The Loom of Life,

l day, all night, I hear the jar the loom of life, and near and far thrills with deep and muffled sound s, tireless, the wheels go always round.

Busily, ceaselessly, goes the loom, In the light of the day and the midnight's

And the wheels are turning early and late, And the wool is wound in the warp of fate,

Click, click ! there's a thread of love wover

When shall this wonderful web be done? In a thousand years; perhaps, or one; Or to-morrow! Who knoweth? Not thou nor!; But the wheels turn on and the shuttles fly.

Ah, sad-eyed weavers, the years are slow, But each one is nearer the end, I know; And soon the last thread shall be woven in-God grant it be love instead of sin.

Are we spinners of good in this life-web?

say,

Do we turnish the weaver a thread each day?

WEEKLY COMMUNION.

WHY WE SHOULD FREQUENTLY RECEIVE

THE BREAD OF ANGELS

I.

WEEKLY COMMUNION A SURE PASSPORT TO

HEAVEN.

et heart !"

II.

THE INFLUENCE OF WEEKLY COMMUNION ON

If Almighty God were to reveal Him-

day?

It were better, O my friend, to spin
A beautiful thread, than a thread of sin.

In Click, click! another of wrong and sin. What a checkered thing this life will be When we see it unrolled in eternity!

111 TMENT

Y 8, 1886.

OWELS, and are invaluable alldren and the

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IVI

assurances of your salvation, as full an assurance as it is possible to have on earth?" you would hasten to reply, "Oh my Lord, do I not desire it? Ah, from my impost heart!"

cate often; communicate once every week. This is the great secret.

What mary ellous preservations of innocence I, the writer, have witnessed! During the many years of a ministry devoted almost wholly to the confessional and the direction of souls. I have been a happy beholder of the efficacy of the practice. Facts, and facts without number, bear me out in what I say, in what all good priests say, who, speaking of Holy Communion, always represent it as a heaven-sent means of preserving purity.

In every condition of life, but especially in conditions most dangerous to innocence, I have known multitudes of souls that remained pure, pure as angels, in the midst of contamination! How did they manage it? They confessed and communicate once every week.

In Paris, in the midst of corrupt factory life, I have ascertained that with hardly any exception the young apprentices who had the Christian courage to come to Confession regularly every week and communicate on Sundays and feasts, kept their souls wonderfully clean, like those little white fish, bright as silver, that may be seen shining in the mud of a river.

I can say as much for boys at college, for law students and for medical students, of whom, thank God, many prefer a good conscience to dissipation, living a life of faith in the midst of a corrupt set, and coming to seek, in the Sacrament of their Saviour Jesus Christ, strength to govern their passions; to preserve inviolate the treasure of their lovely purity; going through life with brave bearing and bright looks, to the honor of their Creator and the juy of their mothers.

A brave young officer whom I had watched from his childhood, was asked, 'How is it that you are never caught tripping?' He answered simply, 'I am made of the same stuff as other people. My only tallisman is regular Confession and Communion every Sunday. I have never willingly failed in that. Do as I do, and tell me how you get on.'

A young man who communicates every week is in a greater horror of vice, only a firmer determination to kee my inmost heart!"

Well, then, in the name of that good God, who for the love of us remains on earth under the Eucharistic veils, I am going to present you with this key of Paradise. I am going to offer you, in His name, the passport which will certainly admit you to it.

It is regular Confession and Communion once every week. It is regular Confession and Communion once every week.

I am sure that God on His heavenly throne ratifies what I am going to say: "If you faithfully and piously approach the Sacraments once every week, I promise you that you shall persevere in His service to the end, and that you shall be saved!"

vice to the end, and that you shall be saved!"

In one sense, I cannot know this for certain; the future is known to God alone. But in another sense, I feel sure of it, sure and certain. In eternity when what we now hope for shall be ours forever and ever, you and I, dear reader, will see that to the rule I lay down there is not perhaps one exception in a thousand cases—nor in ten thousand cases!

Therefore, if you wish to assure your salvation, your eternal bliss, learn and never forget, no matter what events happen to you, this great rule, which is to influence your whole life, and say after me, "As far as lies in my power, I will never let a week pass without giving new life to my soul by a good Confession and a good Communion. I lay this solemn resolution at the feet of the Blessed Virgin, praying her to obtain me the grace never to depart from it."

II.

misfortune to fall again, I will repair as so in as possible to the confessional, never remaining willingly in a state of morial sin

so in as possible to the confessional, never remaining willingly in a state of morial sin.

Such is the advice given with inca'culable good results by priests animated with the spirit of our Lind, who carry out the veritable rules of the Holy Catholic Church when directing souls and dispensing the Sacraments of Penance and the Eucharist. The number of poor souls I have known to have been withdrawn by this means from the most miserable habits is incalculable. The repeated and confident use of Holy Communion produced in them its beneficial effect. Sometimes, even oftentimes, their cure was immediate; in other cases where a little delay occurred, sooner or later the patience of the confessor and the perseverance of the penitent were recompensed a hundred fold.

Believe me all you who discover your own case in the allusions I have made, if you will try the experiment you will be satisfied with the result. You will see whether, in a good heart such as yours, Jesus Christ does not ultimately gain a victory. And when, thanks to this good practice of frequenting the Sacraments which I here recommend, you will find yourself delivered from your sad captivity to sin, how happy you will be, and what pure joy you will feel in your resurrection!

WEEKLY COMMUNION PREPARES US FOR A GOOD DEATH.

The excellent habit of communicating

GOOD DEATH.

The excellent habit of communicating every week, every Sunday and holiday, is an almost infallible means to insure a good death. Do you wish to die a good death? Do you wish to die in a state of grace? Adopt, and keep faithfully too, the habit of communicating every week.

The less frequent our Communions, so much the less our chances of salvation; I mean our chances of being found in a state of grace when death comes. The more numerous they are, the greater are those chances, especially if our death prove unexpected.

One of my friends, a very distinguished artist, who, after a youth of dissipation, had returned to God's service, and who, to atone for past errors, had taken to communicating every Sunday, never missing, said to me with most charming faith and confidence, 'For my part, I do not fear death. I approach the Lord's table often and with the best disposition I can; I try to be always ready, and to be always on my guard. When death comes to knock at my door, he won't eatch me unprepared.'

This is only an application of what we said at starting. A Christian, whoever he may be, who has the habit of confessing and communicating every week, very soon instinctively avoids grave faults, and steers clear of occasions of mortal sin. Even if death comes unexpectedly, as so often happens, it finds him always in a state of grace, that is to say, in a state fit to appear before God.

Statistics lately published show that out of fifty deaths there are thirty sudden or unforeseen. How alarming?

I was told lately of an excellent mother of a family who was found dead one morning in her bed. Her two sons, both priests, were profoundly distressed; but knowing that their dear mother had had, for a long time past, the habit of frequently communicating, and that on the day previous she had knelt at our Lord's table, they had no anxiety as to her salvation.

A good little college-boy, named G—, son of a rich Paris merchant, who had

remotion, at the fact of the Blessed Virging to depart from 10-lan me the great of the state of

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