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OF INTEREST TO WOMEN SPRING CAMPAIGN AGAINST THE FLY

It is well known that flies increase with wonderful rapidity, but most people are ignorant of the exact rate of multiplication. Not only does a swat in time save nine but it may save nine million. It is estimated by Dr. O. L. Howard of the United States Bureau of Entomology, that one pair of healthy flies will produce during a single summer 5,538,720,000,000 living descendants.

Suppose for a minute you left your house with two flies in it, with sufficient provender for these two and their children, grandchildren, great-grandchildren and the rest of the descendants. When you returned at the end of the summer, you would find five trillion, five-hundred-ninety-eight billion and seven-hundred-twenty million—5,538,720,000,000—flies swarming through your house. One could swat all day, day after day, and week after week, and still make but a small impression on this rapidly increasing horde. You must keep in mind then that one swat at the beginning of the open season can save trillions of potential swats.

The important point of the campaign against flies is to catch them early—early in the spring before they get a start.

Flies, as you well know now, because of the campaign of education that has been waged, carry germs. In their little travelling bags, they carry malaria germs, typhoid, infantile paralysis and other deadly microbes. The flies that arrive with the early spring bring infection into the room of your house as well as the swarm that comes later, and it does little good to look the stables after the horse is gone. If one's tiny girl sickened because the early arrivals brought the germs of disease with them, you could not console yourself with waging war on the pests during the rest of the summer.

The Federal Public Health Service, thinks that a fly is more dangerous than a rat, an elephant, or a lion; it is almost the deadliest animal alive. This fact that people to a great extent have learned within recent years, is not admitted by everyone. Most country women will confess that a fly is unpleasant—the lights on grandpa's bald head, he wakes the baby, and he wades in strawberry jam, but some of the old-fashioned farm women think that it is the least of his evil deeds.

Last year I talked to "Auntie," the old housekeeper on our farm. She admitted there was a strong case against flies. "By an public nuisance, but that he was a dangerous criminal seemed doubtful to her.

The fly, like the poor, she said, we always have with us. Her grand-mother "shooed" flies out of the house, vigorously shaking her apron or the "fresque companion" at them, and sternly ordering them to "shoo," but she did not kill them; still she lived to be eighty-seven years old. Uncle Toby, "Triam Shandy," greatly let a fly go, as he was too kind hearted to injure it. Auntie thought fly swatting was cruelty to animals, but failed to recognize that not to swat them was cruelty to children.

Her objections summed up amounted to: If you swat the fly you leave a mark on the clean wall paper or cleaner kitchen table. If you poison him the fly inconsiderately selects the cream pitcher for a graveyard. If you put sticky fly paper around the room the cat sits down in it. How then are you to be cured?

Let the poor little "critters" alone, she declared. They must have some reason for living, or they never would have been created.

Now, Auntie named the three chief ways of fighting flies after they are

allowed to get a start. Taking them in order we find that swatting flies as she says "smudges up" clean walls and tables. Most people use a newspaper to swat the little germ carriers; of the few that own a patent fly swatter, not many are skilled enough to kill the pests without dirtying up the house. But of this way of killing flies it must be said that it is interesting. It is a "sporting" game wherein the fly has some chance, but it is a slow way to get rid of them.

Last year in my little house on the farm, I tried swatting flies—and I found that little chickens like to eat them. "By an public nuisance, but that he was a dangerous criminal seemed doubtful to her.

Poisoning flies kills them off rapidly, but an inquisitive baby is apt to indulge in a meal of fly poison, and one can not recommend it as a baby food. Furthermore, as Auntie says, the flies have a habit of choosing the more plentiful flies faster than they drop in the milk crocks, in the open churn, in the apple butter and in every place where one doesn't want them.

All in all, the most satisfactory method is the stick fly paper. It catches the germs on the flies' feet as well as the flies themselves. It can be placed on tables, chairs and window ledges out of reach of babies, dogs and cats. Even if the cat does wade into it you can get the satisfaction of a hearty laugh out of it.

In fighting flies as in many other things, prevention is far better than cure. In this case prevention is not only better but easier.

Don't let the flies get started; catch the early birds. Swat 'em, poison 'em or imprison them on fly paper, but "do it early."—Woman's World for June.

NO REAL STYLISH WOMEN HERE, SAYS PRIMA DONNA.



Miss Carolina White, who, when singing in the Chicago opera company, in Mrs. Paolo Longone, started for Paris not long ago on board the France, of the French line, "glad to be going to a land where women know how to dress," she explained as she was leaving. Miss White was so garbed that she might well delve deep into the subject of feminine raiment without running the risk of having any of her remarks reflect.

"American women dress disgustingly," she said. "They have no sense of time, it would seem, for one sees morning gowns at half-past four in the afternoon and evening dresses for garden parties. I have seen," Miss White emphasized the location of this sight as Chicago, "women wearing evening gowns for luncheon, and such evening gowns as they do wear, out there" in Chicago, remember.

It was morning when Miss White made these remarks, and she was delightfully clad in a plain blue tailored suit set off a bit at the neck by a white and very flimsy collar piece. And her hat! "Just a mere hat," she exclaimed indifferently, but that hardly covered the creation, demure though it was.

These are the biscuits that vanish fast behind busy little milk teeth. Pulls and rolls, snags, waffles, cakes and crumpets—for all your goodies—Five Roses.



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Change of Life is one of the most critical periods of a woman's existence. Women everywhere should remember that there is no other remedy known to so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound.

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HELPFUL SUGGESTIONS.

Chees Recipes.

Luncheon Cheese. Cut stale bread in one-third-inch slices, spread with butter, remove crusts, and cut in finger-shaped pieces. Arrange near together around pieces of a round buttered baking-dish, having fingers extend about one-inch above dish with the bread. Beat two eggs slightly, add one cup milk or cream, one teaspoon melted butter, one teaspoon salt, one-half teaspoon mustard, one-fourth teaspoon black pepper, and one-half pound mild cheese, cut in small pieces. Pour mixture over bread and bake in moderate oven thirty minutes. Serve very hot.

Roxbury Cheese Croquettes. Melt three tablespoons butter, add one-third cup flour and stir until well blended; then pour on gradually, while stirring constantly, one cup of milk. Bring to the boiling point and add yolks two eggs, slightly beaten and one-half cup soft, milk cheese, cut in small cubes. Season with one-half teaspoon salt and one-eighth teaspoon pepper. Spread on a plate and cool. Shape, dip in crumbs, egg and crumbs, fry in deep fat, and drain on brown paper.

Berkshire Rarebit. Put one tablespoon butter in blazer and when melted add one teaspoon salt, one-fourth teaspoon pepper, one grain cayenne, one cup of milk, and six eggs, beaten slightly. Cook stirring constantly, from bottom and sides of pan until the whole is of a creamy consistency, like scrambled eggs. When nearly done add one small cream cheese worked until soft. Serve on unwatered water crackers.

Cheese and Olive Canapes. Cut white bread at least twenty-four hours old in one-fourth-inch slices, shape with a small oblong cutter with rounded corners. The cover of a spice-box may be utilized for this purpose. Cream butter and add an equal quantity of soft mild cheese. Work until smooth, and season with salt and pepper. Spread bread with mixture and garnish with a one-fourth-inch border of finely chopped olives and a piece of red or green pepper (cut in diamond or any fancy shape) in the centre of each.

Imperial Sandwiches. Cream two tablespoons butter, and add one-third cup grated Roquefort cheese. Work until smooth, and moisten with brandy until of a creamy consistency to spread; then season highly with salt and cayenne. Spread mixture between butter or water thins. Arrange on a fancy plate covered with dolly.

French Rarebit. Heat one-third of a cup of white wine to the boiling-point and add one-half pound Gruyere cheese, finely chopped, one and one-half teaspoons

Worcestershire sauce and salt and cayenne to taste. Stir briskly until cheese melts, then add the yolks of three eggs and cook for three minutes, stirring constantly. Serve at once on slices of toast.

SCISSORS READY. The habit of reading with a pair of scissors close at hand is an invaluable one to the busy housewife, according to the San Diego Union. So often, there are recipes, household hints and other odd bits of information that would prove useful, but we have lost account of when or where they are. In every kitchen there should be a scrap book for such items as these, and the more methodically they are arranged the more useful they will be.

GLOVES FOR TRAINS. To me and my commuting friends this idea has proven of inestimable value, writes a contributor to the Ladies' Home Journal. When having to take a dirty train trip in going to a reception, matinee or evening function, I am able to appear in immaculate white kid gloves by wearing a pair of short, thin, white silk gloves over my kid ones. The silk gloves appear like kid when placed over the kid ones.

MARKING CLOTHING. The best way to mark clothing, etc., is to embroider one's initials in Filo Silk. If that is not practicable there is nothing better than Payson's Indelible Ink. With a bottle of this ink and a common pen, one can easily mark tablecloths, napkins, sheets, pillowcases, towels, shirts, collars, cuffs, etc.

THE GIRL WHO SUCCEEDS. She has so much to do that she has no time for morbid thoughts. She never thinks for a moment that she is not a trader in the sexets to look as charming as possible. She is considerate of the happiness of others and it is reflected back to her as a long-term gain. She never permits herself to grow old, for by cultivating all the graces of heart, brain and body, age does not come to her. She awakens cheerfully in the morning and closes her eyes thankfully at night.

JEALOUSY. When we are jealous, we imagine it is because we love so much. But jealousy has nothing to do with love. Perfect love forgives all. Jealousy is nothing more than a disease of self-love. Our jealousy rage is violent exacted in proportion as our vanity is wounded, our pride called. Yet, as jealousy springs from an over-love of self, so a sound and sensible self-esteem is the best cure for it.

For, if one I love had proved untrue to me, it is not my fault that she is worthy of my anger. As Le Rochefoucauld says, "It is only persons who avoid causing jealousy who are worth being jealous of."

The trouble lies in the fact that love inordinately raises our self-complacency, and, in small souls, to be loved gives a sense of boasting pride, hence when they suspect that the flattery of love has ceased their fly into a passion of self-hating wrath. To love is to forgive.

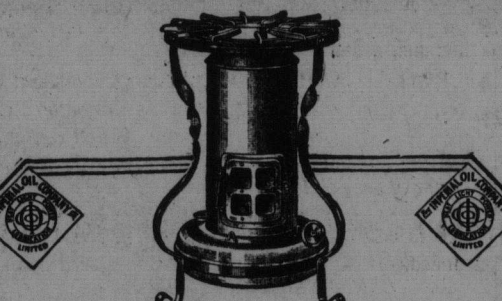
WHY MEN OPPOSE SUFFRAGE

rooted—one of them, and the most persistent, perhaps, is that the job of motherhood's an unending sufficient to occupy a full working day, twelve months in the year.

In the light of these statistics, home-making likewise assumes the proportions of a problem as yet unsolved by a vast number of wives, and it will require time and patience before the male world will surrender its conviction that there is a division of labor in society which definitely limits the activities of the gentle sex. Women have made a tremendous advance in recent years, and have disclosed adaptabilities and resources, the existence of which our grandfathers scouted.

Delightful friendships with many women of affairs in various fields of endeavor have made us rather partisan to the cause, but, nevertheless, we are acquainted with many citizens, broad-minded and of more than average justice, who cling to the inherited superstition that a woman's place is in the household, and that she is fitted neither by nature nor by temperament for participation in politics.

And because we do realize how many millions of such citizens there are, here and abroad, we so earnestly regret that the most reckless and disorderly exponents of a great cause have usurped the leadership, and by acts of roydianism and vicious folly strengthened the attitude of countless men whose hitherto opinions have become irritated into a stubborn resolve to resist. Kaufman in Woman's World for April.



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