

otherhood.

medicines, carefully devised... It is purely vegetable...

OBSTINATE CASES.

Prescription" is a positive... of leucorrhoea, excessive...

LOOK BEAUTIFUL.

men or matrons should not... use of these pills and...

ested to any of these... never be without in...

able" is a laxative, two... They regulate, invigorate...

AND HAPPINESS. A health and happiness... of Dr. Pierce's Medical...

Sheridan which resulted... of Lee. His comparative...

Mr. Thomson is a... of his collection writing...

ournalists particularly... the Northwest are character-

redicts a great tide... of the Northwest next...

How to be Healthy and Beautiful



LEARN the RESTFULNESS of CHANGING YOUR CLOTHES

Tot Soap is a Recuperative

THE VALUE OF MASSAGE

Use About the Face and the Good it Will Do

By Dr. Emma E. Walker... Copyright, 1905, by A. S. Barnes & Co.

ELIMINATING "CROW'S FEET"

It consists in moving the second... and third fingers in little circles...

CONSULT A PHYSICIAN

If your scalp is flexible and slides... to certain scalp with difficulty...

REMOVE THE CAUSE FIRST

Now for the double chin. Massage of... this part, back and forth—you...

Take Off The Shades You Have Worn All Day

Feeling and Looking Like a New Woman

your best is restful; and every woman... is bound to look better in a fresh blouse...

Mrs. Symes' Advice to Those Seeking Health and Beauty

Wants Auburn Hair

My hair is said to be "titan red," and... I have been working very hard this summer...

Callosities Places on Feet

Looking for the last few weeks for a... recipe for corns and callous on the bottom...

Annoyed by Holes in Face

I have noticed your answer to correspondents... would you be kind enough to tell...

To Cure Bald Spots

Will you please give the recipe for bald... spots which was published for "Mrs. W. B."

Hair Turning Gray at Temples

Will you please tell me what to do for... my hair? It is turning gray at the temples...

Restoring the Natural Color to the Hair

The prescription for which I am giving... your formula has proved very successful...

Hair Dull in Color

My hair is a very dull brown, a sort of... chestnut hair. Sometimes that will not lighten...

To Promote Growth of the Hair

I noticed a formula some time ago for... falling hair, which consisted of a quinine...

Lily-White Skin and Auburn Hair

As I am a reader, I take great interest... in your beauty page, and will kindly ask...

Lotion for Oily Skin

Boric acid, 1 dram. Distilled witch... hamel, 2 ounces; essence of rose...

Good Complexion Cream

I would like so much to have your recipe... for oatmeal and glycerin cream. I am a...

Excessive Perspiration

I am writing to you in regard to a condition... of the armpits. Now, that physical...

About Orange-Flower Cream

Last winter you published a cream for... my face. I think it was called orange-flower...

Quinine Hair Tonic

I am giving your formula for quinine... hair tonic, as requested:

Popular Remedy Requested

Kindly print in next week's issue the... Vaucaire's remedy for hair loss...

Dr. Vaucaire's Remedy for the Hair

Liquid extract of galega (goatsrue), 10... grams; lacto-phosphoric acid (limiting cream);...