

STUDENT SERVICES

UNB Undergraduate Scholarships

Apply Now - Undergraduate Awards Office, Room 109, Alumni Memorial Building. One application covers all undergraduate scholarships awarded by UNB. Return applications directly to the Awards Office. The application deadline is April 15, 1992. However, for processing purposes applicants are requested to apply now.

CAMPUS MINISTRY

Rev. Monte Peters 459-5673 or 450-2883
Rev. Neville Cheeseman 453-5089 or 454-6507
Dr. John Valk 459-5962 or 453-5089
Alumni Memorial Building, Room 3

Coffee, Cookies and Fellowship: Every Friday afternoon 3:00-5:00. Drop by, meet some new people, drink some coffee, have some cookies and talk about what's important. Monte Peters' Residence, Apt 2, Bridges House, 2:30 pm. All Welcome.

Spaghetti Suppers: Every Fri. 5:00 pm. Monte Peters' Residence, Apt. 2 Bridges House. All welcome.

Inter-Varsity Christian Fellowship: Meetings every Wednesday evening 7:30 pm. Alumni Memorial Lounge. All Welcome.

Marriage Preparation Workshops: Workshops are planned for Jan. 18, Feb. 22, Mar. 21 and Apr. 11. Contact Campus Ministry Office.

Christian Meditation Group: You are invited to join a non-denominational Christian Meditation Group meeting every Wednesday at 8:00 pm. The meditation is guided by tape talks made by John Main O.S.B., founder of the Benedictine Priory in Montreal. For more information call Kathleen Crowley at 450-9623.

Worship Services

Catholic Masses: St. Thomas Chapel: Mon. - Fri. 11:30; Sunday Masses 11:00 am & 4:00 pm.

Anglican Eucharist: Sunday 11:00 am, Wed. and Thurs. 12:30 pm. Old Arts Chapel.

IF YOU HAVE
THE ENERGY,
SHELL HAS
THE RESOURCES.



Perhaps you want to
clean up your local river bank.

Or set up a recycling program
in your community. If you've
got an environmental project in
mind. Shell wants to help!

We've set up the Shell
Environmental Fund to help
Canadians transform their ideas
into action. For more
information, call the Shell Helps
Centre at 1-800-661-1600.

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UPCOMING!

Music at Noon

22 January The University of New Brunswick's *Music at Noon* series will commence on Wednesday, 22 January, 12:30 P.M., U.N.B. Memorial Hall and will feature the Duo Pach, resident musicians, University of New Brunswick. Program - Debussy and Ravel. Free. Everybody Welcome.

Standard First Aid/CPR Course

The Canadian Red Cross will be holding a standard First Aid and CPR Course on February 1 and 2, 1992 from 9:00 - 5:00 in Marshall D'Avary Hall. All those interested may register at the Red Cross Office 458-8445

Singapore Students Association General Meeting

The Singapore Students' Association will be holding a general meeting on Saturday, January 18th at the SUB Room 103 at 2 pm. All members and interested parties are cordially invited.

Counselling Services Career Planning Workshops

The first of three Career Planning Workshops will be held on January 29th. Each workshop consists of two sessions where participants will examine their values, interests, skills and how to use the Career Library for research.

All full time or part time students at UNB/STU are welcome. There is no charge, but because of limited enrollment pre-registration is recommended. Please contact Karen Traves, Career Coordinator at UNB Counselling Services 453-4820.

Stress Management Workshop

The Fredericton YM/YWCA and the Fredericton Chamber of Commerce will be hosting a one day workshop on Stress management on January 18th, at the Lord Beaverbrook Hotel. Corporations and individuals interested in maintaining and enhancing health, creativity and work performance during these challenging times can least afford to ignore the tangible costs of stress. Learn to recognize when stress is holding you back and techniques to help you deal with the problem. Stress can be a positive driving force, don't let it get the best of you! For more information contact: Krista Ross at 458-8006 or Sheri Dryden at 458-1186.

Social Dance Lessons

The Fredericton "Y" will be holding social dance lesson this winter beginning Friday, January 17th. If you are interested in learning to dance in a formal setting, contact the "Y" at 458-1186.

Capital Region Development Commission Open House

The Capital Region Development Commission is having an Open House on Friday, January 24, 1992 from 2 p.m. until 4 p.m. The Commission's office is located at 61 Carleton Street, Fredericton. Clients, colleagues and anyone who is interested in learning about the Commission and its services is invited to attend.

The Capital Region Development Commission is a non-profit corporation providing free advice and consultation to entrepreneurs who wish to start, expand or improve a business. The Commission services the region of York, Sunbury and Queens counties.

This open House is part of a Province-wide public awareness campaign to promote the regional Economic Development Commissions of New Brunswick.

Introductory Video on Eckankar

A free video presentation and discussion on *The Journey Home* will be offered by the spiritual path of Eckankar, Tuesday, January 28, 1991 at 7:00 p.m. at the Fredericton public Library. The presentation will cover such topics as knowing yourself as Soul, the purpose of dreams, and about out-of-body experiences and Soul Travel. You will also learn about the Spiritual Guide and some contemplation techniques.

This presentation is sponsored by local students of Eckankar Societies of Canada (New Brunswick). For more information, write:

ECKANKAR P.O. Box 20208 Fredericton, N.B. E3B 7A2

YM-YWCA Public Service Announcements

The Fredericton YM-YWCA will be offering a Weight Training Instructors Certification Course on the following dates:

Tuesday, Feb. 4 6:00 pm - 10:00 pm
Thursday, Feb. 6 6:00 pm - 10:00 pm
Saturday, Feb. 8 9:00 am - 5:00 pm
Tuesday, Feb. 25 6:00 pm - 10:00 pm
Thursday, Feb. 27 6:00 pm - 10:00 pm
Saturday, Feb. 29 9:00 am - 2:00 pm

This course will provide individuals with a practical and theoretical understanding of general training principles, individualized program design, and basic biomechanical and physiological aspects of weight training.

For further information please contact Judy McGrattan, Fitness Director at the Fredericton YM-YWCA at 458-1186.