

"I Am So Weak and do Not Seem to Gain Any Strength"

LAT T takes time you know."

Q

vour

\$5.00 cents; f from before

ntford.

partmen helter Commis

Sinclair

estate on ided be yn Blake

daugh

lued a

inherli armich-

intestate wing an

TS.

"Yes, but I am getting tired of having people trying to encourage me that way."

"You are too impatient."

"Perhaps so, but when will I ever get strong if I do not gain a little every day?" "Have you tried Dr. Chase's Nerve Food ?" -

"No, I have not, but so many have told me about it that I have a notion to give it a trial."

"I certainly would try it if I were you, for it certainly helped me wonderfully when I was so weak and nervous last spring. And, besides, I could tell you of a dozen women who have used it when they were like you are, and soon got strong and well."

Nurse was reading me a letter published in the paper from a Mrs. Conrad Smith of Milverton, Ont., and she also told me of other cases she has known about.

She says she never ran across anything which helps women so much to gain strength after child-birth."

This is Mrs. Smith's letter:

This is Mrs. Smith's letter: "Two years ago last spring I was run down, had nervous prostration, and was in a ter-ritily nervous condition. I could not sleep or eat, could scarcely count the nights that I passed without sleep, and if I dil eat, had sick headaches and vomiting spells. My limbs would swell so badly that it hurt me to walk. I would jump up in bed, swakened by bad dreams. In fact, I was so bad, I thought I could not live, and started to use Dr. Chase's Nerve Food without much hope. It was not lang, before I began to improve under this treatment, and .I can truthfully some time to get the nervous system re-stored, but I kept chain on using the Nerve Food regularity, and gradually gained in health and strength. I have a fine baby now. He weighed 12 pounds at birth, and, though I was in J got over that fine, and now weigh 120 pounds. Before using the Nerve Food I was a mere skeleton."

For your protection the portrait and sig-nature of A. W. Chase, M.D., the famous Receipt Book author, are on every box of the genuine Dr. Chase's Nerve Food. 50c a box, 6 for \$2.75, all dealers, or Edman-son, Bates & Co., Ltd., Toronto.

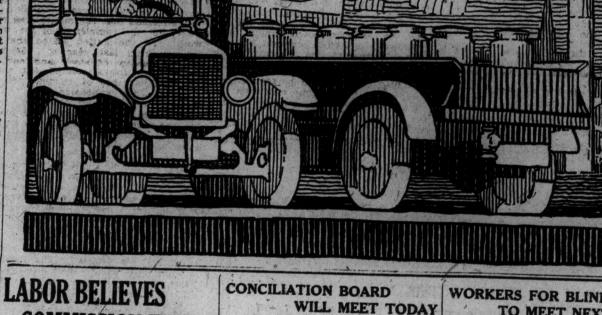
Brigadier-General Gunn in a letter to Sir James. Perhaps the most out-standing, criticism Comrade Gustar had to make was in connection with the vocational training department which permitted delays in the efforts of returned men to get into train-

PENSION INCREASES RETRO-

Many returned men are unaware of the pensions regulation as they affect commissioned officers. Yesterday G. Abern, chief of the Toronto district of the board of pensions commissioners stated that all officers up to but not including the grade of captain, would receive certain pension payments in respect to their wives and families, but that no payment would be made out to the wives of captains or offi-cers holding superior rank. While it was true that increases in pensions had been considered and that they might pass and become operative in the near future, no official communi-cation had been gereived to that ef-fect. Twenty per, cent. increases might become operative any day. It would be impossible to say whether the increases if they did become operative, would be made retroactive to any set date.

COMMISSION FUTILE

SUPPORTS VETERANS' LEAGUE. The G. W. V. A. is heartily sup-porting the Veterans' League in its request of Attorney-General Lucas of Ontario, to have returned soldiers appointed to all the positions of re-turning officers, politing clerks and officer such positions when the provin-cial elections are held. **YOUR** Granulated Eyelids, Eyes inflamed by expo-sure to Sun, Bust and Vind Granulated Eyelids, Eyes inflamed by expo-sure to Sun, Bust and Vind Granulated Eyelids, Eyes inflamed by expo-sure to Sun, Bust and Vind Granulated Eyelids, Sure to Sun, Bust and Vind CycRemedy. No Smarting, just Eye Comfort. At Four Druggists or by mail 60c per Bottle. Tor Boek of the Eye free write the Sure to Sun, Comparison of the Sure of Sundal Sure the Su



WORKERS FOR BLIND TO MEET NEXT WEEK

