c. gal.  
S. P. Onions, 10-lb. 28c.

**SOOPER & MOORE**

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**Prefers Man  
to \$10,000,000.**  
Mrs. James A. Garland, widow of the millionaire yachtsman was married in Boston a few days ago to Francis Cushing Green and will thereby automatically forfeit a fortune of \$10,000,000. Mrs. Garland was bound by her husband in his will in exactly the same way as Mrs. John Jacob Astor—that she could only retain the fortune by remaining single. Mrs. Garland was twice married to the millionaire yachtsman, having divorced him in 1903, and remarried to him seventeen months later after a courtship that took place on his yacht. She was at his bedside at his death three years later. The widow was made co-trustee of the will with two business friends of Mr. Garland. She engaged Francis Cushing Green an attorney with a moderate income as her legal adviser. Lawyer and client were thrown together frequently and their engagement resulted. The Garland fortune goes to Mrs. Garland's three sons. If the sons die without heirs the money is to go to Harvard.

**Chest Pains  
of Bronchitis**

IT is the tendency of every cold to develop into bronchitis, consumption or some form of lung trouble. Bronchitis is most dreaded because it has a tendency to become chronic and return again and again, until the patient becomes worn out.  
If the cough is dry and hard; if there is pain, soreness or tightness in the chest; if breathing is difficult and causes pain in the chest, you have every reason to suppose that you have bronchitis and should promptly begin the use of Dr. Chase's Syrup of Linseed and Turpentine.  
Cough mixtures that may help an ordinary cold have no effect on bronchitis and asthma, but Dr. Chase's Syrup of Linseed and Turpentine has won its enviable reputation on account of its wonderful success in curing these ailments. 25 cents a bottle, at all dealers, or Edmanston Bates & Co., Limited, Toronto.

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**\$2.50 and \$2.00.**



We are now showing some of the very finest Footwear for Ladies and Gentlemen at  
**\$2.00 and \$2.50 per pair.**  
Ladies' Tan Buttoned Boots ..... \$2.00 and \$2.50.  
Ladies' Tan Laced Boots ..... \$2.00 and \$2.50.  
Gents' Tan Laced Boots ..... \$2.50 and \$3.00.  
Gents' Black Vici Kid ..... \$2.50 and \$2.75.  
Ladies' Low Shoes ..... \$1.00, \$1.20, \$1.50, \$2.00, \$2.50 up.

**F. SMALLWOOD, The Home of Good Shoes.**

**Heaped on Tables,**

**Piled on Shelves and Strewn over  
Counters are Drifts of**

**SUMMER GOODS**

That are selling as rapidly as we can bring them forward to the Store.

**Hurry to Collins'**

Or you will miss your opportunity to Save Money.

**Corset COVERS,**  
In soft finish Cambrie, trimmed with Lace and embroidery, regular 50c., now ..... **35c.**  
Regular 45c., now ..... **30c.**  
Regular 40c., now ..... **25c.**

**American DRESSES,**  
For Children. Mothers better hurry up, as these goods are selling rapidly, to fit 2 to 6 years ..... **35c.**  
up ..... **30c.**  
to fit 6 to 14 years ..... **70c.**

**White Lawn REMNANTS,**  
from ..... **8c.**  
up ..... **8c.**

**Am. Silk MUSLIN,**  
In the following shades: Pearl Grey, Pink, P. Blue, Cream, worth 27c., now ..... **20c.**  
..... **20c.**

**Ladies' SINGLETs,**  
For Summer, at 8c. and ..... **10c.**

**Children's SINGLETs,**  
For Summer, at ..... **7c.**

**White Sheetting REMNANTS,**  
yard up ..... **23c.**

**Pillow Cotton White Cambric REMNANTS,**  
Worth 30c., now ..... **15c.**  
from ..... **8c.**  
up ..... **8c.**

**Men's Negligee SHIRTS,**  
Light and Dark Stripes, worth 68c., now ..... **48c.**

**Men's Work SHIRTS,**  
Absolutely no dressing and very strong material, worth 75c., now ..... **55c.**

**Men's Am. Socks,**  
A great Bargain. Prices, 8c., 12c. and ..... **20c.**

**Men's Summer Singlets, worth 45c., now ..... 30c.**

**Worth 50c., now ..... 35c.**

**Men's Sample Caps, at 1-3 less than price.**

**Men's Blue Soft Front Shirts, with detachable Collar to match, Double Cuffs, worth \$1.20, now ..... \$1.00**

**Men's American Cut Suits, \$6.00 to \$13.00.**

**P. F. Collins.**

Advertise in The Evening Telegram.