

your return or onward ticket or any visas that demonstrate that you plan to visit another country.

#### Charter Flights

Before you book a charter flight, check the credentials of both the travel agency and the charter company with either the Better Business Bureau or a local consumer advisory organization.

#### Dual Citizenship

To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country. If you have a second citizenship, you should always travel using your Canadian passport and always present yourself as a Canadian citizen to local authorities.

If you are considered a national of another country, you may be compelled to do military service or pay special taxes.

If you do run into problems because of your dual citizenship, contact the nearest Canadian government office immediately. For detailed information on this subject, refer to our booklet *Dual Citizenship*.

#### People with Special Needs

Many countries do not provide access for people in wheelchairs

or make allowances for those with special hearing, sight or other physical requirements. Contact an accessibility organization or talk to others who have travelled to your destination in the past. There are also several guides published about international travel for people with special needs. Check your local library, bookstore or the Canadian Transportation Agency Web site.

Canadians with disabilities who hold a valid parking permit in Canada may take their permit with them for use in any of the 40 member countries of the European Council of Ministers of Transport (ECMT). Be sure to check with local authorities there to determine entitlement. For more information, consult the Transport Canada Web site.

#### Getting Medical Advice

Your risk of acquiring a disease while travelling depends on several factors. These include your age and gender, your current state of health and immunization status, your itinerary, the duration and style of your trip, and anticipated activities (including contact with animals, exposure to fresh water, sexual contact), as well as the local disease situation.

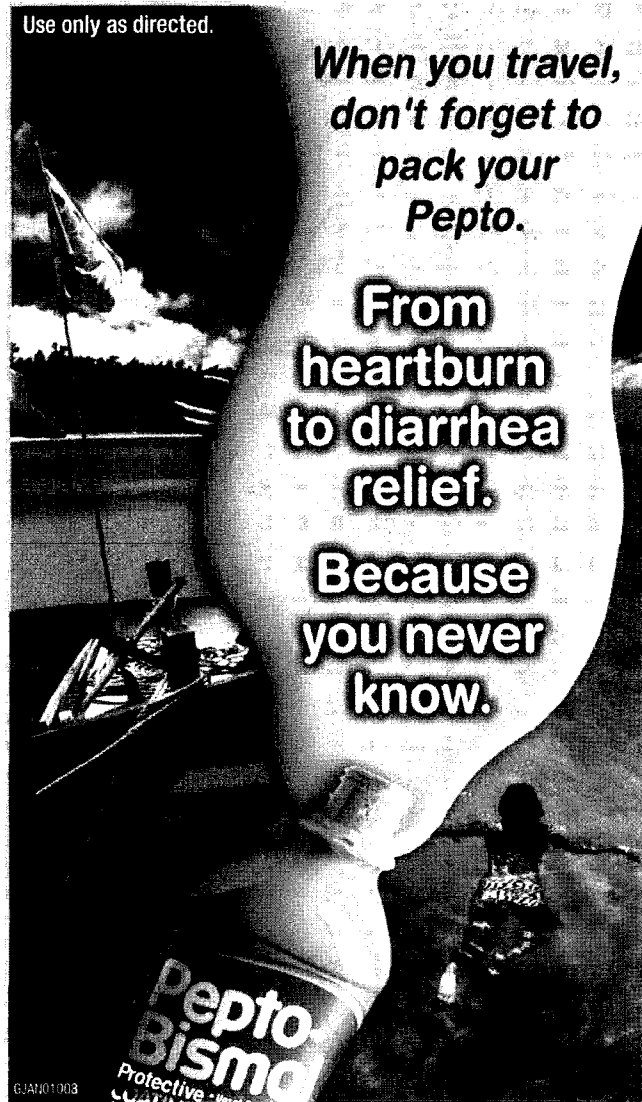
**Know before you go!** Health Canada's Travel Medicine Program strongly

Use only as directed.

**When you travel,  
don't forget to  
pack your  
Pepto.**

**From  
heartburn  
to diarrhea  
relief.**

**Because  
you never  
know.**



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