

Q. What happens then?

A. The sugar is converted into alcohol.

Q. Does sugar contain alcohol?

A. It does not in its natural state, but may be changed by fermentation so as to produce it.

Q. Is alcohol necessary to the health of man?

A. It is not.

Q. Is it injurious to man in health?

A. It is.

Q. In what way does it injure health?

A. It poisons his blood, his nerves and his brain.

Q. Can you mention some drinks that will produce drunkenness?

A. Whisky, rum, gin and brandy, beer, wine and cider.

LESSON II.

Q. Is the alcohol in all the intoxicating drinks the same?

A. It is the same, but there is more of it in some than in others.

Q. Does alcohol strengthen man in any way?

A. It does not.

Q. Do men, like oarsmen or pedestrians, when preparing for great exertions, use alcohol?

A. They do not touch it at all.

Q. Why do they not use it?

A. Because they know it would impair their nerves and weaken their muscles.