

ent kind of fruit. It grows in the heart garden. The seed from which this fruit comes is the Holy Spirit in our heart. Our life—every day, every minute, is the tree. The things we think and say and do are the fruit.

*Lesson*—It is Paul (you all remember the first great missionary) who is telling us about this fruit of the Spirit. He wrote a letter to the people in one of the places where he preached and formed a Christian church. The name of these people was the Galatians. Paul tells them about the fruit of the Holy Spirit. All repeat vs. 22, 23: "The fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law." Explain the different words, and try to lead the little ones to understand that all these fruits spring up from a heart that is filled with the Holy Spirit of God, and that they grow only where the Spirit dwells. On the branches of the tree we have already outlined we'll print LOVE, JOY, PEACE, etc. (How are these shown in the lives of little ones?) (Give illustrations.)

*Golden Text*—All repeat Golden Text.

*Temperance*—Here is one fruit which we'll make larger than the others, for we are going to speak a little more about it to-day—TEMPERANCE. By this word we mean,

"not too much" of anything. We should not talk too much. We shall be sure to say wrong things if we do, and cause ourselves and others trouble. We should not eat too much, for that also causes trouble. We should not play too much, for that sometimes brings sickness. We should have temperance in all things.

*Strong Drink*—There is one very bad thing which temperance boys and girls dislike very much. This bad thing is (Print) STRONG DRINK, because it causes so many troubles. It brings sin, sorrow, shame, sickness. It takes away everything—money, home, friends, health, heaven. (Give some simple illustration to impress this lesson.) The Holy Spirit in our hearts makes us temperance boys and girls. Let us each pray that this fruit may grow big in our heart and life, that we may love to do right ourselves, and help to teach others to do right—to hate strong drink and all other bad things.

*My Verse*—

"I'll fight for temperance in God's name,  
The joy of temperance loud proclaim,  
And preach the truth where'er I go.  
I am a temperance child, you know."

*Something to Think About*—The Holy Spirit will dwell in me.

#### FROM THE PLATFORM

Ah! God is never so far off  
As even to be near;  
He is within; our spirit is  
The home He holds most dear.

Write on the blackboard the verse of Faber's hymn as above, and have it repeated by the scholars. Then picture a company of soldiers fleeing away in a panic before their enemies, when an officer meets them, commands them to halt, then to turn the other way. The soldiers take fresh courage, gather up the weapons they had thrown down, follow their brave leader, and turn their defeat into victory. It will not be difficult to get the scholars to see that the spirit of the leader gets into the soldiers and makes them brave. Talk about what it means to "live by the Spirit" (Rev. Ver.). The thought to bring out is, that the blessed Holy Spirit, who is God, comes into us, as the spirit of the leader came into the followers. Having made this thought clear, ask about the fruits which the Holy Spirit in us brings forth. Quote and emphasize the promise of Luke 11:13.