

P R E F A C E .

As will be seen at a glance, this little volume is a compilation rather than an original work. The matter it contains has been selected from many different sources, in order to present as forcible a statement as possible of the evils resulting from the present bad arrangement of the underclothing, and of the possible improvements which may be made. It gives practical directions for making the reform garments, and has been placed at a very low price that it may be within the reach of all.