

of reading the chapters, and just as sure as you live you are going to gain each minute from now on, if you play the game on the square.

I ask you to have faith now — later on you will need no urging. With this faith you must have patience.

You will upset the purpose, destroy the opportunity to get benefits, if you read all this book in two or three sittings.

Faith, sincerity, patience, these are the three things to keep in your mind until we get well along the road; then confidence and clearness of vision will come to you, as you rise in strength and progress. Until that time, follow me, for I know the trail and you must accept my ways and have confidence in my plans until we get through the wilderness and strike the main road, where the path is clear and you can go it alone.

In other words, do not dispute or correct the guide when you are in a strange country; maybe

Do Not	you really can cut a better trail, or find
Argue with	a shorter road later on when you are
the Guide.	familiar with the country, but as long

as you are a tenderfoot in new territory, trust to the guide and follow him on the trail which he says leads to health, happiness and Pep. You have tried your own trails, you have hoped,