

NOTES

HOW I AM WELL
THANKS TO "FRUIT-A-TIVES"



Eli, Manitoba.

I wish to state, for the sake of others who may be sufferers like I was, that I suffered from severe indigestion and constipation for years and that there was also womb trouble with unpleasant pains in my back which made me miserable, constantly. I tried physicians and took many remedies but I got no relief. I was induced to try "Fruit-a-tives" and I can truly say this was the first medicine that ever did me any good. "Fruit-a-tives" quickly relieved the constipation and indigestion and completely cured me of all symptoms of womb trouble. I cannot express too strongly my great gratitude to this medicine as I am as well now in every way as ever I was, thanks to "Fruit-a-tives". I can strongly recommend "Fruit-a-tives", it is easy to take and the effect is always mild but fruit.

(Sgd) MRS. M. BREILAND. 148

Many women suffer with what the doctors call "Womb Trouble"— "Diseased Ovaries", "Disordered Complaints" etc. — when Constipation is causing all the pain. Cure the liver and make the bowels move regularly with "Fruit-a-tives" and the "Womb Trouble" will be cured at the same time.

Fruit-a-tives — or — "Fruit Liver Tablets" are sold by all good druggists — 6 for \$2.50 — or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa.

"We have evidence continually," says the Monitor, Newark, N. J., "that the priest is an 'every-day man,' and that every interest of life appeals to him. A few years ago, when the great coal strike was in progress, among the arbitrators chosen by President Roosevelt to settle the strike was Bishop Spaulding. What national effort for civic or social betterment but is voiced and urged by the kindly and tactful Cardinal Gibbons? Only the other day we read in the New York papers how Father Curry, the priest of the poor, made complaint against certain vendors of cocaine and sent them to a term in prison. During the late money stringency when banks were tottering to their ruin and when a run on a bank was almost the certain prelude of its destruction, a Polish priest in Jersey City stemmed the run of his fellow-countrymen on a local bank by his action and averted a financial calamity. Over in the great city across the North River, the Archbishop was uttering words of caution and assurance that had great effect in calming an excited and mistrustful people. Recently Monsignore Coffey of Cardinale visited Paterson for the purpose of studying its silk industries and their conditions, in order to settle a strike among similar industries in Pennsylvania, of which he had been mutually chosen as a sole arbitrator. These instances multiply from day to day and prove that the priest is an 'every day man' and nothing that concerns humanity is foreign to him."—Sacred Heart Review.



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