



that the recuperating effects of the Banff hot spring baths may be experienced, and secondly, that an opportunity may be afforded to investigate the wonders of a National Park unequalled for picturesque and natural beauty in the world. The tourist is first impressed with the majesty of the mountains, many of which, "crown-capped," tower far above the misty clouds. Highest among these gigantic beetles is the extreme pinnacle of Rundle mountain, which towers to a height of 9,796 feet, though the Cavendish mountain, immediately opposite, rises to an altitude but two feet less in height. Sulphur mountain, from which the healing properties of the Park are derived, is 8,020 feet high.

The Vermilion range, however, though perhaps not so high as some of its giant brothers, is nevertheless one of the most attractive. About half-way down from its summit, a beautiful grassy slope, gently inclining towards a burly valley, through which the Bow river winds its way, intersected by the silent waters of the Vermilion lake, forms a scene of picturesque loveliness difficult to excel, and when seen never to be forgotten. Tunnell mountain, 5,510 feet high, has a beautiful drive which winds its way, serpentine-like, thousands of feet in height, and then striding around gradually descends to the base on the other side. Fine roads, constructed by the Government, traverse the valleys and mountain sides, even penetrating to Devil's Lake, 7,500 feet above the level of the sea. Here there is splendid fishing, a snug little steamboat catering to the visitor. Devil's Lake is one of the prettiest canyon sheets of water in the mountains, and is well worth the ten miles' ride to see it. Then there are numerous other lakes, mountain rivers breathing of antiquity, pebble-bottomed trout streams flowing through grassy foothills and many other attractive features in the great park. A well kept livery at the C. P. R. hotel supplies the tourist's wants in this line, and guides for hunting and alpine climbing are always obtainable.

Dr. Brett's Sanitarium.

One of the lovely spots in the National Park is the site occupied by Dr. Brett's Sanitarium and residence. Leaving the little rustic station, a few minutes' brisk drive in an easy-riding coach brings the visitor to the bridge which spans the swift-flowing Bow, a short distance above its meeting with the Spray. The bridge is crossed slowly, and from the carriage window one cannot but admire the picture spread out before, the pretty and finely equipped Sanitarium buildings adorning a slight eminence with well kept grounds sloping gracefully down to the river.

Adjoining the Sanitarium, which, by the way, is one of the most homelike and best managed

are in constant attendance here, and unexcelledness seems to be the keynote of the life of the institution.

The Banff Sanitarium differs from similar institutions in other places. Here the invalid draws inspiration from the beautiful natural surroundings and finds renewed strength and vigor in the waters of the world-renowned hot springs with which the Sanitarium is bountifully supplied. The baths and swimming pools are elaborately arranged, the water being brought in pipes direct from the fountain head of the boiling spring upon the mountain side. Rheumatism, pulmonary affections and all cutaneous diseases yield speedily to the treatment provided at the Sanitarium, and the tired, worn-out business man takes on a new



BRETT'S SANITARIUM, BANFF.

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