

A GENTLE LAXATIVE FOR THE BABY

Stomach and bowel troubles is the cause of nine-tenths of the ailments from which little ones suffer. Let the little stomach and bowels be kept right and baby will be happy, healthy and strong. The only sure and safe means of keeping baby's stomach and bowels sweet and regular is to give him an occasional dose of Baby's Own Tablets. These Tablets are a gentle laxative, they sweeten the stomach, regulate the bowels, expel worms, break up colds and prevent or cure the dozens of ailments that afflict the baby. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

DISEASES DUE TO ALCOHOL.

They Kill Twice as Many People as Tuberculosis, Says Doctor.

One of the greatest services which physicians of to-day are doing for the public is in acquainting them with the causes of some of our common diseases and showing them how these diseases can be prevented.

Although attention has recently been repeatedly called to the great amount of tuberculosis, cancer, and diseases of infancy in existence, it has recently come to light that there is a common disease or group of diseases which is responsible for a far greater loss of life than any of these.

This is the group known as the degenerative diseases, consisting of heart and Bright's diseases, and arterio-sclerosis, usually occurring in the same person as result more or less of the same cause or causes. These diseases kill almost twice as many people annually as tuberculosis and have increased since 1880 at the rate of 103 per cent.

In a recent article in Harper's Weekly, Dr. Norman E. Ditman calls attention to the fact that this increase bears a suggestive relationship to the increase in the consumption of liquors—which had increased from ten gallons per capita in 1880 to 22 gallons in 1910—the total consumption of alcoholic beverages having reached the enormous amount of over 1,917,000,000 gallons in 1909.

The economic aspect of disease is constantly becoming a matter of increasing interest. This is brought home to us when, appreciating that an excessive meat diet is one of the causes of the degenerative diseases, and that according to Prof. Chittenden of Yale we consume about twice as much meat as we need, we realize that in our annual expenditure for meat products (1906) of \$2,345,461,000 we are wasting \$1,172,730,500 on our butchers' bills.

EAR CAUSES SEA SICKNESS.

Vienna University Professor Claims the Discovery.

Ye who have hung over the rail, fearful one day lest ye die and fearful the subsequent day ye would not, hearken unto Dr. Julius Auerbach.

When you thought your stomach had rebelled against the evil of spending money in foreign lands and was making you feel the ills of mal-de-mer, you did an injustice to an old friend. For your stomach does not cause sea-sickness at all.

Dr. Auerbach brings the tidings of the discovery made by Prof. Alexander Dalikinik, world famous specialist of the University of Vienna, that sea-sickness is due to the irritation of the semi-circular canals of the ear. All medical Europe, he says, is discussing the discovery, but while it is accepted as the solution of the question as to cause, no progress has yet been made toward a remedy.

"The semi-circular canals of the inner ear," says the doctor, "have the function of enabling us to maintain our equilibrium. Irritation of the canals causes nausea, vomiting

Try For Breakfast—

Scramble two eggs. When nearly cooked, mix in about half a cup of

Post Toasties

and serve at once—seasoning to taste.

It's immense!

"The Memory Lingers"

Canadian Postum Cereal Company, Limited, Windsor, Ontario, Canada.

and loss of balance. The doctors found in their experiments that a deaf child in whose ears the canals had been destroyed could not be made seasick, and that animals, although whirled in swings and given deep sea treatment, did not get the seasickness."

Then the doctor went on to say that the ancient and accepted idea that one might prepare the system for a voyage by dieting was all a foolish whim. No matter how much the stomach might be treated by a thorough plumbing, refitting, and housecleaning, and no matter how much or how little food be used, the result would not reach seasickness.

SECRET ROYAL LIBRARY.

Buckingham Palace Has Strong Room for Private Papers.

Within the walls of Buckingham Palace, and constructed on the "strong room" principle, is a room known as the "Secret Library," and in this are stored documents and private letters which, were they sent forth to the world, would doubtless set the whole universe talking.

From the very commencement of her reign Queen Victoria assiduously stored away in nice order all family and other important papers, her only assistant in this duty being a secretary, who entered her service within fourteen years of her accession to the throne, and who retained his place until her majesty's death, though he himself had no access to nine-tenths of the papers which are docketed, the late Queen alone retaining the keys of the safes and cabinets in which her "secret library" was contained.

Just before her death her majesty added to the list of her papers a batch of letters of the most private and confidential kind, addressed by the late Prince Consort to his brother, the Duke Ernest of Coburg, and possibly, she acquired every scrap written by her late consort to his private friends. It is said by those who are qualified to surmise that the "Secret Library" not only tells of royal marriages, births and deaths, but that it is virtually the private history of Europe during the last half of the nineteenth century.

WISE TEACHING.

There is a Use and a Purpose for Everything.

In writing of his father, Prof. John P. Emmet, Dr. Thomas Addis Emmet says that he was the only man he ever knew who seemed to possess a more than average knowledge of everything, and who could accomplish all he ever undertook in mechanics of the arts.

From my earliest age, he seemed seldom to have spoken to me without attempting to teach me something. I can recall one of our earliest talks. On being asked why a robin in front of us on the grass would jump along a few steps and then suddenly stop, I was about to give an answer when my father said:

"Think before you speak; otherwise your opinion will be of no value."

I thought a moment, and said, "He seems to be looking to see if any one is coming after him."

My father said, "He is listening for his breakfast, but not for the bell to ring, as we have to do. All birds and animals which are not tame live on some other insect, animal or bird which they have to catch."

"The robin lives on earthworms, and has to get a great many of them before he has had enough. Now the earthworm is as busy as the robin in looking for his breakfast, and as he makes his way through the earth, the robin hears him, and knows just where to stick his bill in and pull him out."

My father then explained the work of the earthworms, which were countless in number, and how by their tunneling they brought the earth to the surface, gave it air, and made it so that vegetation could exist, and that the earth would become a desert but for this constant boring by the worms. We could get no food without vegetation, nor could we live without good air, which we get from vegetation.

He thus in a few simple words explained the law of compensation existing throughout creation, and made it plain to a young child that there is a use and a purpose for everything.

HOMESICKNESS.

In the following is expressed clearly, although in imperfect English, what every sufferer from homesickness feels. It is a good story for the unsympathetic mistress to keep in mind.

"You ought to be contented, and not fret for your old home," said the mistress, as she looked into the dim eyes of her young Swedish maid. "You are earning good wages, your work is light, every one is kind to you, and you have plenty of friends here."

"Yes, m." said the girl, "but it is not the place where I do be that makes me vera homesick; it is the place where I don't be."

A pound of care will not pay an ounce of debt.

BABY'S TERRIBLE ECZEMA.

Five Doctors Failed to Relieve, but Zam-Buk Worked a Cure.

Mrs. Chas. Levere, of Prescott, North Channel, Ont., tells how Zam-Buk cured her baby. She says:—"My baby's head and face was one complete mass of sores. The itching and irritation were fearful, and the little one's plight was so serious that at one time we feared her ears would be eaten off by the disease."

"We had to keep her hands tied for days to prevent her rubbing and scratching the sores. Doctor after doctor treated her in vain, until we had had five doctors."

"As a last resource we were advised to try Zam-Buk. The first box did so much good that we felt sure we were at last working in the right direction. We persevered with the treatment until we had used thirteen boxes, and at the end of that time I am glad to say Zam-Buk worked a complete cure."

For eczema, eruptions, rashes, tetter, itch, ringworm and similar skin diseases, Zam-Buk is without equal. It also cures cuts, burns, scalds, piles, abscesses, chronic sores, blood poisoning, etc. All druggists and stores at 50 cents a box, or post free for price from Zam-Buk Co., Toronto. Refuse imitations.

ENCOURAGEMENT PAYS.

The Young Doctor—"They tell me you are noted for encouraging your patients."

The Successful Old Doctor—"Yes. Many of my wealthiest patients think they are sick when there is nothing the matter with them—and I always encourage them."

The destruction of the house fly is a public duty. Almost every American State Board of Health is carrying on a crusade against him. His filthy origin and habits, and the fact that his body is generally laden with disease-producing germs, makes him one of the greatest enemies of the human race. If the housekeepers of Canada will use Wilson's Fly Pads persistently, this peril would be tremendously reduced.

Father S—was remarkable for his ready wit. On one occasion, while travelling on a steamboat, a well-known sharper, who wished to get into the priest's good graces, said:—"Father, I should like very much to hear one of your sermons."

"Well," said the clergyman, "you could have heard me last Sunday if you had been where you should have been." "Where was that, pray?" "In the county jail," answered the bluff priest as he walked away.

It Testifies for Itself.—Dr. Thomas' Electric Oil needs no testimonial of its powers other than itself. Whoever tries it for coughs or colds, for cuts or contusions, for sprains or burns, for pains in the limbs or body, well know that the medicine proves itself and needs no guarantee. This shows why this Oil is in general use.

YOUNGER THAN SON.

An amusing incident happened some time ago in one of the Paris courts of justice. A vain, haughty woman was called as a witness, when the magistrate inquired her age.

"Twenty-five last August," promptly replied the lady.

The next witness was a young man, who at once acknowledged that he was twenty-seven years of age.

"Are you related to the last witness?" queried the magistrate.

"Yes; I'm her son," he replied.

"Ah!" mused the magistrate, "your mother must have married very young."

No, Maude, dear; crumbs of comfort can scarcely be acquired from eating crackers in bed.

None are so blind as those who are visionary.

Beauty is potent, but money is omnipotent.

They Keep the whole system in the pink of condition.

Their singular curative properties discovered by an Indian tribe—introduced to civilization nearly a century ago—compounded since 1857 in the Comstock Laboratories at Brockville, Ontario.

Dr. Morse's Indian Root Pills

have a remarkable record for consistently curing constipation, biliousness and indigestion, purifying the blood, banishing headaches and clearing the skin. 25c a box everywhere.

Well, Well!
This is a HOME DYE that ANYONE can use.
I dyed ALL these DIFFERENT KINDS of Goods with the SAME Dye.
DYOLA
ONE DYE FOR ALL KINDS OF GOODS.
CLEAN and SIMPLE to Use.
NO chance of using the WRONG Dye for the Goods one has to color. All colors from your Druggist or Dealer. FREE Color Card and STORY Booklet in The Johnson-Richardson Co., Limited, Montreal.

THE GLOBE TROTTER.

"What did you do during your three months in Europe?"

"Most of the time I sat around waiting for my wife to get rid of her headaches."

No person should go from home without a bottle of Dr. J. D. Kellogg's Dysentery Cordial in their possession, as a charge of water, cooking, climate, etc., frequently brings on summer complaint, and there is nothing like being ready with a sure remedy at hand, which oftentimes saves great suffering and frequently valuable lives. This Cordial has gained for itself a widespread reputation for affording prompt relief from all summer complaints.

THE LAWYER'S CHARGE.

Defendant's Wife—"Don't worry, dear. The judge's charge was certainly in your favor."

Defendant (moody)—"I know that. It's the lawyer's charge that I'm thinking about."

Accidents, Burns, Scalds, Sprains, Bruises, Bumps, Cuts, Wounds, all are painful. Hamlin's Wizard Oil draws out the inflammation and gives instant relief. Don't wait for the accident. Buy it now.

Mrs. Dashaway—"Yes, while we were in Egypt we visited the Pyramids. They were literally covered with hieroglyphics."

Mrs. Newrich—"Ugh! Wasn't you afraid some of 'em would git on you?"

Minard's Liniment for sale everywhere.

Sometimes a man fails to accomplish anything worth while because he is too busy criticizing some other fellow's work.

TRY MURINE EYE REMEDY for Red, Weak, Watery, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, \$1.00. Murine Eye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail. Murine Eye Remedy Co., Chicago.

MUDDLED.

"Can you tell me (hic) where B-Brown, the sh-schoolmaster, lives, mish?"

"Why, you're Mr. Brown, sir."

"Yes, but, hang it all, I don't know where I am."

The Bowels Must Act Healthy.—In most ailments the first care of the medical man is to see that the bowels are open and fully performing their functions. Parmelee's Vegetable Pills are so compounded that certain ingredients in them act on the bowels solely and they are the very best medicine available to produce healthy action of the bowels. Indeed, there is no other specific so serviceable in keeping the digestive organs in healthful action.

Whether the corn be of old or new growth, it must yield to Holmway's Corn Cure, the simplest and best cure offered to the public.

Minard's Liniment Cures Burns, Etc.

THE OLD WOOD SAW.

Essau Wood sawed wood. Essau Wood would saw wood.

All the wood Essau Wood saw wood would saw.

One day Wood's wood-saw would saw no wood.

Essau Wood saw a wood-saw saw wood as no other wood-saw Wood saw would.

In fact, all of the wood-saws Wood ever saw saw wood, Wood never saw a wood-saw that would saw wood as the wood-saw Wood saw saw wood would saw wood.

Oh, the wood Wood's woodshed would shed, when Wood would saw wood with the wood-saw Wood saw saw wood.

No man may ever know how much wood the wood-saw Wood saw would saw if the wood-saw Wood saw saw wood saw all the wood Wood would saw.

After lunch sit a while, after dinner walk a mile.

ARTIFICIAL FLOORING.

Made of Sawdust and a Solution of Magnesium Chloride.

Artificial floorings made of sawdust and other ingredients, are manufactured extensively in Germany. The flooring composition consists of a solution of magnesium chloride to which pulverized magnesia is added and which of itself forms a white, absolutely solid, artificial stone. If to this cement sawdust be added in considerable proportions the combination when it becomes hard possesses many of the qualities of both wood and stone.

Some of these floorings are mixed on the spot and laid soft on the space to be covered, while others are moulded into plates and delivered ready made. One Hamburg firm impregnates the wood meal with oil before mixing it with the magnesia paste and thereby renders it non-absorbent.

In Germany the cheaper grades of flooring are colored to resemble linoleum or mosaic pavements, and in many instances have given entire satisfaction during a considerable term of years. The emigrant halls of the Hamburg-American Line in Hamburg are paved almost entirely with this composition. Floors thus made are more elastic than cement floors, are much warmer, and preserve a smoother surface. Under the fire test this flooring chars but does not burn and is a poor conductor of heat.

An Easy Pill to Take.—Some persons have repugnance to pills because of their nauseating taste. Parmelee's Vegetable Pills are so prepared as to make them agreeable to the most fastidious. The most delicate can take them without feeling the revulsion that follows the taking of ordinary pills. This is one reason for the popularity of these celebrated pills, but the main reason is their high tonical quality as a medicine for the stomach.

CURED.

"I have cured myself by learning to chew my food."

"What have you cured yourself of?"

"The belief that if I remained away from the office for more than ten minutes at lunch time everything would go to the dickens."

St. Joseph, Levis, July 14, 1903.

Minard's Liniment Co., Limited, Montreal, Quebec. I was badly kicked by my horse last May and after using several preparations on my leg nothing would do. My leg was black as jet. I was laid up in bed for a fortnight and could not walk. After using three bottles of your MINARD'S LINIMENT I was perfectly cured, so that I could start on the road.

JOS. DUBES, Commercial Traveller.

TRULY IRISH.

Mrs. Casey (sitting up in bed)—Moike, did yez put out the cat?"

Mrs. Casey—O! did.

Mrs. Casey—O! don't believe it! Mr. Casey—Well, if yez think O! m a liar, get up and put 'er out yerself.

BEST AND HEALTHIEST TO MOTHER AND CHILD. Mrs. Winslow's SOOTHING SYRUP has been used for over SIXTY YEARS BY MILLIONS OF MOTHERS for their CHILDREN WILLK TRETHERING, with PERFECT SUCCESS. IT SOOTHES the CHILD, SOFTENS the GUMS, ALLAYS all PAIN, CURES WIND COLIC, and is the best remedy for DIARRHOEA. It is absolutely harmless. Be sure and ask for "Mrs. Winslow's Soothing Syrup" and take no other kind. Twenty-five cents a bottle.

A man went into a dry goods store the other day for some lady's gloves. "Are they for your wife, or shall I show you something better?" asked the clerk.

Minard's Liniment Cures Dandruff.

MISUNDERSTOOD.

A man entered a restaurant and studied the bill of fare. After he had further studied it and learned it by heart, he impatiently rapped his glass with his knife.

In response, a tall, angular waitress waddled towards him. Her gait was between that of a crab and an inquisitive goose, and it took her fully two minutes to reach his side.

"Have you frog's legs?" he demanded sharply.

"Dear me, no, sir!" she exclaimed, smiling. "I'm obliged to walk this way on account of rheumatism."

Canada Business College CHATHAM, ONT.

In a class by itself Among America's Schools of Business Training.

414 STUDENTS PLACED IN 1902
389 STUDENTS PLACED IN 1903
475 STUDENTS PLACED IN 1910

We publish the lists annually. We pay full fare up to \$2.00, and bring long distance students for half fare.

Good board and room, \$3.00 per week. If you cannot come to Chatham, we can train you by mail.

Here are some students placed recently: Nate Wade, Cameron & Reap, Regina, S. B. Burk, Nicholson & Bain, Regina, H. Wood, Trust Co., Choboygan, Mich.

Eight calls just received for Stenographers, Teachers, and Auditors, for openings worth from \$50 to \$150, will give you some idea of the demand.

COLLEGE REOPENS FOR 36TH YEAR SEPTEMBER 5TH. Catalogue 33 tells of work at Chatham. Catalogue 34 tells of work by mail (Either Free).

D. McLACHLAN & CO., C. B. College, Chatham, Ont.

COLLATERAL VALUE OF BONDS

Bonds generally speaking are considered by bankers, financial men and corporations as the most desirable collateral—or security for loans—because of their salubility.

Financial men know by experience that good bonds will appreciate in value—because of the reasonable certainty of increase in the value of the security behind them.

The investor in bonds has an absolute assurance that should it ever become necessary he could find ready sale for them and convert them into cash on the shortest notice without entailing more than a nominal cost in the way of commission for selling them.

View it as one may, Bonds as an investment undoubtedly have all points in their favor, whether from appreciation in value, security for the money invested, salubility, or a good income.

Let us send you our literature on "Bond" investments. Drop a card.

ROYAL SECURITIES CORPORATION

LIMITED
BANK OF MONTREAL BUILDING
YONGE AND QUEEN STS.
TORONTO

CUMULATIVE.
Little grains of short weight,
Little crooked twists,
Fill the land with magnates
And philanthropists.

Many mothers have reason to bless Mother Graves' Worm Exterminator, because it has relieved the little ones of suffering and made them healthy.

NEEDED AT HOME.

Brown—"That is the worst-behaved kid I ever saw. Do you know his parents?"

Jones—"His father is one of those scientific management experts."

Every packet of Wilson's Fly Pads will kill more flies than can possibly be caught on three hundred sheets of sticky paper.

It's wit to pick a lock and steal a horse, but wisdom to let them alone.

Minard's Liniment Relieves Neuralgia.

Where the will is ready the feet are light.

FARMS FOR SALE OR RENT.

ASK DAWSON, HE KNOWS. If you want to sell a farm, consult me.

If you want to buy a farm, consult me.

I HAVE some of the best Fruit, Stock, Grain or Dairy Farms in Ontario, and prices right.

H. W. DAWSON, Ninety Colborne Street, Toronto.

AGENTS WANTED.

AGENTS WANTED.—A study of other Agency propositions convinces us that none can equal ours. You will always regret it if you don't apply for particulars. Travellers Dept., 22 Albert St., Ottawa.

UNEMPLOYED MEN OR WOMEN, DO you wish to make Five Dollars day for balance of year? If so, consult J. L. Nicholas Co., Limited, Toronto.

MISCELLANEOUS.

HAY and FARM SCALES. Wilson's Scale Works, 9 Esplanade, Toronto.

AGENTS WANTED. A LINE FOR every home. Write us for our choice list of agents supplies. We have the greatest agency proposition in Canada today. No outlay necessary. Apply B. I. Co., 228 Albert St., Ottawa.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman, Collingwood, Ont.

6 TON SCALE GUARANTEED. Wilson's Scale Works, 9 Esplanade, Toronto.

SPECIALISTS' ADVICE FREE. Consult us in regard to any disease. Lowest prices in drugs of all kinds. Trusses fitted by mail. Send measurement. Glasses fitted by eye. Write today for anything sold in first-class drug stores to Dr. Bellman, Collingwood, Ont.

CLEANING LADIES' WALKING OR OUTING SUITS

Can be done perfectly by our French process. Try it. British American Dyeing Co., Montreal, Toronto, Ottawa and Quebec.



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DODD'S KIDNEY PILLS
CURES ALL KIDNEY DISEASES
BRONCHITIS, RHEUMATISM, GRAVEL, BRIGHT'S DISEASE, DIABETES, BACKACHE
NUMBER 23 THE PROMISE