Gum 5¢ The 7-point gum

LEARNING WHERE

to Tender on Fodder

MORNING WAR NOTES.

In an interview with a deputation of

Another Thrilling Story Of Canadian Gallantry of St.

Heroic Exploits of 1st Ontario Battalion Related by Sir Max Aitken, Canadian Record Officer—Lieut. Kelly of St. John is Mentioned

Ottawa, July 13—A thrilling account of the exploits of the 1st Ontario battalion of the Canadian repeditionary forces is given in the eye-witness natrative compiled by Sir Max Aitken, the Canadian record officer at the front. Individual instances of splendid heroism and gallantry are told of by the observer.

The narrative, which is a continuation of the story of the orchard battle, begins with the fighting in the middle of June. The narrative follows:

Out the Canadian Retail to Data the Listowe Business College. History relates he was singing the trench version of "I wonder how the old folks are at home," when the mine exploded and he was buried. By the time he had dug himself out he discovered that all his world, including his rifle, had disappeared. But his business training told him that there was an active demand for bombs for the German trenches a few score yards away. So Private Smith festoconed himself with bombs from the dead and wounded bomb-throwers around him, and set out, mainly on all fours, to supply that demand. He did if five times. He was not himself a bomb-thrower, but a mere middleman.

On the Canadian Battlefront, July 13, via London—About this time (the middle of June) a British division was directed to make a frontal attack on a fortified place in the enemy's trench line, known to our intelligence staff as "Stony Mountain." The 1st Canadian Ontario Regiment, commanded by Lieutenant-Colonel Hill, of the First Brigade, was detailed to secure the right flank of the British division, by seizing two lines of German trenches between Stony Mountain was 150 yards to the south. The defensive flank to be thrown back to the right, if our men got through, would depend upon the advance made by the British division.

Working parties of the 2nd and 3rd battalions of the First Brigade were told to secure the lines of trenches, and finally to make the defensive flank.

After a few days of preparations the 1st Canadian battalion Contarfio Regiment, moved up, and at 3 o'clock in the afternoon the battalion reached our line of trenches, opposite the position to be attacked, when the 2nd Canadian battalion, under Lieutenant-Colonel Watson, which was holding the trench position. On the Canadian Battlefront, July 13, Front Trench Captured.



ineteen Year Old Lad a Hero.

Active a first during of productions the position is the content of the content o

Change of Life and How She Found Relief.

Belleville, Nova Scotia, Can.—"Three years ago I was suffering badly with what the doctors called Change of Life. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the conty medicine I was alled to the cover of our trench, and was carried into our of the line adjoining our trenches with the hostile line which had been captured, moved out, according to arrangement, but the heavy machine gun from from the first. It is the cover of our trench, and the was too hot to handle.

Lieut. Campbell crawled out of the canemy's trench, and was carried into our of the line which such in a dying condition by Company Sergt. Major Owen, from Woodstock (Ont.) In the words of Kingslake—and no man died that night with more glory, yet many died and there was much glory."

The working parties detailed for the construction of the line adjoining our trenches with the hostile line which had been captured, moved out, according to arrangement, but the heavy machine gun from the first. It is the control of the line adjoining to arrangement, but the heavy machine gun from the first. It is the control of the line adjoining to arrangement, but the heavy machine gun from the first. It is the leave of our trench, and the western of Montreal, combined. Gledhill was not touched and in, spite of his experiences prefers life at the front to work in his grandfather's woollen mild front fro

done for me."—Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

middleman.

Twice he went up to the trenches and handed over his load to the men. Thrice so hot was the fire that he had to lie down and toss the bombs (they do not explode until the safety pin is withdrawn) in the trench to the men who needed them most. His clothes were literally shot into rags, but he himself was untouched, and he explains his escape by say. 3, "Oh, I kept moving."

So through all these hells the spirit of man endured, and rejoiced indomitably. After all the supply of bombs ran out and the casualties resulting from heavy machine gun and rifle fire from Stony Mountain considerably increased the difficulties of holding the line. The hombers could fight no more.

the first. It is the only medicine I took that did help me and I recommend it. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me."—Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.

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Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the pound invigorates and strengthens the month of the control of celebrated with sports and games, while the pipers of the Scottish-Canadian battalions played a selection of national airs. But the shouting baseball teams and ministrel shows with their outrageous personal allusions, the skirl of the pipes, and the choruses of the well-known ragtimes, moved the men to the depth of their souls, for this is the first

ST. JAMES S. S. PICNIC

won by visiting scouts by the score of 5 to I. The single men defeated the married men in a baseball match. The party returned to the city about 8

Motor Trucks Purchased at Retail Prices-Tory Lawyer Asked

HOW TO PREVENT ACID STOMACHS AND

Africa has ceased to exist," he said.

"I ask the house," said the premier in his peroration, "to testify to the admiration of the whole Empire for, and its gratitude to the illustrious general who has rendered such an estimable service to the Empire which he entered by adoption and of which he has become one of the most honored and cherished sons, and to his dauntless and much enduring troops, whether of Burgher or British birth, who fought like brethren, side by side in the cause which is equally as dear to them as to us—the broadening of the bounds of human liberty."

Every 10c

Packet of WILSON'S

WILL KILL MORE FLIES THAN \$8° WORTH OF ANY STICKY FLY CATCHER

SOCIETY LEADERS TO

Married men's race—lst, R. H. Murray; 2nd, B. C. Waring.

Boys' race—lst, George Payne; 2nd,
H. Shaw.

The old fashioned lead packets did very well before the fine aluminum sheets used by the "SALADA" Tea Co. were produced. "SALADA" is now packed in these strategies and light before the same and light

FOOD FERMENTATION

By a Stomach Specialist.

As a specialist who has spent many years in the study and treatment of stomach troubles, I have been forced to the conclusion that most people who complain of stomach trouble possess stomachs that are absolutely healthy and normal. The real trouble, that which causes all the pain and difficulty, is acid in the stomach, usually due to, or aggravated by, food fermentation. Acid irritates the delicate lining of the stomach and food fermentation causes wind which distends the stomach abnormally, causing that full bloated feeling. Thus both acid and fermentation interfere with and retard the process of digestion. The stomach is usually healthy and normal, but irritated almost past endurance by these foreign elements—acid and wind. In all such cases—and they comprise over 90 per cent of all stomach difficulties—the first and only step necessary is to neutralize the acid and stop the fermentation by taking in a little warm or cold water immediately after ceating, from one to two teaspeenfuls of bisurated magnesia, which is doubtless the best and only really effective antackid and food corrective known. The GRAY HAIR

Dr. Tremain's Natural Hair Restorative used as directed is guaranteed to restore gray hair to natural color or money refunded. Positively not a dye, and noninjurious. For sale by the Ross Drug Co., Ltd., 100 King Street, St. John. Price \$1.00 (postpaid). Write Tremain Supply Co., Dept. J. T., Toronto. t.f.

The Sunday school pienic of St. James church was held yesterday at Westfield Beach. It was well attended and thoroughly enjoyed, In the aftermoon a series of sports was carried out, which resulted as follows: Girds' Races. Under six years—1st, Flossie Paxton; 2nd, Doris Welsford. Under eight years—Grace Riley; 2nd, Ethel Murray. Under ten years—Florence Riley; 2nd, Ethel Murray. Under twelve years—Florence Trentowsky; 2nd, Olive Paxton. Under fourteen years—Edna Laskey; 2nd, Hazel Evans. Boys' Races. Under six years—1st, George Murray; 2nd, Willie Stirling. Under six years—1st, George Murray; 2nd, Willie Stirling. Under twelve years—Ist, George Murray; 2nd, Willie Gregory. Under twelve years—Ist, George Murray; 2nd, Willie Gregory. Under twelve years—Ist, George Murray; 2nd, Willie Gregory. Under twelve years—Ist, Kex Corkung; 2nd, H. Maxwell. Young ladies' race—Ist, Adelene Holder; 2nd, Alma Payne. Young men's race—Ist, Adelene Holder; 2nd, Alma Payne. Young men's race—Ist, Adelene Holder; 2nd, Alma Payne. Now men's race—Ist, A Revans and H. Lawson; 2nd, E. Kee and L. Thomson, Boy Scout race—Ist, L. Thomson; Bottle

Schlitz

—a juicy steak -a baked potato

> A feast fit for a king. There is nothing so good, nothing that makes food taste so good, as a bottle of Schlitz.

Schlitz is a Food in Itself

It is all healthfulness; it's an aid to digestion.

The Brown Bottle keeps out the light, protecting its purity from the brewery to your glass.

See that crown is branded "Schlitz"

