

HELPLESS WITH RHEUMATISM

Until He Took "Fruit-a-lives"
The Fruit Medicine

R. R. No. 1, LORR, ONT.
"For over three years, I was confined to bed with Rheumatism. I treated with doctors, and tried nearly everything without benefit. Finally, I tried 'Fruit-a-lives'. Before I had used half a box I saw improvement; the pain was easier and the swelling started to go down. I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place".
ALEXANDER MUNRO.
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Owing to the Increased Cost
Production

Tanlac

Has been advanced by the
Manufacturers to

\$1.10 Per Bottle.

Hodgins

The Druggist

PLUMBING

HEATING - ROOFING

J. H. BAILEY

Phone 305 Res. Phone 290
63 Bastion Street

THE DAILY HERALD

The Herald Printing & Publishing
Company, Ltd.

R. R. Hindmarch, Manager.

THE PRICE OF WHEAT

In view of the latest pronouncement of the Canada Wheat Board to the effect that the price of wheat to the millers will be raised fifty cents a bushel immediately, one may well be excused for wondering whether the functions of the Board are really, as they were alleged to be at the outset, to assist the Board of Commerce in the already almost herculean task of reducing the cost of living, or whether the Wheat Board has not, to paraphrase a famous remark of Disraeli's, become inebriated with the exuberance of its own importance, and thus has got things twisted until it has come to believe that its only raison d'être is the maintenance of inflated prices for the grain producers and the increasing of the cost of living to every consumer in the Dominion. Bread, and therefore wheat, prices have quite justly come to be regarded as

the basis of calculation for the prices of all other necessities of life, and it is safe to assume therefore that in the very near future we shall see, if not a correspondingly large, at least quite a large increase in the cost of many other necessities, such for example as beef and butter and eggs among the staple foods. The initial mistake of all was made when a protective tariff was put on wheat, for having given an inch in this direction, the farmers who after all form but a very small part, though a very essential part it is true, of the population, seem to be determined with the complacent aid of some of our legislators, to take even more than the proverbial ell.

The most astonishing part of this barefaced attempt to despoil the public for the benefit of the farmer, is that Canada every year has such an enormous surplusage of wheat over her own needs. If the price of wheat for export, or of wheat for milling into flour for export, was to be maintained at a high level, while Canadians were permitted to purchase what was necessary for home consumption at a price which would pay the farmer a reasonable return for his labour and the capital invested, well and good. Such a move might be understood, though no doubt there would be difficulties in the way of its accomplishment, such as the necessity for the inclusion of the whole of the British Empire in this form of preferential tariff, for it would be nothing else, and of course it would fail of its object before very long for other countries would very soon manage to do without Canadian wheat when they found that they were expected to pay an exorbitantly high price for it. They would either manage to grow sufficient to feed themselves, purchase it elsewhere or make use of substitutes. Unfortunately this is what the Canadian public cannot do.

The long suffering consumer of this Dominion must be prepared to pay the price which the greed of the farmer, backed by the culpable connivance at sheer profiteering which is accorded him by the members of the Wheat Board, demands. It is not much more than a generation ago that "dollar wheat" was looked upon by most of the then farmers on the prairies, as something to be dreamed of perhaps, but never to be really hoped for. In those days men were content to take their grain in ox-wagons, thirty and forty, yes even sixty miles to market over the roughest of trails and in the severest of winter weather, and considered themselves fortunate if they were able to obtain sixty cents a bushel for it, and it was every bit as good wheat as can be grown to-day, while considering the amount that was raised in those days as compared with today, there was every bit as much demand for it. Today our prairie farmer must spend his winters with his family in some health resort in southern California, leaving the drudgery of the farm and the rigours of the winter, to his hired help. No one will begrudge him these luxuries when they are not filched from the hard won earnings of the day labourer and the underpaid clerk.

The farmer has surely reaped a golden harvest during the past four or five years of war time. Now that peace has come again, he should not demand the same profits as he then was gladly given, for if he continues in such attitude he will as surely find a Nemesis awaiting him in the shape of the throwing down altogether of the tariff wall under which he enjoys such unexampled protection and prosperity.

Piles Cured in 6 to 14 Days

Druggist refund money if PAZO OINTMENT fails to cure Itching, Blind, Bleeding or Protruding Piles. Stops Irritation; Soothes and Heals. You can get restful sleep after the first application. Price 60c.

SET UP A NOVEL PLEA OF DEFENCE

Charged With Attempting to Smuggle Whiskey Into the U.S., the Accused Argued That Since Spirits Are Prohibited They Are Not Subject to Duty and so Cannot Be Smuggled.

Seattle, Dec. 30.—Charged with having smuggled four quarts of liquor into the United States from an Orient Liner, W. W. Powers presented a novel argument in the District Court today when he filed a demurrer to the indictment under which he was held.

Under the Food Control Act Powers argued that the importation of distilled spirits was absolutely prohibited. Whiskey, under that ruling he said, is not subject to duty and therefore cannot be smuggled.

O. B. U. LEADER CHASED OUT OF ALBERTA CAMP

Henry Beard, President of The O. B. U. in Alberta Driven Out of Livestock Point of a Gun.

Calgary, Dec. 30.—Henry Beard, President of the One Big Union of miners in Alberta, returned to the City tonight with a statement that he had been driven out of the Livestock mining camp at the point of a gun, and that a shot was fired at him in the mixup which occurred.

He stated that several mine officials were in the crowd that drove him out, and he was forced to spend the night in the bush, finally making his way to a nearby town and taking the train to Calgary.

This is the first time such an incident had occurred since the One Big Union leaders were chased out of Drumheller last summer.

To Prevent Influenza

Colds cause Grip and Influenza—only one "Bromo Quinine." E. W. GROVE'S Signature on box. 30c

SUGAR SHORTAGE FOR THREE YEARS

But Happily for Canada, This Pronouncement Refers only to France.

Scissors, Paris, Dec. 29.—The sugar shortage in France, due to the German invasion, will not be relieved for three years, according to Government reports and commercial statistics furnished to the travelling correspondent of the Associated Press today by the authorities who arranged his trip of inspection through devastated regions to witness reconstruction work.

Of the country's 206 new raw sugar plants, 145 virtually were razed during the war, and most of the half million acres of sugar beet land was devastated.

None of the larger sugar plants have resumed operations and sugar beet production this year was said to be almost nil. Estimates of a special committee of the Chamber of Deputies, however, gave encouragement for half the country's normal output within two years.

Benchers of Lincoln Inn

Accept Woman Student.

London, Dec. 30.—Gwynne Margery Thompson, the first woman barrister of the United Kingdom, has had her application for admission as a student at the bar, accepted by the Benchers of Lincoln Inn.

The decision of the Benchers was reached following the giving of the Royal assent last week to a Bill which removed the sex disqualification.

If you can't attend the Spott-Shaw day classes, come to the night school. Phone 715 for information.

LORD JELICOE HAS COMPLETED HIS CAN. REPORT

Ottawa, Dec. 30.—Admiral Lord Jellicoe, having completed his report and recommendations regarding a Canadian Naval policy will leave for New York on Wednesday.

It is understood that his report will be in the hands of the Hon. C. C. Ballantyne Minister of Marine and Naval Affairs on Wednesday, but its contents are still a profound secret.

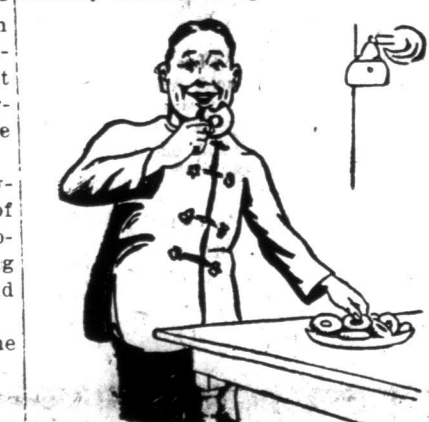
In best informed circles it is believed that Lord Jellicoe's report is in favor of the establishment of a Canadian Navy.

Lord Jellicoe goes to New York and Washington by rail and it is understood will spend a short time in Florida before proceeding to Havana, Cuba, where he will meet H.M.S. New Zealand, and then go to South Africa. It is generally understood that an invitation has been extended to Sir Robert Borden to take the trip to South Africa with him. No definite statement is forthcoming however, as to whether the Prime Minister will take the trip.

Midnight Dyspepsia

Late Suppers and the Snack Before Going to Bed Are All Right and Safe if You Follow with a Stuart's Dyspepsia Tablet

The stomach often feels empty just before bed time. A little bite usually induces sleep. To avoid in-



"I Sure Made a Great Discovery When I Learned About Stuart's Dyspepsia Tablets.

digestion, restlessness and the "dark brown" taste in the morning, take a Stuart's Dyspepsia Tablet after eating. It supplies just the right elements to aid in digesting food, rests the stomach, provides properties to relieve the tendency to gasiness and sour risings, morning biliousness and consequent absence of appetite for breakfast. To make a practice of always using Stuart's Dyspepsia Tablets after eating is one of those precautionary measures that repay immensely. This is an age of prevention and these tablets are designed to promote liberty of eating and the good-fellowship that goes with a good meal. You will find Stuart's Dyspepsia Tablets in all drug stores throughout the United States and Canada.

CABINET WILL CHOOSE BORDEN'S LOCUM TENENS

Ottawa, Dec. 30.—It is authoritatively stated that the choice of an Acting Prime Minister will be made this week before the departure of Sir Robert Borden for the South.

As senior member of the Privy Council, the choice would naturally fall upon Sir George Foster, but it is not definitely known that he is desirous of assuming the responsibilities of the office for a long period.

Hon. J. A. Cahan is mentioned as a probable choice should Sir George Foster not be selected.

It is also stated that Sir George Foster will not act until Parliament assembles, when the duties will be assumed by a younger man.

CONSIGNEES TUESDAY

Malpass & Wilson, Nanaimo Well. Coal Co., W. R. Griffiths, P. Matteo, J. Parkin, Co.-Op., Y. Bevan, Joseph Blundell, P. Burns, Hop Lung, Tippet & Co., W. Hoggan, Western Merc. Co., Tunstall & Burnip, D. H. Beckley, J. H. Bailey, Quennell & Sons, R. H. Ormond, Free Press, J. H. Malpass, A. W. B. Foote, Western Fuel Co., W. H. Ganner, J. H. Malpass, Shelly Bros. A. Gusola, Whitty Bros. A. Nash, A. Schofield, Workman's Co.-Op., Rawlinson & Grahm, J. S. Knarston, Prince & McDonald, D. J. Jenkins, Sampson Motor Co., Western Fuel Co., H. E. Dendoff, David Spenser, L. Manson, J. Parkin, J. R. Graydon, Imperial Oil Co., T. C. & S. son, S. Bono, Union Brewing Co., J. D. Cameron, Kayama, Malkin & Pear, Prevaldoris, Model Furniture Co., N. L. L. Co., A. L. Thomson, S. S. LaSalle, Genoa Bay Lbr. Co.

Unloaded today. Another carload of Chevrolets, including Baby Grands and 1 ton trucks. Week's Garage.

WAKE UP NEW YEAR MORNING

In a room newly furnished with furniture from this great holiday offering. There is still time and plenty of choice to select a bureau, a dressing table, a bed or anything else that you may desire. Suffice it to say the offering is for furniture of class at very reasonable prices.

MAGNET FURNITURE STORE

Nicol St., Opp. Fire Hall

W. B. WALKER

Successor to Wm. Langton

Phone 116.

Agent for Ostermoor Mattresses, Banner Coil & No-Sway Springs.

FORESTERS' F.E. UNION Grand Concert, Whist Drive Supper and Dance

Will Be Held in A. O. F. Hall, December 31st, from 8 p.m.

All Foresters, their Wives and Husbands, are cordially invited to be present. As no charge is made, donations of Cakes, Etc., Etc., will be esteemed.

THE POWERS & DOYLE CO., LTD.

Store Open all Wednesday Afternoon and Evening until 9.30

New Year's Gifts-

NEW HATS—By Stetson, Wolhausen, Christy—\$5, \$6, \$7, \$8.00 and \$8.50.

NEW TIES—\$1.00, \$1.25, \$1.50, \$2.00 and \$2.50

New Warm Underwear

For Men—Direct from England

"Robin Hood" Brand, Fine Wool. "Viking" Brand, Pure Wool.

"Blue Streak" Pit Shoes—Best Made—\$7.50 per pair

Telephone 25.

PROTECT HOME INDUSTRIES.

Cascade Beer

"THE BEER WITHOUT A PEER."

A refreshing light beer with all the pure, wholesome nourishment that brewing science can put into beer and with such a tempting aroma and delicious flavor.

Cascade Beer

is unsurpassed by any beer made anywhere on the American Continent.

Alexandra Stout

If you appreciate a glass of the Best Stout brewed try a bottle.

Silver Top Soda Water

All flavors—only one quality—THE BEST.

UNION BREWING CO., LTD.

NANAIMO, B. C.

Someone Overlooked

AN AFTER-CHRISTMAS HINT

The best of us are prone to lapse of memory—particularly when the many duties of Christmas tax one's thinking powers.

Have you "overlooked someone?"—This is a reminder that Forcimmer's big, comprehensive, all-the-year-round stock is not seriously affected by even our big holiday shopping record.

We are here to serve efficiently—always.

To those whom you have in view for a New Year's Gift, "Something from Forcimmer's" will surely fill the bill.

FORCIMMER'S

"THE HOUSE OF DIAMONDS"

TIME TABLE IN EFFECT AND N. RAILWAY

Trains leave Nanaimo as follows:

For Victoria, daily, at 8.30 and 14.30 (2.30 p.m.)

For Wellington, daily at 12.45 and 19.20 (7.20 p.m.)

For Nanaimo, Craig, Parkville Jct., daily except Sunday at 12.45.

For Courtenay, Tuesday, Thursday and Saturday at 12.45.

For Port Alberni, Monday, Wednesday and Friday at 12.45.

For Lake Cowichan, Wednesday and Saturday at 8.30.

E. C. FIRTH, L. D. OHL

Agent Dist.

WINDSOR BAR SHOP

Two Barbers, No Waiting. First Class Work Guaranteed. J. W. Collette

JENKIN'S

UNDERTAKING PARLORS

Phone 124 8 and 5 Bastion St.

LAND REGISTRY ACT

Section 24.

In the Matter of Lot 14, Block 46, Nanaimo City:

Proof having been filed in my office of the loss of the Certificate of Title No. 2858-F to the above mentioned lands, in the name of Nicola Galotini, and bearing date the Twentieth day of December, 1911, I hereby give notice of my intention at the expiration of one calendar month from the first publication hereof to issue a fresh Certificate of Title in lieu of such lost Certificate.

Any person having any information with reference to such lost Certificate is requested to communicate with the undersigned.

Dated at the Land Registry Office Victoria, British Columbia, this Seventeenth day of December, 1919.

FRANK STACPOOLE, Registrar-General of Titles.

D20-1m.

PHILPOTT'S CAFE

Regent Block Phone 194

W. H. PHILPOTT, Prop.

OPEN DAY AND NIGHT

R. E. CUSWORTH

High Class Interior Decorations of Every Description.

Automobile Painting a Specialty.

Manning Street, Fairview.

Phone 376.

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FIRST CLASS HOTEL

GOOD SERVICE THROUGHOUT.

PLUMBING

in all its Branches for prompt service phone

WILSON'S

Office and Shop 332 Wallace St.

NANAIMO BOTTLING WORKS

Mill Street

Allen & Maggiora

Bottlers of Silver Spring

Phone 334. Res. Phone 7454

ANDREW DUNSMORE

Teacher of Piano and Organ

Pupils prepared for R. A. M. and R. C. M. Exams.

Studio Corner Wharf and Commercial Street

Phone 786

J. GELDART GENERAL TEAMING

Phones 736L1 Cor. Bruce and 558. 5th Ave.

NOTICE

Notice is hereby given that an application will be made to the Legislative Assembly of the Province of British Columbia at the next session on behalf of the Association of Professional Engineers of British Columbia for a Private Bill to incorporate the said Association, the said Bill known as THE BRITISH COLUMBIA ENGINEERING PROFESSION ACT for the purposes of governing and regulating the practice of Civil, Mining, Metallurgical Engineering in the Province of British Columbia, and the qualification, examination and registration of intending practitioners, the discipline of its members and for the securing of real and personal property and the disposal of the same and for the general management of the Association. Dated at the City of Vancouver, B. C. this 5th day of December, A. D. 1919.

H. S. TOBIN.

Of the Firm of Patullo & Tobin, Solicitors for the Applicants.

THE CLARADVERT

THEY

FOR SALE Imported Box No. 1

FOR SALE Hugh Mc

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FOR SALE cedar

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